

# From the Section 22 HOA BOD

By Jon Ackerson, Sec. 22 HOA Board Member

This is the first time, in my memory, that each Board Member has written an article about their Board activities in *The Beacon*.

I have been on the Board for over six years. I have been involved in the major decisions that the prior Boards have made, some good and some, well just let it be said, we survived. One of the good decisions (which the community overwhelmingly supported) was to buy the golf course, fitness/tennis center and irrigation system for approximately \$4 million. If you have not noticed any positive changes at these facilities, you should be committed! For me personally, my wife Kay and I started the seven day "Home for The Holiday Days" Christmas celebration events each year, starting in the first week of December.

The Board decided that my attention this year should be focused on *The Beacon* newspaper and the Architectural Review Committee (ARC). Sounds "dry and boring," but it's not!

First, let me address the changes to what *The Beacon* is doing this year. Not satisfied with "doing business as usual," *The Beacon* Editorial Team (consisting of Linda Weiss, Chair, Maggie Hart, Jennifer LeClair, Daryl Lemon and Debbie Bretz) are continuing to create new ideas and information to share with all of us. When you see any of them, tell them thank you.

For example, *The Beacon*, along with the Section 22 Board, have recognized that we need to have a dialogue with our local elected leaders. We want our voice to be heard in major decisions, such as 4-lane widening on Burnt Store Road, or the need for additional irrigation water in Burnt Store. So, our Editorial Team is now publishing a list each month of the names, and how to contact our local elected representatives. Also important to us, is how to contact the Sheriff's Department if

you observe legal violations, which need to be addressed. All this information is now in *The Beacon*.

Another new idea from our board is to encourage our residents to share, through *The Beacon*, their ideas about what is great and what is not so great in Burnt Store Marina (what changes or improvements should be considered in Burnt Store Marina).

Let me explain. We want you to share, with all of us, what you like about what is happening in our community, and where we can improve to make Burnt Store Marina even more enjoyable for all of us. This new effort for community involvement is called "Speak Out!" You will see this "Speak Out" announcement in every edition of *The Beacon*. We are hopeful that you will submit articles for the Editorial Team's review, which may be published, so that ideas and comments from our residents can be shared. With the support of your vision/ideas, we can make our community even BETTER! Will it be a success? Not unless residents like you submit your ideas/ suggestions. See details in this issue related to "SPEAK OUT."

The Architectural Review Committee (ARC) is another of my Board duties this year. The ARC activities are about as exciting as "watching paint dry." NO OFFENSE, but looking over plans/drawings/information for improving a residence, is not very exciting, except to that homeowner. But it is a very important Committee, and like *The Beacon* Editorial Team, ARC performs a very important function. They are the people who review proposed changes/ improvements that you want to make to your home. Is purple, bright yellow or firehouse red appropriate color changes to your home? Maybe to you, but does it meet the aesthetic restrictions stated in our community legal documents? Our "stars" on this Committee are: Barry Groesch, Chair, John Farnham, Kim Schinneller,



Daryl Lemon and Mitch Wegrzn. Give them an "Atta Boy." They have earned it.

The ARC Committee is now reviewing new ways to help you to dress up your home and still comply with the Community Standards as required by our Rules.

Any thoughts you have on how to make either of these two Committees even better, call Jon Ackerson, Board Member. I am here to serve...502-777-9833 or email jon@ackersonpsc.com.

# **Architectural Review Committee**

#### By Barry Groesch, Chair

Are you thinking about updating your home? Any changes to the exterior of residences in Burnt Store Marina (BSM) are required to have Architectural Review Committee (ARC) approval. This applies to all homes, including homes in a condo association. If this approval is not granted through ARC, you may be asked to modify or remove the changes made. All requests are made by completing an ARC form, and adhering to Section 22 Home Owners Association (HOA) Restrictions. Remember to write legibly and complete the entire form, including having your Condo representative sign off (if required). Delays will occur if it cannot be deciphered, or the form is not completed in its entirety. Thanks. Anthony Gray 23971 Vincent Avenue, roof replacement.Tim & Lynne Parsons, 1621 Islamorada Boulevard,

roof replacement.

• Dana Pluss, 3051 Big Pass Lane, roof replacement.

• Robert Paul & Millie Hierro, 1502 Islamorada Boulevard, roof replacement.

Victor Smith. 3901 Cape Cole Boulevard. exterior paint.

• Thomas & Margo Williams, 2041 Big Pass Lane, hurricane shutters.

• Robert & Jo-Ann Bucci, 24086 Redfish Cove Drive, roof replacement.

• Todd & Heidi Clarke, 3265 Sunset Key Circle, front door replacement.

• James & Lauren Schneider, 6000 Key Largo Circle, roof

The following applications were approved last month by the Section 22 ARC:

• Kevin Kehoe & Elaine Reynolds, 3993 Cape Cole Boulevard, roof replacement.

• Robert LaFave, 3417 Sunset Key Circle, exterior paint.

• Steve & Julie Solen, 4042 Big Pass Lane, roof replacement.

• William & Patricia Surette, 4071 Cape Cole Boulevard, pool cage replacement.

• William & Patricia Surette, 4071 Cape Cole Boulevard, roof replacement.

• David & Catherine Randall, 4111 Cape Cole Boulevard, roof replacement.

• David & Catherine Randall, 4111 Cape Cole Boulevard, exterior paint.

• Donna Stein, 3760 Cobia Villas Court, mailbox replacements.

• Kathryn Tice, 3990 Cape Cole Boulevard, hurricane shutters.

• Kathryn Tice, 3990 Cape Cole Boulevard, roof replacement.

• Kathryn Tice, 3990 Cape Cole Boulevard, exterior walkway.

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• John Blubaugh, 3329, 3331, 3333, Sunset Key Circle, exterior paint.

• Steve Hocker, 4000 Cape Cole Boulevard, exterior paint.

• Steve Hocker, 4000 Cape Cole Boulevard, roof replacement.

• Robert & Sheila Rodier, 1108 Islamorada Boulevard, front door replacement.

• Robert & Sheila Rodier, 1108 Islamorada Boulevard, screen door replacement.

• Robert & Sheila Rodier, 1108 Islamorada Boulevard, garage screen door.

• Theodore J. Pitzel, 4021 King Tarpon Drive, roof & gutter replacements.

• Edith M. Graham, 4041 King Tarpon Drive, roof replacement.

• Gerald W. Harwood, 1617 Islamorada Boulevard, roof replacement.

• Kathleen Riley, 509 Islamorada Boulevard, exterior paint.

• Douglas & Carlene Russell, 4011 King Tarpon Drive, roof and gutter replacements.

• Myles Anderson, 3913 Cape Cole Boulevard, roof replacement.

• Alan & Laura Weisert, 4041 Cobia Estates, roof replacement.

• Morton & Rhea Fleishman, 3341 Diamond Key Court, roof replacement.

and gutter replacement.

• Siegfried & Marianne Zapp, 4045 Cape Cole Boulevard, roof replacement.

• Marie Sullivan, 409 Islamorada Boulevard, window replacement.

• Glen Boyd, 2071 King Tarpon Drive, garage screen door.

• Philip Carper, 5001 Marianne Key Road, roof replacement.

• Dorothy Farnham, 2060 Matecumbe Key Road #2802, hurricane shutters.

• Faraff & Kash Nodehi, 24099 Redfish Cove Drive, landscaping.

Architectural Review Committee on page 2

## **Reminder:**

Next Section 22 HOA Working Board Meeting – Tuesday, July 11, 9 a.m., Linkside Café Patio. Next Section 22 HOA Board Meeting – Tuesday, July 25, 9 a.m., Linkside Café Patio.

## **Directory: Section 22 Homeowners Association**

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#### Architectural Review Committee from page 1

 Marina Towers Condominium, 3020 Matecumbe Key Road, exterior paint.

• David & Rebecca Isley, 24129 Redfish Cove Drive, pool cage replacement.

Section 22 restrictions and applications are available for download at BSM22.org. Submit your ARC applications to your condo association, if applicable, then to Alliant Association Management, 13831 Vector Ave, Fort Myers, FL 33919. Email: apmsupport@alliantproperty.com.

# An ARC did you know, moment...

By Barry Groesch,

Architectural Review Committee Chair Did you know...if you want to add hurricane shutters, an ARC application is required. For all projects, go to the BSM22. org website to get your application.



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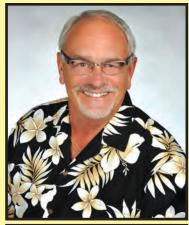


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## Here's What Your Neighbors Are Saying ...

Very helpful and attentive. Always got back to me to answer any questions I had. We went to an open house on a different property, where he was the listing agent, and ended up working with "Dr. Mike" Schwanger. He met with us after inspections in the home again to go over any issues or questions. He was with us every step of the process to make sure it was a smooth process. Very pleasant experience. We will be very happy in our new home.

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# Mark Your Calendar – Out And About

#### **Inside the Gates Dates**

- Saturday, July 1: Deadline for the August Beacon. Article and picture submissions are welcomed. Become part of the Beacon family.
- Tuesday, July 11: Section 22 HOA Working Board Meeting, Linkside Café Patio, 9 a.m.
- Tuesday, July 25: Section 22 HOA Board Meeting, Linkside patio, 9 a.m.
- Every Tuesday: Bar code installation, front gate, 1 to 3 p.m.
- Every Thursday: Bar code installation, front gate, 9 to 11 a.m.

### **Outside the Gates Dates**

- Tuesday, July 4: Fishermen's Village Independence Day Celebration, noon to 10 p.m. 1200 W. Retta Esplanade.
- Tuesday, July 4: Cape Coral Red, White and Boom. Cape Coral Pkwy, at the foot of the Cape Coral Bridge, 5 to 10 p.m.
- Friday, July 7: Fort Myers River District Art Walk, 1 to 5 p.m. Visit many galleries, exhibitions and performances.
- Saturday, July 8: 2<sup>nd</sup> Saturday Dance Party, 2 to 5 p.m. Lessons start at 2 p.m., party starts at 2:45 p.m. Punta Gorda Women's Club, 118 Sullivan St. \$15 USA Dance Members, \$26 USA Dance Member Couples, \$17 non-members single, \$20 non-members couples. Call Laura for information, 330-501-2366.
- Friday, July 21: Fort Myers River District Music Walk, 5 to 9 p.m. Local and regional musicians line the street with music from jazz to blues to rock and roll.
- Every Tuesday and Friday: Dance Fusion Class. 8:30 to 9:30 a.m. Punta Gorda Isles Civic Association, 2001 Shreve St. Call Cara Peralta for information, 941-276-1887. \$10 per class.
- Every Thursday: Fort Myers River District Farmers Market, 9 a.m. to 1 p.m.
- Every Saturday: Punta Gorda Farmers Market, from 8 a.m. to 1 p.m., downtown. Lots of vendors with fresh fruits and vegetables, live music, crafts and other great buys. Visit nearby murals and enjoy some of the great downtown restaurants.
- Every Saturday: Cape Coral Farmers Market, from 8 a.m. to 1 p.m., Clubhouse Square, SE 47th Ter. and SE 10th Pl., Cape Coral.
- Every Sunday: Punta Gorda Historical Society's Farmers Market, from 9 a.m. to 1 p.m., at History Park, 501 Shreve Street. Shop for veggies, meats, plants and gifts. Most Sundays you will be treated to live music by Dave Heveron. When the market closes at 1 p.m., take a guided tour of the gardens at the park. Walk the grounds with Florida native gardener, Starr Zachritz, and learn about Florida's flora. A \$5 suggested donation gets you a plant to take home. Call 941-380-6814.

# **Golf Tips**

#### By Bill Connelly,

Manager of Golf Operations As the season here at BSMCC comes to an end, we would like

to thank all our members and the



members of the community that have made this another great season. During the summer months, we will continue to have a nine hole scramble on Thursday afternoons that starts at 3 p.m. This month we will have the Firecracker Golf Scramble at 9 a.m. on Tuesday, July 4, and a Beat the Crew Tournament at 9 a.m. on Saturday, July 15. Please call the Pro Shop at 941-637-1577 to sign up for these events.

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## Below are the results of May golfing events. Cinco de Mayo Scramble on May 5

### **1st Flight Winners**

- 1. Jeff Thomas, Ralph Smith, Gary Knudsen, Jim Harding
- 2. Joe Mouser, Charlie Currao, Tony D'arminio,
- John Jannoti 3. Stan and Loriann Rogers, Ted and Doris Havens
- 4. Tom Freimark, John Salvaggio, Bill Morrissey,
- Larry Marks

#### 2nd Flight Winners

- 1. Dan James, Ovila Case, Mark Vanderkerkhove, Steve Dahl
- 2. Gene Lastfogel, Laura Lastfogel, Chris Hornak, Deb Lehmann
- 3. Doug and Karen Bingle, Sam and Becky Iaquinta

#### Memorial Day Tournament on May 29 1st Flight Winners

1. Bill and Ginger Story, Bob and Maryann San Juan 2. \*Chris Smith, Dan James, Ovila Case, Mark Vanderkerkhove

## \*Ralph Smith, Gery Tenharmsel, Larry Marks, Stan

Borchers

#### 2nd Flight Winners

1. Ron Shotts, Ellen Thompson, Mort and Rea Fleishman 2. \*Lori Davis and Steve Risius, Bill Loewes, Jon

Ackerson

\*Bob and Robin Lemaster, Dave and Kristan St. John

\*All tied for 2nd Place in their flights.

Please stop in for lunch and some shopping, we would love to say hello.

- Have fun learning to enjoy your game.
- **Enjoying Your Walk**

## By Jan McLaughlin, Former Beacon Editor

One morning a fellow walker stopped me and asked what the distance was around Prosperity Point, and how far was it from there to the front entry gate. With lots of residents returning and enjoying our pedestrian paths, I offer the following. All distances were measured with a GPS while riding in a golf cart.

 $\bullet$  Islamorada Entrance Gate to Cape Cole Blvd. – 0.82 mile

• Cape Cole Blvd., golf clubhouse gate arm to Islamorada Blvd. – 0.60 mile

• Cape Cole Blvd., golf club gate arm to Matecumbe Key entry – 0.72 mile

• Matecumbe Key Blvd., construction entrance to Cape Cole Blvd., 0.72 mile

 $\bullet$  Matecumbe Key Blvd., Cape Cole Blvd., to South Shore – 0.55 mile

• Courtside Landings' Loop, start/stop at entrance – 0.48 mile

• Prosperity Point sidewalk loop, start/stop at Matcumbe Key Blvd, 1.26 mile

• Admiral's Point loop (includes Key Largo Lane Circle, Sable Key Circle and Key Largo Circle) start/stop at Marathon & Cape Cole Blvd., 1.06 mile

• Tarpon Pass loop, start/stop at Islamorada Blvd., 0.76 mile

Wonderful resources for walkers abound on the Internet. These sites offer a wide selection of audio music apps for beginners to advanced walkers, exercise videos, gear (including shoes), accessories and resource information.

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## **Tight Lines...Fishing for Canal Tarpon**

By Jay Lev,

Burnt Store Anglers Fishing for tarpon is both exciting and a real test of the angler's skill. Our area is often called the Tarpon Capital of the world. This title is earned because Boca Grande and Charlotte Harbor are right smack in the middle of the



tarpon migration path. Our harbor, and connecting rivers, are prime hatchery grounds. The larger tarpons, ranging from fifty to two hundred pounds, are the breeding stock of the population. Frequently, their offspring find their way up into the rivers of Charlotte Harbor. Many more find their way up into the canals and back-water bays. One of the best fishing areas for smaller tarpon, ranging in size from ten to forty pounds are the canals of Punta Gorda Isles, Pirate Harbor, Burnt Store Marina and the areas along Old Burnt Store Road. These small tarpon show up between the beginning of May and well into the beginning of October. You can often see them rolling with their dorsal fins out of the water while they take a large

you can cast a live bait or artificial lure a good distance. Among the artificial baits that have proven over the years to be excellent tarpon catchers is the "D.O.A. Bait Buster." These artificial baits are available in gold fleck and silver fleck, and are approximately four inches long. The most effective model is the "Bait Buster Trolling" model, which is easily cast. These baits are available at all of our local fishing supply stores. Another artificial bait that has been very successful is the "Super Large D.O.A. Shrimp" in the root beer color. Another casting plug would be the "Yozuri 3D Inshore Fingerling 70 SP." This lure dives just below the surface and attracts many tarpon.

The number one bait for catching this canal tarpon is the large thread fin sardines or smaller white baits. This bait, fished under a popping cork with a four- to five-foot leader of 30 lb. test line, has been the number one rated bait. A number of anglers have reported catching these tarpon on large, live shrimp as well.

Many of the canals in PGI, as well as the entrance canal to Pirate Harbor and Burnt Store Marina are excellent locations to see these canal tarpon feeding. To fish these areas not only requires excellent skill, but also requires attention to professional courtesy. Since you will be fishing in areas where many home owners keep their boats alongside their private docks, you must not cast anywhere near their boats. This might accidentally cause some damage. Stay clear of all docks that protrude into the canals. You must remember that you are a visitor in these waters, and that they are privately maintained. Being especially careful and polite is your ticket to enjoying the tarpon fishing in these waters, now and in the future. If you are fishing from a wall that adjoins private property, be sure that there are no signs posted prohibiting fishing. As I am sure you are aware, the juvenile canal tarpon love to jump out of the water. It is not uncommon to have a hooked fish jump four or five times. This jumping exerts a great deal of pressure on the fish. Having them hooked and jumping a long time frequently results in their death. If you can, get the fish in as quickly as possible, and remove the hook quickly, so the fish will survive. Since tarpon of all sizes are generally not edible and require a special permit to keep, removing them from the water, and taking them home to show them off is not at all advisable. Taking a good picture will suffice.

Tight Lines!

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breath of air to fill their air bladders. This is a sure sign that these smaller tarpon are feeding in the area.

These tarpon generally go on the bite at sunrise and again about 6 p.m. into the evening hours. They are usually chasing small bait fish that inhabit these canal areas. Many fishermen have come to use the public access walls to cast live bait, or artificial lures, to these exciting, jumping fish. A fishing rod rated for 8-17 lb. test and 7-8 feet long is ideal. A fishing reel rated to hold 10-20 lb. test line is the perfect match. Together,

# Wildlife Caution Notice

Owners are asked to use caution and be aware of local wildlife such as coyotes, bobcats, and alligators.

Coyotes sightings have increased as it is their mating season, and they are more aggressive and vocal right now. Recently a Burnt Store Lakes resident witnessed a coyote chase a rabbit into their rain gutter downspout and then pull the downspout into the yard trying to get the rabbit out.

Please watch your pets carefully and keep them on a leash when outside, particularly at dusk, nighttime, and dawn.

Smaller pets are especially at risk. Letting them out in a fenced area may not deter a coyote. Make sure pet food, fruit, or other items are stored inside or in tightly shut garbage cans. Ensure your home is not luring small rodents or animals that coyotes like to prey on.

One of the best attributes of living in Burnt Store Marina & The Lakes is the abundant wildlife. However, residents need to be aware of our wildlife and be cautious to ensure their own safety and the safety of their pets.

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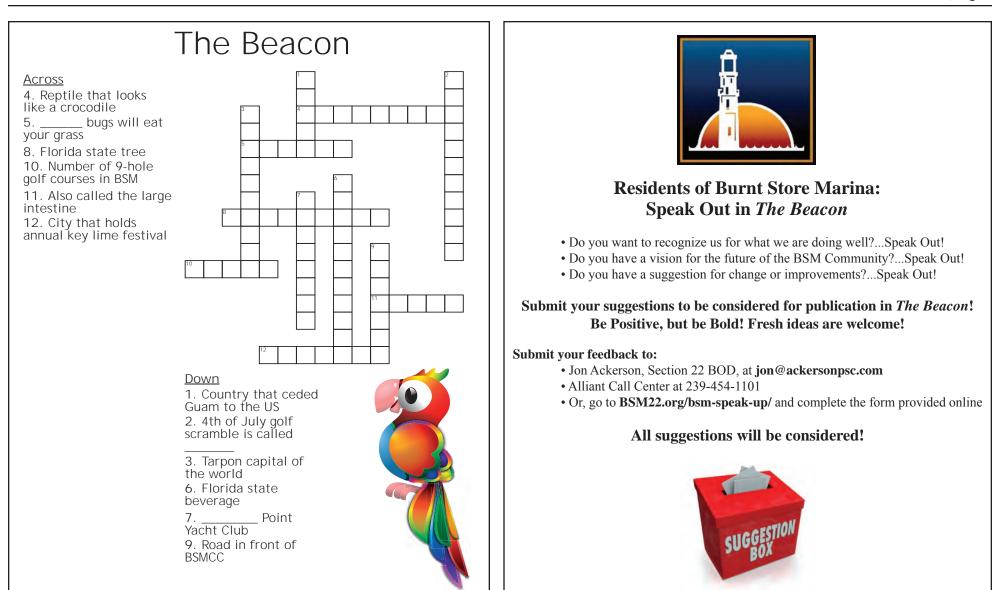


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# **Attention Residents:**

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It is important that the RESIDENT call in the emergency

since the front gate cannot answer the questions asked by the 911 dispatcher. In order for the medic not to be delayed in getting to the scene of the emergency the resident must be the one to call 911. Thank you.

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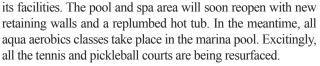
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# Fitness, Friends & Fun...A Time of Renewing and Reviving

By Cynthia Mathews

Following another invigorating and dynamic sports season, the Burnt Store Marina Fitness, Racquet & Pool Club is making some upgrades to



Have you checked out the back patio? The vending machine is gone, and it's been cleaned up, making it a great stretching and exercise area.

The Fitness Club's seasonal hours have changed and now the front desk is staffed Monday to Friday from 7 a.m. until 2 p.m., and from 8 a.m. to 12 noon on the weekends. Grab your fob for entry from 5 am to 10 pm. We have also made some minor price changes as all membership prices will increase by \$25 and Day Passes are now \$15 per person per day.

#### **Tennis Updates**

Burnt Store Marina's eight tennis team practices have concluded this summer season, but players can still enjoy group play with Summer Tennis on Wednesday and



**Burnt** Store

MARINA

Fitness and Racquet Club

Friday mornings and Round Robin play on Saturday mornings. Sign-up on Court Reserve is required and shows the time for each event.

The tennis subcommittee wants to thank Tom Schmitz, who has recently resigned after four years, for his service and dedication to the BSM tennis program. The committee will miss his strong leadership and especially appreciates all his hard work in spearheading the sunshade project. The subcommittee chair is now Jean Terrell and, along with the other committee members Kevin Kehoe, Kelly Millar, and Cheri Frank. She would also like to welcome three new members to the committee Clif Behney, from the 'Red Baron' team, Karen Bailey, from the 'Alley Oops' team, and Dorothy Saviste from the 'Simply Smashing' team.

The subcommittee is looking forward to the 2023-2024 season, and adding some fun activities to the BSM tennis program. Kelly Millar is currently working with beginner tennis players. If you are interested in learning to play, her contact information is on the tennis bulletin board, located in the fitness center, or ask our pro Jay Penny, at 413-281-0041. **Tennis Trivia** 

## 1 - About how many people play tennis in the US?

2 - Who is the woman with the fastest serve in tennis?

2A - Bonus points for knowing just how fast that serve was clocked.

- 3 How long is the standard tennis racquet?
- 3A Bonus: How long did it used to be?
- 4 When did the game of tennis start?
- 5 Were tennis courts always rectangular?
- 6 When did yellow tennis balls become ubiquitous?

7 - On average, how many tennis balls are used during a Wimbledon tournament?

8 - When was tennis first played in the Olympics?

**Trivia Answers** 

1 - In 2022, according to the US Tennis Association over 23.6 million Americans played the game.

2 - Serena Williams

- 2A A little over 127 miles per hour
- 3 29 inches
- 3A 32 inches

4 - Monks in France started playing the game back in the 11th d 12th centuries

5 - Originally the courts were hourglass-shaped until Wimbledon gave them their rectangular shape in 1875.

6 - 1972 when the International Tennis Federation found they were easier to see on television.

7 - Swapped out every seven to nine games, about 54,240 tennis balls are used.

8-Kind of a trick question-first played in 1896, international tennis disagreements kept it as a demonstration sport until 1988.

All correct? Great job! Maybe Roger Federer has a mug with your name on it!

#### **Pickleball Updates**

With most people off the courts for the summer, both the tennis and pickleball courts were scheduled to be resurfaced during the month of June.

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We did have one of our players, Rob Jamros, play in a big tournament. It was the PPA North Carolina Open (where all the professional players play), and his partner was a "blind date." They had never played with each other until they warmed up for their first match. Rob Jamros and Peter Dorton had good chemistry and won the Men's Doubles 4.0 60+ division Gold medal. This is a great accomplishment from our small group of players. Again, we are so fortunate to have our Pro Ricky! Text Ricky at 941-623-6632.

#### From the Aerobics Studio

New flooring! Jen Tait has a sample of the new Section 22 approved flooring!

There's a new class in the club – Core on the Floor. This program is designed to strengthen the core muscles that are the core of all sports and stability. With and without weights, standing warmups are followed by mat work using isometrics in dynamic and static exercises. The class closes with stretching and core and pelvic floor work. Check it out!

Remember Newton's First Law - An object in motion stays in motion. So, keep it up!

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## Sudoku Puzzle

	8	-				5	4	1
	5	6	3					
		2	7	1		9	8	6
2	1		4	9				
		5	6		1	4		
				5	2		9	1
1	7	3		2	8	6		
					6	3	7	
	4	8					2	

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FLORIDA'S STA	ATE SYMBOLS
<b>Animal</b> (1982)	FLORIDA PANTHER - A large, long tailed, pale brown cat that grows to six feet or longer. It is the most endangered of all the State symbols. Its habitat is usually the same as that of the white-tailed deer, which is the mainstay of its diet. Protected from hunting since 1958; on the Federal endangered list since 1967; state endangered list since 1973. Estimated population is between 80 and 100.   Reptile
Beverage (1967)	ORANGE JUICE - During the Second World War, scientists invented a process for making concentrated orange juice. Soon, a frozen concentrate was developed that transformed orange juice production into a multi-billion-dollar industry.     Shell (19)
Bird (1927)	MOCKINGBIRD - A superb songbird and mimic. This grey and white bird is about 10° long with a 15° wingspan. Feeds on insects, weeds seeds and berries. Territorial. Also the state bird of Arkansas, Mississippi, Texas and Tennessee.     Soil (1989)
Butterfly (1996)	ZEBRA LONGWING - Long narrow black wings with distinctive thin yellow bands and one band of yellow dots. Wingspan 3-3.2 inches. Slow, graceful flight. Found throughout the state in hardwood harmocks, thickets, brushy fields, pine-oak woods and gardens; more common in south Florida. Larval plant is the passionvine.   Stone (1979)
Fish (Freshwater) (1975)	LARGEMOUTH BASS - One of America's most-prized gamefish, the Florida largemouth bass seems to grow to unusually large size in Florida waters. It can reach more than 20° in length and weigh more than fifteen pounds.
Fish (Saltwater) (1975)	SAILFISH - Though not unique to Florida (they are found nearly everywhere in warm ocean waters), Florida sailfishing is legendary especially in the Fort Pierce, Miami and Keys areas during colder months. They can reach speeds of 60 mph. The average size found in Florida is approximately 6'-7' and weigh 30-45 pounds.   Wildflow (1991)
<b>Flower</b> (1909)	ORANGE BLOSSOM - The blossom of the orange tree is one of the most fragrant flowers in Florida. The aroma permeates the atmosphere throughout central and south Florida during orange blossom time. This year's blossoms can be seen on trees while last year's crop or oranges are still being picked. Highly prized during the Victorian era by brides.       Seal
<b>Gem</b> (1970)	MOONSTONE - Ironically, the moonstone (a form of mineral feldspar) is not found naturally in Floridanor was it found on the moon! However, the legislature adopted it as the state stone to memorialize Apollo 11's flight to the moon, which was launched from the Kennedy Space
Mammal (Marine) (1975)	MANATEE - This gray, waterplant-eating gentle giant, sometimes called a sea cow, can reach 8'-14' in length and can weigh more than a ton. Of all known causes, human's are responsible for half their deaths, frequently because of being struck by boats and barges and propeller blade injuries.   Other St Symbols

ammal altwater) <sup>975</sup> )	and the second	<b>PORPOISE OR DOLPHIN</b> - Even the Florida legislature left the issue open, designating the "porpoise, also commonly known as the dolphin," as the official saltwater mammal. Usually in Florida both names refer to the Bottlenose dolphin. This gray mammal can live to the age of thirty and are 6'-8' in length.
<b>ptile</b> <sup>187)</sup>		ALLIGATOR - Found throughout Florida (and in parts of other southeastern states); they move surprisingly fast over short distances and their powerful jaws and tails make them dangerous to approach. Alligators should not be fed as this causes them to lose their fear of humans (feeding is against Florida statutes).
ell (1969)	-0-	HORSE CONCH - Also known as the giant band shell; native to marine waters around Florida and can grow to a length of 24* /Young horse conchs have orange-colored shells; adults have orange apertures. The word *conch* comes from a Greek word meaning *shell.*
<b>(</b> 1989)		MYAKKA FINE SAND - This particular type of wet, sandy soil with an organic stained subsoil layer on flatwoods landforms is the largest total acreage in the nation. There are more than one-and-a-half million acres in Florida. Sufface layer: gray fine sand. Subsufface: light gray fine sand. Subsoil: dark reddish-brown fine sand with organic stains. Substratum (at depth of 4'): brown and yellowish brown fine sand.
<b>ne</b> 79)	<b>S</b>	AGATIZED CORAL - It takes about 20-30,000,000 years for silica in the ocean water to harden and replace limy corals with a form of quarts known as chalcedony. Agatized coral is found in three main Florida locations: Tampa Bay, the Econfina River, and the Withlacoochee/Suwannee river beds.
<b>e</b> 53)	·	SABAL PALM - The most widely distributed palm in Florida. Native also to Cuba, the Bahamas, and the coastal Georgia and Carolinas coasts. Also known as Cabbage Palm, it is also the source of swamp cabbage (hearts of palm); harvesting kills the tree. The 1970 legislature mandated that the sabal palm replace the cocoa palm in the state seal.
<b>dflower</b> 91)		<b>COREOPSIS</b> - This bright yellow-golden colored flower (centers may be black, brown, or yellow and petals can be solid in color or tinged with oranges or reds). Frequently called tickseed ( <i>coreopsis</i> means bedbug, apparently referring to the seed shape). Used extensively in Florida's roadside plantings, Florida's Federation of Garden Clubs promoted adoption as the state wildflower. Fourteen species are found in Florida.
1		In 1985, Secretary of State George Firestone presented the revised Great Seal of the State of Florida to the Governor and Cabinet. The previous State Seal had several errors which were corrected at this time. The revision has a Seminole Indian woman (rather than a Western Plains Indian, the steamboat is more accurate, and the cocoa pal was changed to a sabal palm (as prescribed by the Legislature in 1970)
ner State nbols		Motto: In God We Trust was adopted in 1868 as part of the State Seal and officially designated as the state's motto in 2006. Anthem: Florida, Where the Sawgrass Meets the Sky by Jan Hinton, winner of the online contest to find a new song to represent the state. However, Old Folks at Home by Steven Foster was retained as the "old state song."
		Play: In 1973 Cross and Sword was designated as the state play, depicting the story of the Spanish colonization of the nation's first city, St. Augustine.

# Lee County Leash Laws



It is a Lee County law, as well as a Burnt Store Marina rule, that all dogs are to be on leashes. The open lot at the corner of Islamorada and Matecumbe is not a dog park. The Commodore residents own the whole part that is

landscaped. Please keep your dogs on leashes at all times, and off that property.



Jesse loves the Dog Days of Summer riding on the golf cart - by Karen Sanderson



The Beauty of Summer ... Flowers and Butterflies - by Karen Sanderson





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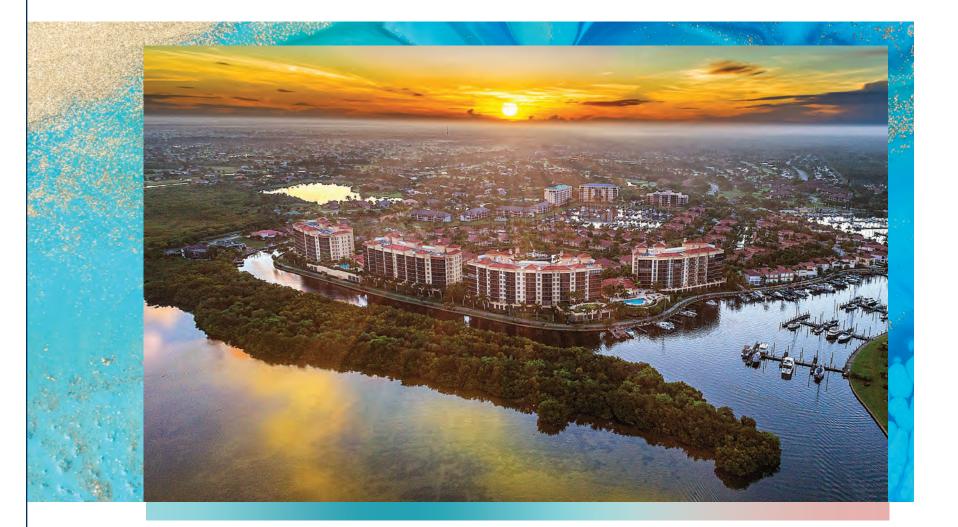


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# Fit Happens...8 Ways of Promoting Health. Part 2

By Donna Heiple, ERYT, RCYT, YACEP, CPT, CSE

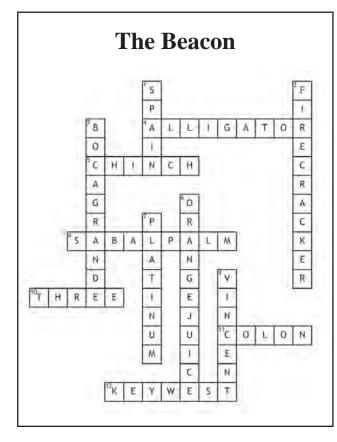
There are eight areas of health, that if out of balance, can contribute to health issues. Balancing these 8



areas will strengthen your liver function, activate your thyroid, balance your pH, fire up your nervous system, get you strong, elevate your heart rate, and keep your colon clean! Last month's article reviewed the liver and thyroid. Now let's explore three additional areas.

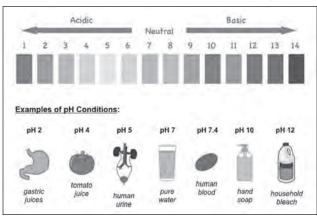
## pH balance

If the body is too acidic, low pH, then the body will attempt to protect itself from the acid by storing fat and



## **Solution**

7	8	1	2	6	9	5	4	3
9	5	6	3	8	4	2	1	7
4	3	2	7	1	5	9	8	6
2	1	7	4	9	3	8	6	5
8	9	5	6	7	1	4	3	2
3	6	4	8	5	2	7	9	1
1	7	3	9	2	8	6	5	4
5	2	9	1	4	6	3	7	8
6	4	8	5	3	7	1	2	9



using it as a buffer. This is extremely dangerous because visceral fat, the kind inside the organs and blood vessels, accumulates within the veins and arteries, narrowing the passage available for the blood, and gradually obstructs the activity of the blood vessels. As a result, the heart is forced to overwork just to maintain blood circulation. If this continues to happen the heart gets exhausted and a heart attack occurs. This is known as arteriosclerosis. So, the pH balance of the body is extremely important. The ideal pH balance is about 7.35. And most people struggling with their weight are too acidic.

#### What causes pH imbalance?

The most common form of pH imbalance is excess acidity, which not only impacts your overall health, but also greatly impedes your weight loss efforts. This is because, outside of the stomach, acidity is a cause of hormonal imbalance, specifically growth hormone (HGH). Hormonal balance plus the difference in calories equals weight loss, then anything that upsets hormonal balance has the potential to cause weight gain.

Excess body acidity is prevalent today because of poor nutrition, a diet high in sugar, salt, flour and saturated fat. Add in overeating and drinking, insufficient exercise, over-exercising, especially too much cardio, which contributes to stress, and chronic stress, can lead to excess acid in our internal environment. When our body becomes acidic, minerals such as potassium, sodium, magnesium, and calcium may be stolen from our vital organs and bones to combat or buffer the acid. If these mineral losses and metabolic abnormalities continue, we can increase our risk for a few conditions including:

- · Obesity, slow metabolism and inability to lose weight
- Chronic inflammation
- High blood pressure
- · Weight gain, obesity and diabetes
- Bladder and kidney conditions, including kidney
- stones · Weakened immunity

  - Premature aging

· Osteoporosis, weak or brittle bones, fractures and bone spurs

- · Joint pain, aching muscles and lactic-acid buildup
- Low energy and chronic fatigue
- · Mood swings
- Slow digestion and elimination
- Yeast/fungal overgrowth

These problems are not surprising, since excess acid can also interfere with our hormones. For example, in an acidic environment, as much as twice the amount of estrogen may be needed to exert its effects in the body. No matter what type of therapy you choose to treat your condition, resolution will not come until your pH balance is restored. Get your hormone levels checked and clean up your diet.

Yoga /fitness postures are:

• Head to knee pose- One leg straight out in front, bend the other and place foot inside inner thigh, tuck chin and slowly lower head toward your knee.

• Legs up or shoulder stand- You can put your legs up on a wall, the seat of a chair, or just straight up in the air. Tuck your chin firmly into your chest. If you are new to shoulder stand, come to class so you can be instructed properly.

• Fish pose- Legs out long, elbows under shoulders, lift your face up, arch your back, and let your head lean back.

## Sympathetic and **Parasympathetic nervous** system

A lot of people's bodies are under an immense amount of stress. Their nervous system is under pressure from lifestyle choices. If the nervous system is under stress, it will set off a chain reaction in the rest of the body. The body needs to be relaxed and soothed. This requires finding the right balance between the sympathetic and parasympathetic nervous system. Deep breathing, and relaxed stretching, will help by lowering cortisol levels. When we are stressed, our bodies store fat as a protection to the high levels of cortisol. Relaxing our muscles and our mind is very important for our overall well-being.

Try these activities to help relax your nervous system.

• Corpse pose - Lying flat on your back on the floor, a hard surface is best.

• Legs up the wall - Put your legs up on a wall, get as close to the wall as you can, you can put a pillow under vour head.

• Sukhasana (easy seat) - Start by sitting comfortably on the floor or a chair, sit up straight, relax your hips-you can support your knees with pillows.

Stay relaxed and hold for 3-15 min. Work your way up, as this is a practice, and you will benefit most if you do these daily, or as often as you can.

## Fire up the Sympathetic and **Parasympathetic nervous** system

One of the best things you can do is activate the internal heat in the nervous system and help burn visceral fat. Create this warmth in the body through generating internal heat by creating nerve tension/length. This is the best way to heat up and burn off fat. Yoga is a great activity to achieve a calm and stretched body and mind. This type of stretching automatically makes the body feel warmer. This can be achieved by drawing the chin towards the chest in forward bends, thereby lengthening the femoral nerve and the spinal nerves. This heat burns up and purifies visceral (deep) fat and subcutaneous (superficial) fat.

- The best postures for this are:
- Seated forward fold.

• Lunge with chin tucked, front leg bends, back leg can be straight, or knee can be down for support.

In both postures, the head must draw downward actively.

All the suggested postures should only be practiced on an empty stomach. They should be used under the guidance of a good teacher. If they are used daily, correctly and consistently, in combination with good food habits, then balance will return to the body and mind and the health of the practitioner will be restored quickly. Get to the gym where fit happens!

# **The Trading Post**

At Burnt Store Marina

Cooked to Order Breakfast

Deli Sandwiches · Salads & Pizza

Shop for all your grocery staples, beer and wine, adult and youth apparel and souvenir and gift solutions.

> Serving Breakfast, Lunch & Dinner Daily Sunday-Thursday 7:30am-7:00pm Friday-Saturday 7:30am-8:00pm



• Forward folds- Postures that can help balance hormones by stimulating glands responsible for hormone production. Seated or standing forward fold.

# **Grammar Tips...Spoonerisms**

#### By the editors of The Beacon

William Archibald Spooner was born on July 22, 1844. The Reverend Archibald Spooner (1844-1939) was an esteemed English language scholar who served for more than 20 years in a leadership role at Oxford's New College. Spoonerisms are named after this British professor, who is believed to have tended to mix up his words - or "wix up his mords." His most famous mix-up occurred in 1879, when he stood in the pulpit and announced the hymn: 'Kinkering Kongs their Titles Take' (Conquering Kings their Titles Take.)

So, July 22, each year is Spoonerism Day. A spoonerism is an error in speech when the speaker switches the beginning consonants of two consecutive words. If you say "bunny phone" instead of "funny bone," you have said a spoonerism. "Jelly beans" becomes "belly jeans."

Here are some more spoonerisms:

• flutter by (Butterfly)

- arty panimal (party animal)
- bad salad (sad ballad)
- birty dirds (dirty birds)
- brunday sunch (Sunday brunch)
- cakeing bookies (baking cookies)
- chide fricken (fried chicken)
- doggy fay (foggy day)
- frest bend (best friend)
- plaster man (master plan)
- praiser linter (laser printer)
- sark died (dark side)
- sennis thoos (tennis shoes)
- tars and crucks (cars and trucks)
- treach bip (beach trip)
- welling spurds (spelling words)
- wise prinning (prize winning) The gist loes on and on...

# **July Off-Beat Holidays**

#### By Maggie Hart, Mariners Pass

July's most celebrated holiday is of course, the 4<sup>th</sup> of July. This marks the date on which Congress approved the Declaration of Independence. Once again, here are the opening words, never to be forgotten:

In Congress, July 4, 1776,

The Unanimous Declaration of The Thirteen United States of America

When in the Course of human events, it becomes necessary for one people to dissolve the political bands which have connected them with another, and to assume, among the Powers of the earth, the separate and equal station to which the Laws of Nature and of Nature's God entitle them, a decent respect to the opinions of mankind requires that they should declare the causes which impel them to the separation.

We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty, and the pursuit of Happiness. That, to secure these rights, Governments are instituted among Men, deriving their just Powers from the consent of the governed. That, whenever any Form of Government becomes destructive of these ends, it is the Right of the People to alter or to abolish it, and to institute new Government, laying its foundation on such Principles and organizing its Powers in such form, as to them shall seem most likely to effect their Safety and Happiness...

Since that day in 1776, citizens of the United States have held celebrations and festivities on July 4. However, it was not until June 28, 1870, that the United States government passed a law naming Independence Day a federal holiday.

Fourth of July celebrations in Florida include several locally - Punta Gorda, Cape Coral, and Fort Myers - as well as other Florida venues you may enjoy:

If you are in the Altamonte Springs area on July 3rd, the Red Hot & Boom celebration is a free event hosted by Altamonte Springs and XL 106.7 FM in Crane's Roost Park. It delivers a memorable night of live performances, food vendors, and spectacular fireworks. It is one of the biggest celebrations in Central Florida. Go to www. altamonte.org/701/Red-Hot-Boom.

Join Orlando Mayor, Buddy Dyer, at Lake Eola Park for the annual Fireworks at the Fountain celebration on July 4th. It boasts activities on-site for children, live entertainment, and a variety of food and drinks for purchase. At 9:15 p.m., the sky is illuminated with a spectacular fireworks finale show, set to a live performance by the Orlando Concert Band. Go to www. orlando.gov/Events/Fireworks-at-the-Fountain-2023.

And...The Key Lime Festival in Key West runs from June 30 through July 4, and offers you a chance to indulge in your key lime cravings. It is one of Florida's biggest

foodie events, and ends with a massive fireworks display. America's favorite citrus celebration, it will have pieeating contests, a Key Lime Cocktail Sip & Stroll, a Key Lime Pie Hop, and include culinary events for VIP Key Lime lovers. Go to www.keylimefestival.com.

Here are some more memorable July dates:

July 1 - Canada Day, a national holiday in Canada, formerly known as Dominion Day, commemorating the confederation of Upper and Lower Canada and some of the Maritime Provinces into the Dominion of Canada on July 1, 1867.

July 1 - National Creative Ice Cream Flavor Day - In 1984, Ronald Reagan deemed July National Ice Cream Month, and the third Sunday of this month National Ice Cream Day. As great as the treat itself is, we are also big fans of unusual flavor.

July 4, 1826 - Presidents and Declaration signers, Thomas Jefferson and John Adams, both died on this date.

July 4, 1863 - Vicksburg, the last Confederate stronghold on the Mississippi River, surrendered to General Grant and the Army of the West after a six-week siege. With the Union in control of the Mississippi, the Confederacy was effectively split in two, cut off from its western allies.

July 11 – Bowdler's Day - Today honors the prudish man who gave us the word bowdlerize. English doctor Thomas Bowdler quit his job to focus on getting rid of all lewd and indecent references from Shakespeare's work. His new version, Family Shakespeare, came out in 1818. Afterwards, he turned his attention to Edward Gibbon's The History of the Decline and Fall of the Roman Empire and sections of the Old Testament of the Bible.

July 14, 1789 - The fall of the Bastille occurred at the beginning of the French Revolution.

July 21, 1898 - Guam was ceded to the United States by Spain.

July 22 - Rat-Catcher's Day - On the supposed anniversary of the Pied Piper of Hamelin, this day honors exterminators of all shapes, sizes, and species.

July 22 - Spooner's Day - Reverend William Archibald Spooner was a learned man and warden of New College at Oxford. But he also had a habit of transposing the first letter of certain words. It is from his frequent, funny slips of the tongue that we get the word spoonerism.

July 24 - National Drive-Thru Day - As with every food or beverage-related holiday, you are probably celebrating this anyway, but now you have a reason.

July 31, 1790 - The U.S. Patent Office first opened its doors. The first U.S. patent was issued to Samuel Hopkins of Vermont for a new method of making pearlash and potash. The patent was signed by George Washington and Thomas Jefferson.

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# **Gardener's Wheelbarrow**

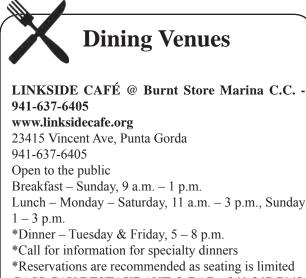
By Maggie Hart, Mariners Pass

Ready for thunderstorms in the lightning capital of the United States? July's average of 23 storms tops any month of the year. Expect precipitation of 8 to 9 inches. The rainy

season eases the BSM irrigation water's salinity creating opportunities for new plantings.

• Plants native or naturalized to the subtropics (that's us) are generally drought, heat and salt tolerant. They are tough, but they need good drainage so their roots don't rot during the rainy season.

• Longevity is a relative issue with plants under our conditions. Because of the length of our growing season, many shrubs tap out after 5-7 years. As plants age-out they become more vulnerable to disease and pests. Your landscaping plan should be a living, evolving document. Don't ignore it.



\*Reservations are recommended as seating is limited CASS CAY RESTAURANT & BAR - 941-347-7148 www.casscayrestaurant.com Open Daily -11 a.m. - 9 p.m.**THE TRADING POST - 239-789-3463** www.facebook.com/tradingpostbsm Summer Hours: Sunday-Thursday - 7:30 a.m. - 6:30 p.m.

Friday-Saturday - 7:30 a.m. - 7:30 p.m. Featuring deli, breakfast & lunch, ice cream, pizza, beer & wine and ice.

# **Rules of the Road**

Motor Vehicles: Always drive your vehicle on the right side of the road. There are no "turn lanes" within Burnt Store Marina. Never drive your vehicle in lanes indicated for the use of bicycles and pedestrians. Always

stop at stop signs. Never exceed the posted speed limit.

Bicycles: Always ride your bicycle on the right side of the road, even if there is no "bike lane" available. Use hand signals to indicate intention to turn. Always stop at stop signs. Never exceed the posted speed limit.

Golf Carts: Always drive your golf cart on the right side of the road. Use hand signals to indicate intention to turn. Always stop at stop signs. Use lanes indicated for the use of bicycles and pedestrians only when neither is present.

Pedestrians: Always use lanes provided for bicycles and pedestrians. If there is no lane available, use the left side of the street, facing wheeled traffic. Use caution when crossing streets. Wear reflective clothing and carry a flashlight when walking or running after sunset.

## **Sheriff's Report**

#### **April 11 Stops**

- 5 Speeding Warnings 01Resident/3Contractors/1Visitor
- 6 Stop Sign Warnings
  - 5 Residents / 1 Contractor
- May 15 Stops 1 Ticket
  - Non-Resident No Driver's License
- 11 Speeding Warnings
  - 4 Residents / 2 Contractors / 5 Visitors
- 3 Stop Sign Warnings
  - 2 Residents / 1 Employee

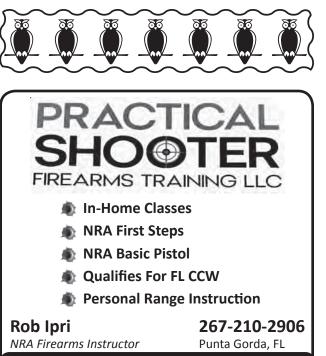
• Selecting Plants - Look around at what is doing well within our community, noting if it's closer to the front entry or the marina. The eastern part (front entry) is colder in the winter and tends to get more rain. The western section (closer to the water) is more temperate. Then ask yourself about the irrigation water source. Community's irrigation (harsh, salty)? Soundings Lake (low salt)? Private well (virtually no salt)? Will the irrigation water hit the plant leaves (salt burn)? Will the site provide afternoon shade (almost all plants benefit from a bit of relief from the sun)? Lastly, ask when, for instance, that gorgeous split-leaf philodendron was planted. e.g., the big ones along Islamorada are healthy and vigorous but all were installed years ago when our irrigation water was far less harsh. The plants literally grew up with the increasing high TDS in the water. Consider using former stand-bys like the hibiscus and ixora, especially the Nora Grant variety.

• Plant palms and ornamentals (tropical and flowering) during the rainy season to ensure a constant supply of moisture to establish healthy root systems. Even though a plant might be listed as "highly salt tolerant," it wasn't raised in the nursery on salty water.

• Lawns with dead areas are the result of the extended drought and also may have been affected by an onslaught of snails in the irrigation system used in April/May. Snails clog the filters and sprinkler heads. Then came chinch bugs. Rain brings bugs to the surface where they begin munching. They head to hot spots near hard surfaces that heat up quickly. Use an appropriate insecticide, wait a week or so, remove the dead turf, add topsoil and keep it moist to encourage Floratam grass runners to fill in. Large areas affected? Try Floratam plugs.

• Mulch should be at least 2 inches deep, but not up against the plant's stalk or trunk, where it will encourage fungus by inhibiting air circulation. Mulch tends to compact and form a barrier even from water. Where mulch has not broken down, break it up. Try a year without another application if you find build-up.

• **Bougainvillea** – Haven't pruned your bougainvillea? Do it now! The first week of July is the last safe time to prune and yield a great bloom later in the year. Or, if extended age and constant pruning have resulted in a misshapen gnarly mass, it might be time to replace it with a new one.



Safety • Confidence • Proficiency

# **Burnt Store Marina CC News**

By John Abbott.

General Manager, BSMCC We have a birthday this month. That's right, our country turns 247 years old on July 4, and here at Burnt Store Marina Country Club, we are going to celebrate! We'll start it off with our



annual Firecracker Golf Scramble. This is always a great event that features an 18-hole scramble format, followed by a customary Independence Day cookout. The cookout will be for everyone. So, if you're not a golfer, or you choose to sleep in instead of golfing, you are still welcome to join us for the afternoon festivities.

We have another fun tournament on the 15<sup>th</sup> of the month called Beat the Crew. This is a four-person scramble where all teams are gunning to beat the four-man team of Dillan (superintendent) and his assistant Tyler, alongside our golf professional, Bill Connelly and myself. You better bring your A-game that day if want to "beat the crew." But, the good news for you is, we are playing scratch and everyone else gets handicap strokes. This should be a blast so make sure you get your team signed-up.

The restaurant is busy this month as well. We have lots of events going on including Ladies Night on the 13th, Prime Rib Buffet on the 19th and our signature drink contest winner dinner on the 27th. We will be taking submissions for the best signature drink all month, and before the dinner, we will choose what we feel are the 3 best entries. The night of the dinner, the attendees will taste and decide which drink

## **Our Four Legged Family**

Our home is doggie paradise It's great for people too So picking up your doggie poo Should matter lots to you Please scoop the poop and bag the poo And take it home to trash Don't leave it on our sidewalk Or even on our grass Your doggie doo reflects on you It's what your puppy passed So let us live in harmony And help our paradise last

Please Clean Up After **Your** Pet

# **Rules for Driving Golf Carts**

There has been some confusion about operating golf carts in Burnt Store Marina. Please be aware that there are rules for golf cart use, and violation will get you a citation from the Lee County Sheriff's Office.



• Drivers of golf carts must observe the same rules as those designated for drivers of motor vehicles. Drivers must keep their carts on the right side of all streets, and obey all traffic signage.

• No one under 14 is allowed to drive a golf cart within the Burnt Store Marina premises

wins the right to be part of our regular cocktail menu.

If you would like to be more informed about everything that is going on at the club, come to the admin office, give

us your email address and we will send you our weekly blast that will keep you up to date. As always, we look forward to seeing everybody at the club!

2     3     4     5     6     7       Breakfast Menu 9 - 11 a.m. Lunch 11 a.m. 3 p.m.*     Lunch 11 a.m. 3 p.m.*     Independence Day Firecracker Scramble 9 a.m.**     Lunch 11 a.m. 3 p.m.*       9     10     11     12     13     14       9     10     11     12     13     14       9     10     11     12     13     14       9     10     11     12     13     14       9     10     11     12     13     14       Unch 11 a.m. 3 p.m.*     11 a.m. 3 p.m.*     11 a.m 3 p.m.*     11 a.m 3 p.m.*     11 a.m 3 p.m.*       11 a.m.     11 a.m 3 p.m.*     11 a.m 3 p.m.*     11 a.m 3 p.m.*     11 a.m 3 p.m.*       11 a.m.     11 a.m 3 p.m.*     11 a.m 3 p.m.*     11 a.m 3 p.m.*     11 a.m 3 p.m.*       11 a.m.     11 a.m 3 p.m.*       11 a.m.     11 a.m	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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9 - 11 a.m.     11 a.m 3 p.m.*     Dinner       Lunch 12 - 3 p.m.     5 - 8 p.m.***     9 Hole Scramble 3 p.m.***     5 - 8 p.m.***     11 a.m 3 p.m.*     11 a.m 3 p.m.*     11 a.m 3 p.m.*     5 - 8 p.m.***     5 - 8 p.m.**     5 - 8 p.m.**     5 - 8 p.m.***     5 - 8 p.m.***     5							22
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5 - 8 p.m.***     5 - 8 p.m.**/*     9 Hole Scramble 3 p.m.***     Lunch Special Prime Rib Dinner     1/2 price appetizers Happy Hour Drinks     5 - 8 p.m.**/*       23     24     25     26     27     28       Breakfast Menu     Lunch     Lunch     Lunch     Lunch     Lunch       9 - 11 a.m.     11 a.m 3 p.m.*     11 a.m 3 p.m.*     11 a.m 3 p.m.*     11 a.m 3 p.m.*       Lunch 12 - 3 p.m.     Trivia     Dinner 2 for \$30     Wing Wednesday     Signaure Drink     Dinner		· · · ·				· · · ·	11 a.m 3 p.m.
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3 p.m.***     5 - 8 p.m.**/*     Dinner available       23     24     25     26     27     28       Breakfast Menu     Lunch     Lunch     Lunch     Lunch     Lunch       9 - 11 a.m.     11 a.m 3 p.m.*     11 a.m 3 p.m.*     11 a.m 3 p.m.*     11 a.m 3 p.m.*       Lunch 12 - 3 p.m.     Trivia     Dinner 2 for \$30     Wing Wednesday     Signaure Drink     Dinner		5 - 6 p.m.				5-6 p.m. 7	Pizza Night with M
23     24     25     26     27     28       Breakfast Menu     Lunch     Dinner     Lunch     Lunch     Lunch     Lunch     Lunch     Dinner     Dinner     Trivia     Dinner     Trivia     Dinner     Signaure Drink     Dinner							Rick Austin 5-8 p.
9 - 11 a.m.     11 a.m 3 p.m.*     11 a.m 3 p.m.*     11 a.m 3 p.m.*     11 a.m 3 p.m.*       Lunch 12 - 3 p.m.     Trivia     Dinner 2 for \$30     Wing Wednesday     Signaure Drink     Dinner	23	24				28	29
Lunch 12 - 3 p.m.     Trivia     Dinner 2 for \$30     Wing Wednesday     Signaure Drink     Dinner	Breakfast Menu	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
	9 - 11 a.m.	11 a.m 3 p.m.*	11 a.m 3 p.m.*	11 a.m 3 p.m.*	11 a.m 3 p.m.*	11 a.m 3 p.m.*	11 a.m 3 p.m.
	unch 12 - 3 p.m.		Dinner 2 for \$30	Wing Wednesday	Signaure Drink	Dinner	
		5 - 8 p.m.***	5 - 8 p.m.**/*	Lunch Special	Winner Dinner	5-8 p.m.**/*	
9 Hole Scramble Democrat Dinner 5 - 8 p.m.****				Democrat Dinner	5 - 8 p.m.****		Pizza Night with M
3 p.m.***							Capt' Rick 5 -8 p.i
30 Call Linkside for reservations 941-637-6405							
Breakfast Menu **Members make reservations 1st! Non-member 7days prior to events - 3 days before dinner's if available!				r to events - 3 days before dinr	ner's it available!		
9 - 11 a.m. *** Sign up in Lobby on Board Lunch 12 - 3 p.m. **** Sign up at Admin Office.			a				

# **The Recipe Box**

## Watermelon Feta **Flag Salad**

By Debbie Bretz, Admirals Point

Everyone knows how great feta cheese and watermelon taste when combined. This recipe also allows you to showcase this great salad in a patriotic manner for the 4<sup>th</sup> of July holiday!

#### **Ingredients:**

- 1/4 cup red wine vinegar
- 1 tablespoon Dijon mustard

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- 1 tablespoon grated lemon zest
- 1 teaspoon sugar
- 1/4 teaspoon salt
- 1/4 teaspoon pepper

1/3 cup olive oil

- 1/4 cup finely chopped red onion
- 6 cups arugula
- 1 1/2 cups fresh blueberries
- 5 cups cubed seedless watermelon
- 8 oz. feta cheese, cut into 1/2 inch cubes

#### **Directions:**

1. For the vinaigrette, in a small bowl, whisk the first 6 ingredients, gradually whisk in oil until blended. Stir in onion.

2. In large bowl, lightly toss arugula with 1/4 cup of the vinaigrette. Arrange arugula on a large rectangular serving dish.

3. For star, place blueberries over the top left corner. For the stripes, arrange watermelon and cheese in alternating rows.

4. Drizzle with remaining vinaigrette.

5. Serve immediately. Makes 12 servings



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# Platinum Point Yacht Club

#### By Loretta Steeves, Director

Have you seen any of the repairs and improvements happening at the Platinum Point Yacht Club (PPYC)? Like all of Burnt Store Marina, PPYC sustained damage during *Hurricane Ian*. You probably noticed that our previously



Located in Burnt Store Marina, 3601 Cape Cole Blvd, Punta Gorda, FL 33955 Visit the PPYC website (PPYCBSM.org) for additional information.

enclosed and covered side porch was demolished. This area is critical to the club because our grills, which are used for our monthly Grill Nights, our Pancake Breakfast, and many other events are stored and used in that area.

We're happy to report that, with the help of club volunteers

using their expertise and skills, and working together with our contractor, the area is in the process of being restored. As anyone who has ever volunteered knows, working together on a project is one of the best ways to get to know other people. We hope that the rebuilding of the side porch will be completed during the summer.

Did you also notice that PPYC has new hurricane protection? Previously, our dormers could only be covered by solid shutters, which were extremely difficult to install – not to mention high above the ground. So those dormers had remained uncovered during *Hurricane Ian*. Luckily, the club had dodged the bullet, and no damage was sustained to the windows.

Not to risk being lucky twice, PPYC purchased new clear polycarbonate shutters, which can remain permanently in place. And once again, the shutters were installed by a few ambitious volunteers.

The conclusion of this story is that, despite *Hurricane Ian's* impact, PPYC is, and has remained, shipshape. And best of all, by using the club's financial reserves, we were able to make the improvements above and many other necessary repairs, without the need to assess our members.

As the summer season gets into full swing, continue to look for activity at PPYC. Last month saw a group trip to the Visanti Comedy and Dinner Theater to see Dale Jones. Members also went on a group excursion to the Miromar Outlet Mall. The trip began and ended at Doc Ford's Garage to allow an opportunity for socializing over ice cream or beverages before returning home. And in July, the cruisers are planning to visit Tween Waters resort on Captiva. Captiva is best known as the island on which Anne Morrow Lindbergh wrote the original tribute to the Salt Life we all enjoy here in Burnt Store, *A Gift from the Sea*.

So, if the idea of a club by the members and for the members appeals to you, stop by to see our Club Administrator, Dorothy Saviste. She is on-site Mondays, Wednesdays, and Thursdays, or give her a call at 941-639-0733. You never know how we might use your particular talents at PPYC, and in the process, you could make some new friends, and have some fun.

# Bocce - That's The Way We Roll!

By Kathy Darrell, Tarpon Pass II

BURNT STORE MARINA COUNTRY CLUB – BOCCE – Our goal is to introduce the joy and competition of bocce to more people.



Please remember that the bocce ball court is open, even though there is no organized play.

The sun is the hottest between noon and 4 p.m., so playing in the morning or early evening is a great time to play bocce. Also remember, that summer rainstorms are common in the late afternoon. Be sure to drink plenty of water and apply sunscreen. Then enjoy!

The bocce court is in front of Burnt Store Marina Country Club, on the northeast side of the parking lot. Bocce sets are in the golf cart barn.

You do not have to be a member of BSMCC to play. For more information, or to be put on our email list, please email Connie & Dave Huelsbeck at: **huelsbed@ bellsouth.net.** 

Godere! (Enjoy!)



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#### NEW AMENITIES CENTER IS OPEN

- Resort-style pool featuring gradual wade in entry and separate lap lanes
- New outdoor Tiki bar offering a full menu, bar, and poolside service
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- Fitness instructor on site Mon-Fri
- Full-service spa offering nails, massage, facials, sauna

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