

# From the Section 22 HOA BOD

By Greg Beaton, Treasurer and BSMCC / Linkside Liaison

In Joe Averdick’s initial *From the Sec 22 HOA Board* article, he said that each month a different board member would write the *Beacon* article. This was a great idea until it was my turn! As I was thinking about this, it gave me pause. I started thinking about everything else that is different since the beginning of the year.

We inherited the aftermath of *Hurricane Ian*, quite ably initiated by the previous board (thank you Craig, Terry, and Jim). But, as we quickly learned, cleanup was underway, but infrastructure repairs were subject to materials and time, both logistical problems with which we are still dealing. A quick shout out to Mike Lemon, whose background and experience are invaluable, and keeps everything moving. One of my favorite parts of the monthly board meeting is listening to his list of accomplishments from month to month. If you are not attending these meetings, they are worth it for that information alone. There is also much to be learned from Architectural, Communications, BSM Entry Management, Infrastructure / Landscaping, Irrigation, Fitness Center, BSMCC (my personal favorite!), and Jerry Newmin and Mark Murphy’s amazing efforts on the Burnt Store Road Coalition, Safe Harbor, and CERT.

As for CERT, the voluntary resident emergency training, communication equipment, and generators are all intended to ensure our next hurricane will allow for a much smoother response and ability to assist fellow residents in need.

- At BSMCC, the Heron 9 bulkhead has been replaced. Efforts are underway to:
- Improve the air conditioning within Linkside Café
  - Add doors and screens to the Linkside lanai area to protect the interior from rain and high winds
  - Replace ceiling fans
  - Repair damage to Osprey 5 tee box and lower/widen several tee boxes on Osprey that will increase the tee area, and reduce wear and tear
  - Explore the addition of a Tiki Hut to the first outside lanai area for cover from the sun, as an option to the prior sails

I would also like to mention that this has been a record year for the tennis/pickleball/fitness center. Our biggest problems revolve around the number of people using our



*Tranquility – photo by Karen Sanderson, Esplanade*

facilities. The Vision 2025 group has identified a number of changes that can address our growing pains.

On the financial side, Kevin Whitfield has resigned, but not before he completely overhauled our reporting processes. He has left Section 22 (and me!) in a far better place. One of his visions was to provide transparency to our amenities by posting monthly Income Statements for BSMCC, Fitness Center and Irrigation online at **BSM22.org**. This will continue. We also have funds invested in short term products that provide a safe (FDIC insured) higher return than money market for funds not immediately needed.

The budget process will be starting by the time you read this newsletter. With the much-improved financial reporting, my goal will be to better align our budget line items with our reporting to better show budget variances. With record setting results at both the golf course and Linkside Café this past season we will do our best to reflect that into our 2024 budget.

# Architectural Review Committee

By Barry Groesch, Chair

Are you thinking about updating your home? Any changes to the exterior of residences in Burnt Store Marina (BSM) are required to have Architectural Review Committee (ARC) approval. This applies to all homes, including homes in a condo association. If this approval is not granted through ARC, you may be asked to modify or remove the changes made. All requests are made by completing an ARC form and adhering to Section 22 Home Association (HOA) Restrictions. Remember to write legibly, and complete the entire form, including having your condo representative sign off (if required). Delays will occur if it cannot be deciphered, or the form is not completed in its entirety. Thanks.

- The following applications were approved last month by the Section 22 ARC:
- Terrence Kelly, 3881 Cape Cole Boulevard, exterior paint.
  - Terrence & Nancy Kelly, 3881 Cape Cole Boulevard, hurricane shutters.
  - Glenn Schuler, 2 Pirates Lane, Unit 23-B, hurricane shutters.
  - Gerald & Patricia Lamer, 3337 Sunset Key Circle, window replacement.
  - Gerald & Patricia Lamer, 3337 Sunset Key Circle, exterior paint.
  - Kimberly Blair, 3369 Sunset Key Circle, lanai replacement.
  - W. Cecil & Elaine I. Hardin, 1205 Romano Key Circle, roof replacement.
  - Scott & Jeannette Carpenter, 3863 Cape Cole Boulevard, exterior paint.
  - Mitch & Hilde Wegrzyn, 4021 Cobia Estates Drive, landscaping.
  - Russ & Gail Allard, 4033 Cape Cole Boulevard, roof replacement.
  - Linda Alesi & Rick Chapman, 57 Big Pine Lane, window replacements.
  - Cobia Cay Estates, Cobia Estates Drive, replace privacy barrier.
  - Calvin Tinkey, 1070 Matecumbe Key Road, roof replacement.
  - Richard A. & Deborah O. Read, 3997 Cape Cole Boulevard, new pool construction with lanai.
  - Sally Guske & Denise Clements, 2061 King Tarpon Drive, roof & gutter replacement.
  - Robert J. Richmond, 1300 Romano Key Circle, hurricane shutters.
  - Diana Seaman, 2060 Matecumbe Key Road, hurricane shutter.
  - Joan L. Flinspach, 3090 Big Pass Lane, exterior paint.
  - Richard & Janet Uihlein, 1610 Islamorada Boulevard, 63C, lanai enclosure.

- Karen Chipman, 3740 Cobia Villas Court, window replacements.
  - Richard Weston, 814 Islamorada Boulevard, hurricane shutters.
  - Thomas & Pamela Zalac, 4020 Cobia Estates Drive, window replacement.
  - Mary & Stevens Smits, 4005 Big Pass Lane, roof & gutter replacement.
  - James Sineath, 4103 Cape Cole Boulevard, roof replacement.
- Section 22 restrictions and applications are available for download at **BSM22.org**. Submit your ARC applications to your condo association, if applicable, then to Alliant Association Management, 13831 Vector Ave, Fort Myers, FL 33919, Email: [apmsupport@alliantproperty.com](mailto:apmsupport@alliantproperty.com).

An ARC did you know, moment...

By Barry Groesch, Architectural Review Committee Chair

Did you know...if have a pool allotment with your property, and want to install a pool, an ARC application is required. For all projects, go to the **BSM22.org** website to get your application.

Reminder:

Next Section 22 HOA Board Meeting –  
Tuesday, August 22, 9 a.m., Linkside Café Patio.  
Every Tuesday – Section 22 HOA BOD Workshops,  
9 a.m., Linkside Café Patio.





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### RECENT LISTINGS

ADDRESS	STYLE	BED/BATH/GARAGE/POOL	PRICE
3011 MATECUMBE #4	CONDO	2/2/1 + DEN COMMUNITY POOL	\$425,000
3181 MATECUMBE #30	VILLA	2/2/2 + DEN COMMUNITY POOL (SOLD)	\$349,000
552 ISLAMORADA	VILLA	2/2/1.5 (NEW PRICE)	\$348,000
1001 ISLAMORADA UNIT 12B	CONDO	2/2 COMMUNITY POOL (NEW PRICE)	\$273,500
5070 KEY LARGO CIRCLE	SINGLE FAMILY HOME	3/2 3 CAR POOL (NEW PRICE)	\$758,000
24351 BALTIC AVE #301	CONDO	3/2/2.5 CAR COMMUNITY POOL	\$535,000
2060 MATECUMBE #2308	CONDO	2/2 COMMUNITY POOL	\$274,000
4075 CAPE COLE	SINGLE FAMILY HOME	2/2/+DEN 2 CAR, POOL (PEND)	\$549,000
5030 SABLE KEY	SINGLE FAMILY HOME	3/2 2 CAR, POOL (SOLD)	\$610,000
2090 MATECUMBE #1707	CONDO	2/2 CARPORT COMMUNITY POOL	
800 ISLAMORADA	SINGLE FAMILY HOME	2/2 2 CAR GARAGE	\$389,500

### Here’s What Your Neighbors Are Saying . . .

Dr. Mike sold our house in Burnt Store Marina 4/13/22 (6000 Key Largo Cir Punta Gorda, FL 33955). He provided timely and complete responses to our questions, texts, emails and telephone calls. He set up photography of our property which included a musical drone video which showed not only the architectural beauty of the house but also drone views of our lot, the surrounding property and the golf fairway. We were appreciative of his upbeat and personal approach. He met with us frequently when we were still in FL prior to the sale, and he then coordinated contractors' work required. His ideas and responses were thorough and complete. We recommend him most highly! (Zillow Review)

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# Mark Your Calendar – Out And About

## Inside the Gates Dates

- **Tuesday, August 1:** Deadline for the September *Beacon*. Article and picture submissions are welcomed. Become part of the *Beacon* family.
- **Tuesday, August 22:** Section 22 HOA Board Meeting, Linkside patio, 9 a.m.
- **Every Tuesday:** Section 22 HOA Board Workshop, Linkside patio, 9 a.m.
- **Every Tuesday:** Bar code installation, front gate, 1 to 3 p.m.
- **Every Thursday:** Bar code installation, front gate, 9 to 11 a.m.

## Outside the Gates Dates

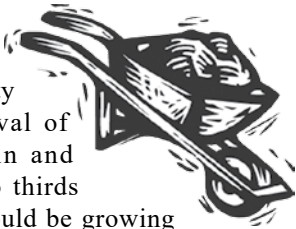
- **Friday, August 4:** Fort Myers River District Art Walk, 1 to 5 p.m. Visit many galleries, exhibitions and performances.
- **Saturday, August 12:** 2<sup>nd</sup> Saturday Dance Party, 2 to 5 p.m. Lessons start at 2 p.m., party starts at 2:45 p.m. Punta Gorda Women’s Club, 118 Sullivan St. \$15 USA Dance Members, \$26 USA Dance Member Couples, \$17 non-members single, \$20 non-members couples. Call Laura for information, 330-501-2366.
- **Friday, August 18:** Fort Myers River District Music Walk, 5 to 9 p.m. Local and regional musicians line the street with music from jazz to blues to rock and roll.
- **Every Tuesday and Friday:** Dance Fusion Class. 8:30 to 9:30 a.m. Punta Gorda Isles Civic Association, 2001 Shreve St. Call Cara Peralta for information, 941-276-1887. \$10 per class.
- **Every Thursday:** Fort Myers River District Farmers Market, 9 a.m. to 1 p.m.
- **Every Saturday:** Punta Gorda Farmers Market, from 8 a.m. to 1 p.m., downtown. Lots of vendors with fresh fruits and vegetables, live music, crafts and other great buys. Visit nearby murals and enjoy some of the great downtown restaurants.
- **Every Saturday:** Cape Coral Farmers Market, from 8 a.m. to 1 p.m., Clubhouse Square, SE 47th Ter. and SE 10<sup>th</sup> Pl., Cape Coral.
- **Every Sunday:** Punta Gorda Historical Society’s Farmers Market, from 9 a.m. to 1 p.m., at History Park, 501 Shreve Street. Shop for veggies, meats, plants and gifts. Most Sundays you will be treated to live music by Dave Heveron. When the market closes at 1 p.m., take a guided tour of the gardens at the park. Walk the grounds with Florida native gardener, Starr Zachritz, and learn about Florida’s flora. A \$5 suggested donation gets you a plant to take home. Call 941-380-6814.

## Gardener’s Wheelbarrow

By Maggie Hart,  
Mariners Pass

The daily heat and humidity will continue with the arrival of August. We can expect rain and thunderstorms for about two thirds of the month. Everything should be growing rampantly...ornamental plants, weeds, fungus and critters. Now is when you must do frequent walks around the yard to see how your landscape is faring. It’s amazing what can happen, seemingly overnight.

We are now in the middle of hurricane season. If you were here in August of 2004, you remember *Hurricane Charley*! And of course you remember last year’s *Hurricane Ian*. If you are feeling anxious about nearby palms, trees and large shrubs - *think* before you prune! Only remove branches and fronds that are dead, weak or diseased. “Hurricane” cuts are not beneficial and can actually compromise a palm. Radical pruning in palms weakens them by exposing the growing bud to the elements and reducing their ability to photosynthesize. Palms, with the **most** fronds, survive high winds best. Trees



and large shrubs that are severely pruned produce weak, clustered growth that is easily broken.

August Checklist:

- Do your ornamental plants look pale? Lots of rainfall leaches the soil’s nutrients. Feed the soil with a high quality, slow-release fertilizer with micronutrients. However, **no** nitrogen or phosphorous should be applied during the rainy season.
- Pruning – You may have noticed your tropical plants have doubled in size since you looked at them yesterday. This is *their* time of the year. It’s OK to do some pruning now, not waiting until the usual fall pruning, but be judicious. Do not prune out more than **one third** of the growth.
- Turf – Be watchful for damage caused by both chinch bugs and white grubs. Apply an approved insecticide for our high summer temperatures.
- This is the last month to put in new plants and still be able to take advantage of the rains. Native plants are best because of their adaptability. Remember to put in plants with their crown just above the ground level and then mulch. But keep mulch away from the stem or trunk – it will cause

rotting. Wondering about what to plant? Go to **BSM22.org** and review the Landscape Committee’s document, “BSM Landscaping Plants,” for a list of appropriate plants for our location.

Even tried and true plants will struggle with pests and diseases. Know when a plant is in trouble, identify the culprit, determine the amount of possible damage and the possible solutions. **Chemicals aren’t always needed.** For example, if you see small black grasshoppers chewing on your crinums...knock them off and stomp on them. This is quick and effective. If you wait until they mature into the very large and colorful adult lubber grasshopper, there isn’t a chemical that will work...and they’re tougher to catch and messier to squash. A few aphids on new growth? Prune out the eating zone, or go back to squashing with your gloved hand. The birds are also quite effective at eliminating insects.

Plants that like the heat, like ginger, bird of paradise and ixora are thriving now, looking their best and adding color to your landscape. Heat-loving greenery include natal plum, philodendron and sea grape. These are the ones you want to plant to keep your landscape attractive all year.

# Attention Residents:

We have notified you in the past that when you have a medical emergency, you need to call 911 and identify that you live in Lee County.

It is important that the RESIDENT call in the emergency since the front gate cannot answer the questions asked by the 911 dispatcher. In order for the medic not to be delayed in getting to the scene of the emergency the resident must be the one to call 911.

Thank you.

## Enjoying Your Walk

By Jan McLaughlin, Former Beacon Editor

One morning a fellow walker stopped me and asked what the distance was around Prosperity Point, and how far was it from there to the front entry gate. With lots of residents returning and enjoying our pedestrian paths, I offer the following. All distances were measured with a GPS while riding in a golf cart.

- Islamorada Entrance Gate to Cape Cole Blvd. – 0.82 mile
- Cape Cole Blvd., golf clubhouse gate arm to Islamorada Blvd. – 0.60 mile
- Cape Cole Blvd., golf club gate arm to Matecumbe Key entry – 0.72 mile
- Matecumbe Key Blvd., construction entrance to Cape Cole Blvd., 0.72 mile

- Matecumbe Key Blvd., Cape Cole Blvd., to South Shore – 0.55 mile
- Courtside Landings’ Loop, start/stop at entrance – 0.48 mile
- Prosperity Point sidewalk loop, start/stop at Matcumbe Key Blvd, 1.26 mile
- Admiral’s Point loop (includes Key Largo Lane Circle, Sable Key Circle and Key Largo Circle) start/stop at Marathon & Cape Cole Blvd., 1.06 mile
- Tarpon Pass loop, start/stop at Islamorada Blvd., 0.76 mile

Wonderful resources for walkers abound on the Internet. These sites offer a wide selection of audio music apps for beginners to advanced walkers, exercise videos, gear (including shoes), accessories and resource information.

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409 The Capitol  
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Email: [Passadomo.kathleen@flsenate.gov](mailto:Passadomo.kathleen@flsenate.gov)  
**Jonathan Martin** – District 33  
239-338-2570 / 850-487-5033  
2000 Main Street, Suite 401, Fort Myers FL 33901  
Email: [Martin.jonathan@flsenate.gov](mailto:Martin.jonathan@flsenate.gov)  
**Florida State House of Representatives**  
**Spencer Roach** - District 76  
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Tallahassee Office - 850-717-5079  
Email: [Spencer.roach@myfloridahouse.gov](mailto:Spencer.roach@myfloridahouse.gov)

**Tiffany Esposito** - District 77  
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Email: [Tiffany.esposito@myfloridahouse.gov](mailto:Tiffany.esposito@myfloridahouse.gov)  
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Email: [Jenna.persons@myfloridahouse.gov](mailto:Jenna.persons@myfloridahouse.gov)  
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Email: [dist1@leegov.com](mailto:dist1@leegov.com)  
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**State Attorney – 20<sup>th</sup> Judicial District**  
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Email: [afox@cjis20.org](mailto:afox@cjis20.org)

**Supervisor of Elections**  
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# Tight Lines...

## What do I need to start Fishing at Burnt Store Marina?

By Jay Lev,  
Burnt Store Anglers

This is the question we receive very frequently from families first moving to the Marina, or folks who have lived here awhile, and eventually get the bug to try fishing. Many families bring fishing tackle with them from their northern home, or fishing tackle they once used to fish in the Great Lakes or the Atlantic. Believe it or not, it is time to start your future hobby with brand new equipment designed especially for Florida fishing.

The Burnt Store Anglers fishing club has had many new residents come by their homes with family fishing tackle to ask if they can use that equipment here in Florida. Generally, the answer is you can “BUT.” So, let’s start out with nice new fishing equipment that will help you get into Florida fishing with good success.

When families first realize that most fishing out of the marina is done in 2 to 10 feet of water, they find it hard to believe. For example, a recent 15-pound redfish was caught



under some mangroves in just two feet of water. A 30-inch snook was hooked and brought to the boat on a sand flat of just 4 feet of water. Another fun example is a nice young tarpon was caught in a local canal in 6 feet of water. Heavy northern tackle is just not useful. Let’s get started with selecting your fishing tackle with the purchase of a fishing rod.

Many tackle stores and sporting stores sell rods and reels as a package from the manufacturer. If you want a nice piece of equipment, stay away from the prepackaged fishing outfits. There are at least 25 manufacturers of good quality fishing rods that have designed fishing rods exactly for our local waters. It is best to go to one of our local tackle shops, whose salespeople (frequently the shop owner) can answer all your questions, and fit you out with a great well-made fishing rod that should last you for years. Three local shops have earned a reputation for being the most helpful and those shops have many great fishing rods to choose from.

While there are many fishing tackle shops in our area, here are the names of the three we most often hear about.

1. Fishin’ Franks in Port Charlotte on Route 41 just a short distance over the 41 bridge on the right-hand side of the road.

2. Pine Island Bait and Tackle shop. Located just as you enter St. James City on the right-hand side of the street. This shop is a bit of a drive but well worth the ride.

3. Lehr’s Economy Tackle of North Ft. Myers on N. Tamiami Trail.

These shops have been around a very long time and their websites can be found online. Each of these shops has the very finest assortments of fishing rods and reels.

In order to take full advantage of the experts in these shops, be prepared to answer a few questions.

1. Where do you fish or plan to fish? Be specific about Burnt Store Marina.

2. Will you be fishing from a dock, a wall or from a boat?

3. Do you have any experience fishing in these locations or are you going to be new to the sport?

4. Will you be using bait to fish, artificial lures, or both?

5. Now for the most important question. How much do you want to spend?

Starting out new to the sport, it is usually recommended to buy a good quality rod and reel. but not necessarily the top of the line. This buying range may help you.

• A good fishing rod, that is well made with good quality components, should cost from \$75 to \$130 dollars. Many rods with very high-end components can cost upwards of \$175 to \$250 dollars. Ask to see several rods. Your salesperson will recommend what weight fishing line your rod is rated for and what lure weight it can easily cast. The last factor is how the rod feels to you and if the design and color is appealing to you.

• Once you have selected your fishing rod, you will need to select a spinning reel that matches with the rod you have selected. Reels are designed to fit a variety of fishing applications. Your salesperson can match you up with a good reel for the rod you have selected. Reels can cost, on average, between \$100 to \$200 for a fine piece of tackle.

• The line for the reel is usually based on the rating of the rod you selected, the reel’s line capacity, and what fish you will use the rod and reel mostly for. Take your salesperson’s recommendation after you ask them which is the most popular fishing line. Your salesperson will put the line on the reel for you. The expected cost should be between \$15 and \$35 dollars. Your total cost for a good quality rod and reel should be around \$225 dollars.

• You are now ready to go fishing, except for your selection of some basic fishing hooks, leader material and casting lures suited for our local species of fish. The tackle shop can help you with those items as well.

Many people, new to fishing, feel that amount of money is a lot to spend to get started in local fishing. Just be glad you selected fishing instead of golf, which could start you off with a cost well over \$1000. If all goes well, and you enjoy your fishing, you are just a cast or two away from catching your first Burnt Store Marina fish.

Be patient, practice your casting and observe what the fish are biting. You will really enjoy the sport. Be sure to brag about the fish you catch as all good fishermen do. For more great fishing advice and programs, join the Burnt Store Anglers for just \$10 per family, per year. The first meeting of the Anglers is on the first Monday of October at 3:30 p.m. and is held each first Monday through May at the Tiki Hut, in front of Cass Cay restaurant.

Tight Lines!

## Golf Tips

By Bill Connelly,  
Manager of Golf Operations

Proper rotation is the key to a powerful golf swing. You must have your upper body (shoulders) and your lower body (hips) fully rotate to a balanced finish. You start with your weight evenly distributed, and when you turn to the top of your backswing, most of your weight should be on the inside of your trail foot. Once you have completed your backswing, your shoulders and hips will rotate forward through your swing, which will cause your weight to shift to your front side and complete your swing.

Please stop in for lunch and some shopping, we would love to say hello.

Have fun learning to enjoy your game.



## Renting Your Home?

Be sure to get your paperwork to the front gate so your renters will be processed quickly and efficiently.

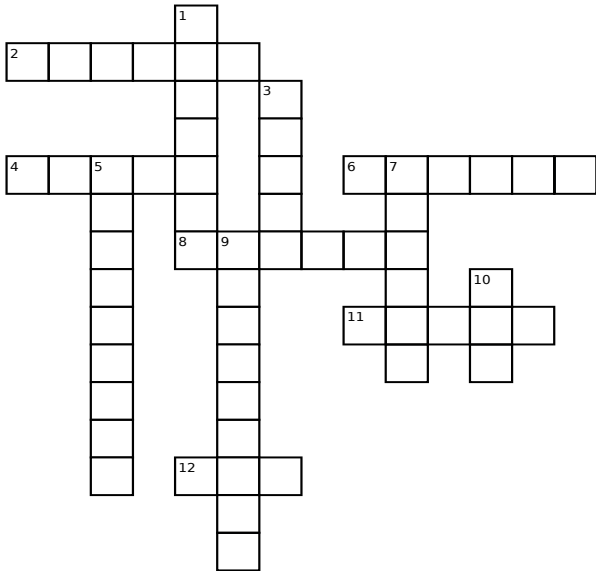


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## Crossword Puzzle August

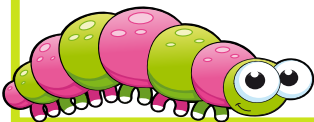


Down:

- Navajo Code \_\_\_\_\_ were a great asset during WWII.
- Anhinga is a large \_\_\_\_\_ bird.
- Fishing Franks is in Port \_\_\_\_\_.
- Heron, \_\_\_\_\_, and Pelican are the names of the three golf courses in BSM.
- \_\_\_\_\_ cuts are not beneficial and can compromise palm trees.
- \_\_\_\_\_ Days of Summer.

Across:

- Breakfast at Linkside restaurant is every \_\_\_\_\_.
- \_\_\_\_\_ is a game of leisure.
- Trivia will continue every \_\_\_\_\_.
- Community \_\_\_\_\_ Boil is in November.
- Wish for our \_\_\_\_\_.
- Muscles are active tissue that consumes \_\_\_\_\_ as fuel.



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Challenge yourself at the expansive state-of the-art fitness center with the latest cardio and strength building equipment, and take a class in the yoga/ aerobics room. Outdoors you can play like a pro on the Har-Tru tennis courts, pickleball courts, and bocce ball courts. Find all the best brands and gear right here at the Tennis Center Pro Shop.

The Clubhouse will offer both casual & formal dining options to delight your tastebuds. The friendly staff will offer a variety of special events and functions where neighbors and friends can mingle, dine and dance. A full-time Activities Director will partner will be on staff to help residents share various hobbies, clubs and games.

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## Veranda Homes



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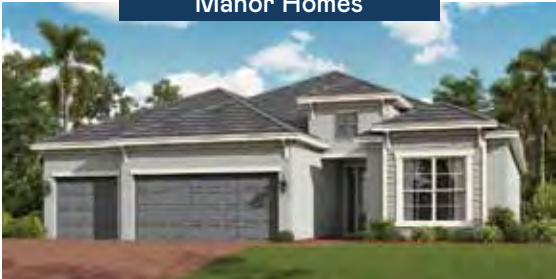
1,120 to 1,301 Sq. Ft. Living A/C

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# Fitness, Friends & Fun...Summertime Update

By Cynthia Mathews

It's summer and you know what that means... It's updating, upgrading, and upping our game before next season.

**Off The Courts**

The Aerobics Room has a beautiful new floor with better 'bounce' than the previous one. Classes are held at 7:30, 8:30, and 9:30 a.m., Monday through Saturday, with 10:30 a.m. classes on weekdays. Yoga classes are offered Tuesdays and Thursdays at 11:30 a.m. Can't make it into the Fitness Center in person? These fantastic classes are also available on Zoom.

Aqua Aerobics happens six days a week. Aqua Aerobics will return to the gym pool when the sea wall repairs are complete. Our summer class schedule is Monday, Tuesday, Wednesday, Thursday, and Saturday at 8:30 a.m.; and Fridays at 8:30 and 9:30 a.m.

**On The Courts**

August will welcome resurfaced tennis and pickleball courts. We are looking forward to new surfaces!

**Tennis**

The Burnt Store Marina Tennis subcommittee has new members for the 2023-2024 season! Let's all welcome new sub-committee members Karen Bailey, Clif Behney, and Dorothy Saviste.

Don't forget there is a Round Robin every Saturday at 8 a.m. with room for eight women and eight men. Summertime Tennis for mixed doubles of all levels, meets Wednesdays



and Fridays at 8 a.m. Just getting started (or restarted) in tennis? Each Wednesday Kelly Millar hosts Beginner Clinics at 11 a.m. You can call her at 530-305-1451 for more information. Sign up on Court Reserve for these activities. Coach Jay Penny hosts Private Lessons and Team Clinics.

An excellent opportunity for men over 75 years of age. The Peace River Senior Men's Tennis League is starting a new division for the 2023-2024 season. Rule changes allow Gold, Blue, and Red level players to play on both teams with the 75+ matches on Monday. There are no skill level restrictions, and we are hoping to form 75+A and 75+B divisions when the league expands. Contact Milt Sales at [miltkathy@gmail.com](mailto:miltkathy@gmail.com) to find out the details.

**Pickleball**

If you haven't played it, you've heard of pickleball. It's the fastest-growing sport in the country. According to the APP – Association of Pickleball Professionals – over 48 million adults across the USA have played pickleball within the last year. That's nearly 19% of all grown-ups! There are lots of reasons for its popularity. It is played on a court about one-third of the size of a standard tennis court, so it's easier to get around. Even better – this game requires all players to stay out of the kitchen. The kitchen is the seven-foot area next to the net.

The funny-named sport has been around since 1965 when Congressman (and later Lt. Governor of the state of Washington) Joel Pritchard and a couple of his friends made up this dynamic game so his entire family could play together in the yard. It got its funny name from his dog Pickles who liked to play too.

A few short weeks ago, I started playing pickleball. As a former tennis player with a new total knee replacement (days before *Hurricane Ian* – but that's another story), pickleball seemed a fun way to change up my workouts. I ordered a paddle online, put on my workout clothes, and headed down at 9 a.m. on a Sunday morning. The group was welcoming and helpful, and guided me as I learned the way the game is played. It's basically a tennis like start with two long ground strokes, and then it's a hustle to the kitchen line. At that point, the game becomes like ping pong on steroids.

Along with learning to keep the paddle at the ready, and to cover my face when playing aggressive players, I learned that appropriate shoes are a must. My Hokas and Trail shoes are cushiony, but on the courts, those thick soles can cause rolled ankles. So, I had a reason for getting new shoes!

I'm starting my fifth week of playing regularly. One morning our pro Ricky came over and gave me a few pointers. Every morning, I look forward to heading over and greeting my new friends for some fun, sweaty competition. After just a few weeks, even I am helping guide some of the newbies. Not ready to play? Then come and watch! Open play Monday to Saturday from 8 to 11 a.m. and Sundays from 9 a.m. to noon.

Are you just starting out? Grab your paddle and join the Picklers and Giggles from 11 a.m. to 1 p.m. Mondays and Wednesdays. Round Robin play is Tuesdays and Thursdays from 2 to 4 p.m. and Advancing Picklers and Giggles take to the courts on Fridays from 11 a.m. to 1 p.m.



## Residents of Burnt Store Marina: Speak Out in *The Beacon*

- Do you want to recognize us for what we are doing well?...Speak Out!
- Do you have a vision for the future of the BSM Community?...Speak Out!
- Do you have a suggestion for change or improvements?...Speak Out!

Submit your suggestions to be considered for publication in *The Beacon*!  
Be Positive, but be Bold!  
Fresh ideas are welcome!

- Submit your feedback to:**
- Jon Ackerson, Section 22 BOD, at [jon@ackersonpsc.com](mailto:jon@ackersonpsc.com)
  - Alliant Call Center at 239-454-1101
  - Or, go to [BSM22.org/bsm-speak-up/](https://www.bsm22.org/bsm-speak-up/) and complete the form provided online

All suggestions will be considered!

## Speak Out... Kudos to PGI22 BOD!

By Mike Diegelmann, Commodore Club

I want to thank the Section 22 Board of Directors for their commitment to follow through on tree debris clean-up along Cape Cole Blvd. The Board accommodated my request for cleanup, especially regarding New-Comers' first impression of the Burnt Store Marina. The landscaping crew did a wonderful job. Many thanks for the quick response.



# Is it an Anhinga or Cormorant?

By Maggie Hart, Mariners Pass

We see them almost every day – whether on a pond at the golf course, or somewhere close to the marina. Many people find it difficult to tell these two bird species apart. There are 36 species of cormorants (also known as shags) and four of anhingas (also known as darters or snakebirds). They are all related to pelicans, frigatebirds, gannets, and tropicbirds, which are all also waterbirds in the order *Pelecaniformes*. However, when you compare the two, you will find that there are subtle differences that help to distinguish between the two birds.

The next time you are out bird watching, and you see one of these birds, here are some tips to help you identify the right one:

Anhingas are large water birds with black plumage, long tails, tiny heads, and snake-like necks. Their eyes differ in color from red to blue, with olive-brown beaks. Additionally, there are speckles and frayed silver-gray feathers on their upper backs and forewings that



look grizzled and mottled on the forewings and upper back. They use their long, straight, pointed beak to spear their prey. Anhingas range from the south/southeast coast of North America to South America. They have been recently sighted in coastal New York.

Cormorants are small, long-tailed birds, also with black plumage. These birds have yellow-gray bills, long hooked tips, and a yellowish V-shaped gular pouch. They do not swoop like a hawk, but their wings do flap rapidly when they fly over the water at high speeds. They use their hooked bills to grab their prey. Cormorants can be seen in many coastal areas throughout the world.

Unlike ducks and other water birds, both the anhinga and cormorant don't have oil glands, making their feathers less waterproof and heavier to fly with when wet. Therefore, they need to sit in the sun with their wings extending, to dry themselves when they come out of the water.



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Jennifer did an outstanding job as the realtor for the sale of our condo. She and her team (Philip and Monica) were very responsive to any and all of our questions/needs. The marketing approach (photos, videos and open houses) exceeded our expectations and went above and beyond all other real estate transactions we have had in the past. We highly recommend Jennifer and her team with an A+++++++

Jennifer is Awesome! So fortunate to have crossed paths with her Phillip and Monica. They helped us sell 2 homes and buy 2 homes ! I wouldn't use anyone but Jennifer. Highly recommend her. She will call you anytime anywhere when you need her. Don't use anyone else but the Taberski Team. You will not be disappointed. God Bless.

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Or even on our grass  
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It's what your puppy passed  
So let us live in harmony  
And help our paradise last



Sheriff's Report

June 8 Stops

- 1 Ticket
  - 1 Resident - Stop Sign
- 1 Speeding Warning
  - 1 Resident
- 6 Stop Sign Warnings
  - 4 Residents / 1 Contractor / 1 Visitor



Sudoku Puzzle

	8					5	4	
	5	6	3					
		2	7	1		9	8	6
2	1		4	9				
		5	6		1	4		
				5	2		9	1
1	7	3		2	8	6		
				6	3	7		
	4	8				2		



New Docks at the Marina



Waves Crashing at the Venice Jetty  
Photos by Karen Sanderson, Esplanade

Burnt Store Marina CC News

By John Abbott,  
General Manager, BSMCC

Well, the dog days of summer are definitely here (although it felt like they got here in June). It's hot, but we aren't going to let that slow us down here at the club. We have lots of fun events scheduled this month, beginning with the August 5, "Beat the Crew" tournament. This tournament was supposed to be held in July, but due to scheduling conflicts, got moved to August. Dillan, Tyler, John and Bill have taken the extra couple of weeks to hone their skills, and get ready to take on any and all teams, so you better come prepared☺.

Later in the month, we are having our "Summer Shootout" where 10 players start on the first hole, with one player being eliminated each hole, until the last person is standing. This is always a fun event, and since



it is a 3 p.m. start, we will make sure the beverage cart is never far from the players...for hydration purposes of course.

Linkside also has a full calendar this month, kicked off by the Republican Dinner on August 2 and Pasta Night on the 3<sup>rd</sup>. On Saturdays through the month of August, we will have live music and pizza, however we will take a night off on August 5, so that we can celebrate the wedding of our board president, Joe Averdick, and his lovely bride-to-be, Liz Lavandero.

Trivia will continue every Monday, and "2 for \$30" dinner specials will be available every Tuesday. The rest of the schedule is filled with bingo nights, prime rib buffets, happy hours and Friday dinners with seafood specials.

Please take note that we will be closing down the last three days of the month for a deep cleaning but will reopen on Friday, September 1.

Have a wonderful August, and as always, we look forward to seeing you all at the club!

BSMCC AUGUST 2023 Schedule of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Lunch 11 a.m.- 3 p.m.* Dinner 2 for \$30 5 - 8 p.m.**/* 9 Hole Scramble	2 Republican Dinner 5 - 8 p.m.	3 Lunch 11 a.m - 3 p.m.* Pasta Night 5 - 8 p.m.**/*	4 Lunch 11 a.m - 3 p.m.* Dinner 5 - 8 p.m.**/*	5 Beat the Crew 9 a.m.*** 4-person Scramble  Private Event 5 - 9 p.m.
6 Breakfast Menu 9 - 11 a.m. Lunch 12 - 3 p.m.	7 Lunch 11 a.m.- 3 p.m.* Trivia 5 - 8 p.m.***	8 Lunch 11 a.m.- 3 p.m.* Dinner 2 for \$30 5 - 8 p.m.**/* 9 Hole Scramble 3 p.m.***	9 Lunch 11 a.m. - 3 p.m.* Bingo 5 - 8 p.m.***	10 Lunch 11 a.m - 3 p.m.* Thirsty Thursday 1/2 price appetizers Happy Hour Drinks Dinner 3 - 8 p.m.	11 Lunch 11 a.m - 3 p.m.* Dinner 5 - 8 p.m.**/*	12 Pizza Night with Music Luke Perring 5 - 8 p.m.
13 Breakfast Menu 9 - 11 a.m. Lunch 12 - 3 p.m.	14 Lunch 11 a.m.- 3 p.m.* Trivia 5 - 8 p.m.***	15 Lunch 11 a.m.- 3 p.m.* Dinner 2 for \$30 5 - 8 p.m.**/* 9 Hole Scramble 3 p.m.***	16 Lunch 11 a.m. - 3 p.m.* Prime Rib Dinner 5 - 8 p.m./***	17 Lunch 11 a.m. - 3 p.m.* Thirsty Thursday 1/2 price appetizers Happy Hour Drinks Dinner 3 - 8 p.m.	18 Lunch 11 a.m. - 3 p.m.* Dinner 5 - 8 p.m.**/*	19 Pizza Night with Music Rick Austin 5- 8 p.m.
20 Breakfast Menu 9 - 11 a.m. Lunch 12 - 3 p.m.	21 Lunch 11 a.m.- 3 p.m.* Trivia 5 - 8 p.m.***	22 Lunch 11 a.m. - 3 p.m.* Dinner 2 for \$30 5 - 8 p.m.**/* 9 Hole Scramble 3 p.m.***	23 Lunch 11 a.m. - 3 p.m.* Bingo 5 - 8 p.m. **/***	24 Lunch 11 a.m. - 3 p.m.* Thirsty Thursday 1/2 price appetizers Happy Hour Drinks Dinner 3 - 8 p.m. Shootout 3 p.m. ***	25 Lunch 11 a.m. - 3 p.m.* Dinner 5 - 8 p.m.**/*	26 Pizza Night with Music Kit Jones 5-8 p.m.
27 Breakfast Menu 9 - 11 a.m. Lunch 12 - 3 p.m.	28 Lunch 11 a.m.- 3 p.m.* Trivia 5 - 8 p.m.***	29 9 Hole Scramble 3 p.m.***  LINKSIDE CLOSED FOR CLEANING	30 LINKSIDE CLOSED FOR CLEANING	31 LINKSIDE CLOSED FOR CLEANING		

\* Call Linkside for reservations 941-637-6405  
\*\*Members make reservations 1st! Non-member 7days prior to events - 3 days before dinner's if available!  
\*\*\* Sign up in Lobby on Board  
\*\*\*\* Sign up at Admin Office.  
\*\*\*\*\* Reservations for Republican and Democrat Dinners must be made through respective clubs.  
Due to circumstances beyond our control, everything is subject to change.

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# Fit Happens...8 Ways of Promoting Health. Part 3

By Donna Heiple, ERYT, RCYT, YACEP, CPT, CSE

There are eight areas of health, that if out of balance, can contribute to health issues. Balancing these eight areas will strengthen your liver function, activate your thyroid, balance your pH, fire up your nervous system, get you strong, elevate your heart rate, and keep your colon clean! We are reviewing the last three of the eight areas this month.

### Get Strong and Move your Body with Strength

Any yoga/fitness position that requires you to be active, either as you shorten or lengthen the muscles, will help with weight loss. This is because muscles are active tissue that consume fat as fuel. If you build strong muscles, they will be eating your fat stores even when you are resting. That is why strength work is very good for weight loss.

Arm balancing postures are great for this. Even basic arm balancing poses are great because they often engage every muscle, not just the arms or shoulders, but also the abdominals and legs.



Yoga/fitness postures for this are:

- Chaturanga/ tricep plank - Plank with knees up or down works well here, elbows in toward your hips, when you feel strong lower a couple inches and hold, continue until you can hold and hover above the ground.
- Lunges, squats, and balancing poses.
- Crane balance - From a squat bring your knees to the backs of your arms, when stable try to lift one foot then the other, when strong enough lift both and balance on your triceps.
- Scale pose - Seated with legs crossed, place hands on the ground next to your hips and try to lift your bottom off the ground, when strong enough lift the front leg, when you can do that, lift both.

There are modifiers and intensifiers for everything. Come to class to learn them.

### Cardio for heart strength

Many people think that getting their heart rate up, through jogging or intense interval training, is a good way to lose weight. Research shows that this is a misconception, and it is not a good way to lose weight at all. It can make a stressed nervous system even more exhausted, and lead to adrenal fatigue. What is better for weight loss is getting the heart rate up for a very short burst and then dropping it right down, then getting it up and then dropping it down. A strong heart is important, and cardio is a great way to build your heart's endurance, it's just not the best for losing weight. Cardio is great for maintenance, once excess weight has come off. We can certainly achieve this by intelligent yoga/fitness practice. Some great sequences for this are:

- Sun Salutes of all types, in fitness we call them burpees.
- Dynamic postures linked together, accelerating your heart rate for 1-4 minutes, then moving into static or less dynamic postures for 1-4 minutes, repeat.

If you love running/jogging or intense interval training, keep doing it, just add in some more stretching.

### Cleansing the Colon

The colon is also called the large intestine. The ileum, the last part of the small intestine, connects to the cecum,

first part of the colon, in the lower right abdomen. The rest of the colon is divided into four parts:

1. Ascending colon travels up the right side of the abdomen.
2. Transverse colon runs across the abdomen.
3. Descending colon travels down the left abdomen.
4. Sigmoid colon is a short curving of the colon, just before the rectum.

The colon removes water, salt, and some nutrients forming stool. Muscles line the colon's walls, squeezing its contents along. Billions of bacteria coat the colon and its contents, living in a healthy balance with the body.

A critically important aspect of digestive health is to keep your colon clear of old, rotting food and waste to prevent the build-up of dangerous toxins throughout your entire body.

As food moves from your small intestine into your large intestine (or colon), it resembles a porridge-like sludge. Your colon's job is to store, process and get rid of the sludge, ideally 2-3 times per day. This process of breaking down food and absorbing nutrients is aided by friendly bacteria commonly known as probiotics, which also help to protect the lining of your gastrointestinal (GI) tract. Once these friendly bacteria do their job, it's time for the waste to make it out of your body. With good, normal digestion, it takes about 16-20 hours to process a meal, so you can have two or three meals processed at once.

There are yoga/ fitness postures that cleanse the colon.

- All Twists are great for cleansing the colon
- Crunches
- Back bends
- Side bends
- Forward folds

All the suggested postures should only be practiced on an empty stomach. They should be used under the guidance of a good teacher. If they are used daily, correctly and consistently, in combination with good food habits, then balance will return to the body and mind and the health of the practitioner will be restored quickly.

Get to the gym where fit happens!

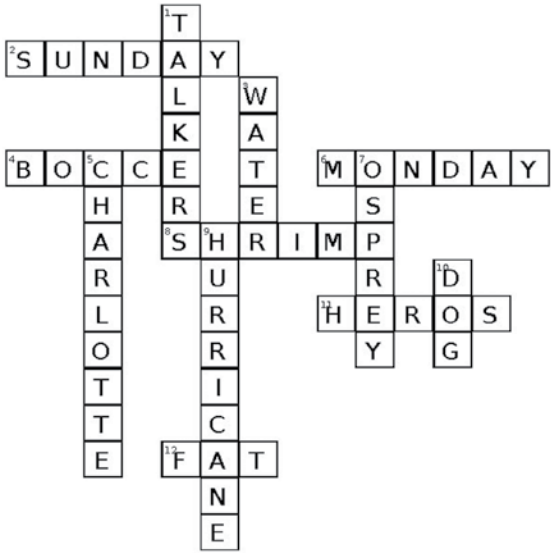
## Rules for Driving Golf Carts

There has been some confusion about operating golf carts in Burnt Store Marina. Please be aware that there are rules for golf cart use, and violation will get you a citation from the Lee County Sheriff's Office.



- Drivers of golf carts must observe the same rules as those designated for drivers of motor vehicles. Drivers must keep their carts on the right side of all streets, and obey all traffic signage.
- No one without a driver's license is allowed to drive on streets within Burnt Store Marina.
- No one **not playing golf** is allowed to drive a golf cart on the golf course.

## Crossword Solution



## Wildlife Caution Notice

Owners are asked to use caution and be aware of local wildlife such as coyotes, bobcats, and alligators.

Coyotes sightings have increased as it is their mating season, and they are more aggressive and vocal right now. Recently a Burnt Store Lakes resident witnessed a coyote chase a rabbit into their rain gutter downspout and then pull the downspout into the yard trying to get the rabbit out.

Please watch your pets carefully and keep them on a leash when outside, particularly at dusk, nighttime, and dawn.

Smaller pets are especially at risk. Letting them out in a fenced area may not deter a coyote. Make sure pet food, fruit, or other items are stored inside or in tightly shut garbage cans. Ensure your home is not luring small rodents or animals that coyotes like to prey on.

**One of the best attributes of living in Burnt Store Marina & The Lakes is the abundant wildlife. However, residents need to be aware of our wildlife and be cautious to ensure their own safety and the safety of their pets.**

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# Platinum Point Yacht Club

By Loretta Steeves, Director

Everyone knows that once season ends, the activities in Burnt Store Marina quiet down. But while things are quieter at Platinum Point Yacht Club (PPYC), they are by no means silent. Healthy competition continues each week with multiple bridge, bunco, and Mah Jongg games happening each week. (Mah Jongg trivia: Did you know that Mah Jongg was originally created to distract sailors from the hardships at sea?) Other members continue to explore their passions in the quilting and book club groups. And of course, PPYC would not be the social club it is without our happy hours, grill nights, and sunset socials bringing friends together to enjoy the club's waterfront facilities.

Members continued to socialize in the PPYC summer nine-hole golf scramble at Burnt Store Marina Country Club. The tagline for the scramble summarizes the PPYC flavor perfectly... "Experience is optional. Fun is not."

The cruisers took to the water to enjoy the wonderful Tween Waters Island Resort without the crowds of the season. And, as usual on many of PPYC cruises, non-boaters joined the camaraderie by driving to the resort for dinner or even by renting a room.

Another group of PPYC members enjoyed a fun night of murder mystery comedy at the Broadway Palm. *Murder in Paradise* was indeed comedy to die for.

Although summer seems far from over, it won't be long before a busy schedule of fall activities at PPYC begins. One exciting item on our schedule is the November **Community Shrimp Boil**. Last year's very successful Shrimp Boil brought members and neighbors together for an excellent dinner, music by our very own talented musicians, and an open house with a Christmas market that featured art, jewelry, crafts, baked goods and more. This year's event promises to kick off the season with equal fanfare, so save the date, **November 15, 4:30-6:30 p.m.**

As the weather continues to heat up, so do plans at Platinum Point Yacht Club. The PPYC Board Members will be meeting to establish the calendar for the upcoming season. If you are interested in joining the fun, now is a great time to explore the simple and affordable process of joining PPYC. New member information can be obtained at the club house. Dorothy Saviste, Club Administrator, is on-site Mondays, Wednesdays and Thursdays, and can be reached at 941-639-0733. She is ready and able to answer your questions and help you get started.



Platinum Point Yacht Club  
Community Shrimp Boil  
OPEN TO THE PUBLIC

Join Us

Thursday, November 15, 2023  
3:30 p.m. - 6:30 p.m.

Great Food, Musical Entertainment, Christmas Market  
Silent Auction & Cash Bar

Dinner consists of ½ pound of shrimp, sausage, mini potatoes, and corn. Dessert and water or soft drink included.

\$28 Per Person | Advance Reservations Required  
Dinner Seatings: 4:30, 5:00, 5:45, 6:30

Tickets go on sale August 1  
Order by calling the PPYC office at (941) 639-0733 Monday, Wednesday, or Thursday.  
We look forward to seeing you November 15.



Located in Burnt Store Marina, 3601 Cape Cole Blvd, Punta Gorda, FL 33955  
Visit the PPYC website (PPYCBSM.org) for additional information.

## Bocce - That's The Way We Roll!

By Kathy Darrell,  
Tarpon Pass II

Why should you play bocce? There are plenty of benefits to playing bocce, but here are just a few.



win, that is not the case. One must carefully consider factors like distance, velocity, and the placement of other balls before you bowl. This engages your brain and keeps it active and sharp.

Bocce is a low-impact game, but it does involve some light physical activity. You aren't going to burn calories like you do when walking, biking or swimming, but it does allow for some light cardio.

You can also improve flexibility because you are bending, extending your arms (cheering also) and moving your joints without causing too much strain. This can be particularly useful for seniors in maintaining their mobility.

Friendship! Meeting new folks and making new friends that will have your back.

If you are interested in playing bocce, please contact Connie and Dave Huelsbeck at, [huelsbed@bellsouth.net](mailto:huelsbed@bellsouth.net).

Giochiamo a bocce! (Let's play Bocce!)

Bocce can help sharpen your brain. While most folks believe that throwing the ball as hard as you can helps you



Yummy Summer Eve Dinner at Burnt Store Marina – photo by Karen Sanderson, Esplanade

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### Dining Venues

**LINKSIDE CAFÉ @ Burnt Store Marina C.C. - 941-637-6405**  
[www.linksidecafe.org](http://www.linksidecafe.org)  
23415 Vincent Ave, Punta Gorda  
941-637-6405  
Open to the public  
Breakfast – Sunday, 9 a.m. – 1 p.m.  
Lunch – Monday – Saturday, 11 a.m. – 3 p.m., Sunday 1 – 3 p.m.  
\*Dinner – Tuesday & Friday, 5 – 8 p.m.  
\*Call for information for specialty dinners  
\*Reservations are recommended as seating is limited

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### Sudoku Solution

7	8	1	2	6	9	5	4	3
9	5	6	3	8	4	2	1	7
4	3	2	7	1	5	9	8	6
2	1	7	4	9	3	8	6	5
8	9	5	6	7	1	4	3	2
3	6	4	8	5	2	7	9	1
1	7	3	9	2	8	6	5	4
5	2	9	1	4	6	3	7	8
6	4	8	5	3	7	1	2	9



Little Green Heron – Photo by Maggie Hart

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# Grammar Tips...More Misused Words

By the editors of *The Beacon*

No one has perfect mastery of English. Our language is constantly changing and evolving. But misusing words has a way of making even very intelligent people sound foolish. Here are 11 commonly misused words, and the correct way to use them:

**1. Irregardless**  
We don't know how "irregardless" crept into our vocabulary, but the correct word is "regardless."

**2. Literally**  
This word means "exactly as written" and "without exaggeration," but many people use it to exaggerate a point. When you say "I literally died right there," you can understand someone's shock to see you alive and well.

**3. Excetara**  
The correct spelling and pronunciation here is "et cetera." Remember that "et" is Latin for "and," while "cetera" means "the other things."

**4. Supposably**  
It may be easier to say "supposably," but the correct spelling and pronunciation is "supposedly" with a "d."

**5. Realator**  
The correct pronunciation and spelling here is "realtor." There is no "a" in the middle.

**6. Espresso**  
The correct spelling and pronunciation of this word is "espresso" (even if you get your order very quickly.)


**7. Heighth**  
People tack on the "th" because of the similar words length and width. But the correct spelling and pronunciation is "height."

**8. Anyways**  
It may seem like a small issue, but the correct word is "anyway."

**9. Adverse vs. averse**  
These two words are easy to confuse because they both mean something negative. Adverse means "unfavorable," while "averse" means "having a feeling of dislike." Example: "I had an adverse reaction to the medication." "She is averse to hard work."

**10. Premise vs. premises**  
Some people think that "premises" is the plural form of "premise." "Premise" means an assumption or idea, while "premises" is a building and surrounding lands. Example: "The premise of the article was that the city's finances are in trouble." "We asked the man to leave the premises."

**11. Affect vs. effect**  
These two words can be tricky, but remember that "affect" is usually a verb and "effect" is a noun that means "the result of something."  
Example: "I wonder how the storm will affect our plans." "The storm had the effect of delaying all flights."  
Like it or not, the way that you speak gives a positive or negative impression about you.



## Recipe Box


### Smith Lake Cake

By Jennifer LeClair,  
Pelican Way

*What Can I Bring?* is the name of the cookbook by Elizabeth Heiskell, where I found this delicious recipe. I have made it numerous times and it has never failed to bring me lots of compliments. This cake is good enough to beckon you in the middle of the night. NO ONE can resist it. It is one of the best cakes I have ever made and eaten.

**Ingredients**

- 1- 15.25 oz. package yellow cake mix
- 1- 3.4 oz. vanilla instant pudding mix
- 3/4 cup water
- 3/4 cup vegetable oil
- 1/4 cup packed light brown sugar
- 2 teaspoons ground cinnamon



**Instructions**

Preheat the oven to 350 degrees. Beat the cake mix, pudding mix, water, oil, brown sugar, cinnamon, eggs, 1/4 cup of the granulated sugar, and 1/2 cup of the wine with an electric mixer at a medium speed until just blended, about 30 seconds. Increase speed to medium-high, and beat about 2 minutes.

Pour the batter into a greased and floured 10-cup Bundt pan. Bake in the preheated oven until a wooden pick inserted in the center comes out clean, about 1 hour.

While the cake is baking, melt the butter in a saucepan over medium heat. Stir in the remaining 1 cup granulated sugar and 1/4 cup wine. Pour the butter mixture over the hot cake in the pan, and cool completely, about 1 hour. Turn the cake out onto a serving plate.

# Burnt Store Marina 2023 Veterans Day Events – SAVE THE DATE!

By Michele Goldman, Chair,  
*Wish for our Heroes Foundation*

For the thirteenth consecutive year, Burnt Store Marina will host a series of events over the Veterans Day weekend to raise money for local Veterans-in-need through *Wish for our Heroes Foundation*. This is a national 501(c)(3) dedicated to assisting military families and Veterans with basic needs.

On Veterans Day weekend, November 10 - 12, the following events have been scheduled:

November 11: Veterans Day Breakfast at Cass Cay Restaurant



November 11: Heroes Dinner & Fundraiser at Cass Cay Restaurant

November 12: Golf Tournament & Fundraiser, Burnt Store Marina Golf Club

Tickets will be available for purchase online at [www.wishforourheroes.org](http://www.wishforourheroes.org), and on-site at Burnt Store Marina, starting October 1. For questions, sponsorship information, or any other inquiries, contact Michele Goldman at (518) 469-7357.

To date, Burnt Store events have raised more than \$600,000 for military families struggling with basic needs. Burnt Store is excited to carry on a long-standing tradition of assisting our nations' heroes by continuing to raise money for those in-need.

## Rules of the Road

**Motor Vehicles:** Always drive your vehicle on the right side of the road. There are no "turn lanes" within Burnt Store Marina. Never drive your vehicle in lanes indicated for the use of bicycles and pedestrians. Always stop at stop signs. Never exceed the posted speed limit.

**Bicycles:** Always ride your bicycle on the right side of the road, even if there is no "bike lane" available. Use hand signals to indicate intention to turn. Always stop at stop signs.



Never exceed the posted speed limit.

**Golf Carts:** Always drive your golf cart on the right side of the road. Use hand signals to indicate intention to turn. Always stop at stop signs. Use lanes indicated for the use of bicycles and pedestrians only when neither is present.

**Pedestrians:** Always use lanes provided for bicycles and pedestrians. If there is no lane available, use the left side of the street, facing wheeled traffic. Use caution when crossing streets. Wear reflective clothing and carry a flashlight when walking or running after sunset.

# August’s Off-Beat Holidays

By Maggie Hart, Mariners Pass

In Florida, August is one of the hottest months of the year, and the middle of hurricane season. Given that, we still have much to celebrate and outdoor activities to interest a wide range of Burnt Store residents:

**August 1 - August Moon Festival** is a festival celebrated in Greece on the day of the full moon in August. This year, it falls on August 1. The August Moon is the brightest moon of the year. The day ushers in different festivals, with the most-awaited, being the Olympic games. The Olympic Games were held in Ancient Olympia in honor of Zeus, the king of the gods. They were usually held in August and done every four years. In modern times however, it is a matter of luck if the opening night of the Olympics falls on the night of the August Moon.

**Now Though August 12 - Summer Circus Spectacular**, Sarasota, Florida

The Circus Arts Conservatory and The Ringling partner to present the Summer Circus Spectacular, featuring some of the finest circus artists from around the world, performing acts to thrill audiences of all ages. This one-hour performance takes place twice daily at The Ringling’s Historic Asolo Theater, June 9 through August 12. The show features talented Master of Ceremonies, Heidi Herriott. Also, see astounding hand balancing performed by the Alexis Brothers, hilarious antics from Dick Monday & Slappy the Clown, plus the world’s fastest bounce juggler, Tersit Dersu, and much more! Tickets are now available. Admission: Adult: \$20, Child: \$13. For schedule information and tickets, go to **ringling.org** or call 941-360-7399.

**August 4 - the U.S. Coast Guard Birthday**, commemorating the military organization for its valor and discipline. Since 1790, the U.S. Coast Guard has kept the nation’s waterways safe, playing a critical role in national security. The U.S. Coast Guard is celebrating its 233rd birthday in 2023.

**August 4 - 5 - 54th Annual Wausau Fun Day & Possum Festival**, Wausau, Florida

The event kicks off Friday night with live entertainment, including the much-anticipated Possum King & Queen Contest, Possum Parade, possum stew, live music, dance, arts & crafts, 5K run, hog callin’, rooster crowin’ and cow

lowin’ contests. Saturday festivities includes a parade through downtown at 10 a.m., games, activities, vendors, live entertainment, and a possum auction. The Possum Palace is located at 3121 Possum Palace Dr, Wausau, Florida. For more information, contact Wausau Town Hall at (850) 638-1781.

**August 6 - National Root Beer Float Day**, a time to enjoy one of the best beverage/dessert combos. It all started in Colorado back on August 19, 1893. Frank J. Wisner, surrounded by Cow Mountain, where his Cripple Creek Brewing Company was located was inspired. Wisner came up with a novel idea. While mountain-gazing, Wisner envisioned scoops of ice cream floating in root beer. Wisner got to work combining vanilla ice cream with root beer and calling the result the ‘Black Cow Mountain.’ The soda he had used was Myers Avenue Red Root Beer. The root beer float was served to his guests the very next day and became an instant hit. Children shortened the word to ‘Black Cow,’ and today it is simply known as root beer float.

**August 9, 1944 - Smokey Bear** was born on Aug. 9, 1944, when the U.S. Forest Service and the Ad Council agreed that a fictional bear would be the symbol for their joint effort to promote forest fire prevention. Artist Albert Staehle was asked to paint the first poster of Smokey Bear.

**August 9, 1974** - Effective at noon, Richard M. Nixon resigned the presidency of the United states, as a result of the Watergate scandal. Nixon had appeared on television the night before, announcing his decision to the American people. Facing possible impeachment by Congress, he became the only U.S. President ever to resign.

**August 10 - 13 - 26th Annual Key West Lobsterfest**, Key West, Florida Every year Key West celebrates the opening of Lobster Season by throwing the biggest party of the summer. Thousands of lobster lovers descend on Key West for four glorious days and nights. Events include a Lobster Boil on Thursday night, the Duval Crawl on Friday night, a Free concert and Street Fair on Saturday and a decadent Sunday Brunch. For information, go to **keywestlobsterfest.com**.

**August 14 - Navajo Code Talkers Day**, is a day that holds great importance in the history of the U.S., because the day recognizes the contributions of Navajo marines during World War II. Navajo marines encoded and

transmitted messages using a complex Navajo language-based code during a time when secret communication was essential to win a war. The code was never broken by Japanese forces in the Pacific and proved to be of great assistance to the U.S. Marines. On this day, celebrate the great American heroes and their service to the nation! In 1982, Navajo Code Talkers Day was established through a presidential proclamation by President Ronald Reagan in 2014.

**August 15, 1969 - Woodstock** began in a field near Yasgur’s Farm at Bethel, New York. The three-day concert featured 24 rock bands and drew a crowd of more than 300,000 people. The event came to symbolize the counter-culture movement of the 1960s.

**August 17, 1978** - The first transatlantic balloon trip was completed by three Americans: Max Anderson, Ben Abruzzo, and Larry Newman, all from Albuquerque, New Mexico. Starting from Maine on August 11, they traveled in *Double Eagle II* over 3,000 miles in 137 hours, landing about 60 miles west of Paris.

**August 21, 1959** - President Dwight D. Eisenhower signed a proclamation admitting Hawaii to the Union as the 50th state.

## Lee County Leash Laws



It is a Lee County law, as well as a Burnt Store Marina rule, that all dogs are to be on leashes. The open lot at the corner of Islamorada and Matecumbe is not a dog park. The Commodore residents own the whole part that is landscaped. Please keep your dogs on leashes at all times, and off that property.



## WHY DO BOATERS LOVE HERITAGE LANDING GOLF & COUNTRY CLUB?

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