

NOVEMBER 2024

The Beacon

BURNT STORE

FITNESS, FRIENDS & FUN

Time to Invest in Yourself

A Look Inside

TWO YEARS CURED... You Made it Happen **TIGHT LINES... FIRST AID KIT** for the Florida Fisherman

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From the Section 22 HOA Board

JERRY NEWMIN, VICE PRESIDENT

POSITIVE CHANGE

Welcome back to all who have been traveling, or away over the past few months. There have been many positive changes. Your PGI Section 22 Board of Directors has been very active, and you can see the results of these efforts.

Burnt Store Road has been re-surfaced from the Charlotte County line to Cape Coral.

The main gate at Burnt Store Marina has a new entry sign. Both gate houses have been updated and painted, perimeter fences have been repaired and repainted. Islamorada and some of the side streets have been repaved and re-striped. Speed control signs have been added to all major thoroughfares, which has had a significant impact on slowing traffic. The Country Club and Fitness Center have been repainted and facilities upgraded, and the Dog Park is nearing reality. Many homes and condominiums have new color palettes.

Safe Harbor has made excellent progress repairing damage from Hurricane Ian. The South marina seawall at the marina entrance is completed. Installation of new bulkheads in the north basin have been completed, and new docks are being installed (See photo below).

Unseen progress: drilling new wells to ensure adequate water for the golf course and residents, upgrades to irrigation system, clean out of the overflow swale on Soundings Lake to prevent flooding, bulkheads have been repaired or replaced on the golf course, dead trees being removed, and a new

(to be continued on page 4)





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Don't just take our word for it - see what our clients have to say: We recently had the pleasure of working with Jennifer, Phil, and Monica as our realtors to sell our home, and we **couldn't be happier with the results**. From start to finish, they **exceeded our expectations** in every possible way. They priced our home perfectly at fair market value, but it was their outstanding marketing efforts that really stood out.

Thanks to their strategy, our home sold within just four days of listing – at full cash price, with no contingencies, and a quick close. In today's Charlotte County market, where there's an overwhelming amount of inventory sitting for long periods, this was an incredible achievement.

[....] To future buyers or sellers, **I cannot recommend this team enough**. They will represent you with utmost professionalism and dedication, whether you're buying or selling a property.

As if the process wasn't already impressive enough, a major hurdle occurred just before closing. Hurricane Helena hit the day before we were supposed to close, and the situation could have been catastrophic. Streets were flooded, and many areas were inaccessible, but Monica stepped in and went to the house the day after the hurricane to check for any damages. Her commitment and willingness to go the extra mile, even under these extreme circumstances, was **truly remarkable**.

Thank you, Jennifer, Phil, and Monica, for your **hard work and dedication**. You made what could have been a difficult and stressful process **incredibly easy and successful**. We are extremely grateful and wouldn't hesitate to work with you again or recommend you to anyone looking for **top-tier representation** in the real estate market.

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Punta Gorda, FL 941.219.5659 tree replacement program is being implemented.

This issue of the Burnt Store Beacon is being delivered to you digitally. We urge residents to register their email address with Alliant Property Management, apmsupport@alliantproperty.com.

There are currently three new communities under development along Burnt Store Road. In Charlotte County these developments will double the number of residents along Burnt Store Road, and exacerbate traffic problems. The Burnt Store Corridor Coalition, of which I am a member. has been working diligently for years to manage growth and development. We recently discussed re-zoning of 40+ acres of land across from Peppercorn Drive for commercial purposes. A recent survey of members of the Coalition indicated preferences for 1) a grocery store, 2) an urgent care facility or clinic and 3) a bakery. Charlotte County agreed to placement of three stop lights



CGT INTERSECTION

in each of the new developments and may require a stoplight for the commercial development project.

There has been progress on the Burnt Store Road expansion from the Charlotte County line south to Van Buren Blvd. in Cape Coral. The Burnt Store Road Corridor Coalition held a joint Charlotte and Lee County road planning meeting on September 16. The Lee County Metropolitan Planning Organization stated that they do not plan on acquiring additional property along the 1.5-mile stretch east of the marina and have modified their design. They now propose a Continuous Green T (CGT) intersection at Burnt Store Road and Vincent Avenue. This design may eliminate the need for land acquisition.

REMINDER

Section 22 HOA Board Meeting Tuesday, November 26 at 9 a.m. | *Location:* Linkside Patio

> Section 22 HOA Annual Meeting Tuesday, January 28 | Location: TBA

Section 22 HOA Board Workshops

Every Tuesday at 9 a.m. | Location: Linkside Patio

The Continuous Green T intersection, or CGT, is a threelegged intersection that allows one direction of travel on the major street to operate under free-flow conditions. The opposite major street direction of travel and minor street approach are typically controlled by traffic signals. Here is how a CGT would function for motorists at the intersection of Burnt Store Road and Vincent Avenue (See Schematic). On Burnt Store Road, northbound traffic would proceed through the Vincent Avenue intersection without stopping. Motorists who wish to turn left onto Vincent Avenue from this direction must first stop at the traffic signal before completing their movement. Southbound motorists on Burnt Store Road would have the options of proceeding straight as throughtraffic, or turning right onto Vincent Avenue, just like at a conventional signalized T-intersection. From Vincent Avenue, motorists would use the right turn lane to proceed southbound on Burnt Store Road. To turn left onto Burnt Store Road. motorists would use the channelized

(to be continued on page 6)



Allison James Estates & Homes

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(Corner of Burnt Store Rd & Harborside Blvd)



Linda Dutcher 941-268-1372

WE LOVE BUYERS AGENTS



South Bayview Estates 5061 Collingswood Blvd \$1,900,000

NEW Construction to be complete in November 2024. Gulf Access with NO Bridges or Locks, 2 story boat dock and 10,000 lb boat lift. Custom home features 4 Bedrooms with 4.5 bathrooms, 2600+ sq ft with 3700 sq ft total. Huge, covered lanai with pool & spa with custom outdoor kitchen.



Burnt Store Lakes 17450 Medillin Ct. \$349,900

Priced to sell! Fantastic location on a quiet street! Spacious 2000+ sq. ft. plan with formal living & dining, a great room combo of kitchen, nook dining, and family room, plus three bedrooms, two baths, lanai, indoor laundry, and a two-car garage. Room for a POOL!



Burnt Store Lakes 16438 Togas Way \$550,000

Pool Home with 4 Beds + 3 Bath + 2 Car Garage. Spacious floor plan w/ 2300+ sq ft and 3099 Total sq ft. New roof in 2022 with updated flooring and lighting. Adjacent lot also

for sale. Owner financing available, call for details.



Burnt Store Lakes 17258 Acapulco Rd #122 \$335,000

Furnished & Updated this 3 bedroom / 2 bath condo boasts 1500+ sq ft of living space with a private garage & lanai. Golf cart friendly community adjacent to Safe Harbor Burnt Store Marina.



Port Charlotte 4310 Point Ct \$150,000

McGrath Point Estates is a gated community tucked in the waterfront areas of Port Charlotte. Buildable estate lot featuring 1.5 acres of land with city water and sewer and is surrounded by other luxury estate homes.



Punta Gorda 512 Edmund St \$180.000

1905 Built Lake front home with 2 beds and 2 baths + shed. Over a century old, historic home in Punta Gorda. Fixer Upper with Cottage charm just waiting for your updates.



Pirate Harbor, Punta Gorda 24213 Henry Morgan Blvd \$285,000

Come explore Pirate Harbor and build your dream home in this one of a kind community. Lot is 100' x 110' mostly cleared and offers a small ramp at rear of property to take you to the barrier islands and beyond in Charlotte Harbor.

Experienced agents serving Burnt Store and beyond for over 20 years!



Punta Gorda Isles 1447 Mediterranean Dr \$379,900

185 feet of sparking waterfront with concrete seawall in Punta Gorda Isles. Multifamily GMI5 or Single Family homesite. Land is .31 acres, cleared with Western Exposure for one-of-a-kind sunsets.



Pirate Harbor, Punta Gorda 24290 Blackbeard Blvd \$399,000

This beautiful Gulf Access Waterfront lot has 100 ft. of concrete seawall and a quarter acre of land, leading you to the gulf waters of Charlotte Harbor and beyond. Build your dream home in Pirate Harbor with NO bridges or locks, NO deed restrictions, and community HAS City Water & Sewer. Land is mostly cleared and has added fill dirt to bring lot elevation up.

lane on Burnt Store Road to merge after passing through the traffic signal. This design would install a traffic light at Vincent Avenue for all southbound traffic only. Northbound traffic will be uninterrupted. Northbound traffic exiting Vincent Avenue would merge into southbound traffic after getting a green traffic light. This design is similar to the intersection of Burnt Store Road and Zemel Road, but in the opposite direction (See attached design schematic) and with a traffic light. Traffic exiting the marina via the main gate will not be able to turn left, or northbound, but will head south and then make a U-turn to the north.

Benefits of the CGT include improved efficiency and safety. The free-flow of northbound traffic on Burnt Store Road allows more green light time to the other movements, reducing delay. Left turning vehicles from Vincent Avenue would use a channelized receiving lane on Burnt Store Road to merge. The channelization of the left turning vehicles from Vincent Avenue reduces the potential for angle crashes.

Lee County also confirmed the development of approximately 3,000 homes south on Burnt Store Road near the Tranquility Lake RV Park. Lee County recently allowed a density change from one home per 10 acres to 10 homes per acre on 35 acres across from the Dollar General store.

Benefits of the CGT include improved efficiency and safety.

As of this writing (September 27 to meet the October 1 publishing deadline) we are accessing the impact of Hurricane Helene on our community. Fortunately, damages seem to be minimal. To date, the hurricane season has been less active than expected. Do not let your guard down. The good news is that the Burnt Store Marina Certified Emergency Response Team (CERT) was ready for Hurricane Helene and is prepared to help. The team is composed of 22 residents who have completed their training with the Cape Coral Fire Department and are fully equipped for an emergency. Consult the September Beacon or the bsm22.org website for more information. Generators have been beefed up at both the Linkside Café and main gate house. Remember, when the power goes off and you need support, the Linkside Café will be the primary staging area and assistance will be available. The hurricane season ends in November so always stay prepared.

Automatic External Defibrillators (AEDs) have been placed throughout the community. The newer units are programed to call 911 when taken from the rack. Each AED provides detailed instructions regarding how to use the unit. Residents should take the opportunity to locate and familiarize yourself with units near you.

Vision 2025 was launched in 2023 and many of the ideas and suggestions have been implemented. During April, the Section 22 Board of Directors formed a Community Long Range Planning Committee to begin looking another five to ten years into the future. Primary focus will be on how to expand and upgrade our amenities and evaluate the impact explosive nearby growth will have on property values and services. To assist in this process, the board of directors has retained the services of a profession planning consulting company. Results of this planning evaluation should be available by the end of the year.

Life in Burnt Store Marina is good and will only get better, thanks to the efforts of the many volunteers who work diligently every day to maintain this beautiful community.

Architectural Review Committee

BARRY GROESCH, CHAIR

Are you thinking about updating your home? Any changes to the exterior of residences in Burnt Store Marina (BSM) are required to have Architectural Review Committee (ARC) approval. This applies to all homes, as well as homes in a condo association. If this approval is not granted through ARC, you may be asked to modify or remove the changes made. All requests are made by completing an ARC form and adhering to Section 22 Homeowners Association (HOA) Restrictions. Remember to write legibly, and complete the entire form, including having your condo representative sign off (if required). Delays will occur if it cannot be deciphered, or the form is not completed in its entirety. Thanks.

Section 22 restrictions and applications are available for download at **BSM22.org.** Submit your ARC applications to your condo association, if required, then to Alliant Property Management, 13831 Vector Ave, Fort Myers, FL 33919, Email: **apmsupport@alliantproperty.com.**

DID YOU KNOW?

An ARC did you know, moment...

Did you know... as long as you use the identical color of your house when repainting, an ARC application is **not** required. But, you guessed it, if you change the color, an ARC application **is** required. For all projects, go to the **BSM22.org** website to get your application.



The following applications were approved last month by the Section 22 HOA ARC:

- John Capel, 24032 Redfish Cove Drive, window replacements.
- Jerome Gaspar, 3024 Big Bend Circle, roof replacement.
- Robert Richmond, 1300 Romano Key Circle, gutter replacement.
- Joan Flinspach, 3090 Big Pass Lane, front lanai replacement.
- Platinum Point Yacht Club, 3601 Cape Cole Boulevard, hurricane shutter replacement.
- Robin Ude & Ronald Grimoldi, 3361 Diamond Key, new construction with caveats.
- Sharon Veltre & Jennifer Powers, 1625 Islamorada Boulevard, roof replacement.
- John Alex Blair, 1508 Islamorada Boulevard, generator installation.
- Thomas Lawlor, 24105 Redfish Drive, roof replacement.
- Peter & Geraldine Hickey, 17843 Hibiscus Cove Court, front Ianai replacement.
- Sally Guske & Denise Clements, 2061 King Tarpon Drive, exterior paint.
- Allen Hoffmon, 405 Islamorada Boulevard, exterior paint.
- Michael & Daryl Lemon, 4119 Cape Cole Boulevard, roof replacement.



BOARD OF DIRECTORS

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Front Gate: 941-639-8226 24 hours a day burntstoregate@msn.com

Lee County Sheriff Liaison: Sam Flores 239-955-2479 sflores@sherifflee.org

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BSM ENTRY MANAGEMENT Mark Murphy, Board Liaison

Communications: Maggie Hart, Chair downhartbsm@gmail.com

Resident Resource Hub: For changes, please contact: Peg Love, peglove810@gmail.com Daryl Ann Lemon darlemon@comcast.net

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IT/CONTRACTS Mark Murphy, Board Liaison

LANDSCAPE

Michael Lemon, Chair MLemonswfla@comcast.net Daryl Ann Lemon



USEFUL INFO

Gate Keeper: 941-639-0334 Main Gate email: securityBSM@gmail.com

Websites:

bsm22.org - Section 22 HOA - BSM Fitness, Racquet & Pool Club

burntstoreanglers.com - Burnt Store Anglers

bsgac.org - Burnt Store Golf & Activity Club

burntstoremarina.com - Burnt Store Marina

ppycbsm.org - Platinum Point Yacht Club

Platinum Point Yacht Club Administrator: Dorothy Saviste Email – office@ppycbsm.org

Alliant Association Management: (Section 22 HOA) Email – info@alliantproperty.com



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The Beacon deadline for copy to be submitted is the 1st of each month. Submission does not guarantee inclusion. Submission of copy undergoes review and editing by the editorial team.

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Bicycle News

BOB SINGER, ADMIRAL'S POINT



Burnt Store Bikers meet at 7:30 a.m. Monday

through Saturday at the Burnt Store Marina Country Club parking lot. We ride in the Lakes, usually

between 5 and 10 miles, and often stop for coffee at the Trading Post afterwards.

Please do not feel you need to be a fast rider. We have riders of all skill levels and speeds. The goal is to have fun and get some exercise. Join us for a good time with great people. Put on your HELMET and ioin us!

Call Bob Singer at 319-230-8827 if you have questions, or just show up.





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Burnt Store Marina CC News

JOHN ABBOTT, GENERAL MANAGER, BSMCC



November is here, and we all know what that means.... season has begun! We are kicking it off with Deb & the Dynamics on November 7, out on the patio under the new tiki huts. There will be multiple food trucks with a wide variety of cuisine and plenty of adult beverages. So

make sure, if you are in town, you don't miss this! The Thursday line up continues on the 14th, with the Jeff Becker Boots Band, and on the 21st, with Stolen Fruit. Other great events in the restaurant this month include prime rib night, bar bingo, trivia and our 2 for \$40 Saturday night specials.

On the golf course we have multiple events in November, starting with the Wish for Heroes' Golf Scramble & Dinner on Sunday November 10. This is a great charity event, which benefits veterans in need. If you haven't signed up for this yet, contact the golf shop or administration to see if room is still available. The Under Armour Junior Tour will be stopping at BSMCC again this season. On Sunday, November 17, we will be hosting kids ages 6-18 who will be competing for a chance to make it to the national championships. This is a fun event, and possibly a chance to catch a glimpse of the next superstar.

Thanksgiving is a holiday that we all look forward to and, this year, we are opening up Linkside Café to enjoy food and football with friends. From 11 a.m. to 5 p.m. Chef Seth will put on a turkey feast with all the fixin's. So members, if you don't have any plans, get your reservations now. If you are not a member, you can make reservations three days in advance, if there is any availability.

As you can see, there is a lot going on at the club. Members always get priority reservations to all limited seating events, golf events and dinners. If you haven't yet signed up to be a member, now is the time to head over to the administration office and get signed up. Thank you again for your ongoing support, and we look forward to seeing you all at the club!



BSMCC November 2024 Schedule of

Sunday	Monday	Tuesday	Wednesda
			the second
3	4	5	6
Breakfast - Menu	Lunch	Lunch	Lunch
9 - 12 p.m.	11 a.m <mark> 3 p.m.*</mark>	11 a.m 3 p.m.*	11 a.m 3 p.i
Lunch	Trivia	Dinner	
11 a.m 3 p.m.*	5 - 8 p.m.	5 - 8 p.m.*	Republican Dinn
NFL Game Day		9 Hole Scramble	The second se
1 - 7 p.m.		3 p.m.***	
10	11	12	13
Breakfast - Menu	Lunch	Lunch	Lunch
9 - 12 p.m.	11 a.m 3 p.m.*	11 a.m 3 p.m.*	11 a.m 3 p.
Wish 4 Our Heroes		Dinner	Bar Bingo*
Golf 12 p.m.	Trivia	5 - 8 p.m.*	5 - 8 p.m.*
Buffet 5 p.m.	5 - 8 p.m.	9 Hole Scramble	THE TRUE TO A THE TANK
		3 p.m.***	
17	18	19	20
Breakfast - Menu	Lunch	Lunch	Lunch
9 - 12 p.m.	11 a.m 3 p.m.*	11 a.m 3 p <mark>.</mark> m.*	11 a.m 3 p.i
Lunch	Trivia	Dinner	Prime Rib Din
1 - 5 p.m.	5 - 8 p.m.	5 - <mark>8 p.m.</mark> *	5 - 8 p.m.
NFL Game Day		9 Hole Scramble	
1 - 7 p.m.		3 p.m.***	
24	25	26	27
Breakfast - Menu	Lunch	Lunch	Lunch
9 - 12 p.m.	11 a.m 3 p.m.*	11 a.m 3 p.m.*	11 a.m 3 p.i
Lunch	Trivia	Dinner	Democrat Din
1 - 5 p.m.	5 - 8 p.m.	5 - 8 p.m.*	5 - 8 p.m.***
NFL Game Day		9 Hole Scramble	
1 - 7 p.m.		3 p.m.***	

* Call Linkside for reservations 941-639-4151

*** Sign up in Lobby on Board

**** Sign up at Admin Office.

***** Reservations for Republican and Democrat Dinners must be made through respective clubs. **Due to circumstances beyond our control, everything is subject to change.**

Events

y	Thursday	Friday	Saturday
	and a state of the second	1	2
		Lunch	Lunch
		11 a.m - 3 p.m.*	11 a.m - 3 p.m.*
		Dinner	2 For \$40
		5-8 p.m.*	5 - 8 p.m.
			Music by Lori Lee
1	7	8	9
	Lunch	Lunch	Lunch
n.*	11 a.m - 3 p.m.*	11 a.m - 3 p.m.*	11 a.m - 3 p.m.*
	Tiki Time	Dinner	
er****	5 - 8 p.m.*	5 - 8 p.m.*	2 For \$40*
	Deb & the Dynamics		5 - 8 p.m.
			Music by Rick Austin
	14	15	16
	Lunch	Lunch	Lunch
m.*	11 a.m - 3 p.m.*	11 a.m - 3 p.m.*	11 a.m 3 p.m.*
**	Tiki Time	Dinner	2 For \$40*
	5 - 8 p.m. *	5 - 8 p.m.*	5 - 8 p.m.
	Jeff Becker		Rob Norum
	21	22	23
	Lunch	Lunch	Lunch
n.*	11 a.m 3 p.m.*	11 a.m 3 p.m.*	11 a.m 3 p.m.*
ner*	Tiki Time	Dinner	Cookn' the Turkey Scramble
	<mark>5</mark> - 8 p.m.	5 - 8 p.m.*	9 a.m.***
	Stolen Fruit Trio		Linkside Closed 4 p.m.
1			
	28	29	30
	Thanksgiving Buffet*	Lunch	Lunch
n*.	11 a.m - 5 p.m.*	11 a.m 3 p.m.*	11 a.m 3 p.m.*
ner		Dinner	2 For \$40*
**	75	5 - 8 p.m.*	5 - 8 p.m.
			Music by Chris Terp Solo

Mark Your Calendar – Out and About

INSIDE THE GATES DATES

Friday, November 1 Deadline for the December Beacon Article & picture submissions are welcomed. Become part of *The Beacon* family.

Saturday, November 2 | 8 a.m. to 1 p.m. Community-Wide Garage Sale

Tuesday, November 26 | 9 a.m. Section 22 HOA Board Meeting, Linkside Café

OUTSIDE THE GATES DATES

Friday, November 1 | 1 to 5 p.m. Fort Myers River District Art Walk Visit many galleries, exhibitions and performances.

Saturday, November 9 | 8 a.m. to 1 p.m. 2nd Saturday Flea Market

Punta Gorda Isles Civic Association, 2001 Shreve St.

Saturday, November 9 | 2 p.m. to 5 p.m. 2nd Saturday Dance Party

Lessons start at 2 p.m., party starts at 2:45 p.m. Punta Gorda Women's Club, 118 Sullivan St. \$15 USA Dance Members, \$26 USA Dance Member Couples, \$17 non-members single, \$20 non-members couples. Call Laura for information, 330-501-2366.

Friday, November 15 | 5 p.m. to 9 p.m. Fort Myers River District Music Walk

Local and regional musicians line the street with music from jazz to blues to rock and roll.

Every Tuesday | 9 a.m. Section 22 HOA Working Board Meeting, Linkside Café

Every Tuesday | 1 to 3 p.m. Bar code installation, front gate

Every Thursday | 9 to 11 a.m. Bar code installation, front gate

Saturday, November 16 | 5 p.m. to 9 p.m. Lighting of the Village

Kick off the holiday season as Fishermen's Village illuminates over 1-million lights and decorations, 1200 W Retta Esplanade.

Saturday & Sunday, November 23 and 24 | 10 a.m. to 4 p.m. 21st Annual Arts & Crafts Festival Gilcrest Park, Punta Gorda waterfront. Over 60 vendors.

Saturday & Sunday, November 30 and December 1 10 a.m. to 5 p.m. | Sullivan Street Craft Fair

Tuesday & Friday | 8:30 a.m. to 9:30 a.m. Zumba

Punta Gorda Isles Civic Association, 2001 Shreve St. Call Cara Peralta for information, 941-276-1887. \$12 per class.

Every Wednesday | 11 a.m. to 2 p.m. Long Lunch Sightseeing & Culinary Tours

Walk through Punta Gorda & experience local specialties and view the downtown area. \$49 per person. Contact: https://swfloridawalkingtours.com/tours-2/long-lunch-tour/ for information and reservations.

Tiki Hut Signs... What is the History?

LYNDA VAIL, DIRECTOR, BSM BOD

In 1981, there were 18 holes at the Marina Golf Club, and were designed by Ron Garl. These courses were originally called the East and West Courses, and are now known as Osprey and Pelican. The additional nine, designed by Mark McCumber, Heron, was built in 1988.

The course, now having 27 holes, needed new tee markers to reflect the new names of the courses. Bill and Corky Anderson, early Burnt Store Marina residents, and parents of Chris Hornak, purchased tee hole sign #7, which is now Pelican 7, and #10, now Osprey 1. Through the years these tee signs were hung outside at their unit in the Commodore Club. Chris and Bob Hornak now live in this unit, and recently did some remodeling. They thought the signs deserved to be back at the golf club.

These tee box signs, donated by Chris and Bob Hornak, are home



once again in the Tiki at Burnt Store Marina CC. Thank you, Bob and Chris Hornak, for your thoughtfulness in donating the signs to the community. They are back home, and their history will be shared through the years ahead.

Every Thursday | 9 a.m. to 1 p.m. Fort Myers River District Farmers Market

Every Saturday | 8 a.m. to 1 p.m. Punta Gorda Farmers Market, downtown

Lots of vendors with fresh fruits and vegetables, live music, crafts and other great buys. Visit nearby murals and enjoy some of the great downtown restaurants.

Every Saturday | 8 a.m. to 1 p.m. Cape Coral Farmers Market

Clubhouse Square, SE 47th Ter. and SE 10th Pl., Cape Coral.

Every Saturday | 6:30 to 8:30 p.m. Saturday Night Ghost Stories

Stroll around looking at Punta Gorda's most haunted sites with storyteller guides. Adults \$29, children 19 and under \$19. Contact: https://swfloridawalkingtours.com/tours-2/ hauntsofhistorytour/ for information and reservations. Every Sunday | 9 a.m. to 1 p.m. Punta Gorda Historical Society's Farmers Market at History Park, 501 Shreve Street. Shop for veggies, meats, plants and gifts. Most Sundays you will be treated to live music by Dave Heveron. When the market closes at 1 p.m., take a guided tour of the gardens at the park. Walk the grounds with Florida native gardener, Starr Zachritz, and learn about Florida's flora. A \$5 suggested donation gets you a plant to take home. Call 941-380-6814.

Fitness, Friends & Fun... It's All About You, It's Time to Invest In Yourself

CYNDI MATTHEWS



Happy November!

As we enter this beautiful season at Burnt Store Marina, let's take a moment to focus on **you.** At our Fitness Club, it's not just about the classes, facilities, or friendly staff, it's about empowering **you** to live a healthier, happier life. Humor is important! So, there are some dad jokes sprinkled throughout. We understand the myriads of benefits of a healthy lifestyle, and the social, community, and athletic opportunities our club offers.

This season, invest in yourself.

Make time for stretching, stress relief, and enjoying this glorious lifestyle. Let us help you stay healthy and active. After all, as we all know, time waits for no one.

A HEALTHIER YOU

Many of us have heard our doctors encourage us to lose weight, reduce stress, or adjust our workouts. Now is the time to act. Investing in your health can help you combat the effects of aging and improve your overall well-being.

A healthy diet, regular exercise, quality sleep, and enjoyable

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CALENDA REAL ESTATE GROUP activities can slow down some of the side effects of aging. However, there are certain aspects of aging that we can't entirely outrun or outplay. What's orange and sounds like a parrot? A carrot.

Floating Fat (cholesterol) is something we need to be aware of. Improve those levels with moderate exercise. Did you know that regular motion can raise your good cholesterol (HDL)? Staying adequately hydrated can help too! Also, foods rich in fiber can help. They bind to the fat and escort it out.

DID YOU KNOW?

The first French fries weren't cooked in France. They were cooked in Greece.

Sugar Processing (diabetes and pre-diabetes), the A1C is a simple blood test can tell if you're metabolizing sugar well. They simply check to see how many proteins in your blood are covered with sugar. If you've got a lot of sweetness in there, it elevates your A1C level and your risk for diabetes. What do you call a fake noodle? Impasta.

Blood Pressure (high blood pressure or hypertension) is one of the most common health issues for our population. Even with a healthy diet and regular activity, our arteries naturally stiffen up as we age. Darn it!

But lifestyle changes can make a huge difference. Here are a few suggestions.

• Be mindful of stress. Don't put too many activities and obligations on your plate.

• Be grateful.

What's the difference between a well-dressed man on a unicycle and a poorly dressed man on a bicycle? Attire.

• Enjoy a colorful diet. Prepare your meals at home without extra salt and additives. Fruits and fresh and frozen veggies are necessary to a healthy diet.

• Prioritize sleep.

Not getting enough quality sleep can raise your blood pressure. Studies indicate we need between 7 and 9 hours each night.

• Lose a little weight.

Your blood pressure drops a little with the pounds you drop. It's just easier for your body to do its job.

Why did the skeleton go to the barbecue? To get a rib. • Get regular exercise. Aim for 30 minutes every day. Consider adding some weight bearing moves too.

We all sound a little like a bowl of Rice Krispies in the morning – you know – Snap, Crackle, and Pop. Those little aches and pains are not going to get better with time. It's imperative to step up your activity level and mix up your workouts. That's another reason we are incorporating Tai Chi.

New Class: Tai Chi

We're excited to offer Tai Chi this season. This ancient Chinese practice combines gentle, fluid movements with meditation, promoting relaxation and improving mind-body connection. It's suitable for all fitness levels and is particularly beneficial for those seeking a low-impact workout.

Strengthen Your Bones

Resistance training is an excellent way to boost bone health. As we age, we naturally lose muscle mass, which can contribute to bone weakness. Incorporate resistance bands, weights, or isometric exercises into your routine, along with balance, endurance, and stretching. A ship carrying red paint and a ship carrying blue paint collide in the middle of the ocean. Both crews were marooned.

(to be continued on page 18)

The Plank: A Simple Yet Effective Exercise

If you're looking for a single exercise to improve bone health, consider the plank. Yes, just by mimicking a piece of wood, you can make yourself seriously stronger. This simple exercise engages your core and strengthens your entire body. To perform a plank, start on your hands and knees, extend your legs back, and hold your body in a straight line, supported by your forearms and toes. You can modify the plank by alternating leg raises.

JOIN US ON YOUR FITNESS JOURNEY

At our Fitness Club, we're committed to supporting you on your health and wellness journey. We're more than just a facility; we're a community. Let's work together to achieve your fitness goals and enjoy a healthier, happier life.



Platinum Point Yacht Club

LORETTA STEEVES, DIRECTOR

Platinum Point Yacht Club (PPYC) honored a significant milestone last month. The club was formed on October 27, 1984. John Landry, owner of the International Sailing School at BSM, became the first Commodore. PPYC quickly became a beacon of maritime tradition and camaraderie, and the nautical hub of Burnt Store Marina.

Of course, PPYC, being inclined to celebrations, and honoring our nautical traditions, wanted to celebrate this ruby 40-year anniversary. On October 27, club members gathered at the clubhouse for a gala celebration. Joan Flinspach, club historian, shared photos documenting the club's evolution over the years. Trivia questions prompted memories of times gone by. Members toasted to the heritage of a club that has thrived over these 40 years.

At 6:30, members assembled outside for a traditional *Sundowner Ceremony*. Often simply called the "sunset ceremony," this ceremony combines several military customs, and reflects respect for the American flag. The ceremony began with a benediction delivered by Anna Marie Kotsen. A brief history of the sundowner ceremony was shared, and key moments of PPYC's history were highlighted. The ceremony also honored club veterans, past commodores, and the PPYC board. A **Proclamation from the Lee County Board of County Commissioners** declared that Platinum Point Yacht Club "stands as a testament to the enduring spirit of adventure, fellowship, and maritime heritage that define the yachting community within our county."

As the name implies, the ceremony coincided with sunset. The club flag was lowered, and presented to club Commodore, Greg Broxterman.

•• ...Platinum Point 'stands as a testament to the enduring spirit of adventure, fellowship, and maritime heritage that define the yachting community within our county.'

Burnt Store Marina Farmers Market



Welcome

Back!

Open Every Friday through the Season • 9am–1pm

Platinum Point Yacht Club3601 Cape Cole Boulevard

v (239) 872-5271

Thankful for our Local Farmers Market! Your Thanksgiving Feast Starts HERE!

Following the ceremony, members returned to the club to continue the celebration with an anniversary cake. PPYC is proud of its heritage, as it continues to maintain such important nautical traditions as the Golden Conch Regatta, Fleet Week, Eight Bells custom, and the Commodore's Ball.

As we look forward to November, two of PPYC's signature events stand out. On November 9, the club will hold its *Annual Meeting* where members will hear plans for the coming year from the Board of Directors. New board members will be installed, and the membership will vote on the proposed budget. However, as you know, PPYC is really all about the party, so that night members will reconvene for the Annual Welcome Back Dinner with the theme Home in Paradise.

Your \$10 Purchase

at the BSM Farmers Market

Open in the Platinum Point Yacht Club Parking Lot

The other signature event in November allows PPYC to welcome back the entire Burnt Store Community. The **Shrimp Boil** - Let the Good Times Roll will be held on November 20. Mark your calendar and invite your friends.

In another endeavor open to the entire community, PPYC will continue to support families at East Elementary School with our **Adopt a Child Program.** Each child in the family will receive several gifts including both clothing and

LEE COUNTY LEASH LAWS AND DOGGIE ETIQUETTE

It is a Lee County law, as well as a Burnt Store Marina rule, that all dogs are to be on leashes whenever outside residences.

The open lot at the corner of Cape Cole and Matecumbe is not a dog park. The Commodore residents own the whole part that is landscaped. Please keep your dogs off that property.

And...

It is good manners and common courtesy to pick up after your pets.

toys. If you would like to join with us in this endeavor, stop by the **PPYC clubhouse after November** 10, choose a child's tag off the Christmas tree and record your name in the accompanying register. Return your wrapped gift to the club by December 1. You can also donate by giving a check to buy extra gifts. As stated in the Lee County Proclamation, Platinum Point Yacht Club has demonstrated "exceptional dedication to enriching the lives of countless individuals and enhancing the community at large." Please help us continue to make a difference in the lives of neighboring families.



Community Shrimp Boil OPEN TO THE PUBLIC

NOVEMBER 20, 2024

Join PPYC for an evening of community and comradery. The fun will include great food, music, a bake sale, Christmas Market, silent auction and our famous *Boatload of Wine* Raffles.

Dinner includes one-half pound of shrimp, sausage, corn, mini potatoes, dessert and water or soft drinks. There will be a cash bar for beer and wine.

> Dinner Seatings: 5:00, 5:45 or 6:30 \$28 Per Person

Advance Reservations Required Purchase Tickets at PPYC Office Mon, Wed, Thur 9:00-5:00



3601 Cape Cole Blvd Punta Gorda, FL 33955 | 941-639-0733



You are invited to PPYC's Open House

Boaters and Non-Boaters Welcome! Sunday, November 17, 2024

3:00 - 5:30 PM

Food and drinks will be provided. Stop in! We would love to tell you about PPYC.

Platinum Point Yacht Club is offering a fantastic promotional:

\$250 off Initiation Fee plus a PPYC tote bag, caps/visors.

As a member of this year-round club, you will enjoy many **On-Water** and **On-Land** activities with new friends.

- Monday Sailboat Racing Come learn to sail
- Tuesday and Friday Happy Hours BYOB or buy drinks at Docksiders
- Sunday Jam Sessions Musicians and vocalists welcome
- BiMonthly Potlucks Sunset Socials and Grill Nights
- Monthly Cruises To different marinas
- Monthly Themed Parties Many with dancing
- Many special-interest game and activity groups

Come check out what PPYC could mean for you AND SAVE!

Offer available for the Fiscal Year ending October 31, 2025

PPYC... A Place to Belong!

For more information contact: Club Administrator, Dorothy Schroeder 941-639-0733 <u>office@ppycbsm.org</u> Platinum Point Yacht Club 3601 Cape Cole Blvd Punta Gorda, FL



2024 Veterans Day Event at BSM



"SALUTE TO OUR MILITARY PAST AND PRESENT"

Veterans fundraising events to benefit **Wish for Our Heroes** are complete. Wish for Our Heroes is a national 501(c)(3) organization that grants wishes around the world. Through 2023, Wish for Our Heroes has provided more than \$30 million in assistance to our heroes, across all 50 states and 4 foreign nations (where U.S. troops are serving). One hundred percent of all proceeds from the 2024 weekend activities benefit Wish for Our Heroes.

Many thanks to the community members of Burnt Store Marina who have supported *Wish for Our Heroes* through their generosity, volunteer work and participation in these events. What once started over a dinner conversation has grown to a weekend of fundraising events here in Burnt Store Marina.

All Events Are Open to the Public

Come join the volunteers who make these events possible, for some entertainment and drink specials to kick off the weekend

at the Pre-party, Friday, November 8, from 6 – 9 p.m. at Cass Cay Restaurant.

Then, beginning at 8 a.m., get up early on Saturday, November 9, to show your patriotism, and watch Cliff Behney, flag-bearer, as he marches down Islamorada Boulevard, carrying the American flag – from the main entrance of Burnt Store Marina to Cass Cay Restaurant. We encourage those interested to march with him, or follow him by golf cart, and join us at the Veteran's Day Breakfast immediately following.

The Veteran's Day Breakfast, Saturday, November 9 at Cass Cay Restaurant. This event is held

every year to honor our Veterans who served our country. Even if you are not a veteran, please join us in honoring and remembering those who have given so much for our freedom. Tickets for Veterans are just \$6, and non-veterans \$15.

Plan to join us that evening for the **Heroes Dinner at Cass Cay** **Restaurant, Saturday, November 9.** We will have great entertainment from Single Shot Steve Flagg, great food, 50/50, auctions and more. This event will be limited to 200 people. Regular tickets are \$60 (doors open at 5 p.m.). VIP tickets are \$125, which include: reserved seating on the deck, early entrance at 4 p.m., entertainment from Capt. Rick, unlimited beer, wine, and house liquor, and priority in line at the buffet.

> Many thanks to the community members of Burnt Store Marina who have supported Wish for Our Heroes through their generosity, volunteer work and participation in these events.

On Sunday, November 10 at Burnt Store Marina Country Club join us for the Heroes Classic Golf Tournament. Plan on a great day of golf, food, games on the course, 50/50, entertainment and more. A single player golf ticket is \$100 or \$400 for your foursome. You can sign your foursome up for the golf event at the BSMCC main office, during office hours. You must pay in full \$400 for your foursome, and provide a list of names to register for this event or register online.

To check for availability, and to purchase tickets for these events, call Michele Goldman at (518) 469-7357.

THANK YOU for your continued support, and most importantly, a huge THANK YOU to all the active-duty military and veterans. You are the **HEROES.** Thank you for your service. **Burnt Store Craftsmen LLC**

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Grammar Tips...Semicolons

EDITORS OF THE BEACON



WHAT IS A SEMICOLON?

It is a punctuation mark that can be used to separate parts of a sentence that (1) need clearer separation than would be shown by a comma; or, (2) to separate phrases and clauses containing commas.

(1) A semicolon is most used to link, in a single sentence, two independent clauses that are closely related in thought. <u>Example</u>: Some people write with a word processor; others write with a pen or pencil. (2) Use a semicolon between items in a list or series if any of the items contain commas.

Example: There are basically two ways to write: with a pen or pencil, which is inexpensive and easily accessible; or by computer and printer, which is more expensive but quick and neat.

Blood Donation News

ANN SINGER, ADMIRAL'S POINT

BSM Blood Drive Schedule for 2024 - 2025 Always on Monday | 8:30 a.m. - 3 p.m.



November 11, 2024 · January 13, 2025 · March 10, 2025

The Big Red Bus from ONEBLOOD will be coming to Burnt Store Marina Monday, November 11 from 8:30 a.m. – 3 p.m. We look forward to seeing our veteran donors, and hopefully meeting many new Burnt Store area residents. There will be incentive gifts for all donors. Each successful donor will receive a \$20 eGift card, 6 reusable cups, and a Chick-fil-A card for a free chicken sandwich.

ONEBLOOD is a not-for-profit 501(c)(3) community asset, responsible for providing safe, available and affordable blood to more than 300 hospital partners and their patients throughout Florida, North Carolina, South Carolina, Georgia and Alabama. There are many blood donation locations and hospital closures due to *Hurricane Helene*. While all blood types are needed, there is an increased need for O Negative and O Positive blood as well as Platelet donations.

WHAT IS BLOOD?

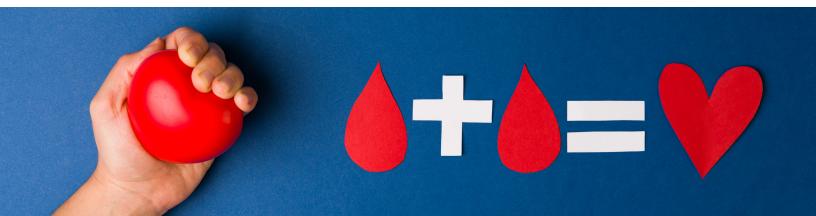
There is no substitute for blood, and it cannot be manufactured in a lab. The only source for patients in need of a transfusion is volunteer blood donations. We need YOU TO DONATE NOVEMBER 11.

Generally, healthy people age 16 or older, and who weigh at least 110 pounds can donate blood. A photo ID is required. To learn more about blood donation, and how donors can target the power of their blood type, visit oneblood.org. All donors receive a wellness checkup of blood pressure, pulse, temperature, iron count, a cholesterol screening, plus a surprise gift. One of three people will need blood in their lifetime. Blood that is donated on this day will likely be transfused within two to three days. The turnaround is that fast, and the need is constant. Blood is made up of four main components: red blood cells, platelets, plasma and

white blood cells. Each whole blood donation has the potential to save up to three lives.

The bus is located in the Cass Cay/Trading Post parking lot. Make an appointment online, call, or just walk in the day of the drive. Now is a good time to schedule an appointment, or if you have questions, please call Ann Singer at 319-290-5955 or Jo Bucci at 941-445- 8260. To schedule online, log on to oneblood. org. Establish a username and password, and follow directions to schedule. Walk-ins are always welcome. Remember to bring a photo ID. Be sure to eat before vou donate, and drink lots of fluids before and after.

Thanks from Ann Singer and Jo Bucci, volunteers.





LIL' EDDIE NOW

Two Years Cured... You Made it Happen

DEBBIE BURNS, MARINERS PASS

It has been a long journey for Lil' Eddie Wilkes and his family. Lil' Eddie was diagnosed with Acute Lymphoblastic Leukemia (ALL) at the young age of 4! He will turn 13 years old this Nov. 8. After many years of treatment, fear, and tears, he is now 2 years cured. Although he is cured, St. Jude will continue to monitor him yearly until the age of 18.

This is a Happily Ever After Story, and you made it happen! All the people who have ever donated to St. Jude Children's Research Hospital have helped Lil' Eddie, and tons of other children defeat ALL. Because of your support, St. Jude has a 94% survival rate for children with ALL, and an 80% Overall Survival Rate of childhood cancer! This is truly amazing!

Your donation to St. Jude is broken down like this:

- 82 cents of every dollar go to support the patient and cancer research.
 - 13 cents go to fundraising 5 cents go to administration

This is why St. Jude is so successful in their research, and saving children, like my nephew Lil' Eddie!

Since 2017, I have been fundraising for St. Jude by participating in their annual Memphis Marathon Weekend. The past 3 years have been virtual here in Burnt Store Marina due to Covid. This year, my friend Maureen Beaton and I have joined forces to fundraise, and are heading to Memphis in December to do the 5K walk/run. We will also be hosting a Virtual 5K walk/run for St. Jude here again in BSM since it has been so successful and well attended!

The Burnt Store Marina 5K walk/run will be held on Sunday, November 17 at 10 a.m. The start and finish will be at 3929 Cape Cole Blvd. Participants can walk or ride along in golf carts. We will have a trail cart with water, and to pick up anyone who gets a little tired. Come early for refreshments before the 10 a.m. start!

Here are the ways that you can make a difference for children with Cancer!



• Donate online at: http://heroes.stjude.org/ **DebbieBurns**

• Write a check out to St. Jude Children's Research Hospital and send/bring to Debbie Burns, 3929 Cape Cole Blvd., Punta Gorda, FL 33955.

 Bring cash on race day and I will make the deposit onto my fundraising page.

Thank you to all who have donated already. We are over \$3000 towards our \$4000 goal! Be a St. Jude Hero, donate today!

BOCCE - That's the Way We Roll!

CAROLE ROMAINE, INDEPENDENT HOME OWNER



The bocce season has begun! The group is looking forward to welcoming new players, so come check it out. No experience is necessary. You will learn as you watch and play. We have a cross-section of players, from beginner to those with experience.

Jerry and Barbie Newmin are two very experienced players. They first learned to play bocce while living in

southern California. They competed in many competitions, winning the club championship at Coronado Cays Yacht Club in 2011. They are enthusiastic players and supporters of bocce at BSMCC, and are looking forward to acclimating new players to the game.

The bocce court is adjacent to the northeast side of the parking lot at Burnt Store Marina Country Club. Play is every Tuesday, from 3 to 5 p.m., followed by dinner at Linkside Café or other local restaurants. Dinner is optional, and you do not have to be a member of Burnt Store Marina Country Club to play. There is a nominal fee of \$1 collected each week for maintenance of equipment, and end of season party and prizes. Grab your lawn chair and join the fun.



JERRY & BARBIE NEWMIN



You are also welcome to play bocce at your leisure. There is a guest set of bocce balls in the back of the golf cart barn. It

is in the unlocked plastic container, clearly marked for general use. Please be sure to return the equipment back to the cart barn when you are finished playing.

So, gather your guests or grandchildren, and spend a couple of hours having some bocce fun!

For more information and to be added to the email contact list please contact Connie and Dave Huelsbeck at: huelsbed@bellsouth.net.

Rules for Driving Golf Carts



There has been some confusion about operating golf carts in Burnt Store Marina. Please be aware that there are rules for golf cart use, and a violation will get you a citation from the Lee County Sherriff's Office.

Effective October 1, 2023, golf carts may not be operated on any "streets" by someone who is under the age of eighteen (18), unless the driver has a valid learner's permit or driver's license. The term "street" is defined by Statute to include "...any privately owned way or place used for vehicular travel...." In other words, the BSM community's roadways would be subject to the legislative change and its new requirements.



- Drivers of golf carts must observe the same rules as those designated for drivers of motor vehicles.
- Drivers must keep their carts on the right side of all streets, and obey all traffic signage.
- No one without a driver's license or learner's permit is allowed to drive on streets within Burnt Store Marina.





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BLACK CROWNED NIGHT HERON O RICK READ MARINERS PASS



Golf Tip of the Month

BILL CONNELLY, MANAGER OF GOLF OPERATIONS

How many of us will get a bucket of balls, go to the range and hit that bucketful as fast as we can, without actually practicing anything? Hitting a bucket of balls on a consistent basis is a good way to maintain your golf swing. One thing that I do when I get a chance to go practice, is to always practice with a purpose. I may not hit a lot of balls, but every swing has a purpose. Whatever you are working on, make sure to incorporate it into your practice session.

One thing you can do to help, is learn to read your divots:

• If your divot is facing left, most likely the ball is going right. That is caused by your swing going outside in or "over the top." To correct your slice, try pulling the club down with your front side. This promotes an inside to out swing.

• If the divot faces too far to the right, then you are swinging too far inside. To correct that, try bringing the club straight back instead of snatching it inside right off the ball. Start spending the majority of your practice time on and around the putting green. Once you start concentrating on making more putts, and improving your short game in general, you won't have to spend so much time on the driving range hitting ball after ball.



Be sure to sign up for the Cookn' The Turkey Scramble on November 23, at 9 a.m. And remember, there

is a 9-hole Scramble every Tuesday at 3 p.m.

We are looking forward to an exciting new season. Please follow us **@burntstoregolf** on Instagram for course updates.

Please stop in for lunch and some shopping, we would love to say hello.

Have fun learning to enjoy your game.





Sheriff Carmine Marceno's Fraud Alert... QR Code Scams

QR codes, "Quick Response Codes," are all around us. These square, black and white boxes allow businesses to quickly direct you to their web site, can track product information in a supply chain, link us to applications as well as store financial information. The uses for these codes are nearly limitless as they store a great deal of data in a very small space.

Our smartphones scan the pattern simply by pointing the phone's camera at the code. As is often the case, criminals and scammers find methods to steal personal data and money using these very same technologies.

Nationwide, law enforcement agencies are receiving numerous calls regarding altered QR codes designed to illegally obtain a victim's banking information, credit card information and/or personal data stored on their smartphone. Scammers are always searching for ways to separate you from your money and they have discovered that the use of fraudulent QR codes is an effective way to do so.

For example, QR code scams involving parking fees have been reported across the nation. "Scan to pay" stickers are placed on parking meters and around public parking locations. Most of us are in a hurry to get to our destination and pay little attention to where our parking fees are being sent.

Many reports have been received regarding fraudulent discount coupons being sent via email or text messaging. By copying a legitimate ad from a reputable retailer, scammers then cut and paste their QR code over the legitimate one. By doing so, you are redirected to a phishing website capable of stealing credit card and personal information.

Please consider the following methods of prevention:

- Do not scan a randomly found QR code. Be selective!
- Look for QR code tampering such a sticker placed over an existing QR code. Some scammers are physically pasting bogus codes over legitimate ones. If it looks as though a code has been tampered with at your local bar or restaurant, don't use it. This applies to legitimate ads you obtain or receive in the mail.
- Be suspicious if, after scanning a QR code, the site asks for a password or login info.
- Do not scan QR codes received in emails unless you know they are legitimate. Call the sender to confirm.
- Carefully review the destination page.

Should you be victimized by a fraudulent QR code, please contact the FBI's Internet Crime Complaint Center at www.ic3.gov or call your FBI local office. Fraud can also be reported to the Federal Trade Commission by visiting ReportFraud.ftc.gov.



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Kailin@crmfl.com www.compassrosemanagement.com



Sheriff's Report September 2024

• 2 Speeding Warnings

0 1 Resident

o 1 Non-Resident

• 10 Stop Sign Warnings

0 3 Residents0 7 Non-Residents

• 9 Other Infractions

O Equipment
O Failure to secure load
O Expired Registration
O Tag Violations
O Expired Insurance

RULES OF THE ROAD

Motor Vehicles: Always drive your vehicle on the right side of the road. There are no "turn lanes" within Burnt Store Marina. Never drive your vehicle in lanes indicated for the use of bicycles and pedestrians. Always stop at stop signs. Never exceed the posted speed limit.

Bicycles: Always ride your bicycle on the right side of the road, even if there is no "bike lane" available. Use hand signals to indicate intention to turn. Always stop at stop signs. Never exceed the posted speed limit.

Golf Carts: Always drive your golf cart on the right side of the road. Use hand signals to indicate intention to turn. Always stop at stop signs. Use lanes indicated for the use of bicycles and pedestrians only when neither is present.

Pedestrians: Always use lanes provided for bicycles and pedestrians. If there is no lane available, use the left side of the street, facing wheeled traffic. Use caution when crossing streets. Wear reflective clothing and carry a flashlight when walking or running after sunset.



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Enjoying Your Walk

JAN MCLAUGHLIN, FORMER BEACON EDITOR

One morning a fellow walker stopped me and asked what the distance was around Prosperity Point, and how far was it from there to the front entry gate. With lots of residents returning and enjoying our pedestrian paths, I offer the following. All distances were measured with a GPS while riding in a golf cart.

- Islamorada Entrance Gate to Cape Cole Blvd. 0.82 mile
- Cape Cole Blvd., golf clubhouse gate arm to Islamorada Blvd. - 0.60 mile
- Cape Cole Blvd., golf club gate arm to Matecumbe Key entry - 0.72 mile



EAGLE WITH FLAG KATHY KNUDSEN

- Matecumbe Key Blvd., construction entrance to Cape Cole Blvd., 0.72 mile
- Matecumbe Key Blvd., Cape Cole Blvd., to South Shore - 0.55 mile
- Courtside Landings' Loop, start/stop at entrance - 0.48 mile
- Prosperity Point sidewalk loop, start/stop at Matcumbe Key Blvd, 1.26 mile
- Admiral's Point loop (includes Key Largo Lane Circle, Sable Key Circle and Key Largo Circle) start/stop at Marathon & Cape Cole Blvd., 1.06 mile
- Tarpon Pass loop, start/stop at Islamorada Blvd., 0.76 mile

Wonderful resources for walkers abound on the Internet. These sites offer a wide selection of audio music apps for beginners to advanced walkers, exercise videos, gear (including shoes), accessories and resource information.

CRUSTLESS COTTAGE CHEESE QUICHE

INGREDIENTS

- 4 large eggs (I use eggbeaters)
- 1/4 cup all-purpose flour
- 1/4 tsp freshly ground pepper
- 2 cups cottage cheese (I used low-fat)
- 1 cup shredded cheddar cheese
- 1 cup diced cooked ham
- 1/2 cup thinly sliced green onions

DIRECTIONS

- 1. Preheat oven to 325°F.
- 2. Whisk together eggs, flour and pepper in a bowl. Stir in cottage cheese, cheddar cheese, ham and green onions.
- Pour mixture into a greased
 8-inch square or round baking dish.
- 4. Bake, uncovered, until a knife inserted in center comes out clean, about 50 minutes.
- 5. Let stand for 15 minutes before serving.

Recipe Box

As we get into November and the holidays, do you find that most social events center around food and eating? If you want a lighter option for brunch, lunch or dinner to relieve your heavy belly, this quiche recipe from Blue Flame Kitchen may be exactly what you're looking for. Quiche is a breeze to put together when you bake the filling in a baking dish rather than a pastry crust. This cheesy ham and egg pie is versatile and can be made with a variety of vegetables or cheeses. Serve with a small side salad to complete your meal.





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JAY LEV, BURNT STORE ANGLERS

When we plan a fishing trip, the first thoughts we often have are, what is the weather going to be, what fish will we go for, and what bait will we use. Missing from that cluster of important planning questions can be "Is my fishing firstaid kit packed and ready to go?" On hundreds of fishing trips, I have seen anglers get a hook embedded in their skin, cuts, fish bites, wounds from fish spines and the list goes on. It is not that most anglers are careless, it is just a sporting fact that accidents happen.



Anglers who are guests, or captains of their own boat, usually reach for the first-aid kit they stored away some months ago, buried in a hatch. Frequently, when they reach for that first-aid kit it is damp, possibly never used in the last several years. Many of the important first-aid contents are dried up, outdated or worse – just missing. What could have been a simple first-aid fix could now become a bad situation. When we teach our fishing course through the Burnt Store Anglers Education Programs, the instructors dedicate time to first aid on a fishing trip, especially hook removal, and problems with heat. Most importantly, we discuss carrying a first-aid kit, designed for Florida fishing. It does not have to be big, just the contents well thought out. The typical first-aid kits sold prepacked are designed for more general use. Many are never opened or inspected after purchase. The kit is placed on your boat or in your fishing bag that carries your rain gear, hat and other trip items. That is just fine if you inspect your kit at least monthly and know exactly where to find it in an emergency.

After exploring many cases to house your Florida Fishing First-Aid Kit, we recommend a small watertight case. Many anglers have selected a case called the R 20 Ruck Case by Pelican. This case measures 9 inches long by 5 inches wide by 3 inches high. The case is small enough to fit in your tackle bag but can be packed with plenty of important supplies for your fishing trip. The case is somewhat expensive but can last for many years. Listed below are some of the suggested first aid supplies that might help in a fishing situation.

- Medi-Lyte Electrolyte Replenisher for heat fatigue. Follow directions carefully! Keep 2 or 3 packs in the kit. Each tablet contains calcium, potassium, magnesium. It is important to check with you doctor if you can take this replenisher.
- Rapid Seal Wound Gel or similar product to stop bleeding
- 2 Band Aid gauze sponges
- Several knuckle band-aids
- Several sizes of band-aids that are waterproof
- A roll of waterproof tape
- Several butterfly type band-aids
- Small scissors
- Hook remover kit (found in well stocked tackle shops).
- Good tweezers.
- Tube of Polysporin First-Aid Ointment or Vaseline.
- A roll of self-sticking gauze tape.

This is not a total list of what you can consider for your kit. Brands are usually all excellent and can be recommended by your pharmacist. By far, the most important element is your training and certification from an American Red Cross First-Aid Course. Remember, all fishing accidents cannot be temporarily treated out of a first-aid kit. Some accidents are far more serious, and you should call 911, seeking a fully trained First-Aid Responder. Your job then becomes a communicator to your first responder. If you fish alone, we have seen a rubber bracelet custom made by ROADID (**roadid.com**) that can contain your name, emergency contact(s), any medical conditions and medications you are taking. This bracelet is an excellent addition to your safety. I have been wearing one for the last 10 years. It offers me a little more peace of mind when I am engaged in my favorite sport.

Tight Lines

₲ If you fish alone, we have seen a rubber bracelet custom made by ROADID (roadid.com) that can contain your name, emergency contact(s), any medical conditions and medications you are taking.



FORT MYERS • NAPLES • PORT CHARLOTTE

BSM22.org 35



Almost all of the garden chores should be completed by November. Though the summer is over, keep a weather-eye. Hurricane season is still with us until November 30.

This month's gardener's checklist:

• The cumulative effect of cooler/ shorter days on plants is slower growth requiring less water, less fertilizer and in the case of lawns, less mowing.

• November is our driest month of the year with about four days of rain yielding an average of 1-1/3 inches. Plant accordingly with a plan to supplement with fresh water.

• As long as the temperature is below 80 degrees, it is safe to treat the weeds in your lawn.

• Put the shears, nippers and loppers away until early March. Pruning stimulates growth that can be damaged by frosts from November through March. On average, though the first frost date is December 15, and the average last frost date is January 31. The time period of 6 to 6:30 a.m. is the coldest. And, if there is a frost, the plants facing east will get the blast of the sun first, not allowing them to warm slowly. This is a problem. The cells in the leaves burst, resulting in dark green, limp foliage.

• Planting tropical shrubs and trees at this time of the year is risky due to the colder temperatures. It's OK to plant the native and subtropical cabbage/sabal, pindo, Chinese fan or European fan palms. (Don't forget to provide initial supplemental watering, preferably not from the irrigation system.)

• When planting cool season annuals and herbs, use new topsoil and a slow-release fertilizer. Osmocote is pricey but very good and comes in an easy to handle container. Osmocote Plus contains additional micro-nutrients that are sorely needed.

• If you haven't applied fertilizer to shrubs and trees/palms...do so now. The deadline is the middle of November when the temperatures might become too chilly.

• If you haven't mulched yet, do so to retain moisture during the dry winter months.

CAUTION:

Do not allow mulch to touch the stems of your plants – annuals, perennials, shrubs, and trees. It can cause fungal diseases.



To be sure that you are up-to-date on all that is happening in the Burnt Store Marina community, you need to be upto-date on the use of our website.

Our website lists your Section 22 Board of Directors and how to contact them. In addition, there is news about your amenities, and document and forms. You will also find a copy of the current *Beacon*, as well as previous issues. And, you can check out clubs and organizations, and the vendors who service our community.

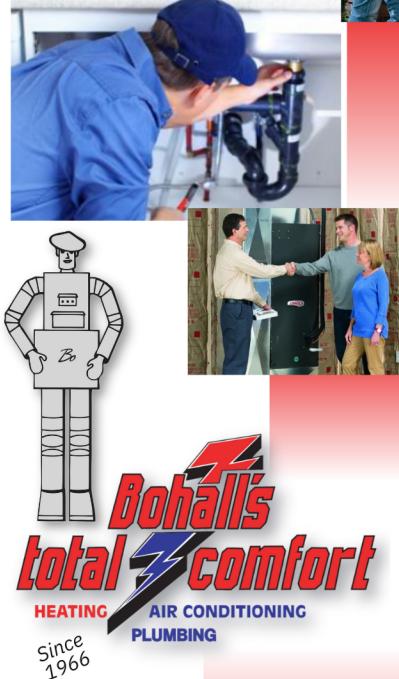
When you log in to the "residents' eyes only" section, you will find great contact information for the Certified Response Team (CERT), and what to do in case of emergency. You will also be able to access Section 22 financials, your account information, and the Resident Directory.

To be sure YOUR contact information is up-to-date, you need to log in, or follow directions to register. Then go to Your Profile > Profile Settings. There, you can update your telephone and email information. Then, to OPT IN to the online Resident Directory, turn the BLUE toggles to GRAY.

If you are having problems logging onto the resident section of our website BSM22.org, OR, are not receiving Alliant Management email blasts, please contact Alliant Property Management at **apmsupport@alliantproperty.com**, or call (239) 454-1101.

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November's Off Beat Holidays

MAGGIE HART, MARINERS PASS

We have already begun to see our friends from up north start trickling down to sunny and warm Burnt Store Marina. And in November, one of the really great things we begin to see is an abundance of outdoor events – fairs and festivals. November is also full of historic dates. Here are what you can expect:

November 1, 1848 – The first medical school for women opened in Boston. The Boston Female Medical School was founded by Samuel Gregory with only twelve students. In 1874, the school merged with the Boston University School of Medicine, becoming one of the first co-ed medical schools.

November 3 – Daylight Savings Time ends Sunday at 2 a.m. Turn back your clocks now – and get an extra hour of sleep.

November 4, 1890 – The first electrified underground railway system was officially opened in London. **November 7, 1885** – Canada's first transcontinental railway, the Canadian Pacific, was completed in British Columbia.

November 8, 1519 – Cortes conquered Mexico. After landing on the Yucatan Peninsula in April, Cortes and his troops had marched into the interior of Mexico to the Aztec capital and captured Aztec Emperor Montezuma.

November 8, 1895 – X-rays (electromagnetic rays) were discovered by Wilhelm Roentgen at the University of Wuerzburg Cape in Germany.

November 9 – Veterans Parade, Cape Coral

This parade honors America's heroes past and present with a two-hour parade of marching bands and veteran groups down the Cape Coral Parkway, 11 a.m. to 1 p.m. The parade route is on the south side of Cape Coral Pkwy, heading west from Cape Coral Street to Chester Street. November 11 – Celebrated in the U.S. as Veterans Day (formerly called Armistice Day) with parades and military memorial ceremonies. Be sure to participate in the Veterans Day activities in Burnt Store Marina to benefit *Wish for Our Heroes Foundation*.

November 13 – Sadie Hawkins Day Inspired by events in the comic strip, Li'l Abner, this uniquely American holiday encourages women to take charge of their lives and to ask men out on a date.

November 14, 1666 – The first experimental blood transfusion took place in Britain, utilizing two dogs.

November 15 - 18 - Siesta Key Crystal Classic Sand Sculpting Festival, Sarasota Two dozen professional artists compete in creating sculptures on the Siesta Key beach. Those who buy tickets can watch the sculptures take shape, view them under colored lights at night, see demonstrations and take lessons. The party atmosphere includes a tent with full bar (no ticket required) and a vendor village. For information, go to **siestakeycrystalclassic.com**.

November 16 – A1A Super Scenic Garage Sale From Fernandina Beach to Ponce Inlet, all along Florida Scenic Highways, the A1A Super Scenic Garage Sale spans over 150 miles of Florida's East Coast, from 8 am – 2 p.m. For information, go to www.scenica1a.org/super-scenic-150mile-garage-sale.

November 17, 1800 – The U.S. Congress met for the first time in the new capital at Washington, D.C.

November 21 – Use Less Stuff Day

In anticipation of some of the year's biggest and busiest shopping days in the United States – Black Friday (November 29) and Cyber Monday (December 1), this unofficial holiday encourages people to buy and use fewer things in order to reduce environmental waste and lower their energy use.

November 22, 1963 – At 12:30 p.m., in downtown Dallas, Texas, President John F. Kennedy's motorcade slowly approached a triple underpass. Shots rang out. The President was struck in the back, then in the head. He was rushed to Parkland Memorial Hospital where fifteen doctors tried to save him. At 1 p.m., John Fitzgerald Kennedy, 35th President of the United States, was pronounced dead. On board Air Force One, at 2:38 p.m., Lyndon B. Johnson was sworn in as the 36th President.

November 28 – Thanksgiving Day

This is the latest that Thanksgiving can ever be held. Thanksgiving has been held on the fourth Thursday in November since 1941, which means that the actual date of the holiday shifts each year. The earliest Thanksgiving can occur is November 22; the latest is November 28.

November 29, 1929 – American explorer Richard Byrd and Bernt Balchen completed the first airplane flight to the South Pole.



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Home for the Holidays EVENT CALENDAR

DECEMBER 4: Pet Pics with Santa Safe Harbor Tiki - 4 - 6 p.m. Contact Deby Sage - debysage@gmail.com

DECEMBER 5: Tree Lighting Ceremony Cass Cay – 4 p.m. Contact Pat Elliott – jamespelliott@gmail.com

DECEMBER 6: Cart Parade BSMCC – 5 p.m. (Prizes) Contact Lynda Vail to register – lyndamac55@aol.com

DECEMBER 7: Pancake Breakfast Holiday Safe Harbor Tiki. Contact Kelly Edwards (Sailtime) - kelly@swyachts.com

DECEMBER 7: 9-Hole Holiday Golf Scramble Open to all – 2 p.m. Contact Lesley Rose – steveandlesley@yahoo.com DECEMBER 7: Boat Decorating Contest (prizes) Safe Harbor Marina – 5 p.m. Contact Jaret Rogers to register – jrogers@shmarinas.com

DECEMBER 21: Holiday Children's Crafts BSMCC – 4 p.m. Contact Lynda Vail to register – lyndamac55@aol.com

DECEMBER 21: Holiday Children's Movie BSMCC – 5:15 p.m. Contact Lynda Vail – lyndamac55@aol.com

ALL DECEMBER: Home Decorating Contest (prizes) – Register by December 1 – Contact Kathy Knudsen to register – kgknudsen@yahoo.com

A map of all home and boat entrants will be sent to the community for everyone to visit and enjoy.



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Seabreeze Communications: *A New Chapter in Community Publishing*

STEPHEN MILLER, OWNER, SEABREEZE COMMUNICATIONS

As many of you may have already heard, Seabreeze Communications is embarking on an exciting new chapter. Over the past few months, we've been quietly preparing for a transformation that will take our communityfocused publications to the next level. Today, I'm thrilled to share more details about these changes for *The Beacon* and the benefits they will bring to you, our valued readers.

Building on a Legacy

For nearly 40 years, Seabreeze Communications has been dedicated to serving gated communities across Florida with high-quality, community-specific content. Our mission has always been to connect residents, foster a sense of belonging, and provide a reliable source of local news and information. This legacy is one we are deeply committed to preserving, even as we prepare to introduce significant innovations.

The Move to (mostly) Digital

After careful consideration and planning, we're excited to announce that Seabreeze Communications will be transitioning to a digital model, with a projected launch in November. This shift reflects our commitment to staying ahead of the curve and ensuring that our publications remain as relevant



and accessible as possible in an increasingly digital world.

Some of you may have already heard about this transition, and we're pleased to confirm that these plans are moving forward smoothly. We believe that this new format will not only enhance your reading experience but also bring a host of new features and benefits. We are also going to have some printed copies available at centralized locations throughout the neighborhood.

Why Digital?

The decision to move to a digital format was driven by a desire to offer our readers the best possible experience. Here are some of the key benefits you can look forward to:

• Wider Reach: Each adult in your household will be able to receive their own digital copy, ensuring everyone stays informed.

• **Timeliness:** With a digital platform, we can reduce lead times, allowing us to deliver more current and relevant content with each issue.

• Interactivity and Engagement: Our digital publications will feature clickable links, embedded videos, and other interactive elements, making the content more engaging and dynamic.

• Year-Round Access: No matter where you are—whether at home

or traveling—you'll have access to your community news through our dedicated website.

• Mobile Accessibility: You can read our publications on your laptop, tablet, or smartphone, giving you the flexibility to stay connected wherever you are.

What to Expect

In addition to the benefits mentioned above, our new digital format will introduce several exciting features:

• Dynamic Reader: You can still flip through the pages of the *Beacon* with our interactive reader, which will look and feel like a traditional publication while having clickable links and embeddable video.

• Article Breakout: Each article will have the option to be viewed on its own dedicated page, making it easier for you to read, print, and share specific stories.

• Events Page: Stay up-to-date with community happenings through a regularly updated events calendar.

• Resource Page: Our comprehensive resource page will help you connect with local providers and businesses more easily.

• Archive of Past Issues: With our searchable archive, you can revisit

past issues and articles anytime you like.

• **Community Contributions:** We encourage you to submit your stories, photos, and announcements to be featured in our publications, fostering a deeper connection within the community.

Looking Ahead

We understand that change can be both exciting and challenging, but we are confident that this transition will bring lasting benefits to our readers and advertisers. As we approach the November launch, we will keep you informed about our progress and any additional details you need to know.

Seabreeze Communications has always been about more than just news; it's about community. We are committed to ensuring that our publications continue to reflect the spirit and vibrancy of the communities we serve, even as we embrace new technologies and formats.

Thank you for your continued support. We look forward to embarking on this journey with you and making our publications an even more valuable asset to your community. Together, we can ensure that Seabreeze Communications remains a cherished part of your community for many years to come.

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