

## From the Section 22 BOD

By Mike McFeeley, President

On January 30, we had our Annual Burnt Store Marina Members meeting at Burnt Store Presbyterian Church. This is designed as a community meeting where the board summarizes the past, present and future initiatives, and the community has the opportunity to provide input on any issue they choose to discuss. Section 22 President Joe Averdick reported on a laundry list of projects completed, and since it was his final meeting on the board, he has a lot to be proud of. Our entire community owes Joe, and his wife Liz, a huge debt of gratitude for the many hours he spent supporting BSM.

Mike Sage was introduced as the newest board member, replacing Joe whose term expired. Mike is an attorney and a retired judge from the Cincinnati area. His background and commitment to the community will be a huge asset. Mike served on the Harbor Towers board for many years, and is familiar with everything going on in our community.

During the meeting, a presentation was done outlining the future projects that the board will attempt to undertake during 2024 and 2025. They are listed in no particular order:

- \* Painting of all the entry gates, signs, walls surrounding the community, Resort Pool building and the fitness center.
- \* Complete the new 30' x 40' tiki hut and the 8' x 12' permanent tiki stage at Linkside Café.
- \* Install the glass garage doors on the lanai at Linkside Café.
- \* Rebuild the bulkhead around the community irrigation pond to control erosion.
- \* Install a make-up air system in the restaurant to improve A/C efficiency.
- \* Install two backup wells, one for the community irrigation, and one for the golf course irrigation.
- \* Begin the multi-year resurfacing project for roads in BSM.
- \* Complete a new community dog park in the maintenance area off Islamorada Blvd.
- \* Add new pickleball courts to expand our capacity.
- \* Create a permanent solution for accessing the community irrigation building for maintenance.
- \* Expand our fitness center to increase our capacity to provide for the needs of the community.

With the exit of Joe Averdick, and the addition of Mike Sage, we will have new board leadership for 2024.

President, Mike McFeeley

Vice President, Jerry Newmin

Treasurer, Greg Beaton

Secretary, Mark Murphy

At Large Members Mike Sage, Lynda Vail and Jon Ackerson.

Board Responsibility assignments will consist of:

Linkside Café/BSMCC - Lynda Vail and Mark Murphy

Fitness Center- Mike Sage and Mike McFeeley

Community Access- Mark Murphy and Jerry Newmin



Blue Heron and Anhinga submitted by Karen Sanderson

The ARC, Landscape, Irrigation, *The Beacon* and Maintenance will work directly with the entire board.

Just for informational purposes, let me explain how the board operates at Section 22 for those that are new to the community. We are all elected by the community. Nobody on the board receives any compensation. We volunteer to oversee everything from community access, roads, infrastructure, landscape, maintenance, irrigation, golf course, Linkside Café, fitness center, pickleball courts and tennis courts just to name a few. We get called when there is a power outage, water main break or tree down. It gets really interesting when a frantic homeowner calls for rogue alligators, injured manatees, and house alarms going off. If you've ever wondered why people aren't clamoring to join the board, read the above. But fortunately, we work with Alliant Property Management and Mike Sanchez specifically, to help us navigate this journey. Alliant handles much of the day-to-day issues, as well as the accounting, which is sizable. BSM, in total, is a \$7,000,000 operation that has many facets. In addition to Alliant, Troon Management operates the Golf Course and Linkside Café. Under the leadership of John Abbott and his team they have grown "the Club" into the social center of the community with over \$3,000,000 in sales. A little over two short years ago, BSMCC was a ghost town, today

From the Section 22 BOD on page 6

## Architectural Review Committee

By Barry Groesch, Chair

Are you thinking about updating your home? Any changes to the exterior of residences in Burnt Store Marina (BSM) are required to have Architectural Review Committee (ARC) approval. This applies to all homes, including homes in a condo association. If this approval is not granted through ARC, you may be asked to modify or remove the changes made. All requests are made by completing an ARC form and adhering to Section 22 Homeowners Association (HOA) restrictions. Remember to write legibly and complete the entire form, including having your condo representative sign off (if required). Delays will occur if it cannot be deciphered, or the form is not completed in its entirety. Thanks.

The following applications were approved last month by the Section 22 HOA ARC:

- Rick & Susan Dreher, 3225 Sunset Key Circle, door and window replacements.
- Frank & Georgeanne Manfredi, 3345 Sunset Key Circle, exterior paint.
- Theresa Brewer, 5090 Key Largo Circle, exterior paint.
- Terry Kelley, 950 Linkside Way #18, roof replacement.
- Joe & Terri Scott, 3160 Matecumbe Key Road, #212, door replacement.
- James & Mary Welch, 1006 Islamorada Boulevard, roof replacement.
- Thomas Fitzpatrick, 1010 Matecumbe Key Road, cage replacement.
- James Rosenblum, 17825 Hibiscus Cove Court, garage door replacement.
- William & Cynthia McKinley, 2060 Matecumbe Key Road, #2405, hurricane shutter installation.
- Myles Anderson, 3913 Cape Cole Boulevard, window replacements.
- Myles Anderson, 3913 Cape Cole Boulevard, pool cage replacement.

- James Pepper, 1309 Islamorada Boulevard, exterior paint & gutter replacement.
- Carla Nell, Stephen Tanner, 23979 Vincent Avenue, roof replacement.
- Todd & Heidi Clarke, 3265 Sunset Key Circle, roof replacement.
- David & Kimberly Griffith, 4061 King Tarpon Drive, roof replacement.
- Jim & Lori Meier, 4081 King Tarpon Drive, roof replacement.
- Michelle Jerome, Fred Klein, 3265 Sugarloaf Key Road, window & door replacements.
- Garry & Anna Barker, 3265 Sugarloaf Key Road, hurricane shutter installation.
- Donna & Michael Strohecker, 1528 Islamorada Boulevard, landscape border installation.

Section 22 restrictions and applications are available for download at [BSM22.org](http://BSM22.org). Submit your ARC applications to your condo association, if applicable, then to Alliant Property Management, 13831 Vector Ave, Fort Myers, FL 33919, Email: [apmsupport@alliantproperty.com](mailto:apmsupport@alliantproperty.com).

### Reminder:

Section 22 HOA Board Meeting -  
Tuesday, March 26, 9 a.m., Linkside Patio  
Section 22 HOA Board Workshops -  
Every Tuesday, 9 a.m., Linkside Patio

## Directory: Section 22 Homeowners Association

c/o Alliant Association Management, LLC • 13831 Vector Ave., Ft. Myers, FL 33907 • 239-454-1101, info@alliantproperty.com

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 www.bsgac.org  
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 www.ppycbsm.org  
 Platinum Point Yacht Club  
 Club Administrator - Dorothy Saviste  
 Email - office@ppycbsm.org

## An ARC did you know, moment...

By Barry Groesch, Architectural Review Committee Chair

Did you know... If you replace your lanai screening with the same color, an ARC application is **not** required. But, you guessed it, if you change the color, an application is required. For all projects, go to the **BSM22.org** website to get your application.



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### CURRENT ACTIVITY

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3230 Southshore Dr,	36C	3	2	"Turn-Key"	\$429,000	\$165.19
3250 Southshore Dr,	51C	2	2	"Not Furn"	\$449,000	\$172.89
3250 Southshore Dr,	52C	3	2	"Turn-Key"	\$539,000	\$207.55
3260 Southshore Dr,	63A	3	2	"Turn-Key"	\$529,000	\$203.70
3260 Southshore Dr,	66C	2	2	"Turn-Key"	\$425,000	\$163.65

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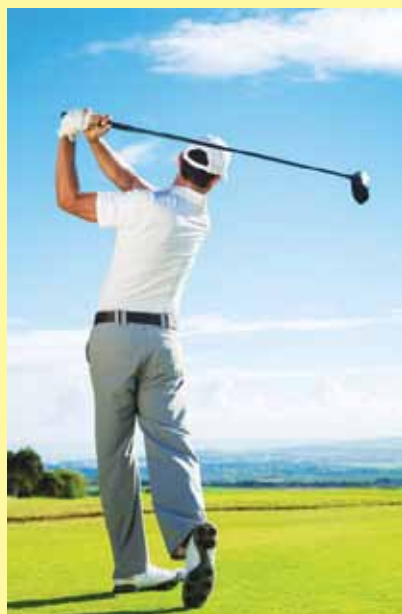
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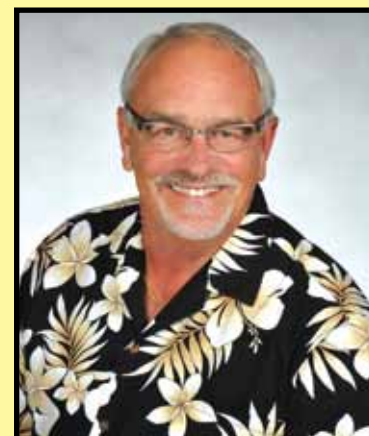
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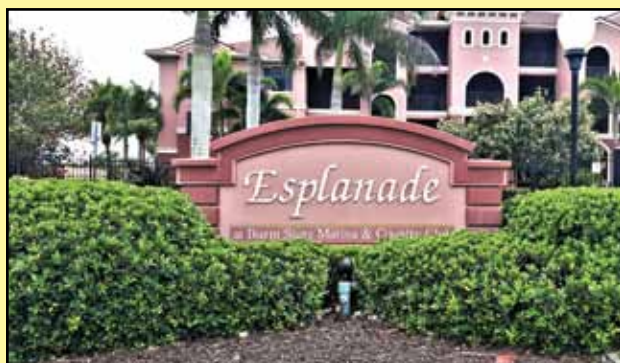
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3011 Matecumbe \$398,000



2090 Matecumbe \$349,000



2040 King Tarpon \$358,000



1321 Marathon \$889,000



1302 Islamorada \$488,500



552 Islamorada \$338,500



229 Islamorada \$598,000

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Check my references on Zillow:  
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# Mark Your Calendar – Out And About

## Inside the Gates Dates

- **Friday, March 1:** Deadline for the April *Beacon*. Article and picture submissions are welcomed. Become part of the *Beacon* family.
- **Saturday, March 2:** Community-wide garage sale. 8 a.m. to 1 p.m.
- **Tuesday, March 26:** Section 22 HOA Board Meeting, Linkside patio, 9 a.m.
- **Every Tuesday:** Section 22 HOA Board Workshop, Linkside patio, 9 a.m.
- **Every Tuesday:** Bar code installation, front gate, 1 to 3 p.m.
- **Every Thursday:** Bar code installation, front gate, 9 to 11 a.m.
- **Every Friday:** Farmers Market, PPYC parking lot, 9 a.m. to 1 p.m.

## Outside the Gates Dates

- **Friday, March 1:** Fort Myers River District Art Walk, 1 to 5 p.m. Visit many galleries, exhibitions and performances.
- **Saturday, March 9:** 2nd Saturday Dance Party. Learn new moves or dance your favorite moves. 2 p.m. lessons, 2:45-5 p.m. dance party. Punta Gorda Women’s Club, 118 Sullivan St., Punta Gorda. \$15 single for USD members, \$25 for couples. Non-members \$17 single and \$30 couple. Call Laura for information at 330-501-2366.
- **Friday, March 15:** Fort Myers River District Music Walk, 5 to 9 p.m. Local and regional musicians line the street with music from jazz to blues to rock and roll.
- **Every Tuesday and Thursday:** Guided Walking Tours of Punta Gorda Murals. See and learn the history of 12 of the 15 murals in Punta Gorda. 9:30 to 11:30 a.m. Tours limited to 12-15 people. \$25 per person. Call Punta Gorda Chamber of Commerce for reservations, 941-639-3720.
- **Every Tuesday and Friday:** Dance Fusion Class, 8:30 to 9:30 a.m. Punta Gorda Isles Civic Association, 2001 Shreve St. Call Cara Peralta for information, 941-276-1887. \$10 per class.
- **Every Wednesday:** Long Lunch Sightseeing & Culinary Tours, 11 a.m. to 2 p.m. Over the course of 3 hours you will taste local specialties, and explore historic downtown Punta Gorda. \$30 per person. Go to <https://swfloridawalkingtours.com/tours-2/long-lunch-tour>.
- **Every Thursday:** Fort Myers River District Farmers Market, 9 a.m. to 1 p.m.
- **Every Saturday:** Haunts of History Tour. Take a leisurely walking tour of Punta Gorda to see the most haunted sites. Adults \$29, youth under 15, \$19. Go to <https://swfloridawalkingtours.com/tours-2/haunts-of-history-tour>.
- **Every Saturday:** Punta Gorda Farmers Market, from 8 a.m. to 1 p.m., downtown. Lots of vendors with fresh fruits and vegetables, live music, crafts and other great buys. Visit nearby murals and enjoy some of the great downtown restaurants.
- **Every Saturday:** Cape Coral Farmers Market, from 8 a.m. to 1 p.m., Clubhouse Square, SE 47th Ter. and SE 10th Pl., Cape Coral.
- **Every Sunday:** Punta Gorda Historical Society’s Farmers Market, from 9 a.m. to 1 p.m., at History Park, 501 Shreve Street. Shop for veggies, meats, plants and gifts. Most Sundays you will be treated to live music by Dave Heveron. When the market closes at 1 p.m., take a guided tour of the gardens at the park. Walk the grounds with Florida native gardener, Starr Zachritz, and learn about Florida’s flora. A \$5 suggested donation gets you a plant to take home. Call 941-380-6814.

# Bocce - That’s The Way We Roll!

By Carole Romaine,  
Independent Home Owner

Our goal is to introduce the joy and competition of bocce to more people. Bocce is catching on at Burnt Store Marina. Not only are past players returning, but every week we welcome new members.

Living at Burnt Store Marina, we are fortunate to have so many activities in which to participate. As you are reading this month’s *Beacon*, your mind may be drifting to planning what you are going to do today, tomorrow, or next week! Do you enjoy indoor activities such as cards, mah jongg, book clubs; or more physical activities like biking, tennis, golf or pickleball? There are too many



activities at Burnt Store Marina to name! “How can I fit another into my already busy schedule?”

Have you tried bocce? It is a great opportunity to meet new people and make new friends. It is easy to learn but challenging. We play two or four to a team, with a referee and a score keeper. And of course, a whole cheering squad on the sideline! A team wins when their score reaches 7. Come join us for a fun afternoon.

The bocce court is adjacent to the northeast side of the parking lot at Burnt Store Marina Country Club. Play is from 3 to 5 p.m., followed by dinner at Linkside Café or another local restaurant. You do not have to be a member of Burnt Store Marina Country Club to play bocce.

You will find an enthusiastic group of Bocce players every Tuesday. Grab your lawn chair and join the fun. There is a nominal fee collected each week for maintenance and end of season prizes.

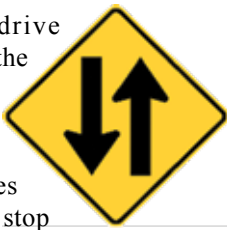
For more information, and to be added to the email contact list, please contact Connie and Dave Huelsbeck at [huelsbed@bellsouth.net](mailto:huelsbed@bellsouth.net).



Carol and Tom, first Bocces of the season

## Rules of the Road

**Motor Vehicles:** Always drive your vehicle on the right side of the road. There are no “turn lanes” within Burnt Store Marina. Never drive your vehicle in lanes indicated for the use of bicycles and pedestrians. Always stop at stop signs. Never exceed the posted speed limit.



**Bicycles:** Always ride your bicycle on the right side of the road, even if there is no “bike lane” available. Use hand signals to indicate intention to turn. Always stop at stop signs. Never exceed the posted speed limit.

**Golf Carts:** Always drive your golf cart on the right side of the road. Use hand signals to indicate intention to turn. Always stop at stop signs. Use lanes indicated for the use of bicycles and pedestrians only when neither is present.

**Pedestrians:** Always use lanes provided for bicycles and pedestrians. If there is no lane available, use the left side of the street, facing wheeled traffic. Use caution when crossing streets. Wear reflective clothing and carry a flashlight when walking or running after sunset.

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# Pets in Paradise

By Debra Bretz, Admirals' Point

March is a great month in Florida to be outside with your furry friends. Not too hot, not too cold. Here are some fun events and adventures for dogs and pet parents in March.

• **Pupchetta** - Dog festival benefiting Gulf Coast Human Society. Saturday, March 2, from noon to 3 p.m. at Bell Tower Shops in Ft Myers. The event will have music, food trucks, vendors and more. Free admission. <https://belltowerfl.com/events/bell-tower-pupchella-2024>

• **Pure Florida - Dog friendly cruise** – Saturday March 9, from 8 to 11 a.m., Tin City, 1200 5th Avenue South, Naples, FL 34102. This cruise takes guests and pups aboard the M/V Edison Explorer for a sightseeing eco tour. On the island, pet parents and dogs can swim, play, and run. You can reserve online. The cost is \$59 per person and that includes your dog's ticket! They have this event every month so if you can't make this one, maybe the next one. <https://www.mustdo.com/events/pure-florida-dog-friendly-cruise-to-keewaydin-island-2024-03-09/>

• **GRRSWF Pup's Day Out** – Sunday March 10, noon to 3 p.m. at Rusty's Raw Bar & Grill at 9250 Marketplace Road, Ft Myers 33912. All proceeds benefiting the Golden Retriever Rescue Society of SWF. Admission is free. This is a family friendly and fur baby event open to the public. The area is gated and fenced. Outside bar, lots of vendors, 50/50 raffle and a Chinese auction. [www.grrswf.org](http://www.grrswf.org)

• **Walk, Wiggle, Waggle & Run** – Fun walk around the Cape Coral Animal Shelter and a timed 5 K run. March 23 from 8 a.m. to 1 p.m. at 325 SW 2nd Ave, Cape Coral, 33991. Admission is free. This event will have music, food trucks, vendors, pet costume contest and lots of giveaways all proceeds benefiting the shelter. [Capecoralanimalshelter.com](http://Capecoralanimalshelter.com)

The BSM Dog Park Committee is continually coming up with new events. Stay tuned to their Facebook page or go to [BSM.org](http://BSM.org) and look under amenities for any new events in March and April. <https://www.facebook.com/groups/2049904375354320>

Here are a few of our four-legged residents. Send me pictures of your furry family member to add in future editions. My email address is [debrabretz@gmail.com](mailto:debrabretz@gmail.com).



BB King



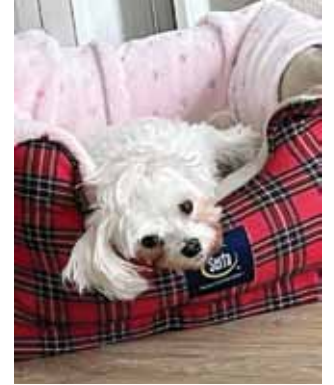
Lokie Cristinziano



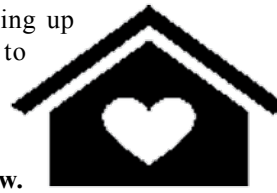
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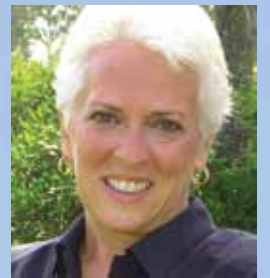
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<p><b>EVERYTHING IS UPDATED!</b></p> <p>24013 Redfish Cove Dr \$769,000 Furnished 3 bed/2 bath/2 Car Gar Gorgeous Updates! New Roof New Pool Cage. New Interior!</p>	<p><b>NO FLOOD ZONE!</b></p> <p>4001 King Tarpon Dr. \$549,000 Turnkey Fantastic Golf Course View 3 bed/2 bath/Carport New Roof, New Pool Cage</p>	<p><b>MARINA AND HARBOR VIEWS!</b></p> <p>3270 Southshore Dr, #72C \$515,000 Turnkey Wow! AMAZING views 3 bed/2 bath/Private Gar Great Rental!</p>	<p><b>CONDO LIVES LIKE A HOME!</b></p> <p>3228 Sunset Key Cir, #101 \$479,000 Turnkey 2 bed/2 bath/2 Car Gar Private Entry! Updated Steps to Community Pool</p>	<p><b>BRING OFFERS!</b></p> <p>24501 Cabana Rd \$460,000 Furnished 3 bed/2 bath + Den New Roof, New Pool, Hurricane Shutters!</p>
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Washington DC 20510  
202-224-5274 / 239-231-7890

**Marco Rubio**  
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Washington DC 20510  
239-318-6464

**US House of Representatives**

**Byron Donalds**  
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Washington DC 20515  
202-225-2536 / 239-599-6033

**Greg Steube**  
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Washington DC 20515  
202-225-5792 / 941-499-3214

**Florida Governor**

**Ron DeSantis**  
400 S. Monroe Street, Tallahassee FL 32399  
850-717-9337

**Florida State Senate**

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**Brian Hamman** - District 4  
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**Mike Greenwell** – District 5  
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**Tommy Doyle**  
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**Clerk of Court & Comptroller**  
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**Kathleen Smith** – 20<sup>th</sup> Circuit  
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*From the Section 22 BOD from page 1*

it is the place to be. The fitness center is managed by Jen Tait, and works with a board of volunteers to help manage and grow the operation. Our pickleball and tennis courts are bursting at the seams. Our fitness center is so popular that you often have to wait to get in. Our aerobic classes require sign up 50 hours in advance. It's clear that BSM is getting more fit and we need more capacity.

All of this is important insight into what it takes to run a community like ours. The alternative to a volunteer board is to pay a company to handle everything. For those that aren't in favor of increased HOA fees, you may not be interested in this. But the reality is that those are the two options. Fortunately, the board has legal documents in place to help guide them and support their decisions. Though many of us came from multi-acre single family homes that had no rules in place, BSM has documents that were put in place going back to 1993 to ensure that our community could thrive and grow. We have stated rules concerning:

- \* Keeping up your landscape.
- \* How high you can grow your hedges.
- \* Colors for your house and roof.
- \* Rules concerning advertising and signs.

The complete document is available on the Section 22 website, [BSM22.org](http://BSM22.org), under the documents section.

With all this said, the next year will be a very exciting time in BSM as we undertake a number of initiatives to improve our community, and enhance our lifestyles. I am certain that not everyone will be in favor of everything that we do. Your individual perspective on an issue may not be consistent with the larger community. This is where it always gets difficult, and relationships get damaged. It is disappointing, but someone once said "When you volunteer on a board, you lose half your friends." If good people don't volunteer for the right reasons, we will have major problems. For those out there waiting for us to make a mistake, don't worry, it won't be our first or our last. Hopefully, with the help of the many fantastic volunteers in the community, we can grow and prosper in our own little slice of paradise.

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# Burnt Store Marina CC News

By John Abbott, General Manager, BSMCC



March here at Burnt Store Marina Country Club means "Club Championship!" That's right, every March we get the best golfers together, and for two days they battle it out to see who will be named the BSMCC club champion. On March 13 and 14, our current champs, Mark Hess and Kathy McKay, will be here defending their titles against all comers who wish to take their crown away. This event is open to all golf members, and even if you don't feel that you have the game to win, come on out and play. It will be two great days of golf, whether you are competing for the title or not.

If Scrambles are more your thing, we have two fun events in March, beginning with our Luau Scramble on the 9th. The twist to this event is that you are only allowed to play with three clubs and a putter, so choose wisely. We start this at noon so that it finishes in time to enjoy a pig roast with live music, and plenty of adult refreshments. Our second scramble of the month is the St. Patrick's Day Irish scramble on the 17th. This tournament is made up of 8-person teams where 4 people hit and 4 people sit, alternating on each shot. Both of these events are super popular, so make sure you sign up early before they fill up.

As usual our events calendar at Linkside Café is full for the month of March, with great specialty dinners, fun game nights, awesome live music on Thursdays and Saturdays and so much more. Make sure to check out the "Weekly Blast" to be up-to-date on all that is going on. If you are currently not receiving the blast, stop by the club administration office, and give us your email address so that we can put you on the list.

We look forward to seeing all of you at the club!

## BSMCC MARCH 2024 Schedule of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Lunch 11 a.m. - 3 p.m.* Dinner 5 - 8 p.m.**/*	2 Lunch 11 a.m. - 3 p.m.* Dinner - Two for \$40 5 - 8 p.m.**/* Music - Fred Montanna 5 - 8 p.m.
3 Breakfast Menu 9 - 11 a.m. Lunch 12 - 3 p.m.	4 Lunch 11 a.m. - 3 p.m.* Trivia 5 - 8 p.m.*** Members Only!	5 Lunch 11 a.m. - 3 p.m.* Dinner 5 - 8 p.m.**/* 9 Hole Scramble 3 p.m.***	6 Republican Dinner 5 - 8 p.m.****	7 Lunch 11 a.m. - 3 p.m.* Food Trucks and Music Collections 5 - 8 p.m.	8 Lunch 11 a.m. - 3 p.m.* Dinner 5 - 8 p.m.**/*	9 Hawaiian Scramble 12 p.m. Lunch 11 a.m. - 3 p.m.* Pig Roast Luau 4 p.m. Music - Rick Austin 4-6 p.m.
10 Breakfast Menu 9 - 11 a.m. Lunch 12 - 3 p.m.	11 Lunch 11 a.m. - 3 p.m.* Trivia 5 - 8 p.m.*** Members Only!	12 Lunch 11 a.m. - 3 p.m.* Dinner 5 - 8 p.m.**/* 9 Hole Scramble 3 p.m.***	13 Lunch 11 a.m. - 3 p.m.* Club Championship 8:30 a.m. Dueling Pianos**** 5 - 8 p.m.**/*	14 Lunch 11 a.m. - 3 p.m.* Food Trucks and Music Jeff Becker 5 - 8 p.m.	15 Lunch 11 a.m. - 3 p.m.* Dinner 5 - 8 p.m.**/*	16 Lunch 11 a.m. - 3 p.m.* Dinner - Two for \$40 5 - 8 p.m.**/* Music - Capt'n Rick 5 - 8 p.m.
17 Breakfast Menu 9 - 11 a.m. Lunch 12 - 3 p.m.	18 Lunch 11 a.m. - 3 p.m.* Trivia 5 - 8 p.m.*** Members Only!	19 Lunch 11 a.m. - 3 p.m.* Prime Rib Dinner 5 - 8 p.m.**/* 9 Hole Scramble 3 p.m.***	20 Lunch 11 a.m. - 3 p.m.* Prime Rib Dinner 5 - 8 p.m.**/*	21 Lunch 11 a.m. - 3 p.m.* Food Trucks and Music Stolen Fruit Trio 5 - 8 p.m.	22 Lunch 11 a.m. - 3 p.m.* Dinner 5 - 8 p.m.**/*	23 Lunch 11 a.m. - 3 p.m.* Murder Mystery Dinner**** 5 - 8 p.m.**/*
24 Breakfast Menu 9 - 11 a.m. Lunch 12 - 3 p.m.	25 Lunch 11 a.m. - 3 p.m.* Trivia 5 - 8 p.m.*** Members Only!	26 Lunch 11 a.m. - 3 p.m.* Dinner 5 - 8 p.m.**/* 9 Hole Scramble 3 p.m.***	27 Lunch 11 a.m. - 3 p.m.* Democrats Dinner***** 5 - 8 p.m.	28 Lunch 11 a.m. - 3 p.m.* Food Trucks and Music Deb and the Dynamics 5 - 8 p.m.	29 Lunch 11 a.m. - 3 p.m.* Dinner 5 - 8 p.m.**/*	30 Lunch 11 a.m. - 3 p.m.* Dinner - Two for \$40 5 - 8 p.m.**/* Music - Lori Lee 5 - 8 p.m.
31 Easter Brunch 9 a.m. - 3 p.m.	* Call Linkside for reservations 941-637-6405 **Members make reservations 1st! Non-member 7 days prior to events - 3 days before dinner's if available! *** Sign up in Lobby on Board **** Sign up at Admin Office. ***** Reservations for Republican and Democrat Dinners must be made through respective clubs. Due to circumstances beyond our control, everything is subject to change.					

## Golf Tip of the Month

By Bill Connelly, Manager of Golf Operations



Well, we are definitely in season here around the golf course. Tee times are filling up quickly these days, which means sometimes the course may back up out there.

One of the things that some players say, is that they get intimidated when there is a group of people behind, watching them. The one thing I've tried to instill in anyone

who's taken lessons from me is to not feel rushed, at any time, on the golf course. This is a good reminder for anyone, whether you are a new or seasoned player.

Now, by no means do I recommend playing slowly, but instead make sure that you have a good pre-shot routine, and are prepared to play the next shot when it is your turn. It is very important to be prepared and ready when it is your turn to hit. Whatever your routine is, make sure that you stick to it when the pressure starts to mount, and it will help you focus instead of feeling rushed and overwhelmed.

Be sure to sign up for the Luau Scramble on March 9,

and the St. Patrick's Day Irish Scramble on March 17.

Below are the results of the Poker Scramble on January 13.

### 1st Flight Winners

1. Charlie Currao, Tony D'arminio, John Jannotti, Joe Mouser
2. Gary Crandall, Barry Harbart, Karen Crandall, Marlene Harbart
3. Tom Bradford, Scott Kingdon, Charlie Cooper, Bill Loewes

### 2nd Flight Winners

1. Stan Rogers, Roy Howard, Loriann Rogers, Sandy Howard
2. Steve Flagstad, Deb Hodges, Susan Flagstad, Ralph Hodges
3. Bob LeMaster, Robin LeMaster, Bob Keyworth, Sue Peters

### First Poker Hands

**Flight 1:** Gary Crandall, Barry Harbart, Karen Crandall, Marlene Harbart

**Flight 2:** Steve Flagstad, Deb Hodges, Susan Flagstad, Ralph Hodges

Follow us on Instagram @burntstoregolf for course updates.

Please stop in for lunch and some shopping; we love to say hello.

Have fun learning to enjoy your game.

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Today, most people would agree that in the United States we have a world renowned emergency medical care system. If someone has a traumatic head injury or is experiencing some sort of acute inflammatory response they have access to some of the best doctors in the world.

Most people also realize that when it comes to chronic conditions such as **arthritic joint pain, neuropathy, digestive disorders, diabetes or even memory problems** that their health insurance only pays for the same standard of care.

Unfortunately, when that standard of care or acute care model is applied to millions of people in the U.S. who are suffering with chronic complex conditions, it does not result in health and vitality, quite the opposite.

I see this in my clinic every day, people in their 60s, 70s and 80s who have been trying to do the right thing by listening to their doctor's advice. They end

up on countless prescription drugs that merely cover up symptoms and manipulate their lab values as the underlying disease destroys more healthy tissue.

Do you feel that your chronic health condition(s) is being addressed properly? Do you think that it's a good idea to continue covering up your symptoms with drugs? If the answer is No, then contact Donna or Silvia at (239) 482-8686. I will perform a complete head to toe neurological examination to determine if you're a good candidate for one of my Nonsurgical Operations and or a Recovery Care Program.

*Dr. Rob Davis, DC is the Best Selling Author of Breaking the Cycle, How to take control of your health when traditional medicine has failed. Call (239) 482-8686 to schedule an appointment.*

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Friday-Saturday - 7:30 a.m. - 8:30 p.m.

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# Our November, 2023 Event a Great Success

By Michele Goldman, Chair

*Wish for Our Heroes Foundation* would like to thank the Burnt Store community for their continued support through generous donations, the 400 Club raffle, Heroes dinner, and Veteran's Day breakfast held on November 11 at Cass Cay Restaurant, as well as the golf event held November 12 at BSMCC. It was impressive to see the Burnt Store community pull together to support our heroes.



These events raised over \$100,000 for *Wish for Our Heroes Foundation*. *Wish for Our Heroes* was able to grant a wish to a local veteran SSG Tyrone Phillip. Many thanks to SFC Clinton Williams, who was our flag bearer and his supervisor, and SSG Phillip for his attendance.

There were 5 winners of the 400 Club: 1st place - \$2,000 went to Roger McClure; 2nd place - \$1,000 went to Scott Mellor; 3rd place - \$675 went to Alan Hoffman; 4th place - \$340 went to Roy Howard; and 5th place - \$125 went to Bob Paul.

*Wish for Our Heroes* is a charity dedicated to assisting active-duty and veteran military families struggling with basic needs such as food, shelter, transportation, child needs, and medical expenses. One hundred percent of all proceeds grants wishes for our heroes. We hope that you can continue to support our Heroes and join us for our local events in November 2024. If you have interest in joining our local chapter, call Michele Goldman at (518) 469-7357, or send an email to [magslp10@yahoo.com](mailto:magslp10@yahoo.com).



Admiral's Point taken on Gasparilla Island. Photo by Ann Singer



Busy day at the club. Photo by Karen Sanderson

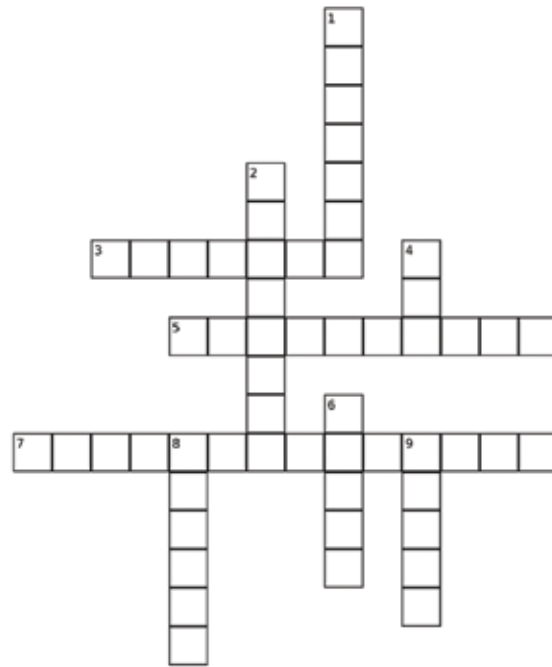
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## March Crossword Puzzle



**Down:**

- The soil in BSM cannot support flowers such as \_\_\_\_\_ or most perennials.
- The last night of food trucks and music for the spring will feature Deb & the \_\_\_\_\_.
- The BSMCC Golf Club Championship lasts for \_\_\_\_\_ days.
- Exercise helps stimulate our \_\_\_\_\_.
- The BSM Dog Park will be our \_\_\_\_\_ amenity.
- Each unit of blood can save \_\_\_\_\_ lives.

**Across:**

- Daylight \_\_\_\_\_ time begins March 10.
- PPYC will hold their annual \_\_\_\_\_ Ball in March.
- You can sign up to receive the Weekly Blast of events going on in the marina at the \_\_\_\_\_ office.



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# “I Just Don’t Believe That...”

Dear friend,

When I meet people in town, they usually say, “Oh, yeah, I know you, you’re that doctor with the beard on TV.” Well, perhaps I should tell you a little more about myself, the picture from television and why I use it in my ads.

Let’s start with me, the guy with the beard. Ten years ago I was living here in Florida. At that time my mother was down visiting from New Jersey for the season when she showed up in my clinic with a **frozen shoulder**. She was desperate and in pain having lost practically all use of her dominant arm. She could hardly fix her hair, reach for a coffee cup or even fasten her brassiere. Basic hygiene had become extremely difficult for her. She was afraid, because the two orthopedic surgeons that she had consulted told her, “Your only option is to have your shoulder replaced.” I remember saying to my mother, “**I just don’t believe that.**”

Now at that time I was a chiropractor who worked primarily on the spine. Frankly... I didn’t know how I was going to help her. I just knew there was a non-surgical solution out there and I was going to find it.

And boy did I find it! I found the answer to my mother’s shoulder problem and much, much more. And where did I find it? Of all places, I found it at the birthplace of Elvis Presley, Tupelo, Mississippi. Immediately I hopped on a plane and flew into Memphis, rented a car and drove out to a chiropractic neurologist who was willing to teach me how to fix my mother’s frozen shoulder. I spent three days in his clinic shadowing him, learning a new technique I had never even heard about before. Eager to help my mother, I developed this new skill set quickly. When I returned to Florida I wanted to be able to immediately fix my mother’s shoulder.

And that’s exactly what happened. After I performed the first Non-Surgical Operation on her shoulder, her pain went away significantly and she recovered to nearly full range of motion. She was so happy that she avoided surgery and got her life back.

It’s strange how life is, because that same doctor who showed me how to fix my mother’s shoulder opened up his treasure chest of knowledge and showed me how to help people with **chronic knee, neck, low back pain and those suffering with neuropathy** in their hands and feet, **all without the use of Drugs, Surgery or Injections.**

I spent the next several months flying back and forth to Mississippi learning all that I could.

Many years later we now have over one thousand successful patient testimonials. Many of them were told by their doctors that their only option was to have their knee or shoulder replaced or to take toxic drugs for the rest of their lives to mask their neuropathy symptoms.

Al was one of those patients who was told he had **‘bone on bone’** degeneration. His knee stopped unlocking properly, similar to what I’m describing in the photo, and he was facing knee replacement surgery. He was suffering from **chronic degenerative knee pain**, couldn’t walk properly and was easily holding onto 60 pounds of excess body weight. His doctors would have eagerly scheduled him for a knee replacement surgery had he decided to go in that direction.

Immediately after the Non-Surgical Operation I performed on Al’s knee, he was squatting and walking up and down the stairs normally without pain.

Al is now in his early 70s touring Alaska in his RV. He has dropped over 60 pounds and is biking 15 - 20 miles per day and loving life. He regularly sends me great pictures from his adventures.

Joyce was told by her oncologist, “There’s nothing that can be done.” She would have to live with the chemo-induced **neuropathy in her hands and feet**. Hot and cold were indistinguishable and the numbness and tingling made it impossible for her to walk any distance.

Joyce was a cancer survivor only to have come out on the other side with another debilitating condition. She and her husband showed up in my clinic and told me what their medical doctor had said. I told her the same thing I told my mother, “**I just don’t believe that.**”

After a thorough neurological examination and report of findings she trusted me enough to follow my protocols. Within two weeks her numbness and tingling in her feet subsided and the feeling was coming back.. After 12 weeks she was feeling the sand between her toes as she walked along the beach again. At her one year checkup Joyce’s sensory loss had improved over 80% overall to within the normal range... She is all smiles these days!



You should know that **I don’t heal anyone of anything.** What I do is perform a specific non-surgical operation that resets the communication between the brain and knee or shoulder, instantly decreasing pain and inflammation, increasing strength and flexibility and **helping with tissue healing.** For our neuropathy patients we have a 4 step, proven approach that heals your nerves and reverses your symptoms. We get tremendous results. It’s as simple as that! We get tremendous results. It’s as simple as that!

Today in the United States medical doctors are prescribing more drugs than ever before. These drugs are designed to cover up symptoms as your condition gets worse underneath the surface. The toxicity from the daily use of these chemicals ultimately leads to nasty side-effects and more drugs to treat the new symptoms. The current “healthcare” system was built to maintain your condition, not fix it. It’s a brilliant business model for the pharmaceutical industry and the hospitals, but a horrible strategy to follow if one is looking to age gracefully.

**That’s where my practice comes in.** I have found a way so that more people are able to afford the treatment they need, even those on a fixed income with or without health insurance coverage. One Non-Surgical Operation in my clinic could cost what you’d pay for just the deductible of a joint replacement surgery.

**You Benefit from a Unique Offer...When you bring in this article, you will receive a FREE CONSULTATION** with me to determine whether you are a good candidate for our Non-Surgical Knee or Shoulder Operation. If you’re being seen for Neuropathy we will take a thermal image of your feet **at no charge to you.** This will give me enough information to know whether I can help you. Once we determine you’re a good candidate and you feel comfortable in my clinic **the complete examination is only \$197.** That’s it, for the entire neurological examination & report of findings. This examination & report could cost you over \$500 elsewhere. But, please

call **right away** because this offer expires on March 31, 2024, and I don’t want you to miss out. By the way, further care is very affordable and you’ll be happy to know that the non-surgical, drug free therapies and procedures performed in my clinic **can cost as little as \$300 per month.** You see, I’m not trying to seduce you to come see me with this low start up fee, then to only make it up with high fees after that. Further care is very important to consider when making your choice of doctor because **higher costs can add up very quickly.**

**“You shouldn’t be forced to choose drugs and surgery just because that’s the only treatment Medicare and your insurance company will cover.”**

You should know a little about my qualifications. That’s important so that there’s no misunderstanding about the quality of care. I’m the best-selling author of **Breaking The Cycle** - how to take control of your life when traditional medicine has failed. **An amazon #1 new release in three categories.** I’m a graduate of Life University School of Chiropractic practicing since 1998. I am a licensed chiropractic physician certified in functional neurology. I’ve been entrusted to take care of avid morning walkers, pro-athletes and business tycoons you may have heard of.



My office is called **Active Health Brain & Body** and it is located at 6710 Winkler Road, Suite #1. It’s the gray Key West-style building at the corner of Cypress Lake Drive and Winkler Road behind the Bank of America. The phone number is **239-482-8686.** Please call my wonderful assistants Megan or Silvia today to make an appointment.

I wish you the Very Best in Health and Life!

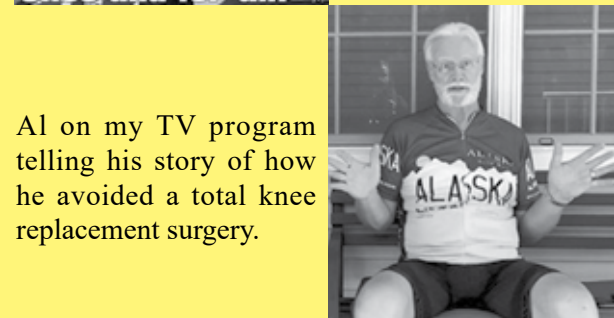
**Dr. Rob Davis, DC**

**P.S.** When accompanied by the first, I am also offering the second family member this same examination for only **\$97.**

**P.P.S.** Your time is as valuable to you as mine is to me. That’s why I have a “no wait” policy. It is highly unusual to wait more than a few minutes in my office.



My mother and I featured in a local publication for non-surgical shoulder solutions.



Al on my TV program telling his story of how he avoided a total knee replacement surgery.



Joyce is all smiles at her one year checkup. No more neuropathy!

**Call Today 239-482-8686**

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# Tight Lines...Turtle Bay Produces a Special Catch

By Jay Lev, Burnt Store Anglers

Anglers, who have fished Charlotte Harbor for over 20 years, have said they have never caught a fish like this in the harbor. Others have reported schools of this fish have been caught several miles offshore, feeding on small bait fish near the surface. This fish is known as the Atlantic bonito.



Having a bunch of other names, this wonderful sport fish has also been known in the literature as a skipper, a false albacore, and little tunny. Angler Ping McKay, a longtime member of the Burnt Store Anglers, was fishing at the east entrance of Turtle Bay in very shallow water. He was casting with artificial baits, made by the company D.O.A., for speckled trout. Using a rather fast retrieve technique, his line suddenly started speeding off his reel at a rate only a tuna-like fish can do. After a battle that took the fish around the boat several times, and then on some long runs away from the boat, Ping got the fish to the boat. Holding the fish briefly for a photo, the excited angler returned this beauty back to the water.

albacore, and other species of the tuna family. Feeding on small bait fish, bonito can run into the 20 to 30-pound class but are much more common weighing in at about 5 to 15- pounds. These fish have frequently been confused with their relative, the small bluefin tuna. They are marked by a beautiful pattern of lines on the top of their body. Usually, several black lines running the length of the body can be found in these markings, and several black spots are usually located just below the back of the lower jaw. Their tail is a remarkable vee shape which propels the bonito through the water at very fast speeds. These fish, because they are frequently identified with one of several names, are confused with the better eating family of tuna. They are a very bloody fish, with a good deal of dark red meat running along the spine when cleaned. Bonito fish are the number one favorite food of the large blue and black marlin. Tournament sport fisherman, looking to catch 500 to 1000-pound marlin, will first try to catch these bonito to have on board their boat for live bait.

To catch bonito, most anglers will look for many birds diving on a surfaced school of anchovies and other bait fish. You will often see the bonito leaping out of the water chasing the bait fish. Anglers all along the Atlantic coast will cast to these schools, and when hooked up, will enjoy a great light tackle fight. Usually, the schools feeding frenzy will not last long as the bonito is easily spooked and will move on quickly. Trolling a small feathered lure, usually all white, red and white or black and white, will do the trick. A small silver spoon like a PET spoon is also a favorite. The lures should not be much larger than three inches and rigged with a hook of small size, 3/0 usually is just right. A leader running from the trolled lure of 20 to 30-pound test works well. The lures should be trolled in a pattern from 75 feet to 200 feet in the white water behind your boat. If you are lucky enough to find a school of bonito and can cast a lure to them while the boat is not moving, get ready for some real fun.

Congrats to Ping on his great catch in the harbor.  
Tight lines...



Ping McKay with an Atlantic bonito fish in Charlotte Harbor

Ping, and his fishing partner Tom Zalac, looked at the photo and saw a beautiful fish that they had never caught, or seen in the harbor. After a couple of phone calls to other anglers who had access to the *International Game Fish Record Book* the fish was identified.

The Atlantic bonito are caught from the coast of Canada to the waters off South America. The bonito inhabits offshore waters, frequently following Atlantic bluefin tuna,

## Sheriff's Report – January 2024

- 22 Speeding Warnings
  - 14 Residents
  - 8 Non-Residents
- 11 Stop Sign Warnings
  - 7 Resident
  - 4 Non-Resident
- 6 No Driver's License/ Suspended/No Tags/Expired Tags/Verbal Confrontation
  - 3 Non-Resident
  - 3 Resident



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# Fitness, Friends & Fun...New Programs, New Members, New Activities

By Cynthia Mathews  
**Successful Open House**

Despite a cool, windy, and rainy day to host our open house, Robin and Mark Vanderlinden did another fantastic job planning and organizing this event. We sold six new memberships, some couples. Our newest members entered a drawing for prizes. All of them wanted the free pickleball lesson!



and watch your favorite BSM teams play. The tennis teams enjoyed tennis socials each month between January and March. They got together and played tennis, and enjoyed food provided by one of the men's and women's teams.

The BSM tennis community welcomes new members to the tennis program. If you are interested in playing, contact one of our Tennis Ambassadors, Clif Behney at (717) 639-5676 or Kelly Millar at (530) 305-1451.

**Sneaker and Sports Shoe Recycling Fundraiser**

Do you *GotSneakers*? How about those shoes that squish your toes a little? The tennis subcommittee is partnering with *GotSneakers*. This group restores, cleans, and sanitizes the sports shoes. They will go to thrift communities in Latin America and the Caribbean. Bring yours and fill the bin. Drop-off is inside the lobby. Thanks!

**Custom Gear**

Gift givers, style mavens, and shoppers rejoice! We now have a great selection of custom BSM Fitness logo items. From toys to tee shirts, hats, socks, and pup apparel. Our new store has got you covered. Did you know that we have specially designed U.S. Open Pickleball items in stock? Show off your Burnt Store Marina pride at the open. Check it out at [customizedgirl.com/s/bsmfitness](http://customizedgirl.com/s/bsmfitness).

stretch with Julie. Twice a week, at 7:30 a.m., our talented Julie Kohner can help you get a great start to your day. Stretching is one of the best ways to warm up your muscles, tendons, and ligaments to avoid injury. Please join us. It's open to all fitness club members.

**Pickleball**

The pickleball courts are seeing unprecedented usage. Morning social play from 8-11 a.m. Monday through Saturday, and 9 a.m. to noon on Sunday. This event has courts in play with many paddles waiting in the racks.



Did you know that our Pickleball Committee supplies over a hundred balls a month for our players? Even the special balls we use in cold weather. That's over 1,200 balls a year! Our tournaments are one way we raise funds for all these balls.

Speaking of tournaments, we have our Social Tourney and Cookout on March 23. We would like to encourage our Picklers and Gigglers group to join us. This is a social tournament, just a little more competitive than daily play, and there's a barbecue afterward! This round-robin style event pairs you with a different partner for each of the six games.

Want to start pickleball? Newbie lessons, for up to eight people, are on Tuesdays and Thursdays at 11 a.m. Instructors are BSM volunteers. Sign up at the Fitness Center. For more professional instruction, via private lessons or clinics, contact Ricky Deller or Marty Pickup.



Fitness Center Open House

**Tennis**

As of the writing of this article, the BSM five Women's teams and four Men's teams are halfway through the 2023-24 season and going strong. They had a windy, rainy January with many make-up matches.



The tennis viewing area has been completed with pavers and a large sunshade, making for a great area to sit

**New Sessions of Line Dancing**

We have had an incredible response to our Line Dancing classes so we are doing them again! Our March sessions run Mondays and Tuesdays from 4 - 5 p.m. These fun-filled classes fill up fast, so register now. There is a cost of \$20 for each 4-class session. Stop by the front desk to register.

**Morning Stretch**

Stroll over to the pickleball courts on Tuesday and Thursday mornings and join fitness club members and

**Renting Your Home?**

Be sure to get your paperwork to the front gate so your renters will be processed quickly and efficiently.

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**Pineland Marina**

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# Platinum Point Yacht Club

By Loretta Steeves, Director

February saw the high level of activity that we have come to expect at the Platinum Point Yacht Club (PPYC). As the weather finally turned warmer, the on-water activities abounded. A lunch cruise to Rumrunners brought sailors and non-sailors together. Many of the boats ferried additional members, and other members joined in the fun by coming by land instead of sea. Likewise, a Sunset/Moonrise raft-up allowed our boaters to share the water experience with other PPYC friends.

The PPYC racing group took their sails to Charlotte Harbor every Monday. The cruisers followed their January trip to Venice with a cruise to Tween Waters, which included a dinner at the Captiva Island Yacht Club. The kayaking group took their paddles to the Peace River, followed by lunch at the Nav-A-Gator Bar & Grill.

One on-water event, open to the entire community, took place on the land. Former Commodore Rusty Stewart gave an educational seminar on *Water Safety*. He outlined: required safety gear, overall safety procedures, and responsibilities of boats participating in races and regattas.

Of course, February included the club's annual *Valentine's Day Breakfast*. This time-honored tradition gave sweethearts throughout the community an opportunity to start the day romantically, with breakfast cooked and served by the men of PPYC. All enjoyed their morning either in our beautiful clubhouse or on our panoramic harbor-view deck.

On the party front, PPYC saw three fun-filled events: a *Poker Run*, a *60's Dance Party*, and a *Pirate's Party*. PPYC members are never short on ways to celebrate together.

Looking forward to March, there will be two of the club's most-cherished traditions, the *Commodore's Ball* and *Fleet Week*. The ball, a gala night of dinner and dancing, will be held on March 4, at the Punta Gorda Isles Yacht Club, and will honor this year's Commodore, Greg Broxterman.

*Fleet Week* will have our club and our boats decked out in their finest. The boats will parade into the marina and turn by the club to be saluted by Commodore Broxterman and to be blessed by Pastor Jaco Bester. Spectators along the shore marvel at the display, so mark your calendar for

March 9. After the parade, the tradition of an *Eight Bell Memorial Service* will be conducted on the waterfront by PPYC. This service honors our members who have passed during the year. Memorial flowers are tossed into the sea, club burgees are lowered, and eight bells are sounded to signify the ending of these mariners' watch.

Another key part of Fleet Week is our annual *Songs of Sailors, Ships, and the Sea* on March 7 at 5:30 p.m. We are having live music on the harbor-view deck, a cash bar, and a special seaworthy cocktail. Everyone is welcome!

Also, mark your calendars for another event open to the community. *Captains for Clean Water* will be presenting a seminar on March 20 at 7 p.m. The group's presentation will be followed by a panel discussion with Captain Rhett Morris that will examine issues related to CFCW legislative efforts.

As you can see, PPYC is an active club with a wide variety of on-water and on-land activities. If you'd like to learn more, stop by the club and meet the office administrator, Dorothy Saviste, on any Monday, Wednesday or Thursday.

## Fit Happens... Yes, Exercise Sparks the Brain. Where Do I Sign Up?

By Kristin Mendes, CHC,  
CPT, NHC



That's the question, where do you sign up to spark your brain? Well, you can do this every time you exercise and move your body! The good news is all movement improves our blood flow, not only to your muscles, but to your brain. I'm sure we all could think of one or two physical health benefits of exercise, but what comes up for brain health?

Exercise is known to influence a healthier brain and overall well-being. Let's explore what happens in the brain when we exercise. Here are nine interconnections that will get your curiosity sparked!

**1. The Cardiovascular, Immune System, Inflammation Connection.** Did you know in less than 20 minutes of exercise, you improve your cardiovascular health. When your heart rate increases, the blood flow to the brain increases. As blood flow increases, your brain is exposed to more oxygen and nutrients. One of the important ways your circulatory

system supports your immune system is by carrying immune cells to their destinations. In turn, our immune system is strengthened and can maintain a stable defense, which helps manage potential inflammation in the body. Less inflammation means reduced risk of cognitive decline.

**2. Brain-derived neurotrophic factor, also known as BDNF.** Regular physical activity triggers the release of this protein in your brain, which prompts and nurtures existing neurons. This also encourages cells growth and development of new neurons and synapses. Memory formation and storage improves mostly due to the BDNF. Why should we care about BDNF? *Psychology Today* refers to it as "miracle-gro" because it's released during aerobic exercise, which acts like neuron fertilizer. This leads us to the two neuro-buzz explanations. (#3 and #4)

**3. New growth of those neurons called "neurogenesis"** occurs in the hippocampus region. Neurons are the working building blocks of the brain that are promoted during exercise and enriched environments.

**4. Neuroplasticity** is the ability of our brain to rewire and rebuild itself to form new neural networks and reinforce familiar neural connection between brain regions. The highlight here is the ability to adapt, as well as recovery from injury and improves cognitive functions.

**5. Cognition function.** We experience heightened cognitive function due to increased blood flow, which delivers more oxygen and nutrients to our amazing brains. The two featured brain areas are the pre-frontal cortex that influences higher levels of attention and focus, while the hippocampus can increase in size with regular aerobic exercise and preserve vital brain matter, improving spatial, working memory, and learning. Overall executive function and cognitive flexibility have shown gains with a consistent exercise routine.

**6. Let's talk neurotransmitters.** These chemicals play an essential role in mood regulation, mental alertness, and focus, which explains why physical activity is often associated with curbing symptoms of depression and anxiety. People have reported the tendency to be happier and less stressed when participating in a regular exercise program. This is largely due to the body releasing chemicals such as dopamine, serotonin, endorphins, and norepinephrine in your brain.

**7. Manage stress.** We cannot always avoid stress, but exercise can help manage our levels. Ultimately, exercise lowers cortisol, the stress hormone, and increases norepinephrine and endorphin levels, as well. These

chemicals can moderate the brain's response to stress and induce feelings of happiness. It's been speculated that a consistent routine can also help you control your emotions and manage stress when you do feel angry or upset.

**8. Regular physical activity also improves sleep quality,** a critical factor in brain health. It manages healthy cortisol levels, revealing quality sleep patterns. This enhanced sleep quality allows for better memory consolidation, and more efficient toxin removal from the brain.

**9. Exercise protects your brain from premature aging and neurodegenerative diseases.** According to *AARP*, a 2022 study published in *Alzheimer's & Dementia* found that older adults who remain active have higher levels of brain proteins that enhance connections between neurons. While we can't prevent or cure these, being consistent with our exercise routine can slow down or reduce the onset.

Now that we've reviewed how exercise sparks our brains in this interconnected way, what are proactive ways to create and maintain an active lifestyle?

Here's are a few ideas to keep your exercise momentum heightened:

- Make it a priority - Be proactive. Do you have a buy-in? Know your WHY.
- Schedule it - Make a commitment. Have an expectation. Alone, buddy, or groups, clubs?
- Be prepared - Think through what will help you the night before, set up an area or place.
- Break it up - Activity into smaller time segments. Squeeze in a few mini workouts.
- Track Activity - Keep a record for accountability. Seeing patterns and action motivates.
- NEAT (non-exercise activity thermogenesis) - Get creative with everyday movement that isn't structured, gets your heart pumping and breaks a light sweat. Swap the car for your bike, household chores, walking meetings, parking farther away.
- Start exercise gradually - Increase over time. Always consult with your medical provider.
- Enjoy the moment - It's your quality of life, your health. Look forward to your exercise time.

Whatever exercise and motivators you choose, commit to establishing the habit. You can think of exercise as your prescription for a strong body and healthy brain. Exercise is your medicine, just like laughter! I hope understanding neuroscience and ideas to make exercise and movement a part of your everyday routine has SPARKED you to exercise!

### Attention Residents:

We have notified you in the past that when you have a medical emergency, you need to call 911 and identify that you live in Lee County.

It is important that the RESIDENT call in the emergency since the front gate cannot answer the questions asked by the 911 dispatcher. In order for the medic not to be delayed in getting to the scene of the emergency the resident must be the one to call 911.

Thank you.

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# Blood Donation News

By Ann Singer, Admiral's Point

**Don't Miss the Bus in 2024  
Make Blood Donation A Habit!**

Our next blood donation day is **Monday, March 18, 8:30 a.m. – 3 p.m.** Make your appointment online or plan to walk in. During peak season I recommend making an appointment, especially for morning slots. This drive is the final donation day of our winter visitor season. The next drive will follow in October 2024. Volunteer now, to help exceed our goal.

Many ask, "If I donated in the January blood drive can I donate in this March drive?" YES! Drives are scheduled so you have 56 days between. This is the law in the United States. Many donors donate for several reasons, such as a form of charity, general awareness regarding the demand for blood, increased confidence in oneself, helping a personal friend or relative, and social pressure. Despite the many reasons that people donate, not enough actively donate. Less than 10% of the 37% eligible blood donors in the United States donate annually.

**There is a critical BLOOD SHORTAGE  
in this country.**

**IT IS SAFE TO DONATE!**

**Please consider donation on March 18.**

The BIG RED BUS is located in the Cass Cay/Trading Post/Tiki Hut parking lot. To schedule online, log onto **ONEBLOOD.ORG**. Establish a username and password and follow directions. Walk-ins are always welcome, but mornings are the heaviest donation time of the day. Remember to bring a photo ID. Be sure to eat before you donate, and drink lots of fluids before and after. Try to eat iron rich foods to help your blood count stay iron rich. Appointments can be made online weeks before the drive, call one of us, or walk in the day of the drive. Questions? Call Ann Singer at 319-290-5955, or Jo Bucci at 941-445-8260.

We look forward to seeing our veteran donors, and meeting many new residents and visitors. Remember to spread the news to your neighbors. The incentive gifts to successful donors will be a One Blood insulated tote bag, \$20 gift card, and a Chick-fil-A chicken sandwich gift card. Successful donors will receive all 3 gifts.

Blood is essential to life. It cannot be made or manufactured. Generous blood donors are the only source

of blood for patients in need of a blood transfusion. Thank you to all our loyal donors! Bring a friend, bring a neighbor on March 18.

Our enthusiastic and dependable blood donors that supported the January 22 Burnt Store blood drive are to be commended for another record-breaking donation day on the BIG RED BUS. We are pleased to share that this blood drive resulted in **29 units** of blood! Each donation can save up to three lives, which means 87 patients could benefit from the lifesaving efforts from this blood drive. ONEBLOOD expresses its gratitude for these lifesaving efforts.

OneBlood welcomes blood donations from donors 16 years old and older. **You are never too old to donate.** If you are in good health, and qualify for other eligibility guidelines, you can donate blood regardless of age. A number of regular donors over the age of 80 give blood with OneBlood.

Thank you to the 29 donors who volunteered January 22!

- |                    |                    |
|--------------------|--------------------|
| Barbara Honcharski | Debra Bretz        |
| Frank Dileo        | Janet Osborn       |
| Judith Reed        | Karen Zachacz      |
| Linda Anderson     | Linda Cross        |
| Mary Sarno         | Michelle Roush     |
| Robert Bucci       | Robert Organ       |
| Ronald Johnson     | Thomas Zalac       |
| William Petrie     | Connie Petrie      |
| Elizabeth DeYoung  | James Charlton     |
| John Osborn        | Karen Spring       |
| Lawrence Blogg     | Linda Cristinziano |
| Lon Roush          | Michelle Collins   |
| Richard Bouvier    | Robert O'Clare     |
| Robert Ipri, Jr.   | Sandra Blogg       |
| Walter Romanowski  |                    |

What is the cost of a unit of blood? Ask someone who needs it.



## Rules for Driving Golf Carts

There has been some confusion about operating golf carts in Burnt Store Marina. Please be aware that there are rules for golf cart use, and violation will get you a citation from the Lee County Sheriff's Office.



Effective October 1, 2023, golf carts may not be operated on any "streets" by someone who is under the age of eighteen (18), unless the driver has a valid learner's permit or driver's license. The term "street" is defined by Statute to include "...any privately owned way or place used for vehicular travel..." In other words, the BSM community's roadways would be subject to the legislative change and its new requirements.

- Drivers of golf carts must observe the same rules as those designated for drivers of motor vehicles. Drivers must keep their carts on the right side of all streets, and obey all traffic signage.

- No one without a driver's license or learner's permit is allowed to drive on streets within Burnt Store Marina.

- No one **not playing golf** is allowed to drive a golf cart on the golf course.



Smooth take off by Blue Heron. Photo by Karen Sanderson

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# March Off Beat Holidays

By Maggie Hart, Mariners Pass

Here in Florida, we expect to find March bringing mild weather, and with it, lots to celebrate:

**March 1, 1961** - President John F. Kennedy established the *Peace Corps*, sending young American volunteers to developing countries to assist with health care, education, and other basic needs.

**March 1 - 3** - *Swamp Fest*, Weeki Wachee, Florida

Swamp Fest is an annual event, featuring a costume contest where contestants dress as swamp monsters. There will be raffles for prizes, live entertainment, food trucks, and various vendors selling homemade items. Admission \$5 - adults, \$3 - children aged 6+, Linda Pedersen Park, 6400 Shoal Line

Boulevard, Spring Hill, FL 34607. For more information, go to <https://swampfestweekiwachee.com>.

**March 4, 1681** - King Charles II of England granted a huge tract of land in the New World to William Penn to settle an outstanding debt. The area later became Pennsylvania.

**March 4** - *National Grammar Day*

This "holiday" was established in 2008 by Martha Brockenbrough, the author of the tongue-in-cheek book *Things That Make Us [Sic]*, and founder of the Society for the Promotion of Good Grammar. Former President George W. Bush sent a letter commemorating National Grammar Day in its inaugural year. The observance encourages the use of correct grammar in both verbal and written language. National Grammar Day is celebrated every year on March 4th because it is the only day of the year that is a complete sentence. Get it?

**March 7 - 10** - *96th Annual Arcadia All-Florida Championship Rodeo*, Arcadia, Florida

The Arcadia Rodeo Association hosts the world's top athletes in PRCA Rodeo to compete for a chance to make it to the national finals in Las Vegas. Gates Open at 11 a.m., Pre-Show Events Begin at 1 p.m., Rodeo Begins at 2 p.m. Tickets start at \$35. For more information, go to <https://www.arcadiarodeo.com/march-rodeo>.

**March 8** - *National Proofreading Day*

We all make typos, grammar mistakes, and spelling errors when we write, especially if we are moving too fast, and texting on your cell. Today is an opportunity to slow down, proofread your work, and then proof it again. And, if you are lucky enough to work with an editor who proofs your work for you, National Proofreading Day is a great opportunity to thank them for always ensuring that your writing is free of mistakes.

**March 8 & 9** - *Sanibel Shell Show*, Sanibel, Florida

Sponsored by the Sanibel-Captiva Shell Club, this event features juried artistic and scientific sea shell exhibits, as well as sale of shells and shell-themed items. Mariott

Sanibel Harbour Resort, 17260 Harbour Point Drive (just before the Sanibel Causeway). Admission \$5-1 day, \$8-both days; free parking. For more information, go to <https://sanibelshellclub.com>.

**March 10** - *Daylight Saving Time* begins. **Remember to turn your clocks forward one hour on 2 a.m. Sunday morning.**

**March 12, 1994** - The Church of England ordained 32 women as its first female priests. In protest, 700 male clergy members and thousands of church members left the church and joined the Roman Catholic Church, which does not allow women priests.

**March 14** - *Pi Day*

Don't let the sound of the name fool you, March 14 does not commemorate the sweet, baked treat. It is the official day of the Greek letter symbolizing the ratio of the circumference of a circle to its diameter,  $\pi$ , also known as 3.14159265359 ...

**March 15, 44 B.C.** - Julius Caesar was assassinated in the Senate chamber in Rome by Brutus and fellow conspirators. Trying to defend himself against the murderous onslaught, Caesar saw Brutus and asked "Et tu, Brute?" (You too, Brutus?) Caesar was then stabbed to death. And, with credit to Shakespeare, "**Beware of the Ides of March!**"

**March 17** - Celebrated as *Saint Patrick's Day* commemorating the patron saint of Ireland. Boston held its first St. Patrick's Day parade in 1737, followed by New York City in 1762. Hollywood, Florida boasts having the largest St. Patrick's parade and festival in South Florida, but you can probably find lots of folks celebrating much closer to home.

**March 31, 1889** - One of the world's most famous towers was dedicated to the city of Paris. Named for its designer, Gustave Eiffel, the *Eiffel Tower* was intended to commemorate the French Revolution.



## Recipe Box

### No Bake Protein Balls

By Jennifer LeClair, Pelican Way

Still haven't given up on your New Year's resolution to eat healthier? Great! These easy no bake protein balls from Brittany Mullin's blog *Eating Bird Food*, can be made in four different flavors – chocolate peanut butter, tahini chocolate chip, cinnamon raisin and almond joy, and will help make that clean eating resolution easier. It takes just 10 minutes to whip up a batch of these protein balls and snack healthy all week long!



**Ingredients:**

**Chocolate Peanut Butter**

- 1 ½ cups old fashioned rolled oats
- 1 cup natural peanut butter
- ¼ cup honey or maple syrup
- 2 scoops about 50-60 grams chocolate protein powder
- 2 Tablespoons chocolate chips

**Almond Joy**

- 1 ½ cups old fashioned rolled oats
- 1 cup natural almond butter
- ¼ cup honey or maple syrup
- 2 scoops about 50-60 grams chocolate protein powder
- 1-2 Tablespoons unsweetened shredded coconut

**Cinnamon Raisin Cookie**

- 1 ½ cups old fashioned rolled oats
- 1 cup cashew butter
- ¼ cup honey or maple syrup
- 2 scoops about 50-60 grams vanilla protein powder
- 2 Tablespoons raisins
- ¼ teaspoon cinnamon

**Tahini Chocolate Chip**

- 2 cups old fashioned rolled oats
- 1 cup tahini
- ¼ cup honey or maple syrup
- 2 scoops about 50-60 grams vanilla protein powder
- 2 Tablespoons mini chocolate chips

**Instructions:**

The instructions are the same for all protein balls.

1. Place all ingredients together in a large bowl and stir to combine.
2. Getting the mixture to combine takes a little arm muscle and it may seem too thick at first, but it will come together as you keep mixing. I used my hands to knead the dough near the end and that seems to help.
3. Once combined, use a small cookie scoop to scoop and form the dough into balls.
4. Store in a covered container in the fridge or freezer.

**Notes:**

If the protein ball mixture seems a little too dry or crumbly, add water or almond milk, 1 teaspoon at a time, until the mixture forms together.

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**MARK YOUR CALENDARS FOR MARCH 6, 2024 FOR THE ANNUAL CANADIAN PICNIC**

**WHERE:** TIKI HUT  
(ADJACENT TO THE TRADING POST)

**TIME:** 5:00PM FOR A MIX & MINGLE  
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**MENU:** HAMBURGERS, HOT DOGS, SALADS, AND CAKE

**BRING YOUR OWN BEVERAGE**



**COST:** \$15.00/COUPLE

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BE SURE TO BRING SOME EXTRA CASH TO BUY TICKETS FOR OUR 50/50 DRAW

PLEASE SPREAD THE WORD SO ALL OF OUR CANADIAN NEIGHBOURS ARE AWARE OF THIS VERY FUN GATHERING!

**PLEASE RSVP TO:**  
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**Help us build a dog park within our beautiful resort home!**

The **Burnt Store Marina Dog Park (BSMDP)** are just steps away from making our dream a reality. Please consider being a part of this latest amenity to our lovely home by donating what you can. We have over **\$10,000** raised thus far, thanks to the extreme generosity of a few residents & friends.

**Section 22 members, their guests and/or renters** who **join** the park will finally have a place to let their dogs run freely off leash in a safe, controlled environment. (FYI, *This latest amenity is one that is being offered with all the new communities going in along Burnt Store Rd.*) **For our properties to stay abreast of the times, it's a needed amenity!** Our property values depend on our many amenities being meticulously maintained which include our golf courses, fitness center, marina, dining spots and our soon to be new dog park.

**BSMDP have a variety of ways to donate:**

1. Purchase a 1' x 1' Brick Paver \$80 by completing an **online order form**. Go to <https://www.bricksrus.com/donorsite/bsmdogpark> Any questions please: Text/call: Rae Luallen, 248-885-0835
2. Be part of our **Major Fundraiser:** generously giving **donations** or **purchasing banners** (\$500/\$1000) **Zelle: debysage@gmail.com** It takes you to **BSM Dog Park** to directly donate. Or, a **CHECK** to **Cyndi Gottschalk** with **Dog Park in Item line** dropped off to any of the above shown committee members
3. Donate items for **BSMDP** to the **March Garage/Tag Sale, Sat., March 2, 2024** Tamara & John McCauley, 550 Islamarado Blvd. PG, FL, Text 607-760-0202
4. Purchase **AKC Canine Good Citizen (CGC)** Classes with Cyndi Gottschalk for \$150 for five classes. 5 Fridays. 10-11 AM. Tiki Hut **waiting list for March classes**
5. Buy Tickets for our "Woof & Wine" at the Trading Post, Feb. Tues. 20th. 3-5 PM Sample various wines/pizzas & bid at our Silent Auction, \$25 per person. **Only 32 Spots available. Sign up: Zelle: debysage@gmail.com** it takes you to **BSM Dog Park**. Deposit \$25 per person to "Woof & Wine" event.
6. Participate in the "Ceremonial Dog Park Opening", Sat. March 30, 2024 at the Dog Park site off Islamarado Blvd, 1:30 PM, Followed by "Dog/People Trot" to Tiki Hut
7. Buy Tickets "Snoots & Sniffers" at Cass Cay April 2024 TBA

**Many, Many Thanks for Your Generous Support!!!**

## Read *The Beacon* Online!

This edition of *The Beacon* is also available online at the Section 22 HOA web site...[www.bsm22.org](http://www.bsm22.org). This option is available in addition to the hard copy delivered to your door.

As a reminder; if you have not registered on our website, we strongly encourage you to do so! In addition to reading this and past issues of *The Beacon*, it is a

wonderful resource for much more information about the Burnt Store Marina community.



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In the last two years, you may have seen BroadStar has rolled out dedicated fiber internet services and our popular TV Streaming Service to many Burnt Store Associations. Here is what your neighbors are saying about their experiences with BroadStar:

- "BroadStar provides competitive rates while maintaining a high level of service for our residents" - Courtyard Landing
- "I appreciate BroadStar's responsiveness they provide to me and our whole community. I also appreciate the Support Team who always gets back to me promptly." - Keel Club
- "My personal experience is that BroadStar Customer Service Staff is very courteous and professional" - King Tarpon

Have your **Board of Directors** call **BroadStar** today at **(833) 41- FIBER (833-413-4237)** to get a free quote and learn more about how your community can **start saving money** with **BroadStar's Fiber-to-the-Door** and the **Fastest Internet in Florida!**

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# Free Passes To Local Entertainment And Educational Venues

Here's something different.

Available through your Lee County Public Library are free cultural passes to 10 different local venues. By partnering with a variety of popular community attractions, the library system is able to offer patrons free entry. Enjoy a visit to one of the following attractions.

- Southwest Florida Symphony
- Florida Repertory Theatre
- C'mon! Golisano Children's Museum of Naples
- Calusa Nature Center & Planetarium
- Pure Florida
- Wonder Gardens
- Alliance for the Arts
- Edison and Ford Winter Estates
- Mound House
- Bailey-Matthews National Shell Museum

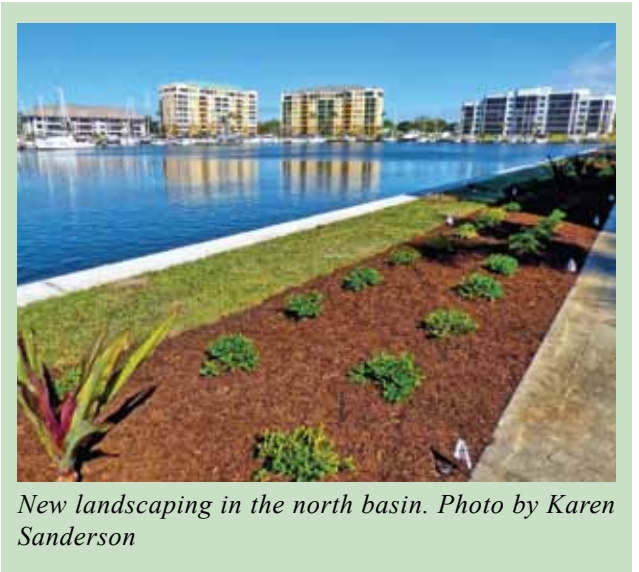
Simply go to your library website ([leegov.org/library](http://leegov.org/library)), click on **Search the Catalog**, and put the words **cultural pass** in the search box.

A list of the above venues will populate. Double click on the title to obtain the details on what is being offered. Some of the passes are good for two complimentary tickets; some are good for only one. For some venues participants have to be part of a family, for others participants must consist of one adult and one child.

Once you decide on a venue, and the details meet your needs, scroll down the page to see if the venue you've selected is available. If the status says **check shelf** the pass is available. Go to the library that has a check shelf status and pick up a cultural pass at the circulation desk. Unfortunately library patrons are unable to put these cultural passes on hold, so it's necessary to make a timely visit once a decision has been made.

As always, call first if there are any questions at (239) 479-4636.

How about that?



*New landscaping in the north basin. Photo by Karen Sanderson*

# Lee County Leash Laws



It is a Lee County law, as well as a Burnt Store Marina rule, that all dogs are to be on leashes. The open lot at the corner of Islamorada and Matecumbe is not a dog park. The Commodore residents own the whole part that is landscaped. Please keep your dogs on leashes at all times, and off that property.



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**NEW LISTING**

**Deer Pass Acres (Off Zemel Rd)**  
**15265 Deer Pass Rd**  
**\$630,000**

Don't miss this 6 Acre Wooded Estate with 3 Bedrooms/ 2 Baths + Huge Screened Lanai with Pool. Tim Towles Custom Home with over 2200 sq ft and 3000 total, Vaulted Ceilings, 2-year-old roof, whole house generator, Manabloc plumbing, tropical landscaping and more! Add your own personal touch and have a one of a kind property.



**NEW LISTING**

**Bayview Estates Port Charlotte**  
**5061 Collingswood Blvd**  
**\$1,900,000**

Custom Home Under Construction with estimated completion October 2024. Gulf Access with NO Bridges with 2 story boat dock and 10k boat lift. Custom home features 4 Bedrooms with 4.5 bathrooms, 2600+ sq ft with 3700 sq ft total. Huge, covered lanai with pool & spa with custom outdoor kitchen.



**NEW LISTING**

**Burnt Store Lakes**  
**17450 Medillin Ct**  
**\$500,000**

Burnt Store Lakes home featuring 2079 sq ft and 2838 total sq ft with 3 Bedrooms / 2 baths + 2 car garage. Oversized Kitchen with Island and Great room floorplan with Formal Living & Dining Rooms.



**PENDING NEW LISTING**

**Burnt Store Lakes**  
**16768 San Edmundo Rd**  
**\$660,000**

2023 Built Custom Lakefront Home. Featuring 3 Bedroom with 2 ensuite, 3 bath, 3 Car Garage with over 2400 sq ft and 3697 Total Sq ft.



**PRICE REDUCED**

**Pirate Harbor**  
**24397 Treasure Island Blvd.**  
**\$795,000**

Gulf Access Canal-Front Home  
Four Beds/Two Baths/Three Car Garage  
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& Davits with Concrete Dock



**Burnt Store Lakes**  
**24342 Saragossa Ln.**  
**\$649,999**

3 bedroom / 2 Bath home with 2200+ sq ft of living space & 3305 Total Sq Ft. 3 Car Garage with Lake & Pool Views. NEW Roof, paint, lanai, and more in 2023



**PENDING**

**Golf Fox Condo**  
**2080 Big Pass Lane Unit B**  
**\$350,000**

Ground Floor End Unit  
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**Burnt Store Marina**  
**3280 South Shore 88A**  
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**McGrath Point Estates Port Charlotte**  
**4310 Point Ct.**  
**\$150,000**

Build your custom dream home on this 1.5 acre lot in the gated, waterfront community of McGrath Point Estates.



**Pirate Harbor**  
**24231 Captain Kidd Blvd.**  
**\$660,000**

Gulf Access Canal-Front Home  
Two Bed/Two Bath/Oversized Garage  
Incredible Views + Boat House + Concrete Seawall



**I Poop you Scoop**

**If you are walking a pet – whether you are in Burnt Store Marina, or elsewhere – you must clean up after them!**

**STAY ALIVE!**  
don't TXT & drive



**The New Math:**  
**\$1 = \$8**

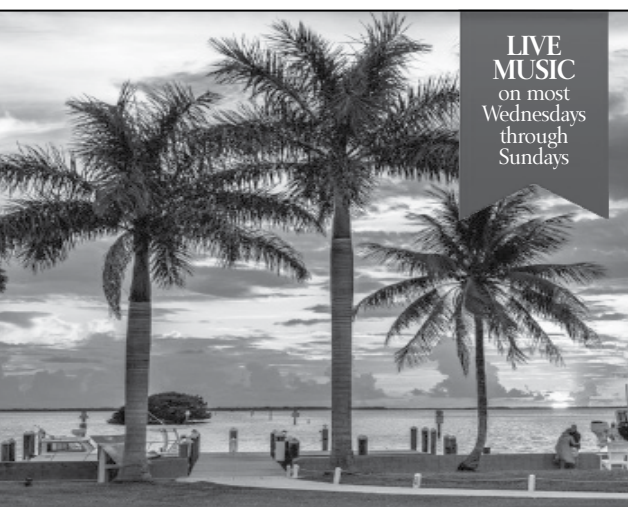
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# Burnt Store Road: Residential Developments in Charlotte County, Update #1

*Graham Segger, Independent Home owner*

Some of you who read my article about the new residential developments emerging along Burnt Store Road, north of the Charlotte County line in the January 2024 *Beacon* may be curious about further developments. The original article was based upon publicly available information in the fall of 2023. There have been a few new development proposals since then, and additional information has emerged about those previously discussed. Following is a brief update based on Planning and Zoning Board (PZB) meetings to January 8, 2024.

**Firelight – Phase 1:**

Zemel Land Partners have submitted a plan for land they own on the north side of Zemel Road, east of Burnt Store Colony and the Pottery Express and Bamboo Farm, also touching on Burnt Store Road near the new fire station.

Firelight - Phase 1 is concentrated in the south part of the parcel above, and includes 219 homes and 23 tracts. A Preliminary Plat was approved by the Charlotte PZB in December and by the County Commissioners in January 2024.

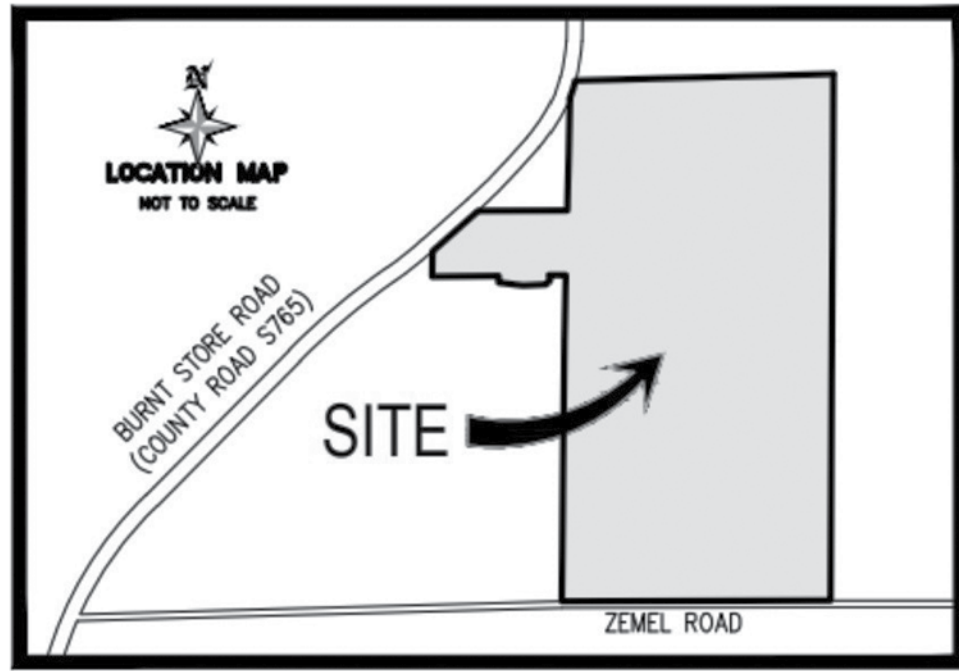
**Coral Lakes**

The development titled 2-Coral Creek-D.R. Horton in the January article has been given the name Coral Lakes and a subdivision plan has been submitted.

**Land for Sale**

There is a real estate sign positioned at the corner of Vincent and BSR advertising 160 acres for sale. This represents two 80-acre parcels located well inland from BSR and east of the Charlotte County water treatment plant. The properties are surrounded by the Yucca Penn conservation land on the north, east and south.

For expanded information about the proposed developments along Burnt Store Road and updated information, including available subdivision plans, see the following link: <https://grahamsegger.com/general-interest-articles/florida-topics/burnt-store-marina-blog/burnt-store-road-residential-developments/> or scan the following QR code with your phone camera function.



## Grammar Tips...Good Grammar

*By the editors of The Beacon*

Since March 4 is National Grammar Day, followed by National Proofreading Day on March 8, it seems like a good time to discuss good grammar.

Why is good grammar so important?

Learning to use good grammar is necessary for clear and efficient communication. It allows us to create well-structured sentences by which to communicate our intended meaning. It ensures clarity, it forms good impressions, and it makes your words matter.

When we use the wrong words or punctuation, we can alter the entire idea that we want to get across.

Good grammar is especially important in the written word. When speaking, we can always elaborate on a

subject until we are understood. And, people tend to accept grammatical blunders as part of a person's personality or cultural background. But once it is written down, it is "on your permanent record."

Here are some rules to follow:

Rule 1: You must write in sentences, using a subject and verb.

Rule 2: Subjects and verbs in sentences must agree with each other.

Rule 3: You must use appropriate punctuation.

Rule 4: You must use the correct word. If in doubt, use a dictionary.

Always keep these rules in mind when putting pen to paper, or fingers to keyboard. And, it can't hurt your personal image to speak correctly either.

## National Library Week

April 7 to 13 of this year the country celebrates National Library Week. A construct of the American Library Association (ALA), this year's theme is "Ready, Set, Library!" The theme delivers a green light to users to actively explore all the services the library has to offer.

Currently 35 percent of Lee County residents and nonresidents are registered borrowers (<https://files.floridados.gov/media/707464/t9-circulation-borrowers.pdf>). Public library cards are free to anyone who:

- Resides in Lee County for more than six months per year.
- Owns property or a business in Lee County.
- Works in Lee County.
- Is a student in Lee County.

If you are a visitor, but don't own property, you may still obtain a library card for a moderate fee.

Please visit one of Lee County's 14 public libraries ([bit.ly/3SDMsf0](http://bit.ly/3SDMsf0)) and bring your identification (a valid driver's license or state identification card will suffice). A library card entitles you to borrow books (regular, large type and downloadable), books on CD (including downloadable audiobooks), music CDs, DVDs/Blu-ray Discs, book discussion kits, among other items, and have access to the online library. The library also offers

free wireless Internet, computer, scanning and printing services.

Treat yourself and help celebrate National Library Week by visiting your local public library. You'll be glad you did!

**About National Library Week**

*"In the mid-1950s, research showed that Americans were spending less on books and more on radios, televisions and musical instruments. Concerned that Americans were reading less, the ALA and the American Book Publishers formed a nonprofit citizen's organization called the National Book Committee in 1954. The committee's goals were ambitious. They ranged from 'encouraging people to read in their increasing leisure time' to 'improving incomes and health' and 'developing strong and happy family life.'*

*In 1957, the committee developed a plan for National Library Week based on the idea that once people were motivated to read, they would support and use libraries. With the cooperation of ALA and with help from the Advertising Council, the first National Library Week was observed in 1958 with the theme 'Wake Up and Read!'"* Source: [www.ala.org/conferencesevents/celebrationweeks/natlibraryweek](http://www.ala.org/conferencesevents/celebrationweeks/natlibraryweek)

# Gardener's Wheelbarrow

By Maggie Hart,  
Mariners Pass



March in SW Florida should be clear, dry, sunny and warm. Get ready to make a difference in your landscape whether it is through participation in your association, in your own yard or with decorative pots at your door and in the lanai. Many plants begin to flower this month, including amaryllis, coral tree, Indian hawthorne, red powder puff, allamanda, and bougainvillea.

• **Fungus:** Moist leaves in the morning that don't dry off very quickly are highly susceptible to fungus. This condition will affect most plant species, including the turf.

• **Tools:** Clean and sharpen all tools. Pruning will be much easier and your cuts true and sharp. Clean cuts lessen the possibility of fungus and bacteria settling into frayed branch edges.

• **Pruning:** Almost everything overgrown or dead can be pruned. The exceptions include trees and plants in flower or those about to flower. Go after plants that have damaged branches. Cut back by 1/3. A horizontal butch haircut method only encourages top growth, not interior or base growth. Don't touch bougainvillea until after Mother's Day.

• **Hurricane Pruning:** Years ago, this pruning practice was demoted to unacceptable as people became more aware of what is truly beneficial and what is not. A well-pruned, properly pruned tree is one that has had limbs removed which are crossing each other, are broken/damaged or are forming a weak link to the trunk. Excessive pruning (i.e., topping, hatracking, etc.) only produces thick weak growth that will cause problems in high winds.

• **Pruning Palms:** Palms should only have dead or dying (browning) fronds and inflorescences/fruit removed. The standard of leaving fronds between 9 and 3 o'clock (the horizon line) is best. **Removing green fronds stresses the palm by limiting its source of nutrients for new growth. If you look up at the top portion of the palm, where the fronds are attached, and you see a narrowing or penciling, that means it is being over-pruned** and the portion available for frond production becomes increasingly narrow. It will look like a sharpened pencil.

• **Pinching Back:** This small action produces big results for annuals and perennials. With your fingernails, pinch back 3/4 - 1" of the actively growing ends of the

branches. The plants will bush out and flower production will increase. Spent flowers should be "dead headed" or removed to encourage a new flush of blooms.

• **Fertilizing:** Purchase the pricier slow-release, complete fertilizer. Micronutrients are mandatory for plants in our area. Buy a good quality palm food and use it on everything...palms, trees, shrubs, ground covers and perennials. Fertilizer contains salts; always try to water first if the ground is dry. Afterwards, broadcast the fertilizer in the area of the plant's drip lines (not at the trunk) and water it into the ground. Fertilize the soil, not the plant.

• **Weeding & Mulching:** Three inches of organic mulch will subdue most weeds, but some will come through the barrier. An application of pre-emergent herbicide will kill germinating seeds but it should be applied prior to the mulch. Keep mulch away from tree trunks and stems of shrubs and perennials.

• **Turf Management:** If not done already, apply a pre-emergent herbicide early in the month for control of summer weeds.

• **Irrigation Systems:** Systems should be checked for proper coverage. This is very important and is an ongoing monthly, sometimes weekly, task. Our community system is known for tiny snails that will multiply rapidly and clog the irrigation water filters, pipes and sprinkler heads. Whoever is maintaining your irrigation system should be paying close attention. March and April are two of the driest months and the temperature is heating up. Your landscape requires consistent watering and coverage.

• **New Plantings:** Almost everything, including warm season annuals, cold-sensitive tropicals, flowering ornamentals and palms can be planted now. Planting too deeply will kill almost any plant except cabbage palms and tomato plants! Also, planting trees too closely to each other means trouble in the future, with disease, weak growth, misshaped limbs and a huge waste of money and plant material.

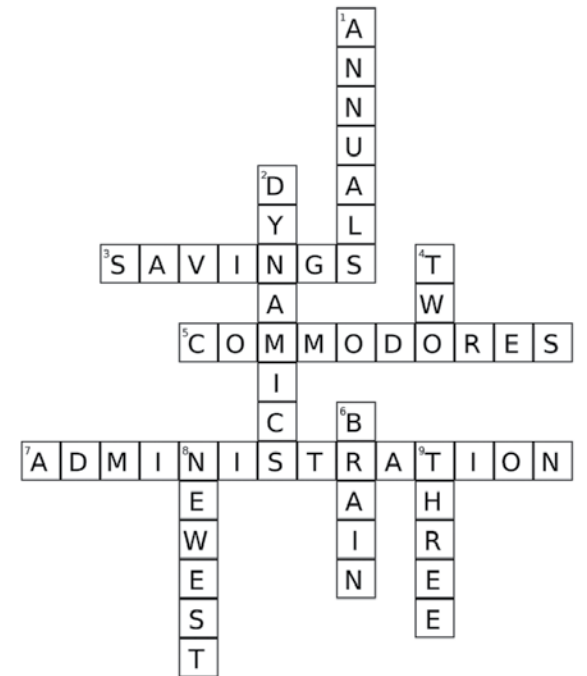
• **Planting Annuals:** Our soil cannot support annuals or most perennials and they will quickly die. For success, purchase annual soil mix and mound it high, adding Osmocote. Plant, water with fresh water initially to supplement or replace the irrigation water. A blossom booster and fungicide, applied as directed, is also recommended. Hint: Spend a little extra by buying a quart-sized plant vs. one in a 4 1/2 inch pot. You won't need as many and it will establish much more quickly, with less effort on your part.

## Our Four Legged Family

Our home is doggie paradise  
It's great for people too  
So picking up your doggie poo  
Should matter lots to you  
Please scoop the poop and bag  
the poo  
And take it home to trash  
Don't leave it on our sidewalk  
Or even on our grass  
Your doggie doo reflects on you  
It's what your puppy passed  
So let us live in harmony  
And help our paradise last



## Crossword Solution



# Enjoying Your Walk

By Jan McLaughlin, Former Beacon Editor

One morning a fellow walker stopped me and asked what the distance was around Prosperity Point, and how far was it from there to the front entry gate. With lots of residents returning and enjoying our pedestrian paths, I offer the following. All distances were measured with a GPS while riding in a golf cart.

- Islamorada Entrance Gate to Cape Cole Blvd. - 0.82 mile
- Cape Cole Blvd., golf clubhouse gate arm to Islamorada Blvd. - 0.60 mile
- Cape Cole Blvd., golf club gate arm to Matecumbe Key entry - 0.72 mile
- Matecumbe Key Blvd., construction entrance to Cape Cole Blvd., 0.72 mile

- Matecumbe Key Blvd., Cape Cole Blvd., to South Shore - 0.55 mile
- Courtside Landings' Loop, start/stop at entrance - 0.48 mile
- Prosperity Point sidewalk loop, start/stop at Matcumbe Key Blvd, 1.26 mile
- Admiral's Point loop (includes Key Largo Lane Circle, Sable Key Circle and Key Largo Circle) start/stop at Marathon & Cape Cole Blvd., 1.06 mile
- Tarpon Pass loop, start/stop at Islamorada Blvd., 0.76 mile

Wonderful resources for walkers abound on the Internet. These sites offer a wide selection of audio music apps for beginners to advanced walkers, exercise videos, gear (including shoes), accessories and resource information.

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# Burnt Store Marina Dog Park

By BSM Dog Park Committee

On January 22, volunteer members of the Burnt Store Marina Dog Park (BSMDP) met with the incoming and outgoing presidents of the Board of Directors of Section 22. The meeting was to finalize discussions that will result in the creation of a dog park in Burnt Store Marina.

The Section 22 Board has agreed to fund half of the \$36,600 project cost to build the park. These funds come



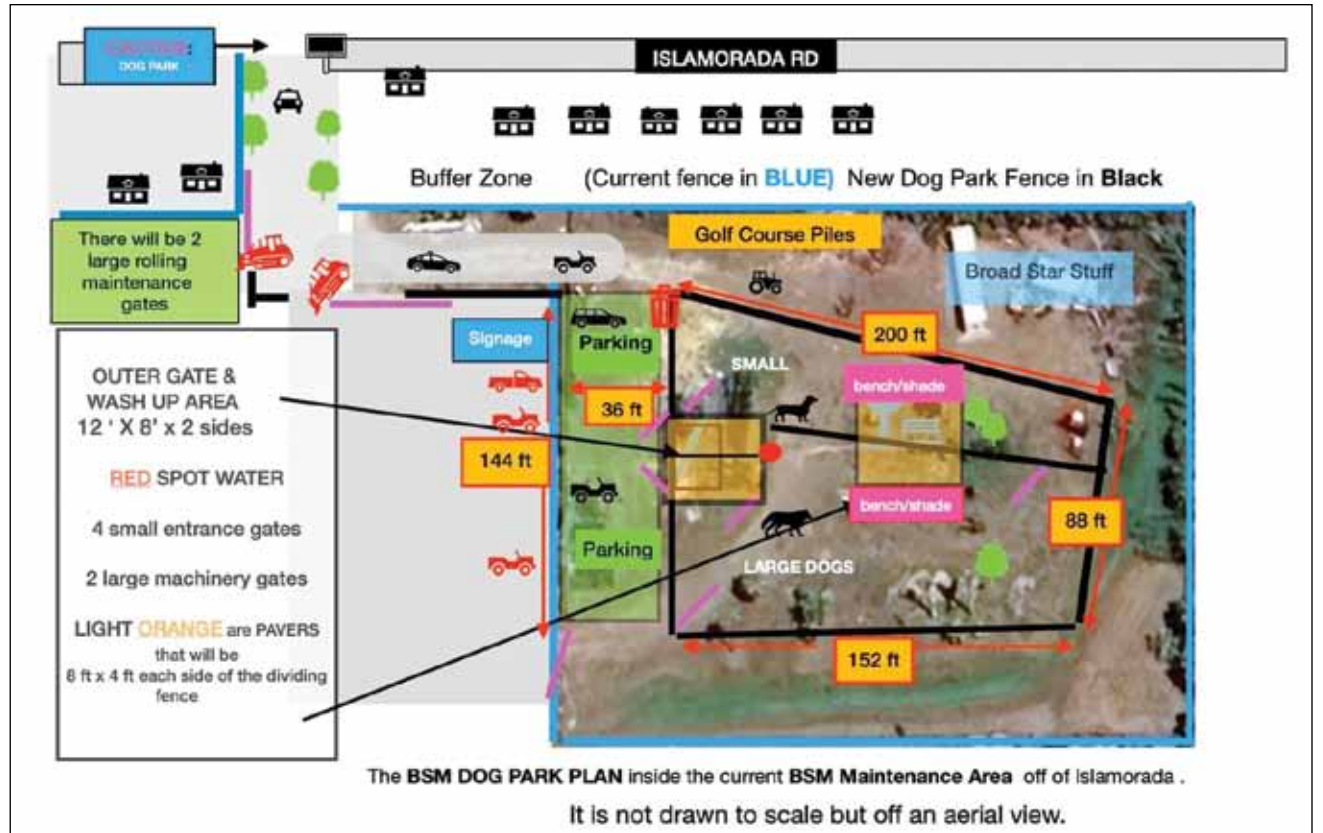
from amenity funds as determined by the Board of Directors. Incoming President, Mike McFeeley, added that all BSM amenities enhance the lives of residents and the value of our properties.

The BSMDP volunteers will raise an equal amount of the total cost from private fundraisers and donations. No money for the Dog Park will be paid by BSM Section 22 residents or assessments. Once open, the dog park will be self-sustaining through membership costs.

The actual groundbreaking will begin when the BSMDP volunteers pay half of the total cost as agreed upon with the BSM Section 22 Board. The money will be administered by Alliant Management.

BSMDP Co-Chair, Deby Sage, said that several fundraisers have begun in earnest. At the January 22 meeting, Sage reported having already raised \$7,538. By the time this comes out, we will be well over \$13,000. Sage hopes most of the initial fundraising is completed by March 30, 2024, the date the "Ceremonial Groundbreaking Ceremony and Dog Trot" is scheduled.

Both the Board and the volunteers hope to begin site development, fencing and ground preparation this spring. (See site map elsewhere in this update.) President Mike McFeeley noted that the incoming Board of directors of Section 22 is unanimous in its support of the Dog Park. Information about the BSM Dog Park can now be found on the [BSM22.org](http://BSM22.org) site under amenities.



## WISCONSIN

# 1848

## Burnt Store Marina 2024 Wisconsin Party

Monday, March 25, 3 to 6 p.m.  
Tiki Hut at the Marina

Provided: location, settings (plates, knives, forks, napkins), brats and buns

Bring an ample dish to pass (appetizer, side dish or dessert) plus your beverage of choice, plastic glasses and \$5 per person

R.S.V.P. to Rick Uihlein at [rickuihlein@gmail.com](mailto:rickuihlein@gmail.com) or phone 414-425-2202. Please pass the word to other "cheeseheads," and invite them to come. The facility has limited space, so please reserve your spot by March 18.

## Wildlife Caution Notice

Owners are asked to use caution and be aware of local wildlife such as coyotes, bobcats, and alligators. Coyotes sightings have increased as it is their mating season, and they are more aggressive and vocal right now. Recently a Burnt Store Lakes resident witnessed a coyote chase a rabbit into their rain gutter downspout and then pull the downspout into the yard trying to get the rabbit out. Please watch your pets carefully and keep them on a leash when outside, particularly at dusk, nighttime, and dawn.

Smaller pets are especially at risk. Letting them out in a fenced area may not deter a coyote. Make sure pet food, fruit, or other items are stored inside or in tightly shut garbage cans. Ensure your home is not luring small rodents or animals that coyotes like to prey on. **One of the best attributes of living in Burnt Store Marina & The Lakes is the abundant wildlife. However, residents need to be aware of our wildlife and be cautious to ensure their own safety and the safety of their pets.**

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24100 TREASURE ISLAND | \$2,250,000



4521 ALMAR DR | \$1,500,000



3333 SUNSET KEY CIR #507 | \$950,000



951 LINKSIDE WAY | \$875,000



3321 SUNSET KEY CIR #309 | \$750,000



3329 SUNSET KEY CIR #307 | \$695,000



14624 SYCAMORE CT #2522 | \$659,000



3451 SUNSET KEY CIR #102 | \$615,000



17268 VAGABOND CIR | \$595,000



3440 SUNSET KEY CIR #102 | \$575,000



3228 SUNSET KEY CIR #103 | \$559,000



3321 SUNSET KEY CIR #708 | \$550,000



2071 KING TARPON DR | \$515,000



331 BARCELONA ST | \$489,000



2031 KING TARPON DR | \$460,000



3224 SUNSET KEY CIR #101 | \$450,000



14156 POPPY FIELD LP #4412 | \$447,500



3282 SUNSET KEY CIR #101 | \$429,000



16048 BEACHBERRY DR | \$404,500



1001 ISLAMORADA BLVD #12B | \$255,000



25271 ROLAND LN | \$99,000

# From The Desk Of Sheriff Carmine Marceno

## Securing Property On Your Boat

Being the boating capital of the United States, Florida boasts the largest number of registered vessels in the nation. With well over one million boats registered in our state, those opting to steal from marine vessels have many to choose from.



Whether your boat is docked or on a trailer, it is imperative that cabins are locked and keys are removed from the ignition.

Items such as portable generators, diving equipment, fishing rods, laptops, tools and marine parts are most frequently reported as stolen.

I frequently remind car and truck owners to ensure that their vehicles are locked and that all valuables be removed before retiring for the evening.

The same advice is applicable for boat owners. It is recommended that valuables be removed from the vessel rather than simply being placed "out of sight." Similarly, boats left in poorly-lit areas are more vulnerable to theft and burglary. Items that must remain should be secured

in lockable compartments with secure locks. Often, factory-installed locks may not be adequate and should be upgraded.

It is also a good practice to engrave your name and/or contact number on items of value. Engraved items are far more difficult to resell and, as a result, are less likely to be stolen. Equipment with engraved identification are more likely to be recovered by law enforcement. Engraving devices are extremely inexpensive and easy to use.

Security cameras, including Ring and similar surveillance devices, have been installed and are effective anti-theft tools.

Lastly, please report all marine thefts to local law enforcement.

## Consumer Alert

### Veterans: Guard Against Identity Theft

Identity theft can happen in a lot of ways: a stolen wallet, a missing phone, or a hacked online account. Then there are impersonators – scammers who pretend to be almost anyone. They'll tell you almost any story to get you to trust them, so they can steal your money or information. If you're a veteran, there's another risk: sharing information with someone who claims they'll help with paperwork and filing benefits claims. But instead of helping you for free as they're supposed to, dishonest advisers charge you – and may take and misuse your information, too.

What are some ways to protect yourself from identity theft targeting veterans?

- **Don't pay to file – or get help with – VA benefits claims. It's free to apply for any type of veterans' benefits.** Scammers may offer to help you for a fee or a percentage of the benefits you get. Don't do it. Get free help from an accredited representative.

- **Don't work with anyone who pressures you.** Take your time to review paperwork and consider all your options, including doing nothing. Don't sign blank paperwork to be filled in later. Also, be sure your VA benefits are deposited directly into your account – and not the account of an adviser, assisted living facility, or nursing home.

- **Safeguard your personal information.** Never share your VA login credentials or password. Check out VA's advice on setting up multifactor authentication on your VA accounts.

- **Get help if your VA benefits or services are affected.** Call the toll-free VA Veteran Identity Theft Helpline: (855) 578-5492.

- **Check your credit report regularly.** You're able to get a free copy of your report every week from each of the three credit bureaus at AnnualCreditReport.com.

Finally, if you encounter identity theft, report it at IdentityTheft.gov. When you report, you're telling law enforcement what happened and you also get step-by-step instructions on how to recover from any type of identity theft.

Suspect identity theft?

Report it and get a recovery plan at [IdentityTheft.gov](http://IdentityTheft.gov)

[ftc.gov/IDTheftWeek](http://ftc.gov/IDTheftWeek)

## Attention Residents:

Please notify your guests that may be coming in to provide the following information to the gate:

The name of the resident you are coming to see OR The address of the resident you are coming to see.



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April 12 - May 25

America's darkest family comes to life in this comical feast that embraces the wackiness in every family and features an original story about love, family, honesty and growing up. Wednesday Addams, the ultimate princess of darkness, has grown up and fallen in love with a sweet, smart young man from a respectable family. Everything will change on the fateful night they host a dinner for Wednesday's "normal" boyfriend and his parents.

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Listing Agent: Julie Solem



**3020 Matecumbe Key Rd. #404**  
**\$379,900**

4th Floor Waterfront Electric Hurricane  
Shutters Western Exposure  
Listing Agent: Ron Graves



**3160 Matecumbe Key Rd. #234**  
**\$299,000**

Excellent Rental Income  
Waterfront - Top Floor  
Listing Agent: Ron Graves



**17761 Courtside Landings Circle**  
**\$615,000**

Listing Agent: Cynthia Artale  
Selling Agent: Julie Solem



**Burnt Store Road**  
**19.52 Acres**  
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Located just south of Burnt Store Marina. Exposure  
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Owner/Agent: Ron Graves  
Selling Agent: Ron Graves



**1251 Romano Key Circle**  
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