

From the Section 22 BOD

By Jerry Newmin, Board Member

Emergency Preparedness

We have come a long way following the devastation caused by Hurricanes Ian and Idalia. Most of us have recovered, or almost recovered, and are looking forward to a new season better prepared for what nature throws our way.

Last February, I contacted the Cape Coral Fire Department, and inquired about emergency response planning. The response was immediate. They offered to help us develop a Certified Emergency Response Team (CERT) at no cost. This training required each person to undergo about eight hours of hands-on training at the fire department, plus approximately eight hours of online learning. On February 19, an eblast was sent asking for full time residents interested in volunteering for this program. More than 20 residents attended a meeting at the Tiki Hut on March 16 when the Fire Department outlined program requirements.

Over the next few months, 22 residents completed the fire department CERT certification program. Fortunately, these volunteers are spread throughout the marina. This allowed us to develop zones of responsibility for CERT team members. A description of the Burnt Store Marina CERT program is posted on the Section 22 website, and has been published in the Beacon and email blasts. The primary mission of the CERT team is to support and augment the local, state and federal emergency response agencies. Our goal is to collect information, communicate issues, and to provide necessary services until profession fire and rescue personnel arrive on the scene.

To augment our preparedness (the CERT program), residents Shelia and Jimmy Wise conducted certified CPR/AED defibrillator training for 37 residents, in accordance with the American Heart Association rules and regulations. Shelia's and Jimmy's credentials include:

Emergency Medical Technician Paramedic), Kentucky State Certified Paramedic, Instructor in BLS (basic life support), ACLS (Advanced cardiac life support), PALS (pediatric advanced life support), TCCC (tactical combat critical care), Incident Command and Bio weapon emergencies and Disaster response. A graduate of University of Kentucky with BSA, Ms. Wise worked 30 + years both ground and Air Emergency Services.

Jimmie Wise, NREMTP (National Registered Emergency Medical Technician Paramedic), Kentucky State Certified

Paramedic, Instructor in BLS (basic life support). ACLS (Advanced cardiac life support), PALS (pediatric advanced life support), TCCC (tactical combat critical care), Incident Command and Bio Weapons emergencies and Disaster response. A graduate of Eastern Kentucky University in EMC (Emergency Medical Care), Mr. Wise worked 30 + years both ground and Air Emergency Services and was a Kentucky coroner for 25 years.

Our teams do not eliminate or replace your responsibilities for emergency preparedness. We urge all residents to prepare an emergency response plan. Several local newspapers and agencies prepare and distribute hurricane preparation guides. If you do not have these documents on hand the 2023 Cape Coral Hurricane Prep Guide is on-line at https://online.pubhtml5.com/sqafb/







Any residents with special needs should register with local emergency response agencies such as LCEC, Lee County at: https://www.leegov.com/ publicsafety/emergencymanagement/shelters/ specialneedsprogram.

The Burnt Store Marina Country Club will be the primary staging area during an emergency. Generators have been beefed up for emergencies, and should function should power fail. CERT members have radio telephones to facilitate communication between team members during an emergency. A list of defibrillators is posted on the website.

On behalf of the entire community, we thank all the volunteers for their dedication and service.

Shelia Wise, NREMTP, (National Registered mqrj/index.html#p=1. **Architectural Review Committee**

By Barry Groesch, Chair

Are you thinking about updating your home? Any changes to the exterior of residences in Burnt Store Marina (BSM) are required to have Architectural Review Committee (ARC) approval. This applies to all homes, including homes in a condo association. If this approval is not granted through ARC, you may be asked to modify or remove the changes made. All requests are made by completing an ARC form and adhering to Section 22 Homeowners Association (HOA) Restrictions. Remember to write legibly, and complete the entire form, including having your condo representative sign off (if required). Delays will occur if it cannot be deciphered, or the form is not completed in its entirety. Thanks.

The following applications were approved last month by the Section 22 ARC:

- Brad Baker, 4038 Big Pass Lane, roof replacement.
- Jay Cramer, 3357 Sunset Key Circle, window & exterior door replacements.
- Martin Pickup & Jennifer Tait, 4080 Cobia Estates Drive, roof replacement.
- Jim & Lori Meier, 4081 King Tarpon Drive, roof replacement.
- Jon & Roseann Oemig, 4065 Cape Cole Boulevard, roof replacement.

- Stephen H. Honickman, 24511 Dolphin Cove Drive, roof replacement.
- Helen R. Kendall, 24081 Redfish Cove Drive, pool cage replacement.
- Jim & Carol Hinch, 5051 Key Largo Circle, exterior paint.
- Kenneth E. & Janet M. Hoffman, 1212 Islamorada Boulevard, roof replacement.
- Anthony & Michelle Gray, 23971 Vincent Avenue, front door replacement.
- Tim & Lynne Parsons, 1621 Islamorada Boulevard, exterior paint.
- Diane Segger, 1001 Romano Key Circle, exterior paint.
- Tom & Michele Colucci. 1500 Islamorada Boulevard. exterior paint.
- · Ravmond & Pamela Guzzi, 209 Islamorada
- Boulevard, roof replacement. • S Fredric & Ann Horwitz, 4051 Cobia Estates Drive, roof & gutter replacement.
- S Fredric & Ann Horwitz, 4051 Cobia Estates Drive, pool cage replacement.
- David & Kimberly Griffith, 4061 King Tarpon Drive, roof replacement.

- Howard Noonan, 4030 Key Largo Lane, hurricane replacement shutter.
- Eva & Ted Bailey, 4031 Big Pass Lane, window replacement.
- · Angela Simeri, 1207 Islamorada Boulevard, roof replacement.
- Dennis Douglas, 3205 Sunset Key Circle, roof replacement.

Section 22 restrictions and applications are available for download at BSM22.org. Submit your ARC applications to your condo association, if applicable, then to Alliant Property Management, 13831 Vector Ave, Fort Myers, FL 33919, Email: apmsupport@alliantproperty.com.

Reminder:

Section 22 HOA Board Meeting – Tuesday, February 27, 9 a.m., **Linkside Patio** Section 22 HOA Board Workshops – Every Tuesday, 9 a.m., Linkside Patio

Directory: Section 22 Homeowners Association

c/o Alliant Association Management, LLC • 13831 Vector Ave., Ft. Myers, FL 33907 • 239-454-1101, info@alliantproperty.com

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BSM Entry Management Jerry Newmin, Board Liaison Mark Murphy, Board Liaison

Communications: Maggie Hart, Chair downhart@me.com Jon Ackerson, Board Liaison

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Happy Valentine's Day

The Resorts

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Sailfish Pass Patty Pluss.....916-9349 Soundings John & Eulalia Ralph ... 585-781-0781 South Shore Vince Anderson.......... 612-716-6738 Spinnaker Club Delores Bell 603-566-3198 Sunset Key I and II Gayle Shaffer639-2138 Linda Beaty......941-661-6543 **Tarpon Pass** Volunteer needed Dee Butrum......575-6477 **Topaz Cove** Vista Del Sol Judy Jolicoeur 651-503-0556 **Yellowfin Bay** Missy Coykendall 941-505-0917 **Yellowfin Cove** 616-558-3628 **Independent Homeowners Cape Cole** Teresa Tembreull...... 612-865-8299

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The Beacon deadline for copy to be submitted is the 1" of each month. Refer to the Directory on this page for a list of editors. Submission does not guarantee inclusion. Submission of copy undergoes review and editing by the editorial team.

Useful Information 941-639-0334 securityBSM@gmail.com Websites -

Websites www.bsm22.org
Section 22 HOA
BSM Fitness, Racquet & Pool Club
www.bsgac.org
Burnt Store Golf & Activity Club
www.burntstoremarina.com
Burnt Store Marina
info@alliantproperty.com
Alliant Association Management
(Section 22 HOA)
www.burntstoreanglers.com
Burnt Store Anglers
www.ppycbsm.org
Platinum Point Yacht Club
Club Administrator - Dorothy Saviste
Email - office@ppycbsm.org

An ARC did you know, moment...

By Barry Groesch,

Architectural Review Committee Chair Did you know...If you want to install a paver border around your landscaping, an ARC application is required. For all projects, go to the **BSM22.org** website to get your application.

Attention Residents:

We have notified you in the past that when you have a medical emergency, you need to call 911 and identify that you live in Lee County.

It is important that the RESIDENT call in the emergency since the front gate cannot answer the questions asked by the 911 dispatcher. In order for the medic not to be delayed in getting to the scene of the emergency the resident must be the one to call 911.

Thank you.

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Want ALL the information about Burnt Store Marina?



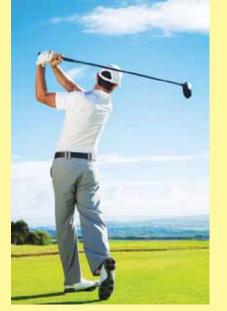
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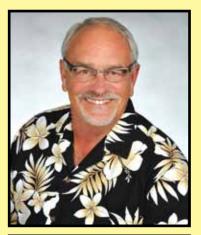


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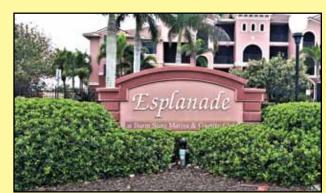
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3392 Sunset Key \$565,000



3011 Matecumbe \$425,000



2090 Matecumbe \$359,000



2040 King Tarpon \$365,000



1321 Marathon \$889,000



1302 Islamorada





552 Islamorada \$343,000



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Mark Your Calendar - Out And About

Inside the Gates Dates

- Thursday, February 1: Deadline for the March Beacon. Article and picture submissions are welcomed. Become part of the Beacon family.
- Thursday, February 15: Safe Harbor Annual Boaters' Meeting, at the Tiki Hut, 10 a.m.
- Tuesday, February 27: Section 22 HOA Board Meeting, Linkside patio, 9 a.m.
- Every Tuesday: Section 22 HOA Board Workshop, Linkside patio, 9 a.m.
- Every Tuesday: Bar code installation, front gate, 1 to 3 p.m.
- Every Thursday: Bar code installation, front gate, 9 to 11 a.m.
- Every Friday: Farmers Market, PPYC parking lot, 9 a.m. to 1 p.m.

Outside the Gates Dates

- Friday, February 2: Fort Myers River District Art Walk, 1 to 5 p.m. Visit many galleries, exhibitions and performances.
- Saturday, February 10: 2nd Saturday Dance Party. Learn new moves or dance your favorite moves. 2 p.m. lessons, 2:45-5 p.m. dance party. Punta Gorda Women's Club, 118 Sullivan St., Punta Gorda. \$15 single for USD members, \$25 for couples. Non-members \$17 single and \$30 couple. Call Laura for information at 330-501-2366.
- Friday, February 16: Fort Myers River District Music Walk, 5 to 9 p.m. Local and regional musicians line the street with music from jazz to blues to rock and roll.
- Every Tuesday and Thursday: Guided Walking Tours of Punta Gorda Murals. See and learn the history of 12 of the 15 murals in Punta Gorda. 9:30 to 11:30. Tours limited to 12-15 people. \$25 per person. Call Punta Gorda Chamber of Commerce for reservations, 941-639-3720.
- Every Tuesday and Friday: Dance Fusion Class, 8:30 to 9:30 a.m. Punta Gorda Isles Civic Association, 2001 Shreve St. Call Cara Peralta for information, 941-276-1887. \$10 per class.
- Every Wednesday: Long Lunch Sightseeing & Culinary Tours, 11 a.m. to 2 p.m. Over the course of 3 hours you will taste local specialties, and explore historic downtown Punta Gorda. \$30 per person. Go to https://swfloridawalkingtours.com/tours-2/long-lunch-tour.
- Every Thursday: Fort Myers River District Farmers Market, 9 a.m. to 1 p.m.
- Every Saturday: Haunts of History Tour. Take a leisurely walking tour of Punta Gorda to see the most haunted sites. Adults \$29, youth under 15, \$19. Go to https:// swfloridawalkingtours.com/tours-2/haunts-of-history-tour.
- Every Saturday: Punta Gorda Farmers Market, from 8 a.m. to 1 p.m., downtown. Lots of vendors with fresh fruits and vegetables, live music, crafts and other great buys. Visit nearby murals and enjoy some of the great downtown restaurants.
- Every Saturday: Cape Coral Farmers Market, from 8 a.m. to 1 p.m., Clubhouse Square, SE 47th Ter. and SE 10th Pl., Cape Coral.
- Every Sunday: Punta Gorda Historical Society's Farmers Market, from 9 a.m. to 1 p.m., at History Park, 501 Shreve Street. Shop for veggies, meats, plants and gifts. Most Sundays you will be treated to live music by Dave Heveron. When the market closes at 1 p.m., take a guided tour of the gardens at the park. Walk the grounds with Florida native gardener, Starr Zachritz, and learn about Florida's flora. A \$5 suggested donation gets you a plant to take home. Call 941-380-6814.

Bocce - That's The Way We Roll!

By Carole Romaine, Independent Home Owner

Our goal is to introduce the joy and competition of bocce to more people.

January was the beginning of our seasonal play. Old and new friends

were excited to gather to enjoy the game of bocce. The day was bright, as were our spirits, for a competitive season.

Rules of the Road

Motor Vehicles: Always drive your vehicle on the right side of the road. There are no "turn lanes" within Burnt Store Marina. Never drive your vehicle in lanes indicated for the use of bicycles and pedestrians. Always stop at stop signs. Never exceed the posted speed limit.

Bicycles: Always ride your bicycle on the right side of the road, even if there is no "bike lane" available. Use hand signals to indicate intention to turn. Always stop at stop signs. Never exceed the posted speed limit.

Golf Carts: Always drive your golf cart on the right side of the road. Use hand signals to indicate intention to turn. Always stop at stop signs. Use lanes indicated for the use of bicycles and pedestrians only when neither is present.

Pedestrians: Always use lanes provided for bicycles and pedestrians. If there is no lane available, use the left side of the street, facing wheeled traffic. Use caution when crossing streets. Wear reflective clothing and carry a flashlight when walking or running after sunset.

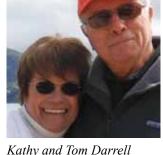
Renting Your Home?

Be sure to get your paperwork to the front gate so your renters will be processed quickly and efficiently.





We want to thank Kathy and Tom Darrell for their years of determination to get the sport of bocce up and running at Burnt Store Marina. Kathy's interest in bocce began at a young age growing up in Brooklyn. She remembers the excitement of Sunday gatherings. After dinner Kathy and Tom Darrell family and friends would



gather for rollicking games of bocce. Mostly the men played, and the women and children cheered them on. Thankfully, those times have changed, and now women and children are enjoying playing the game.

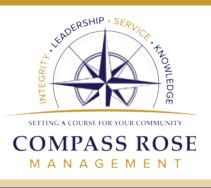
Kathy first volunteered to help organize the bocce group in 2018. Kathy and Tom continued to expand the game at BSMCC. When she passed the baton to Connie and Dave

Huelsbeck, she continued writing the bocce article for the Beacon. Kathy and Tom dedicated many hours planning fund raisers and end of season banquets. Her interest and efforts have increased the membership greatly. Kathy now moves on to a new volunteer position with her church. We wish her and Tom well with this new endeavor. And welcome them back anytime!

The bocce court is adjacent to the northeast side of the parking lot at Burnt Store Marina Country Club. Play is from 3 to 5 p.m., followed by dinner at Linkside Café or other local restaurants. Dinner is optional, and you do not have to be a member of Burnt Store Marina Country Club to play bocce.

You will find an enthusiastic group of bocce players every Tuesday. Grab your lawn chair and join the fun. There is a nominal fee collected each week for maintenance of equipment and end of season prizes.

For more information, and to be added to the email contact list, please contact Connie and Dave Huelsbeck at huelsbed@bellsouth.net.



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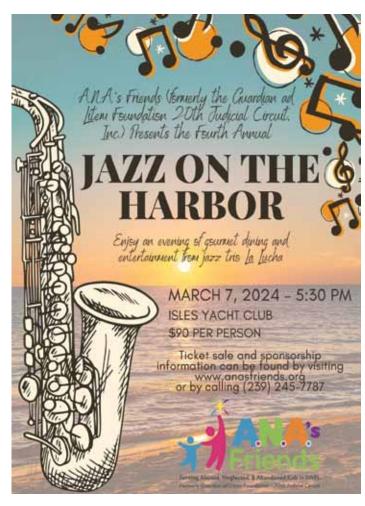
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Jazz On the Harbor Event March 7 to Support A.N.A.'s Friends, formerly Guardian ad Litem (GAL) Foundation

By Barbara Bernan, Courtyard Landings 3

Southwest Florida currently has over 1,300 children in the dependency court system, with close to 100 children in Charlotte County alone. These children, through no fault of their own, have been placed under court supervision, and removed from their homes because of Abuse, Neglect or Abandonment (A.N.A.). Each case typically takes from one to three years to be resolved. These vulnerable children, many of whom live in temporary homes until a safe, permanent solution is achieved, experience many changes, often very rapidly. Their futures are very uncertain and their young fragile lives are extremely stressful because they do not know what will happen next. During this very uncertain time, dedicated, trained GAL volunteers become the "voice" for these children in the courts, and their temporary living placements, schools, the case management system, and with other community agencies. In many cases, the GAL volunteer is the one constant in the child's life. The volunteers assess the needs of the child, and can submit requests on the child's behalf to A.N.A.'s Friends. Meeting these needs helps to stabilize the children, by providing a sense of normalcy with items such as beds, tutoring, clothing, strollers, happier birthdays, sports participation, field trips and many other things not funded by any other source.

A.N.A.'s Friends raises the funds necessary to meet these needs and to recruit and train GAL volunteer advocates. On March 7, the Fourth Annual Charlotte County signature fundraiser, Jazz on the Harbor will be held at the Isles Yacht Club in Punta Gorda. The \$90 ticket includes an elegant dinner, music by Best of the Bay award winners, The La Lucha trio, and, of course, a glorious sunset. The public is most welcome, and your attendance or sponsorship for the upcoming Jazz on the *Harbor* event will help meet the needs of our Charlotte County kiddos. The sold-out event last year raised \$35,780, and we expect this year will also sell out. In other words, get your friends together, and get your tickets so you won't be disappointed. For further information on becoming a volunteer, to sponsor or attend the Jazz on The Harbor evening, please call Barbara Berman at 443-632-4885 or call the A.N.A.'s Friends office at 239-245-7787, or online at ANAsFriends.org.



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Looking For The Perfect Valentine's Day Gift? What About A Florida Home!



3221 Sunset Key Cir \$1,490,000 Turnkey! Impeccable Remodel! 4 bed+Den/4 bath/2 CG 2 Master Suites, Pool and Spa On Marina's South Basin

PANORAMIC VIEW!



24013 Redfish Cove Dr \$779,000 3 bed/2 bath/2 Car Gar Gorgeous Updates! New Roof **New Pool Cage. New Interior!**

RARE PENTHOUSE!



3333 Sunset Key #701 \$1,245,000 Turnkey! Sunsets and Harbor Views! 3 bed + Den/3 bath/Pkng Light and Bright End Unit Seller Financing Available!

NEW AND SOLD!



17888 Courtside Landings \$562,000 3 bed/2 bath/2 Car Gar **Completely Updated Interior New Roof and Pool Cage**

GREAT VALUE - WHY BUILD?



3020 Big Pass Lane \$1,150,000 **Gorgeous Remodel!** 3 Bed/2 bath/3 car gar New Roof, Windows, Doors, Pavers, Kitchen, Baths, etc!

NEW LISTING!



4079 Cape Cole Blvd \$579,000 3 beds/2 baths and Pool **Expanded Floorplan New Roof! Lots of Updates!**

BIG WATER VIEWS!



3329 Sunset Key #401 \$944,000 Furnished **Gorgeous Updates! Spacious End Unit** 3 Bed+Den/3 Bath, Parking **Seller Financing Available!**

MARINA AND HARBOR VIEWS!



3270 Southshore Dr. #72C \$515,000 Turnkey **Wow! AMAZING views** 3 bed/2 bath/Private Gar **Great Rental!**



3361 Diamond Key Ct \$689,000 **Last Gulf Access Lot Includes** 2 Boat Lifts and Concrete Dock! Only 9 Homes on Gated Street Minutes to Charlotte Harbor

CONDO LIVES LIKE A HOME!



3228 Sunset Key Cir, #101 \$479,000 Turnkey 2 bed/2 bath/2 Car Gar **Private Entry! Updated Steps to Community Pool**

HOME + EXTRA LOT!



24501 Cabana Rd \$460,000 Furnished 3 bed/2 bath + Den New Roof, New Pool, **Hurricane Shutters!**

NEW LISTING!



300 Islamorada Blvd \$338,000 Turnkey! 2 Bed/2 bath + Private Gar **Updates in Open Layout** Side Yard for Privacy

SOLD!



1590 Islamorada Blvd #83B \$326,000 Turnkey 2 bed/2 bath/Carport Gorgeous Kitchen **New Hurricane-Rated Windows!**

NEW PRICE!



3 Pirates Lane 31A \$319,000 2 bed/2 bath/Carport Many Updates! **New Hurricane-Rated Windows**

SOLD!



1600 Islamorada Blvd #72B \$301,000 Turnkey 2 bed/2 bath/Carport Many Updates! **New Hurricane-Rated Windows**

Know Your Florida Elected Officials and How to Contact Them

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Rick Scott 716 Senate Office Bldg.

Washington DC 20510 202-224-5274 / 239-231-7890

Marco Rubio

317 Hart Senate Office Bldg. Washington DC 20510 239-318-6464

US House of Representatives

Byron Donalds

1719 Longworth HOB Washington DC 20515 202-225-2536 / 239-599-6033

Greg Steube

2457 Rayburn HOB Washington DC 20515 202-225-5792 / 941-499-3214

Florida Governor

Ron DeSantis

400 S. Monroe Street, Tallahassee FL 32399

850-717-9337

Florida State Senate

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Gardener's Wheelbarrow

By Maggie Hart,

Mariners Pass February continues the dry season with little to no rain anticipated. Daytime temperatures are historically in the 70s, and maybe the 80s, with evening lows unpredictable and possibly bringing frost. The first few months of the year tend to be a seesaw of temperatures, with last

year's high at 85, and a low of 45. This causes plants to

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Peter Lovering Vincent Ave., Punta Gorda, FL Licensed & Insured PT09-0862 / FC09-0860 be stressed and vulnerable to frost and sunburn, pests and diseases...and also drought. They need all the help we can offer, and so here's February's checklist:

- **Pruning** Cold sensitive plants should not be pruned. Pruning encourages new growth that is tender and susceptible to cold damage. Dead and diseased wood can be removed at any time.
- Remove spent blossoms (dead-head) to promote continued bloom.
- Ornamental grasses (Fakahatchee, cord, muhly, purple and white fountain) need a severe haircut to within 6 - 12 inches off the ground. This is also a good time to spray for any red spider mites.
- African iris should also be cut to several inches above ground level.
- Fertilize tropical and flowering ornamentals (allamandas, gardenia, ixora and hibiscus) with a slowrelease fertilizer. Remember that fertilizer contains salts. Excess salt burns root hairs. Time your fertilizing, if possible, with the rains. Watering before and after fertilizing makes for very happy plant roots.
- Look for damaged leaves brought by your local cutworms. They are nocturnal eaters. Spray with Organocide or a similar product. Pick 'n smash is the most expedient method.
- Fungus on Ornamentals If you see round dark "bullseye" areas on leaves, black stems, and brown patches in turf – treat it! Fungus is common to our area. Prevent it by providing good air circulation around shrubs.

- Brown Spot Fungus Avoid watering excessively and use nitrogen judicially at this time of the year. Fungicides are mostly preventive measures. Irregular dead-looking areas in the turf signal brown spot fungus. Do not walk through it! Doing so transfers the spores to other areas.
- Irrigation Maintenance It is important for you or your irrigation technician to verify each sprinkler head's coverage on a regular basis. Over time you need adjustments in the system to accommodate plant growth.
- Cold Temps? Tropicals adversely react to cold temperature below 50 degrees. You can imagine what temperatures in the 30s will do to them! Hopefully we will get by without any frost in February, but it can occur until late in the month as it did in 2015.

It's Caladium time! Lake Placid, Florida caladium growers are now shipping their bulbs. Since the town is considered the Caladium Capital of the World, you can believe they grow beautifully here. Though some do OK in the ground, they prefer rich moist soil, a bit of shade and fresh water. They do beautifully in a container and are often sold that way in hanging baskets. Caladiums are grown for their amazing leaf color and patterns. They also come in categories by height (12-30" in a single season) and light requirements (full shade to some sun). Fertilize (liquid is easy) every couple of weeks, remove the dead or damaged leaves, and enjoy this wonderful plant. Contact www. caladiumworld.com, www.happinessfarmscaladiums. com or any of the other Lake Placid growers to order your bulbs. You won't be disappointed.

Need extra cash to pay off holiday bills?

Due to recent expansion, we seek a part-time driver for our Cape Coral and Estero routes. The position offers flexibility as a nice side gig for some extra cash, while serving in a role that is crucial to SWFBT's continued growth and success.

The driver works 2-3 business days per month. Deliveries are made from 8:30 a.m. to 5 p.m. Knowledge of Excel, access to a computer and computer printer preferred.

> For more information, call Karen at (239)770-7527 or email publisher@swfloridabusinesstoday.com

Burnt Store Marina CC News

By John Abbott,

General Manager, BSMCC

February is always a busy month here at BSMCC, and this year is no exception. On the golf course we have multiple tournaments beginning Saturday, February 10, with our



Valentines Day two-person scramble. The Presidents Cup, is a three-week long match play format tournament that begins on Wednesday, February 14, and covers the next two Wednesdays. This tournament is for golf members only and fills up quickly, so make sure you get signed up early. The Burnt Store Classic on Saturday, February 24, is an individual low gross, low net tournament that is open to everyone. This will be our second tournament of this type, which we are bringing back due to the large turn out and great feedback that we got last year.

Golf is far from the only thing that is going on here at the club. The restaurant calendar is packed with great meals and events every day in February. Monday trivia night and Thursday night live music and food trucks continue this month. Tuesday night dinners and Saturday night pub nights with live music also continue, except for Saturday the 3rd when we will be hosting "Name That Tune." This is a really fun time, and comes with a great meal, so make sure you keep that date clear on the calendar.

The Fat Tuesday dinner special on Tuesday, February 13, will be followed by our always popular Valentines Day dinner on the 14th. We never want a month to go by without Chef Seth's awesome prime rib buffet. It is so popular that we are doing it two nights in a row. Tuesday, February 20, and

Wednesday the 21st are the chosen dates. Reservations will be available in the restaurant two weeks prior for members, and three days for non-members.

Keep your eye on the weekly blast for any changes that might arise. With all these great dinners and events to choose from, I'm sure it is safe to say that we will see you at the club!!

BSMCC FEBRUARY 2024 Schedule of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Lunch 11 a.m - 3 p.m.* Food Trucks and Music	2 Lunch 11 a.m - 3 p.m.* Dinner	3 Lunch 11 a.m - 3 p.m.* Name That Tune**/****
				Mark and Kelly 5 - 8 p.m.	5 - 8 p.m.**/*	5 - 8 p.m.
4	5	6	7	8	9	10
Brunch Menu	Lunch	Lunch 11 a.m 3 p.m.*	Ladies League Luncheon	Lunch 11 a.m - 3 p.m.*	Lunch	Valentine Scramble
9 a.m 12 p.m. NFL Football	11 a.m 3 p.m.* No Trivia	Dinner	11 a.m. Republican Dinner	Food Trucks and Music	11 a.m - 3 p.m.* Dinner	9 a.m. Lunch
1 p.m.	NO IIIVia	5 - 8 p.m.**/*	5 - 8 p.m.****	Cheese Bros. in Paradise	5 - 8 p.m.**/*	11 a.m - 3 p.m.*
,		9 Hole Scramble		5 - 8 p.m.		Dinner - Two for \$40
		3 p.m.***		·		5 - 8 p.m.**/*
						Music - Rick Austin
11	12	13	14	15	16	17
Brunch Menu	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
9 a.m 12 p.m.	11 a.m 3 p.m.* Trivia	11 a.m 3 p.m.*	11 a.m 3 p.m.*	11 a.m 3 p.m.* Food Trucks and Music	11 a.m 3 p.m.* Dinner	11 a.m - 3 p.m.*
NFL Super Bowl 5 p.m.	5 - 8 p.m.***	Fat Tuesday Dinner 5 - 8 p.m.**/*	President's Cup 8:30 a.m.	Island Dr.	5 - 8 p.m.**/*	Dinner - Two for \$40 5 - 8 p.m.**/*
Buffet****	Members Only!	9 Hole Scramble	Valentines Dinner	5 - 8 p.m.	3-0 p.m. 7	Music - Linda and Kelle
Buildt	membere emy.	3 p.m.***	5 - 8 p.m.**/*	о ор		madio Emad and None
18	19	20	21	22	23	24
Brunch Menu	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
9 a.m 12 p.m.	11 a.m 3 p.m.*	11 a.m 3 p.m.*	11 a.m 3 p.m.*	11 a.m 3 p.m.*	11 a.m 3 p.m.*	11 a.m 3 p.m.*
Lunch	Trivia	Prime Rib Dinner	Prime Rib Dinner	Food Trucks and Music	Reverse Raffle Dinner	Burnt Store Classic
1 - 3 p.m.*	5 - 8 p.m.***	5 - 8 p.m.**/*	5 - 8 p.m.**/*	Stolen Fruit Trio	Ticket Holders Only	9 a.m.***
	Members Only!	9 Hole Scramble		5 - 8 p.m.	Restaurant Closed	Dinner - 2 for \$40 **/*
		3 p.m.***			4 - 8 p.m.	Music - Capt. Rick
25	26	27	28	29		
Brunch Menu 9 a.m 12 p.m.	Lunch 11 a.m 3 p.m.*	Lunch 11 a.m 3 p.m.*	Lunch 11 a.m 3 p.m.*	Lunch 11 a.m 3 p.m.*		
9 a.m 12 p.m. Lunch	11 a.m 3 p.m." Trivia	Dinner	Democrats Dinner*****	Food Trucks and Music		
1 - 3 p.m.*	5 - 8 p.m.***	5 - 8 p.m.**/*	5 - 8 p.m.	Tropical Wave		
. ор.ш.	Members Only!	9 Hole Scramble	6 6 p.m.	op.out wave		
		3 p.m.***				

- Sign up at Admin Office.
- servations for Republican and Democrat Dinners must be made through respective clubs

Tight Lines...Flounder Have Arrived

By Jay Lev, Burnt Store Anglers

Numerous reports have been coming in that the famous flatfish known as a flounder, have been caught along the sandbars of Charlotte Harbor. These great eating flatfish arrive in our area when the water begins to cool and baitfish school up.



There are several varieties of flatfish that are caught all along the waters from Canada to the Keys. They are called by many different names. In northern waters, the largest variety is known as halibut. These fish average around thirty pounds and are frequently caught in weights of up to two hundred pounds. Farther south in the waters, from Cape Cod, Massachusetts to Sandy Hook, New Jersey, the halibut are less frequent and are replaced by the flatfish known as fluke. The waters around Long Island and New Jersey, with their sandy bottoms, are home to the fluke. These fish are highly prized and were overfished throughout the 70s to the 90s. The average size went down from 18 inches to around 12 inches, forcing Fish and Game Authorities, in many states, to place an ever-decreasing size requirement and number, per angler. As a result, the fluke has become scarce as a prize fish.

In that population, and marine geographic area, there is a flatfish called the northern flounder that is different in appearance. Their mouth is shaped like a round coin, instead of the common V-jaw found in other species of the flatfish family. These fish are frequently found in large groups. Anglers, if locating a good feeding ground, can hook and catch 30 to 50 of these versions of the flatfish on one fishing trip.

Here in warmer waters, the flatfish is commonly called a flounder, but it looks and feeds exactly like a northern fluke. Catching two or three of these fish along the sandbars, on the same fishing trip, is considered a nice catch. All species of the flounder are ambush feeding fish. They lie on the bottom, slightly hidden under the sand, and grab an unsuspecting crab or bait fish as it swims along the bottom. As a result, many anglers fish for southern flounder dragging soft artificial baits, usually silver or pale blue in color, along the bottom, hoping for a flounder to reach out and grab the bait. These same flounder will eat shrimp and small white bait, or the preferred silver-sided bait fish known as shiners. There are regulations on these fish regarding size and quantity, so do review your fishing regulations. These regulations change frequently.

One thing that remains common to this species of fish is their color and markings. The fluke and flounder both are colored brown with large spots on their top side. The bottom side of the fish, which lies on the sand, is white. When looking down into the water, the coloration of this species of fish is extremely hard to see. The outline of their flat body in the water looks like a tennis racket, especially one of the newer models. These are great eating and fighting fish, so have fun trying to catch one.

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Recipe Box

Special Cake For Valentine's Day

By Jennifer LeClair, Pelican Way

I'd forgotten about this delicious, easy cake recipe from the 1980s that is always a hit on Valentine's Day. It's quick, easy, and so pretty for this special occasion. And it's been said, as most of you know, the quickest way to a man's heart is through his stomach.

Strawberry Poke Cake

Ingredients

1 (15.25-ounce) box white cake mix plus any ingredients listed on box 1 (3-ounce) box strawberry Jell-O (or raspberry or cherry) 1 cup boiling water 1 cup cold water 1 (8-ounce) tub whipped topping (or 2 cups whipped cream)



Instructions

- Prepare cake as directed on the box and bake in a 9-x-13-inch baking dish. Let cool for 15 minutes.
- Poke cake with a fork at ½-1-inch intervals. I use the handle of wooden spoon to make holes
- Use hot and cold water to make Jell-O as directed on the package.
- Spoon Jell-O liquid over the cake gradually until it is all absorbed.

Chill in the refrigerator for 3–4 hours. Top with whipped topping right before serving.

This cake can be made with lime Jell-O for Christmas or even alternate red Jell-O and lime Jell-O. I've made it in a 9x13 cake pan, but have also made it a 2 layer cake with one flavor of Jell-O in one layer and another flavor in the second layer.

Rules for Driving Golf Carts

There has been some confusion about operating golf carts in Burnt Store Marina. Please be aware that there are rules for golf cart use, and violation will get you a citation from the Lee County Sherriff's Office.



Effective October 1, 2023, golf carts may not be operated on any "streets" by someone who is under the age of eighteen (18), unless the driver has a valid learner's permit or driver's license. The term "street" is defined by Statute to include "...any privately owned way or place used for vehicular travel...." In other words, the BSM community's roadways would be subject to the legislative change and its new requirements.

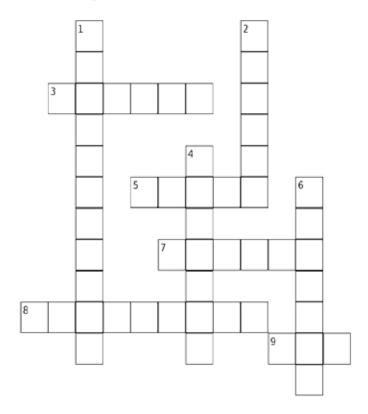
- Drivers of golf carts must observe the same rules as those designated for drivers of motor vehicles. Drivers must keep their carts on the right side of all streets, and obey all traffic signage.
- No one without a driver's license or learner's permit is allowed to drive on streets within Burnt Store Marina.
- No one **not playing golf** is allowed to drive a golf cart on the golf course.



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February Crossword Puzzle



Do	wn:			
1.	A capitonym is a word that has its meaning			
	changed when			
2.	Flounder are feeding fish.			
4.	encourages new growth and			
	can make plant susceptible to cold damage.			
6.	Linkside will host a Fat dinner on			
	February 13.			

Across.

- 3. Our marina/harbor _____ in 1978.
- 5. Jazz On the Harbor event is on

taxes.

- The 16th amendment to the Constitution granted Congress the authority to collect
- CERT stands for Certified _____

 Response Team.
- If your body does not recognize what we eat as food, it wraps it up in a _____ bundle.





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Pets in Paradise 👺 📽

By Debra Bretz, Admirals 'Point

February is the month of love. Valentine's Day is on February 14. National Love Your Pet Day is February 20.

Pet lovers will spend \$1.189 billion (yes, billion) on their beloved animals on Valentine's Day. Gifts for pets are one of the fastest-growing areas of Valentine's spending. Women spend significantly more on pets compared to men. \$575 versus \$367 annually. People in western states spend 1.5 times more on their pets on average than residents in the south. \$1,046 to \$636 annually. Don't tell my dog.

How to observe National Love your

- Spoil them special treat or meal
- Spend extra time with them Make that walk a little longer, brush their fur, take them on a golf cart ride
- New toy Save one from Valentine's Day and give to them on this day

The BSM Dog Park Committee is continually coming up with new events. Stay tuned to their Facebook page for any new events in February and March. https://www. facebook.com/groups/2049904375354320

Here are a few of our four-legged residents. Send me pictures of your furry family member to add in future editions. My email address is debrabretz@gmail.com.





Gigi Lonergan Jolene Conner





Buddy Lapointe



Lulu McCauley



bsccfl.org

Important Meeting Thursday, February 8

By John Fleming, President,

Burnt Store Corridor Coalition

The Burnt Store Corridor Coalition has set a tentative date for our next community forum for February 8, at the Burnt Store Presbyterian Church. We are currently waiting to hear back from the church for final approval and a time.

It is important for us to have a strong turnout. Elected officials from both counties and Punta Gorda will be available, as will a representative from Governor DeSantis' office. Over the past six months, we have had a great deal of progress with our elected officials, and your participation will send a strong message to them.

The meeting will have the following topics:

- Wildlife Study Over the past two months, the coalition has been working with the Charlotte Harbor Environmental Center to measure the extent of damage to the wildlife along the corridor. We have been in discussions with a representative from Governor DeSantis' office and Congressman Steube's office for the purpose of securing funding to create a wildlife corridor.
- Update the 2005 Burnt Store Master Plan The Board of County Commissioners for Charlotte and Lee Counties have agreed to update the original plan, and measure the impact development has had on the area. Specific discussions will be related to flooding concerns, and ways to harden our infrastructure.
- Traffic Safety There will be an update on the timetable for the road widening project and the installation of a traffic light at Vincent Ave. Also, the coalition has made it a priority to address the safety of the road and increase police resources along the road.
- Commercial Development We are working with both counties on finding areas eligible for commercial development, especially around the area by the Charlotte / Lee border.

Guest speakers will be Mayor Lynne Matthews and Police Chief Pam Davis from Punta Gorda; Commissioner Chris Constance, Sheriff Bill Prummel and Director of Public Works John Elias from Charlotte County; Lee County Commissioner Kevin Ruane, and Cheri Denham from Governor DeSantis' Office. We are waiting on a representative from the Lee County Sheriff's Office.



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Sunrise taken by Karen Alberts



Platinum Point Yacht Club

By Loretta Steeves, Director

The first organizational meeting of the Platinum Point Yacht Club (PPYC) was held on October 27, 1984. Therefore, PPYC is celebrating its 40th anniversary this year. The club will spend the year looking back and celebrating our history and looking forward as we continue to thrive. You can see that combined intent symbolized in the backwards and forwards P's of the club burgee. It promises to be a spectacular year!

As always, January came in with a bang. As I look back over the January calendar, there were only two days that didn't have an activity!

Our cruisers began this year's cruises with a trip to nearby Bocca Grande Marina. Fifteen boats made the short trip across Charlotte Harbor. Because the marina is so close, many nonboaters drove over to join in the fun. One evening featured a taco night, organized by the cruise leaders, and one night was a group dinner at Key Lime Bistro Bocca. This spinoff location has the same funky Florida vibe as the Captiva original - the perfect place for our PPYC travelers.

Another cruiser event was a lunch cruise to Cabbage Key. While non-boaters clearly couldn't drive to Cabbage Key, many came along for the ride on other PPYC boats.

January also saw the cruisers joining together – literally – for a sunset/moonrise raft up. At that point in the year, sunset and moonrise are only minutes apart. Once again, this was another event where cruisers happily shared their boats with other PPYC members.



Happy Valentine's Day

The weekend of January 13-14 saw the return of the Golden Conch Regatta. You may remember that last year's event had to be cancelled because of the devastation from Hurricane Ian. This year's event brought sailors from the area together in hearty nautical competition. This two-

day event included a dinner for the local sailors. Once again, all PPYC members were invited to join in the nautical festivities.

Other on-water activities included both a half-day inshore fishing expedition, and a group kayaking trip on Sanibel. Clearly, PPYC takes its commitment to explore the waters of SWF seriously.

Back at the clubhouse, January 10 was a sold out Wine tasting event. The participants sampled five different wines while enjoying a selection of fruit, meats, cheeses, and desserts. The presentation was given by UnWined, recently rated the best new wine bar in Punta Gorda.

The highlight of January at PPYC is always the *Progressive Dinner*. Members begin the evening enjoying wine and hors d'oeuvres at assigned homes. They then move to another location for a beef tenderloin dinner provided by the club. The evening concludes as everyone returned to the club for a festive dessert buffet.

January also included an educational presentation by author Michael Tougias on his new book, Above and Beyond. This book chronicles the 13 harrowing days of the Cuban Missile Crisis and outlines the steps President Kennedy made to reach a decision on a course of action.

Finally, I would be amiss to close without calling attention to this month's traditional community event, the 33rd Annual Valentine's Day Pancake Breakfast. The event will be held February 14, 8 a.m. to noon. Everyone is welcome! Platinum Point Yacht Club is proud to play an integral role in our larger Burnt Store Marina community.

2024 Annual Valentine's Day

Community Pancake Breakfast



Platinum Point Yacht Club

3601 Cape Cole Blvd., Burnt Store Marina

Valentine's Day, Wednesday, February 14, 8:00 a.m. to Noon

\$8.00 Prepaid tickets available from

PPYC Office on Monday, Wednesday or Thursday

\$9.00 Tickets at the door

Everyone welcome!

Quilters Sale and Quilt Raffle Homemade Baked Goods Sale





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"I Just Don't Believe That..."

Dear friend,

When I meet people in town, they usually say, "Oh, yeah, I know you, you're that doctor with the beard on TV." Well, perhaps I should tell you a little more about myself, the picture from television and why I use it in my ads.

Let's start with me, the guy with the beard. Ten years ago I was living here in Florida. At that time my mother was down visiting from New Jersey for the season when she showed up in my clinic with a **frozen shoulder**. She was desperate and in pain having lost practically all use of her dominant arm. She could hardly fix her hair, reach for a coffee cup or even fasten her brassiere. Basic hygiene had become extremely difficult for her. She was afraid, because the two orthopedic surgeons that she had consulted told her, "Your only option is to have your shoulder replaced." I remember saying to my mother, "I just don't believe that."

Now at that time I was a chiropractor who worked primarily on the spine. Frankly... I didn't know how I was going to help her. I just knew there was a nonsurgical solution out there and I was going to find it.

And boy did I find it! I found the answer to my mother's shoulder problem and much, much more. And where did I find it? Of all places, I found it at the birthplace of Elvis Presley, Tupelo, Mississippi. Immediately I hopped on a plane and flew into Memphis, rented a car and drove out to a chiropractic neurologist who was willing to teach me how to fix my mother's frozen shoulder. I spent three days in his clinic shadowing him, learning a new technique I had never even heard about before. Eager to help my mother, I developed this new skill set quickly. When I returned to Florida I wanted to be able to immediately fix my mother's shoulder.

And that's exactly what happened. After I performed the first Non-Surgical Operation on her shoulder, her pain went away significantly and she recovered to nearly full range of motion. She was so happy that she avoided surgery and got her life back.

It's strange how life is, because that same doctor who showed me how to fix my mother's shoulder opened up his treasure chest of knowledge and showed me how to help people with chronic knee, neck, low back pain and those suffering with neuropathy in their hands and feet, all without the use of Drugs, Surgery or Injections.

I spent the next several months flying back and forth to Mississippi learning all that I could.

Many years later we now have over one thousand successful patient testimonials. Many of them were told by their doctors that their only option was to have their knee or shoulder replaced or to take toxic drugs for the rest of their lives to mask their neuropathy symptoms.

Al was one of those patients who was told he had 'bone on bone' degeneration. His knee stopped unlocking properly, similar to what I'm describing in the photo, and he was facing knee replacement surgery. He was suffering from chronic degenerative knee pain, couldn't walk properly and was easily holding onto 60 pounds of excess body weight. His doctors would have eagerly scheduled him for a knee replacement surgery had he decided to go in that direction.

Immediately after the Non-Surgical Operation I performed on Al's knee, he was squatting and walking up and down the stairs normally without pain.

Al is now in his early 70s touring Alaska in his RV. He has dropped over 60 pounds and is biking 15 - 20 miles per day and loving life. He regularly sends me great pictures from his adventures.

Joyce was told by her oncologist, "There's nothing that can be done." She would have to live with the chemo-induced **neuropathy in her hands and feet.** Hot and cold were indistinguishable and the numbness and tingling made it impossible for her to walk any distance.

Joyce was a cancer survivor only to have come out on the other side with another debilitating condition. She and her husband showed up in my clinic and told me what their medical doctor had said. I told her the same thing I told my mother, "I just don't believe that."

After a thorough neurological examination and report of findings she trusted me enough to follow my protocols. Within two weeks her numbness and tingling in her feet subsided and the feeling was coming back. After 12 weeks she was feeling the sand between her toes as she walked along the beach again. At her one year checkup Joyce's sensory loss had improved over 80% overall to within the normal range... She is all smiles these days!



You should know that <u>I don't heal anyone of anything</u>. What I do is perform a specific non-surgical operation that resets the communication between the brain and knee or shoulder, instantly decreasing pain and inflammation, increasing strength and flexibility and **helping with tissue healing**. For our neuropathy patients we have a 4 step, proven approach that heals your nerves and reverses your symptoms. We get tremendous results. It's as simple as that! We get tremendous results. It's as simple as that!

Today in the United States medical doctors are prescribing more drugs than ever before. These drugs are designed to cover up symptoms as your condition gets worse underneath the surface. The toxicity from the daily use of these chemicals ultimately leads to nasty side-effects and more drugs to treat the new symptoms. The current "healthcare" system was built to maintain your condition, not fix it. It's a brilliant business model for the pharmaceutical industry and the hospitals, but a horrible strategy to follow if one is looking to age gracefully.

That's where my practice comes in. I have **found a** way so that more people are able to afford the treatment they need, even those on a fixed income with or without health insurance coverage. One Non-Surgical Operation in my clinic could cost what you'd pay for just the deductible of a joint replacement surgery.

You Benefit from a Unique Offer...When you bring in this article, you will receive a FREE CONSULTATION with me to determine whether you are a good candidate for our Non-Surgical Knee or Shoulder Operation. If you're being seen for Neuropathy we will take a thermal image of your feet at no charge to you. This will give me enough information to know whether I can help you. Once we determine you're a good candidate and you feel comfortable in my clinic the complete examination is only \$197. That's it, for the entire neurological examination & report could cost you over \$500 elsewhere. But, please

call right away because this offer expires on February 29, 2024, and I don't want you to miss out. By the way, further care is very affordable and you'll be happy to know that the non-surgical, drug free therapies and procedures performed in my clinic can cost as little as \$300 per month. You see, I'm not trying to seduce you to come see me with this low start up fee, then to only make it up with high fees after that. Further care is very important to consider when making your choice of doctor because higher costs can add up very quickly.

"You shouldn't be forced to choose drugs and surgery just because that's the only treatment medicare and your insurance company will cover."

You should know a little about my qualifications. That's important so that there's no misunderstanding about the quality of care. I'm the best-selling author of **Breaking The**Cycle - how to take control of your life when traditional medicine has failed. An amazon

#1 new release in three categories. I'm a graduate of



Life University School of Chiropractic practicing since 1998. I am a licensed chiropractic physician certified in functional neurology. I've been entrusted to take care of avid morning walkers, pro-athletes and business tycoons you may have heard of.

My office is called **Active Health Brain & Body** and it is located at 6710 Winkler Road, Suite #1. It's the gray Key West-style building at the corner of Cypress Lake Drive and Winkler Road behind the Bank of America. The phone number is **239-482-8686.** Please call my wonderful assistants Megan or Silvia today to make an appointment.

I wish you the Very Best in Health and Life!

Dr. Rob Davis, DC

P.S. When accompanied by the first, I am also offering the second family member this same examination for only \$97.

P.P.S. Your time is as valuable to you as mine is to me. That's why I have a "no wait" policy. It is highly unusual to wait more than a few minutes in my office.



My mother and I featured in a local publication for non-surgical shoulder solutions.

Al on my TV program telling his story of how he avoided a total knee replacement surgery.





Joyce is all smiles at her one year checkup. No more neuropathy!

Call Today 239-482-8686

Fit Happens...You Are What You Eat. Yes, Really!

By Donna Heiple, ERYT, RCYT, YACEP, CPT, CSE

What we eat really matters. Our diet is the food we pick to eat every day, which is fuel for our body.



Since we are all similar, but different, our diets should be specific to us, our energy and lifestyle. We all need the basics to maintain overall physical and mental health. Basic food that is nutrient-dense and fresh is optimal. If our body doesn't recognize what we eat as real food, it wraps it up in a fat bundle and stores it to be dealt with later. If we don't deal with them, they build up. Our bodies often respond to this build up with indigestion, gas, discomfort, bloating, weight gain and heartburn, just to name a few.

Eating allows your body to process food into energy. Not eating allows for our cells to regenerate and clean out the dead cells. Eating and drinking the right portion size at the right times of the day gives your body the energy it needs and the rest it requires.

The time of day we consume can help or hinder weight loss. An 8-10-hour period for eating is best for our digestion process to complete its cycle and get a rest. If we are always digesting, there is no time for the digestive tract to rest and regenerate.

Since we eat every day, let's look at the six essential nutrients we should be consuming daily: lean proteins, fats, carbohydrates, vitamins, minerals, and water.

Proteins - are made up of building blocks called amino acids. Our bodies use proteins to make muscle and bone, and compounds such as enzymes and hormones. It also uses them as an energy source. Our bodies are continually being renewed. We need protein for repairing and keeping us resistant to infections.

Fats - are formed of glycerol and fatty acids, and are essential to give our bodies energy and to support cell function. They also produce hormones, protect our organs, and help regulate our body temperature. Fats help keep cholesterol and blood pressure under control, and they assist our bodies absorb vital nutrients.

Carbohydrates - are broken down into glucose, a type of sugar, which provides energy and is used as fuel by the body's cells, tissues, and organs. Carbohydrates have other functions in the body, including helping to control blood glucose and insulin metabolism. They participate in cholesterol and triglyceride metabolism and help with fermentation. Carbohydrates break down fatty acids and prevent ketosis while adding dietary fiber. Carbohydrates can be found in vegetables, fruits, grains, and dairy. There are three main types of carbohydrates: sugars, starches, and fiber. Complex carbs, such as those found in fruits, vegetables, and whole-grain products, are less likely to spike blood sugar than simple carbs, such as sugars, flours, and artificial sweeteners.

Vitamins - are either fat-soluble like A, D, E and K, and stored in the body's fatty tissues or water-soluble like B and C.

- Vitamin A: Maintains eye health and contributes to immune system health.
- Vitamin B's: Water-soluble vitamins that play important roles in cell metabolism and synthesis of red blood cells.
- Vitamin C: Supports the immune system and helps make collagen.
- Vitamin D: Helps our bodies absorb calcium and keeps bones strong. Our bodies produce vitamin D when exposed to the sun.

• Vitamin E: Protects cells from free radicals, boosts the immune system, and helps prevent blood clots.

• Vitamin K: Helps make proteins needed for blood clotting and bone building.

Minerals - these include calcium, potassium, sodium, magnesium, and iron to name just a few. Eating a well-balanced diet will help you get all the vitamins and minerals that you need. All of them play a very important role in our overall health.

Water - the forgotten nutrient. Consume enough water for your lifestyle. Our bodies are 60% water. The importance of consuming adequate fluid in our bodies every day can't be emphasized enough. Our brains are 95% water. Let's keep our minds fluid and drink a minimum of 6-8 glasses a day.

Eating a well-balanced diet is not a guarantee of good health, however, it will go a long way in helping you stay at a good weight and feel energetic. Try the 80/20 rule. 80% of the time try to eat well, 20% of the time enjoy refined sugar, salt, flour, dairy, processed meat, and alcohol. All these items contribute to inflammation

and excessive mucus causing stiffness and pain in our bodies. Consuming small amounts of these items results in a healthier body. Add in a minimum of 30 minutes of physical activity every day and see how good you feel.

Knowing your daily intake needs of calories, fats, proteins, carbohydrates, vitamins, minerals, and water will provide the information you need to make and enjoy tasty food choices and receive all nutrients your body requires to stay healthy.

Want more information or need help getting started on a healthy eating path?

Starting February 15, you can join a six-week journey of health, wellness and weight loss and management. Stop by the fitness center to sign up. Cost is \$100.

- Week one: Explore your relationship and beliefs around food.
 - Week two: Identify eating habits.
 - Week three: Explore your expectations and attachments.
 - Week four, five and six are weekly review meetings.

The group meets weekly to discuss information and share progress.









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Our Digital Picture and Video centric background and staff has a habit of creating winning content. Our video content drives 157% more traffic to your properties landing page, while our combination of digital marketing, agent centric video walk throughs and drone work sell on average 68% faster.

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- · Certified Appraiser on staff
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- Print Ads in The Beacon and Heron Herald

- Full Comparative Market Analysis for every opportunity
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- Presence on 2 Real Estate Boards
- Marketing on all Social Media Platforms
- Includes Google adwords for all property video
- Facebook live events

CHECK OUT THE TABERSKI REAL ESTATE TEAM DIFFERENCE!

Top 10 Firm Ranking Report

1	RE/MAX Anchor Realty	\$449,955,000	
2	Keller Williams Peace River Partners	\$401,172,000	
3	RE/MAX Palm Realty	\$390,055,000	Awarded By RE/MAX International
4	Coldwell Banker Sunstar Realty	\$297,232,000	
5	RE/MAX Harbor Realty	\$250,156,000	Broker/Owner of the Year for North America
6	Compass Florida	\$145,288,000	
7	WJH Brokerage, FL	\$120,075,000	Florida Region
8	Coldwell Banker Realty	\$102,877,000	"Outstanding Brokerage of the Year"
9	MVP Realty	\$93,224,000	Outstanding Dronsrago of the Total
10	ERA Advantage	\$88,492,000	

Ranked by Firm December 2023 YTD Market Share



Fitness, Friends & Fun...Keeping Your Healthy Lifestyle

By Cynthia Mathews

Congratulations! You've made it through the first month of your health and fitness goals! We are so fortunate to have all new membership



packages that include access to all facilities. Cross-training can really up your game, whatever it is. Combining high and lowerimpact routines can help your maximize fitness level.

The BSM tennis teams are

going strong and doing well this season. We have issued over 165 tennis wrist bands this season. The fun-loving group



encourages viewing. Cheer them on at their new covered viewing area during their matches on Mondays, Thursdays, and Fridays. Check with the fitness club front desk, or on Court Reserve for match times. Our Alley Oops are shown after winning another league match.

The group hosts team socials on February 18 and March 24. Pickleball

With our new 'four on, four off' system, we are working to accommodate the 285 pickleballers signed up for the season. If you've



never played, you're welcome to join us! We have beginner classes on Tuesdays and Thursdays at 11 a.m. Sign up at the Fitness Center (at least 24 hours before) and we will see you on the courts. We invite members and non-members to join in our Social Tournaments and Cookouts. Sign up at the desk for our February 10 and March 23 tournaments. Pictures are from our first Clinic and the Surf and Turf Event.



Taking a stroll on the docks



Marty's Pickleball Tip of the Month: When at the kitchen line, if you feel you can take a ball in the air you absolutely should! It will help you maintain your position and take time away from your opponent.

Aqua Aerobics

Our classes are held at 9:30 a.m. every day but Sunday, and at 10:30 a.m. every day but Friday and Sunday. We are adding afternoon classes!

- Cathy's classes feature moderate-intensity aerobics with a vibrant beat.
- Deb's classes take place in the deep water and vary from class to class.
 - Holly's all-around workouts have a fun music mix.
 - Linda C's sessions feature Zumba and Latin music.
- Linda W's water workouts are intense muscle conditioning.
 - · Jim's classes are rockin' workouts.
- Val's full-body social classes also have some rockin and rollin'.

Shopping

Take your fitness wear everywhere! We have a new online store at https://www.customizedgirl.com/s/bsmfitness. Tons of offerings including cute plush teddy bears, jackets, hoodies, hats, cups, tees, and shorts.



Alley Oops 3.5B team

FOR SALE = 801 Islamorada 22:B = \$275,000 CALL US!



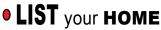


"Burnt Store Marina Residents & Realtors® Since 2005!"









• SELL you a HOME









Please notify your guests that may be coming in to provide the following information to the gate:

The name of the resident you are coming to see OR The address of the resident you are coming to see.



www.burntstorecouple.com • burntstoreflorida@embargmail.com



Lee County Leash Laws



It is a Lee County law, as well as a Burnt Store Marina rule, that all dogs are to be on leashes. The open lot at the corner of Islamorada and Matecumbe is not a dog park. The Commodore residents own the whole part that is

landscaped. Please keep your dogs on leashes at all times, and off that property.

COMPLIMENTARY MSK Ultrasound

(it's like an MRI and X-ray all in one!)

Text: MSK to (239) 337-2739 to schedule this FREE scan.

Spots are limited.

Stop wondering what the pain is.... let's take a look!! (239) 337-2739

Apex is the only primary care Physio center here in SW Florida. No Dr. script required & we welcome walk-ins!

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RISETOA NEWVIEW

VISTACAY

at SHELL POINT





Within one of their most sought-after neighborhoods, Shell Point introduces 59 new waterfront independent living residences featuring stunning coastal views of the Caloosahatchee River and Sanibel Island.

"GET TO KNOW" VISTA CAY!

Explore Vista Cay and resort living at Shell Point. REGISTER for a small-group seminar and tour by visiting MeetVistaCay.org, or schedule a private appointment by calling (239) 466-1131.



or call 1-800-780-1131 or (239) 466-1131



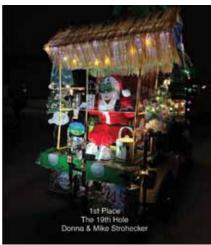


Shell Point is located along the Caloosahatchee River in Fort Myers, Florida, just minutes from the islands of Sanibel and Captiva.

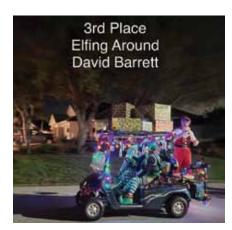


Home for the Holidays Winners











Movie Night



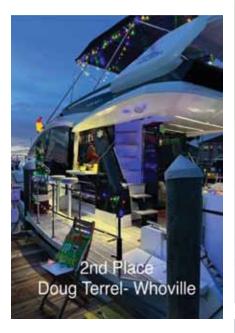






Christmas Tree Lighting











"The 19th Hole"
2nd Place-Nancy & Charles Curraro
" Candy Cane Express"
3rd Place-David Barrett

"Elfing Around"

Home Decorating

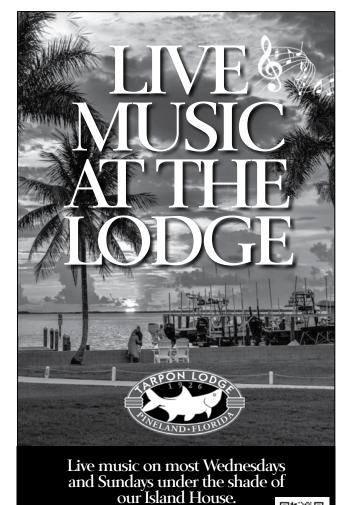
1st Place-Regina & Drew Schlupp 2045 Big Pass Lane 2nd Place-Bob Paul & Neighbors 1500 Islamorada

3rd Place-Rachel & Brad Jensen 3000 Big Pass Lane

Boat Decorating
1st Place-Lesiure Time Boat Rentals-The Grinch
2nd Place-Doug Terrell-Whoville Christmas
3rd Place-Doug Pry-Freedom Boats

Merry Christmas





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Glass Enclosed Lanai, 2592 Sq. Ft.
Expansive 2,000 Ft. Waterfront Views of the
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Linda Dutcher

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Golf Course Views, Ground Floor End Unit Two Bedroom, Two Bath, Private One car Garage and Glass Enclosed Lanai Low Monthy Fee of \$480, Furniture Included!

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Allison James

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Early Timeline of Burnt Store Marina

By Graham Segger, Independent Home Owner

I have been asked several times recently, about the date of the founding of Burnt Store Marina. This is a difficult question, with multiple possible answers, depending on which component is being discussed. I will endeavor below to lay out a timeline. If the question relates to the opening of the marina / harbor, I think the best date is likely 1978. The plat for the community itself was registered earlier in 1973. The first residences were not started until 1978 and were completed the following year. As noted below, there were many steps leading up to the opening of the docks, and the date when the first residents moved in.

1967-1970 - Protein Products Corporation dredged a channel to the harbor and created shoreline docks. The company trawlers would gather up small "trash" fish for processing into animal feed and fish oil (see past Beacon articles about this operation at the following link).

Website URL

QR code for Protein Products Articles (use cell phone camera to access)

https://grahamsegger.com/general-interest-articles/florida-topics/burnt-store-marina-blog/burnt-store-marina-prior-to-pgi-section-22-the-protein-products-corporation/



1971-June - Protein Products plant briefly reopened to process hyacinths harvested from the clogged Hendrickson Reservoir on Shell Creek into fertilizer.

1969-1972 - PGI, Inc. assembled the BSM, BSL and some additional contiguous land to the south in a series of acquisitions.

1973-June 27 - Board of County Commissioners of Lee County approved a plat for the development of PGI Section 22 as requested by PGI, Inc. Plat map was dated September 1972.

1973-September 6 - PGI, Inc. received permission from Lee County to remove the plug between the old Protein Products Corp. harbor channel and proposed marina basins (per Fort Myers News-Press).

1973-November 24 - A news report stated that a multimillion-dollar marina will be under construction next year (1974), per Tampa Bay Times.

1974-April 13 - A news report stated that PGI, Inc. is seeking Army Corps of Engineers permission to excavate 323,000 cu. yd. of material and connect BSM to Charlotte Harbor, per Tampa Bay Times (this would represent just under 1,000 ft x 1,000 ft by 9 ft deep of material).

1977-November 11 - A Declaration and Restrictions document for the property described in the plat map was filed by PGL Inc.

1978-May 7 - A news report stated that permits have been issued for the first 60 condominium units of what will become the 96-unit Commodore Club.

1978 - An aerial photo showed the foundations of the Commodore Club buildings and two empty docks (A&C), and a series of pilings for additional docks in the harbor. It is most likely that the marina opened in the second half of 1978.



1979-February 28 - The 1977 Declaration and Restrictions document was amended to establish Punta Gorda Isles Section 22 Homeowners Association, Inc., and provide a Notice of a Golf Course.

1979-April 15 - Dockmaster Bill Cameron claimed in a news article that 90 slips are operational.

1979 - 123-unit South Shore condominiums project began. **1979-August** - Ship's Store opened (included what is now The Trading Post and the realtor's office).



1980-March 16 - Salty Harborside Restaurant (aka Salty's and now Cass Cay) opened.

1981 - A *Beacon* columnist described playing the (Ron Garl) East and West courses in April 1981 (now Osprey and Pelican). The McCumber nine (now Heron) came later in about 1988.

1982-February - An aerial photo showed Capstan, Spinnaker, Rudder and Keel Clubs are complete as well as the administration building, boat storage barn and four tennis courts.



1984 - Articles of Incorporation issued to Platinum Point Yacht Club, whose first clubhouse was in a double-wide trailer behind the Ship's Store, shared with a charter company.

1985-86 - Aerial photos showed docks in use in the North Basin, and both Marina North Shore and Admiralty Village completed.

1995-February - PPYC clubhouse opened on land purchased from Florida Design Communities.

2000-January - Fitness Center clubhouse opened.

2002 - Golf Course Clubhouse and Linkside Café opened replacing smaller facilities.

For more information about the evolution of BSM, and the roles of the different developers involved, see Chapter 6 – The Checkered History of the Developers of Burnt Store Marina in "Where Do We Live?" available for sale at The Trading Post.

Wildlife Caution Notice

Owners are asked to use caution and be aware of local wildlife such as coyotes, bobcats, and alligators.

Coyotes sightings have increased as it is their mating season, and they are more aggressive and vocal right now. Recently a Burnt Store Lakes resident witnessed a coyote chase a rabbit into their rain gutter downspout and then pull the downspout into the yard trying to get the rabbit out.

Please watch your pets carefully and keep them on a leash when outside, particularly at dusk, nighttime, and dawn.

Smaller pets are especially at risk. Letting them out in a fenced area may not deter a coyote. Make sure pet food, fruit, or other items are stored inside or in tightly shut garbage cans. Ensure your home is not luring small rodents or animals that coyotes like to prey on.

One of the best attributes of living in Burnt Store Marina & The Lakes is the abundant wildlife. However, residents need to be aware of our wildlife and be cautious to ensure their own safety and the safety of their pets.



February Off-Beat Holidays

By Maggie Hart, Mariners Pass

"If Candlemas Day be fair and bright, winter will have another flight. But if it be dark with clouds and rain, winter is gone, and will not come again." This British folk lore saying predicts the coming weather on February 2nd, also known as American Groundhog Day.

February is a month when, if you are in a cold, wintery part of the world, you are looking and hoping for relief and the turn of spring. Here in Florida, we're looking forward to more festivals and events to celebrate our temperate climate. Here are some for you to enjoy:

February 3 - 4: The Mount Dora Arts Festival, Mount **Dora**. The 49th annual Mount Dora Arts Festival showcases the works of 300 artists. Artists compete for awards in painting, printmaking, photography, jewelry, sculpture and numerous other categories. Art displays are combined with live entertainment and children's activities. Food and beverages are available for purchase. Admission is free. For more information, go to www.mountdoraart.com/mountdora-arts-festival.

February 3, 1913: The 16th Amendment to the U.S. Constitution was ratified, granting Congress the authority to collect income taxes. Let's celebrate this one...not!

February 8 - 19: Florida State Fair, Tampa. Shows, midway rides and games, exhibits, music and shopping as well as a variety of foods available for purchase. \$11 adults, \$9 seniors, \$7 kids. The Florida State Fair is held at the Florida State Fairgrounds, 4800 Highway 301 North. Parking is free during the fair. For information, go to www. floridastatefair.com.

February 14: Celebrated as Valentine's Day around the world, now one of the most widely observed unofficial holidays. Remember your sweetie today!

February 14 - 18: Discover Boating Miami International Boat Show, Miami. Featuring more than 1,300 new vessels and accessories – from sport fishing boats and high-performance boats, to personal watercraft and wake sport boats, family cruisers and luxury



Dining Venues

LINKSIDE CAFÉ @ Burnt Store Marina C.C. -941-637-6405

www.bsgac.org

23415 Vincent Ave, Punta Gorda

941-637-6405

Open to the public

Breakfast - Sunday, 9 a.m. - Noon

Lunch - Monday - Saturday, 11 a.m. - 3 p.m., Sunday 1 - 7 p.m.

- *Dinner Tuesday & Friday, 5 8 p.m.
- *Call for information for specialty dinners
- *Reservations are recommended as seating is limited. Walk-ins are gladly accepted.

CASS CAY RESTAURANT & BAR - 941-347-7148

www.casscayrestaurant.com

Open Daily -11 a.m. -9 p.m.

THE TRADING POST - 239-789-3463

www.facebook.com/tradingpostbsm

Summer Hours: Sunday-Thursday - 7:30 a.m. - 6:30 p.m. Friday-Saturday - 7:30 a.m. - 7:30 p.m.

Featuring deli, breakfast & lunch, ice cream, pizza, beer & wine and ice.

yachts. 10 a.m. - 6 p.m. Six locations: Miami Beach Convention Center, Pride Park, Herald Plaza, Venetian Marina, Museum Park Marina, and Supervacht Miami at Yacht Haven Grande Miami. Tickets begin at \$43. For information, go to www.miamiboatshow.com.

February 19: Presidents Day – This day sits between Abraham Lincoln's birthday, February 12, and George Washington's birthday, February 22, and celebrates both.

February 24 - 25: Swamp Cabbage Festival, **LaBelle.** This is the 58th anniversary of this popular town event. Try gator tail and watch armadillo races, a dance, rodeo, 5K Run, a parade, and fishing tournament. Live

entertainment all weekend. Times and admission prices vary. 8 Park Avenue, LaBelle. For information, go to www. labelleswampcabbagefestival.org.

February 29: Leap Day, 2024 – This is the extra day that is added to the calendar every four years to maintain the seasons associated with the earth's orbit of the sun. If you were born on this day, you don't get many birthdays to celebrate.

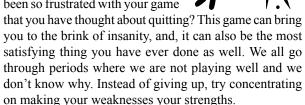
And...if you don't choose to celebrate one or more of the events this month, maybe on February 2, Groundhog Day, vou can visit Gobbler's Knob, Pennsylvania. You might see Punxutawney Phil see his shadow...again, again and again.

Golf Tip of the Month

By Bill Connelly,

Manager of Golf Operations

How many times have you been so frustrated with your game



If you are having trouble off the tee, spend some extra time working with your driver, or try hitting a three wood off the tee until you gain your confidence back. If you are struggling around the green, spend the majority of your practice time at the short game areas. Instead of trying to make everything better all at once, break your game down into specific parts and work on them one at a time. It may take time to see better results, but it will be easier to improve. Enjoy the process trying to improve and you will find pleasure in the game again.

Be sure to sign up for the Valentine Scramble on February 10, at 9 a.m., and the Burnt Store Classic Golf Tournament on February 24, at 9 a.m. Also, remember the weekly 9-hole scramble every Tuesday at 3 p.m.

At right are the results of the Hangover Backwards Scramble on January 1.

1st Flight Winners

- 1. Ralph Smith, Brent Chorneyko, Jim Harding, Joel Miles
- 2. Bill Chaple, Ronald Jones, Melody Groh, Judy Schinneller
- 3. Gary Crandall, Barry Harbart, Karen Crandall, Marlene Harbart
- 4. Gary Knudsen, Roy Howard, Sandy Howard, Katharine Knudson

2nd Flight Winners

- 1. David Fitzgerald, Mark Van De Kerkhove, Liz Fitzgerald, William Plawecki
- 2. Steve Flagstad, Deb Hodges, Ralph Hodges, Susan Flagstad
- 3. Bill Story, Tim Ormsby, Ginger Story, Becky
- 4. Brad Baker, Bob LeMaster, Robin LeMaster, Lori Baker

Closest to the Pin

Heron #3 Justin Wisenhunt Becky Iaquinta Pelican #3

Follow us on Instagram @burntstoregolf for course updates.

Please stop in for lunch and some shopping; we love to say hello.

Have fun learning to enjoy your game.

Enjoying Your Walk

By Jan McLaughlin, Former Beacon Editor

One morning a fellow walker stopped me and asked what the distance was around Prosperity Point, and how far was it from there to the front entry gate. With lots of residents returning and enjoying our pedestrian paths, I offer the following. All distances were measured with a GPS while riding in a golf cart.

- Islamorada Entrance Gate to Cape Cole Blvd. 0.82
- Cape Cole Blvd., golf clubhouse gate arm to Islamorada Blvd. – 0.60 mile
- Cape Cole Blvd., golf club gate arm to Matecumbe Key entry -0.72 mile
- Matecumbe Key Blvd., construction entrance to Cape Cole Blvd., 0.72 mile

- Matecumbe Key Blvd., Cape Cole Blvd., to South Shore
- Courtside Landings' Loop, start/stop at entrance 0.48 • Prosperity Point sidewalk loop, start/stop at Matcumbe
- Key Blvd, 1.26 mile • Admiral's Point loop (includes Key Largo Lane Circle,
- Sable Key Circle and Key Largo Circle) start/stop at Marathon & Cape Cole Blvd., 1.06 mile
- Tarpon Pass loop, start/stop at Islamorada Blvd., 0.76

Wonderful resources for walkers abound on the Internet. These sites offer a wide selection of audio music apps for beginners to advanced walkers, exercise videos, gear (including shoes), accessories and resource information.

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Stop Treating The Blinky Light

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Did you know that only about 20% of your nerve fibers transmit signals of pain. You have 31 pairs of spinal nerves running from the base your skull to your tailbone. Each one of these spinal nerves has nine nerve fibers. Only two of these fibers transmits signals of pain which equates to approximately 20%. These nerve fibers are the blinky light. This is why you show up in the doctor's office. This is why you take anti-inflammatories and pain medication. This is even why you get certain treatments or have procedures or injections. It's all to cover up the blinky light; the symptom, the pain, the discomfort. You'd like to keep the light from blinking so that you don't know it's there anymore. The problem is if you cover up the blinking light all the time with a piece of duct tape, your engine is still going to break down. The problem is that the breakdown will be much worse if you keep covering it up.

Well, you may say that's great I get it, but...but I'm in pain and I don't wanna be in pain. That's understandable so

let's talk about chronic pain. I describe it to my patients like this. Your chronic pain is a car rolling. And it continues to roll and roll, but it's not rolling because somebody's inside with their foot on the accelerator, no, it's rolling because the brakes are broken. These brakes are the remaining nerve fibers that are not being looked at by most doctors. The brakes are the large diameter afferent nerves that have to do with muscle tone, light touch and balance. And when these brakes are broken or damaged, you will continue to have aches and pain and/or numbness and tingling until you fix the brakes

This is how my clinic is different. We look at the brakes not just a blinky light. Because we know if we fix the damaged brakes, the blinky light will shut off.

Dr. Robert Davis, DC, DACACD is a chiropractic physician with training in functional neurology and holds a diplomate in addictionology. He has been in practice for 25 years. He may be reached at (239) 482-8686.

Paid Advertisement

The 86th Annual Edison Festival Of Lights

Parade – Saturday, Feb. 17, 7 To 10 p.m.

The Edison Festival of Light is a three-week celebration that takes place each February to honor the contributions that Thomas Alva Edison made to our Fort Myers community!

The history and culture of the Southwest Florida area is celebrated with several events including the hands-on STEM focused day where over 100 different booths are



set up that allow kids and their families the opportunity to explore science and innovation by taking part in experiments like snow creation and robotics! The festival also features a day of Junior festivities like the Fun Run and Parade where marching bands, families and local businesses dress up and entertain the crowd along a one-mile route.

The festival concludes with the Grand Parade of Light, our signature event that attracts international visitors and more than 200,000 participants and attendees.

The Grand Parade is the largest lighted night parade in the country and features out of town special entertainment in the parade, large floats that have decorative lighting arrangements, imaginative costumes, marching bands and more!

STEMtastic Day Of Discovery

Feb. 10 – 10 a.m. to 2 p.m., Caloosa Sound Convention Center

STEMtastic invites all children and their families to participate in this exciting day of discovery. This event is free to the public.

There will be over 125 exhibits to explore and food available for purchase.

Edison Mutt Strutt

Dogs will take over Centennial Park on Feb. 10 from 11 a.m. to 4 p.m. Dog lovers, families, vendors and pet agencies gather for fun, food and mutt strut! Pooches and owners in costumes or their finest bling – even a few doggie floats mixed in! We will have wiener dog races and the Pet Parade.

The event is free to the public and only requires a small registration fee for contest participating pups. Medals are awarded in several categories including the infamous look-alike and Mayor's awards.

No admission required to enjoy this great event!

This event is taking place along with The Edison Food Truck Wars.

Grab your "mutt" and join in on the loads of fun activities for pups and people alike at the annual Edison Festival of Light Mutt Strutt!

Edison Junior Fun Run

Feb. 11 – 12 to 1 p.m.

Hundreds of young participants turn out to show their determination and pride. The Junior Fun Run is open to children in grades 5 and below. Fourth and fifth graders run a mile, third graders run three-quarters of a mile, first and second graders run half a mile,







kindergarten students run one-quarter mile, and students under 5 years old run 50 to 75 yards. The Fort Myers Track Club helps to make this a fantastic, active event for the children and many children run year after year.

Edison Festival Of Light Junior Parade

Feb. 11 -1:30 to 3:30 p.m.

Florida's largest youth parade showcases the creativity and talents of hundreds of Southwest Florida children and their families. Over 100 units including floats, marching bands, dancers, street performers, clowns and dignitaries parade their way around the Downtown River District. The annual event has been taking place in Southwest Florida since the 1940s and gets better every year! The Junior Parade is held during the day and is a smaller version of the Grand Parade. It's old-fashioned family fun for participants and spectators. Come join us and be part of the tradition!



5K Run

Feb. 17 – 3 to 6 p.m.

Over the years, the Edison Festival 5K Race has gained international notoriety. Well over 1,400 participants and thousands of spectators take over the streets of the Downtown River District. Register your team for this 3.1-mile race for fun! This professional event is coordinated from start to finish by the Fort Myers Track Club and includes chip timing and an afterevent awards program.

Visit www.edisonfestival.org to register.

Edison Grand Parade VIP Tent

Feb. 17 – 7 to 11 p.m.

Step into the VIP tent for an exclusive experience at the 86th annual Edison Festival of Light parade. Indulge in a delectable array of fabulous food and drinks, meticulously crafted to tantalize your taste buds. As you savor each bite, a talented DJ keeps the atmosphere alive with toe-tapping beats and infectious

tunes. With VIP parade seating, you'll have the best view on the parade route, allowing you to immerse yourself in the spectacular sights and sounds of this grand celebration. Join us in this unforgettable VIP tent experience and elevate your parade experience to a whole new level of extravagance.

Grand Parade VIP tickets: Adult \$60, child \$30. Purchase tickets at www.edisonfestival.org.

Street Seats - \$15

Street seats are folding chairs that line the parade route in the downtown area. They are sold by various nonprofit organizations in the area as a fundraising effort.

Reserved street seating can be purchased through one of the nonprofit organizations below for \$15 each. All seats are located on Edwards Drive and Jackson Street in Downtown Fort Myers.

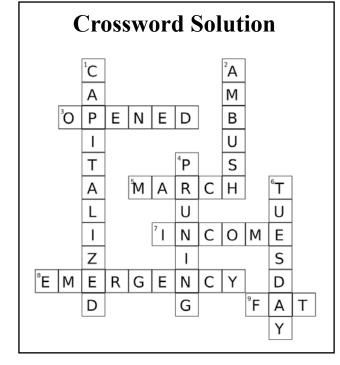
For more information visit the festival website at www. edisonfestival.org or email info@edisonfestival.org or call (239) 334-2999.



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Howard and Bella

By Phyllis Sack, Topaz Cove

I'm sure you've seen a dapper gentleman zipping around the marina on his recumbent bike with a little furball perched on his shoulder. That would be 99-yr-old Howard Coffey and companion Bella!

They are well-known here, and about to be introduced to TV viewers all through the area. Sean Martinelli of Fort Myers NBC2, an award-winning journalist, recently paid a visit to interview Howard and his son, Steve, who usually accompanies his Dad on a skateboard.

Howard lost his parents when he was a boy and spent years in an orphanage in Kentucky. Pretty much a self-made man, he pursued course owner. Married to a lovely woman for daily bike ride 68 years before losing her several years ago, he now has Bella for his constant companion.

He is a World War II veteran and served in the Battle of the Bulge. He has vivid memories of the horrors of that war. He lives with his son Steve, and is close to his daughter, Cindy, who winters in Florida.





with Santa



several business ventures. He even was a golf Howard and Bella on their Howard and Bella having picture Sean Martinelli of Ft Myers NBC 2 interviewing Howard Coffey and family

The TV interview was televised January 3. Go to Sean Martinelli's website https://www.nbc-2.com/article/ rock-stars-in-punta-gorda-community-99-year-oldbiking-veteran-and-his-dog/46279187. Hope Hospice

also wants to honor Howard with a Valor Presentation.

Howard will be celebrating 100 years of an incredible life in March! Hope the BSM community can wish him many more years of inspiring us all.

Sheriff's Report

December 2023

- 12 Speeding Warnings
 - o 6 Non-Residents
- o 6 Residents
- 15 Stop Sign Warnings
 - o 2 Resident
- o 13 Non-Resident
- 2 No Driver's License/Suspended/No Tags/Expired Tags
 - o 2 Non-Resident



BROADWAYPALM

This official Elvis Presley bio-

musical takes a closer look

at the rock star and cultural

icon whose impact shaped the

history of music. Spanning from his childhood in Tupelo,

Mississippi to his triumphant

1968 "Comeback Special" and

his ascent to be "The King."

Dec. 30, 2023 - Feb. 17, 2024

The Anhinga...Little but Fierce

Grammar Tips...Capitonyms

By the editor of The Beacon

Here we go with another obscure category for English words...but you're never too old to learn a new trick!

A capitonym is a word that has its meaning changed when capitalized. Here are some examples:

March Polish polish

august August china China fiat Fiat hamlet Hamlet lent Lent

Now that you've learned a new one...we bet you can come up with some more!

Registration Now Open For 26th Annual Minnesota Twins Golf Classic On Feb. 15

The Annual Event Will Support Lee Health Cancer Institute

On Feb. 15 the annual Minnesota Twins Golf Classic will be back in full "swing." At the 2024 event, golfers will raise funds in support of Lee Health Cancer Institute's lifesaving programs.

The tournament will take place from 4 to 7 p.m. at Topgolf in Fort Myers, located at 2021 Topgolf Way. Participants of all ages and skill levels are invited to participate in the annual event. In addition to a fun game of golf, the event will feature in-game competitions and prizes, and the opportunity to interact with multiple Minnesota Twins celebrities.

Funds raised at the event and underinsured patients with care.

featuring autographs from all Minnesota Twins players.

Twins Fantasy Camp. A variety of additional sponsorship opportunities are available. Those interested in becoming a sponsor may select a sponsor package when completing the online tournament registration form to be contacted by a Lee Health representative.

Registration ends on Feb. 8. To register and learn more,



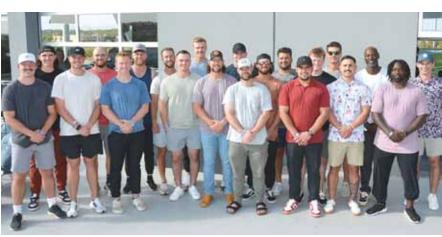
The event was held for the first time at Topgolf, where team scores were displayed in real time throughout the event.

will benefit Lee Health Cancer Institute and its treatment, research, education, state-of-theart technology and innovations. Through donations and support, the institute is able to provide top-ofthe-line comprehensive services and programs to locals who are battling cancer, as well as their families who are supporting them through their treatment. Lee Health Cancer Institute bridges the gap between cancer care and financial difficulties by providing qualified uninsured

Registration and sponsorship opportunities are available for the 26th Annual Minnesota Twins Golf Classic. Individual registration is \$250. Individual golfers will be assigned to a team of five and partnered with a Minnesota Twins celebrity. Registration for a team of five golfers is \$1,000, which includes tickets for five players, a Twins celebrity golf partner and a commemorative hole sign

The Presenting Sponsor for the 2024 tournament is the

visit LeeHealthFoundation.org/Twins.



Members of the Twins organization were on hand to interact with participants.

About Lee Health Foundation

Lee Health Foundation raises philanthropic dollars on behalf of Lee Health to establish, expand and enhance innovative, lifesaving and preventative programs. The foundation provides financial support for all five Lee Health hospitals including Golisano Children's Hospital as well as many service areas including Lee Health Cancer Institute, Lee Health Coconut Point, The Rehabilitation Hospital, Lee Health Heart Institute, Community Health Clinics and Golisano Children's Health Center in Naples. Over the last year, the foundation has distributed more than \$27 million to support Lee Health's mission. Please visit LeeHealthFoundation.org or

call (239) 343-6950 for more information about the role of Lee Health philanthropy in Southwest Florida.





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951 LINKSIDE WAY | \$900,000



3329 SUNSET KEY #307 | \$695,000



14648 SYCAMORE CT #30211 \$569,000



3228C SUNSET KEY CIR: \$559,000



3321 SUNSET KEY #708 | \$550,000



2071 KING TARPON DR | \$515,000



2031 KING TARPON DR | \$460,000



14156 POPPY FIELD LP #4412 | \$460.000



3224A SUNSET KEY CIRCLE | \$450,000



16048 BEACHBERRY DR | \$404,500



14060 HERITAGE LANDING #315 | \$399,000



4619 NW 32ND TER | \$399,000



1635 NE 33RD STREET | \$354,000



1001 ISLAMORADA BLVD #12B | \$255,000



24060/24070 CHERRYSTONE LN | \$115,000



Southwest Florida Reading Festival Marks Its 25th Anniversary

Saturday, March 2

The 25th Southwest Florida Reading Festival will be held this year on the outdoor downtown campus of the Fort Myers Regional Library, 2450 First St., Fort Myers, Fla.



The event, which is free to

the public begins at 10 a.m. and ends at 4 p.m. The day is packed with a plethora of events for children and readers of all ages.

Parking

Paid parking is available on downtown streets. Also a flat rate of \$10 will get you into the Main Street Parking Garage at 2286 Main St. Cash or credit cards are accepted.

Food

A host of food trucks will be available in addition to a popular deli that will have box lunches for purchase.

Blood Donation News

By Ann Singer, Admiral's Point

Don't Miss the Bus in 2024

Make Blood Donation a Habit!

Always on Monday

8:30 a.m. - 3 p.m.

Our next blood drive

March 18

Our next blood donation day in 2024 is **Monday**, **March 18**, 8:30 a.m. to 3 p.m. Make your appointment online or plan to walk-in. During peak season I recommend making an appointment, especially for early morning slots. We look forward to seeing many new donors plus our seasoned donors!

Be sure to eat before you donate, and drink lots of fluids before and after. We all need to stay hydrated in Florida, no matter the activity or time of year. Bring your photo ID. Incentive gifts to successful donors will be a One Blood insulated tote bag, \$20 gift card, and a Chick-fil-A chicken sandwich gift card.

The Big Red Bus is located in the Cass Cay/Tiki Hut/ Trading Post parking lot. To schedule an appointment log on to **OneBlood.org**. Establish a username and password, then follow directions to make an appointment. Have questions, contact Ann Singer at 319-290-5955 or Jo Bucci at 941-445-8260.

The first donation day of 2024 was held Monday, January 22. The report of donations from this drive will be in the March *Beacon*. Blood is essential to life. It cannot be made or manufactured. Generous blood donors are the only source of blood for patients in need of a blood transfusion.

Thank you to all our loyal donors! Bring a friend, bring a neighbor on March 18.





The New Math:

\$1 = \$8

That's right! The Harry Chapin Food Bank can find, rescue, transport and distribute \$8 of nutritious food for every \$1 you donate. This turns your \$20 gift into 80 meals for a family!

Thank you for your generosity!

Mail your donation to: Harry Chapin Food Bank 3760 Fowler Street, Fort Myers, FL 33901 Call (239) 334-7007 or visit: harrychapinfoodbank.org



Download The Mobile App

The easiest way to keep track of festival activities is to download the mobile app which will be under the phrase SWFL ReadFest. Festival programs will be available at the event and on the website **www.readfest.org**.

Name A Character Raffle Tickets

Enter for a chance to name a character after yourself or a friend in an upcoming book by Alda Dobbs, Alexandra Alessandri, John Patrick Green, Kristan Higgins, Melinda Leigh, Terri Libenson, Sarah MacLean, Nina Moreno, Vanessa Riley or Lauren Wolk!

Authors

Authors scheduled to attend the reading festival include suspense authors Jeffery Deaver, Lisa Unger and Ben Coes, along with historical fiction writers Sarah Penner and Charles Todd. Award-winning writer, artist and animated series creator Dan Yaccarino tops the list of youth authors, which also includes Sunshine State Young Readers Award winners Karina Yan Glaser, Karen Kilpatrick, Laura Martin and Joe McGee. Featured teen authors include Florida Teens Read award-winning writer Lamar Giles and fantasy novelist Adalyn Grace.

From romance to thrillers, sci-fi to humor, and graphic novels to nonfiction, an array of genres are represented.

The Southwest Florida Reading Festival features author presentations and book signings for all ages,

writing awards, digital resource demonstrations, crafts and more. In fulfilling the festival's mission to promote reading, literacy and library services, **every child and teen in attendance will receive a free book at the event**.

"I am thrilled the Library System's signature event has reached this amazing milestone of 25 years promoting reading, literacy and library services in Lee County," said Mindi Simon, director of the Lee County Library System. "Having attended every event, I am so impressed by the range of authors we've brought to the community and the dedication of library staff and volunteers who create this world-class event each year."

A way to be involved with this year's festival is to sponsor authors' meals, hotels, flights and other event costs. Opportunities range from \$25 to \$1,000, and contributions can be made securely online through the festival website. This new program is called "Adopt An Author."

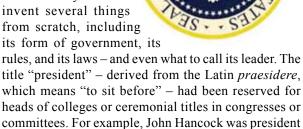
Proceeds from "Adopt An Author" benefit the Southwest Florida Reading Festival, which is free and community-supported through donations, sponsorships and grants.

Visit **ReadFest.org** for a full list of participating authors and their biographies, along with additional event and donation information. More information also is available by calling (239) 533-4832.

Did You Know...

The United States Was The First Nation To Use The Term "President" For Its Head Of State

Once the United States finally secured its independence from Great Britain with the signing of the Treaty of Paris in 1783, the new country had to invent several things from scratch, including its form of government.



of the Second Continental Congress. Before American

independence, leaders of European countries were called kings, queens, emperors, dukes, or even Lord Protectors (during England's more revolutionary years) but never "president."

Article II of the U.S. Constitution enshrined the title "president," reflecting the democratic sentiments of post-revolutionary America. However, the country's founding document didn't solve all the intricacies related to the title.

In the spring of 1789, Congress debated exactly *how* to address the president. John Adams, then vice president and head of the Senate, handpicked a committee that thought the title "His Highness, the President of the United States of America, and Protector of the Rights of the Same" (or something similar) put George Washington on even footing with his royal European peers. Many other lawmakers, however, thought the title too monarchical. In fact, Thomas Jefferson called it "the most superlatively ridiculous thing I ever heard of." Instead, Washington opted for just plain "President of the United States." Decades later, Haiti followed suit by naming its leader "president" in 1807. Today, dozens of countries use the title for their heads of state.

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Ron Graves



17707 Courtside Landings
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Updated - Pond View

Updated - Pond View Western Exposure Listing Agent: Julie Solem



5 Pirates Lane 54C \$279,000Listing Agent:
Jennifer Taberski
Selling Agent:
Julie Solem



3020 Matecumbe Key Rd. #404 \$429,900

4th Floor Waterfront
Electric Hurricane Shutters
Western Exposure
Listing Agent: Ron Graves



7353 N Seagrape Rd \$49,000 Listing Agent: Julie Solem



3160 Matecumbe Key Rd. #234 \$299,000

Excellent Rental Income Waterfront - Top Floor Listing Agent: Ron Graves



17761 Courtside Landings
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Listing Agent: Cynthia Artale Selling Agent: Julie Solem



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Listing Agent: Ron Graves

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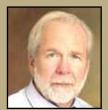


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3020 Big Pass \$1,150,000 Stunning Estate Home completely updated inside and out.



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3333 Sunset Key Cir #603 \$699,000 Fantastic views from this 3 BR, 2BA Grand Isle condo

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3020 Matecumbe Key Rd #302 \$536,000 Nicely upgraded 3/2 Turnkey Condo with Stunning Marina Basin Views and the Sunsets!



3329 Sunset Key Cir #401

\$919,000

Enjoy endless Sunsets from

your beautiful 5th level end

unit in

Grande Isle Towers III

4079 Cape Cole Blvd \$579,000 Updated 3/2 pool home on quiet cul-de-sac



\$479,000 Perfect home alternative 3BR/2BA turnkey Condo with 2 car garage.

3228 Sunset Key Cir #101



Cozy 2 Bedroom/2 Bath + DEN with in-ground Spa, New Roof and New A/C



3 Pirates Lane #31A \$319,000 Beautiful 1st floor End unit features an open floorplan with easy access, no stairs or elevators!

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