



President’s Comments

By Craig Holcomb, Sec. 22 HOA

Burnt Store Marina has existed for 40 plus years. Our community is very impressive to not only those of us who call it home, but for many who visit and stop in to see just what is here, and what we have to offer for our residents and guests.

The question that always seems to come up is: “Just what type of community are we anyway?” We are not a county, a city, a suburb, a township, or any sub-type of governmental structure you can name. We are a development that was built over many years in the northwest corner of Lee County, where, in the beginning, there was absolutely nothing out here. Vincent Road is the border road that separates Lee County from Charlotte County.

The real truth is that we are pretty much on our own out here in the middle of nowhere, with the nearest commercial civilization either 10 miles north or 10 miles south, except for our Dollar General store! We are Burnt Store Marina and Golf Course, our own nation!

We own and maintain all our roads. We own half of Vincent Road, and Burnt Store Lakes owns the other half. Neither county wants, or is willing, to take ownership of the road. We get our cable and phones from different service providers; we maintain access to our community through our own system of gates and security, but pay for services from the Sheriff’s office for minor patrol. We are responsible for all the water that flows through our community from both Vincent Road and Burnt Store Road; we own and maintain our own irrigation systems with the water coming from our own wells, which have the highest salt content in the water in our area. We maintain our own waterways that flow through our community, we govern the use of our land through our deed restrictions and rules and regulations, and the list goes on.

We pay our property taxes to Lee County, who governs us, and for that we receive fire and emergency services, and the maintenance of Burnt Store Road. We pay for our sewer and water from Charlotte County, but have no voting rights in Charlotte County for these services, yet their rules and regulations govern us. When all of this started, Lee County did not consider this extreme northwest corner for development, and contracted with Charlotte County to provide sewer and water. The bottom line is that we govern ourselves, and mostly that is good. We must deal with two counties and state agencies on different issues, and that is not so good. But in the end, we do have the ability to determine who we are, what we want to be, and where we want to go with our community, now and in the future.

We have spent the past five years just trying to catch up with all the decay of our properties



BSM Golf Course

and amenities caused by the previous developers’ and owners’ lack of interest. We still have some more to do in the catching up area, but we have accomplished so much over these past few years, and it is beginning to show.

So in the end, we govern and pay for most of all that we do and own in our community, without any outside funds coming into our community to support all our infrastructure and daily operations. We truly are our own nation! Sort of cool. It comes with lots of responsibility and hard work. What is great about our community is that with all the fantastic volunteers and good service providers that we have, we are on the upswing of becoming an even greater place to live and play.

Section 22 HOA Committee Reports

Architectural Review Committee

By Barry Groesch, Chair

House need painting? All changes to the exterior of homes in BSM must have ARC approval. This applies to independent homes as well as homes in a condo association. If you do not get ARC approval, and your changes do not meet Section 22 HOA Restrictions, you may be asked to change or remove them. You can get this approval, if your changes meet Section 22 HOA Restrictions, by filling out and submitting an application to ARC.

The following applications were approved last month by the Section 22 HOA ARC:

- Patrick & Anne McColgan, 4051 Key Largo Lane, exterior paint.
- Velma Carolyn Buckenmaier, 24075 Redfish Cove Lane, replace lanai enclosure.
- Velma Carolyn Buckenmaier, 24075 Redfish Cove Lane, pool update.
- Charles Grayson, 5011 King Tarpon Drive, roof replacement.
- Mark Jessee, 4001 Big Pass Lane, replace lanai enclosure.
- James & Karen Zachacz, 1524 Islamorada Blvd., install water conditioner.
- Joseph Jeffrey & Emily J. Hawley, 1000 Matecumbe Key Road, roof replacement.
- Susan & Robert King, 112 Big Pine Lane, replace windows and front door.
- Victor A. & Carol A. Smith, 3901 Cape Cole Blvd., roof replacement.
- David & Carol McCulloch, 1040 Matecumbe Key Road, roof replacement.
- William Langer, 2060 Matecumbe Key Road #2606, hurricane shutters.
- Larry Miller, 24147 Redfish Cove Drive, roof replacement.
- Ken & Connie Gombill, 24093 Redfish Cove Drive, roof replacement.
- Gary & Barbara Miller, 102 Islamorada Blvd., garage screen door.
- Dennis Mills, 1506 Islamorada Blvd., garage door screen.
- Dennis Mills, 1506 Islamorada Blvd., roof replacement.
- Anthony & Natalie Laska, 24062 Redfish Cove Drive, roof replacement.
- Arnold & Rae Luallen, 434 Gasper Key Lane, lanai update.
- Danny L. Montee, 2090 Matecumbe Key Road #1505, hurricane shutters.
- Donna Nehil, 3300 Sugarloaf Key Road, replace pool deck and lanai.
- Daniel James, 24417 Baltic Ave., hurricane screens.

Section 22 restrictions and applications are available for download at **BSM22.org**. Submit your ARC applications to your condo association if applicable, then to Alliant Association Management, 13831 Vector Ave, Fort Myers, FL 33919.

Community Access Committee

By Pat O’Neill, Chair

As season is upon us, it is time to think about some of the “Rules Of The Road” for our community:

Motor Vehicles:

All motor vehicles are expected to follow Florida State Law to include stopping at all stop signs, maintaining posted speed limits, and driving in designated roadways.

Pedestrian paths are not designed for vehicle traffic. Please refrain from using these paths as turning lanes within the community intersections.

Golf Carts:

Drivers of golf carts are reminded that they are required to be 14 years of age to operate a golf cart within the community. Golf carts are also required to drive in the same direction as traffic and in the designated road ways with motor vehicles. If your golf cart does not have appropriate turning signals, please utilize proper hand signals to indicate your direction of travel. Golf carts capable of high speeds are also required to follow the posted speed limits within the community.

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Reminder:
Next Section 22 HOA Board Meeting
– Tuesday, March 22, 9 a.m.,
Linkside Café Patio

Directory: Section 22 Homeowners Association

c/o Alliant Association Management, LLC • 13831 Vector Ave., Ft. Myers, FL 33907 • 239-454-1101, info@alliantproperty.com

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Harbor Towers I and II
Carla Matviak..... 908-817-4147
Hibiscus Cove
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Stu Gassner (as needed)..... 505-7950
Keel Club
Nancy Bryan..... 502-541-2033
King Tarpon
Beth Kohl..... 662-0321
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John Jett..... 804-724-4869
Little Pine Circle
Jill Burnside..... 231-0954
Marina Towers
Steve Maynard..... 765-674-3339
Mariner's Pass
Fred & Maggie Hart..... 769-3039
Marlin Run
Bob Saladke..... 586-879-5084
Jan Stuart..... 518-534-2720
Marlin Run II
Ginny Goudy..... 505-1937
Marlin Run III
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Redfish Cove
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The Resorts
Jen Tait..... 914-755-9344
Rudder Club
Carol Larsen..... 637-6673
Sailfish Pass
Patty Pluss..... 916-9349
Soundings
John & Eulalia Ralph..... 585-781-0781

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Spinnaker Club
Delores Bell..... 603-566-3198
Sunset Key I and II
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Nancy Godina..... 575-9516
Tarpon Pass
Volunteer needed
Dee Butrum..... 575-6477
Topaz Cove
Susan Keiffer..... 637-8702
Vista Del Sol
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securityBSM@gmail.com
Websites -
www.bsm22.org
Section 22 HOA
BSM Fitness, Racquet & Pool Club
www.bsgac.org
Burnt Store Golf & Activity Club
www.burntstoremarina.com
Burnt Store Marina
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Alliant Association Management (Section 22 HOA)
www.burntstoreanglers.com
Burnt Store Anglers
www.ppycbasm.org
Platinum Point Yacht Club
Club Administrator – Dorothy Saviste
Email – office@ppycbasm.org

Attention Residents:

We have notified you in the past that when you have a medical emergency, you need to call 911 and identify that you live in Lee County. It is important that the RESIDENT call in the emergency since the front gate cannot answer the questions asked by the 911 dispatcher. In order for the medic not to be delayed in getting to the scene of the emergency the resident must be the one to call 911.

Thank you.

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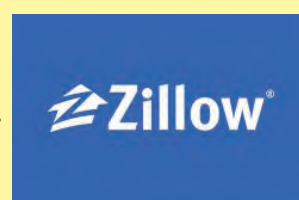
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Mark Your Calendar – Out And About

Inside the Gates Dates

- **Tuesday, March 1:** Deadline for the April *Beacon*. Article and picture submissions are welcomed. Become part of the *Beacon* family.
- **Saturday, March 5:** Community-Wide Garage Sale, 8 a.m. to 1 p.m.
- **Tuesday, March 22:** Section 22 HOA Board Meeting, Linkside patio, 9 a.m.
- **Every Tuesday:** Bar code installation, front gate, 1 to 3 p.m.
- **Every Thursday:** Bar code installation, front gate, 9 to 11 a.m.
- **Every Friday:** Burnt Store Marina Farmers Market, 9 a.m. to 1 p.m., Cass Cay Parking Lot.

Outside the Gates Dates

- **Friday, March 4:** Fort Myers River District Art Walk, 1 to 5 p.m. Visit many galleries, exhibitions and performances.
- **Friday, March 4:** Battles – Charlotte County Concert Band. Hear music from past wars. 7:30 to 9 p.m. 701 Carmelita St., Punta Gorda. \$15. Go to cccb.board@gmail.com for information.
- **Saturday, March 5:** Yoga in the Peace River Botanical Gardens. Open to all levels of yoga. Bring your yoga mat or a beach towel and any equipment you need. 11:30 a.m. to 12:30 p.m. \$20 donation includes entry into the Gardens. 5827 Riverside Dr. Punta Gorda.
- **Sunday, March 6:** 14th Annual Taste of Punta Gorda and Beyond: 32+ restaurants, arts & crafts, kids games. Laishley Park on Peace River. 11 a.m. to 5 p.m. \$5 entry fee, bring dollar bills for \$3 to \$4 for restaurant bites.
- **Saturday, March 12:** City Wide Garage Sale. 8 a.m. to 12 p.m. 1133 Bal Harbor Blvd, Punta Gorda.
- **Thursday, March 17:** St. Patrick’s Day Celebration at Fishermen’s Village, 1200 W. Retta Esplanade. Noon to 8 p.m.
- **Thursday, March 17:** Downtown Punta Gorda Experience, 5:30 to 9:30 p.m. Several venues to explore. Info area is Hector Park across from the old Taylor St. Court House.
- **Friday, March 18:** Fort Myers River District Music Walk, 5 to 9 p.m. Local and regional musicians line the street with music from jazz to blues to rock and roll.
- **Wednesday, March 23:** Kickback Music at History Park. 4 to 6 p.m. 501 Shreve St. Music and food trucks. Bring your own chair and beverage. Donations to Punta Gorda Historical Society
- **Every Tuesday and Friday:** Dance Fusion Class. 8:30 to 9:30 a.m. Punta Gorda Isles Civic Association, 2001 Shreve St. Call Cara Peralta for information, 941-276-1887. \$10 per class.
- **Every Tuesday:** Walking Tours of Punta Gorda Murals. 9:30 – 11:30 a.m. Stop at 12 - 15 historic murals and learn the history behind each one. Meets at Punta Gorda Chamber of Commerce, 252 Marion St. Register early as only 12 participants on each tour. Call 941-639-3720 for reservations. \$25.
- **Every Tuesday:** Cape Coral Surfside Sunset Market, from 1 to 6 p.m., Veterans Parkway and Surfside Boulevard, opposite end of Belks Dept. Store.
- **Every Wednesday:** Long Lunch Sightseeing & Culinary Walking Tour. Explore culinary treasures of Punta Gorda and visit historic sites. 11 a.m. to 2 p.m. \$39 per person. Go to <https://swfloridawalkingtours.com/tours-2/long-lunch-tour>.
- **Every Saturday:** Haunts & History of Punta Gorda Walking Tour. 1-1/2 mile tour of historic and haunted sites of downtown. 6 to 7:30 p.m. Adults \$29, youth \$19. Go to <https://swfloridawalkingtours.com/tours-2/haunts-and-history-tour>.
- **Every Thursday:** Fort Myers River District Farmers Market, 9 a.m. to 1 p.m.
- **Every Saturday:** Punta Gorda Farmers Market, from 8 a.m. to 1 p.m., downtown. Lots of vendors with fresh fruits and vegetables, live music, crafts and other great buys. Visit nearby murals and enjoy some of the great downtown restaurants.
- **Every Saturday:** Cape Coral Farmers Market, from 8 a.m. to 1 p.m., SE 14th Ter. and SE 10th Pl., Cape Coral.
- **Every Sunday:** Punta Gorda Historical Society’s Farmers Market, from 9 a.m. to 1 p.m., at History Park, 501 Shreve Street. Shop for veggies, meats, plants and gifts. Most Sundays you will be treated to live music by Dave Heveron. When the market closes at 1 p.m., take a guided tour of the gardens at the park. Walk the grounds with Florida native gardener, Starr Zachritz, and learn about Florida’s flora. A \$5 suggested donation gets you a plant to take home. Call 941-380-6814.

Section 22 HOA Committee Reports from page 1

Bicycles:

Residents and guests to the community riding bicycles should also ride in the direction of flow of traffic within the community. Riders under the age of 16 should be wearing a helmet as directed by Florida State Law.

Walkers:

Pedestrians walking within the community, are afforded the same courtesies as they do outside of the community. Drivers should yield the right of way to a pedestrian in a properly marked cross walk. Pedestrians should also walk in the opposite direction of traffic so that they can see motor vehicles approaching. This is for your personal safety.

It is important that we do all we can to avoid an unnecessary accident within our community. With everyone’s support, we can have an accident free season for all to enjoy.

An ARC did you know, moment...

By Barry Groesch,
Architectural Review Committee Chair

Did you know...If you want to replace your air conditioning unit, an ARC application is not required. For other projects go to the **BSM22.org** website to get your application.



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Grammar Tips...Hone or Home

By Maggie Hart, *Mariners Pass*

Quite often we hear words used incorrectly. Mostly, it is because many English words sound very similar to each other. And, if repeated often enough, people forget that some words are *really* not interchangeable. This is the case for two English verbs: hone and home.

The verb **hone** means “to sharpen or make more acute,” as in honing a talent. *She honed her grammar skills and began writing as a hobby. I hone my abs by doing 100 sit-ups a day.* In these cases, the subject was refining or

perfecting something. You can also use the word **hone** when referring to physically sharpening a knife or blade.

In verb form, **home** (as in “to home in on”) means “to move or be aimed toward a destination or target with great accuracy.” *Missiles home in on targets. The leftfielder homed in on the fly ball. “Forget about the abs!” I said as I homed in on a candy bar.* Use **home in** to find and move directly toward someone or something.



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	YES	NO
Trouble Driving at Night	<input type="checkbox"/>	<input type="checkbox"/>
Changing Glasses Prescription	<input type="checkbox"/>	<input type="checkbox"/>
Increased Eye Strain	<input type="checkbox"/>	<input type="checkbox"/>
More Trouble Focusing	<input type="checkbox"/>	<input type="checkbox"/>
Increased Sunlight Sensitivity	<input type="checkbox"/>	<input type="checkbox"/>

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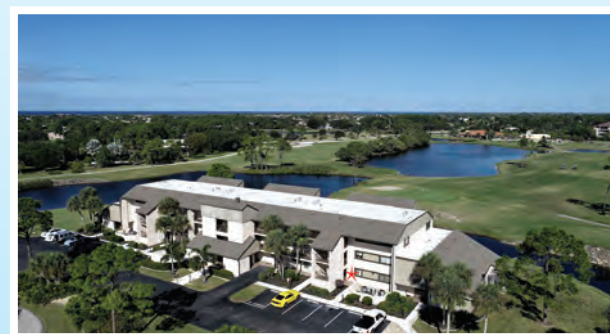
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Fit Happens...Rest Versus Recovery

By Linda Cross,
Certified Group
Exercise & Zumba
Instructor



If you are on a quest for the perfect workout routine that gives you results, leaves you feeling energized and is enjoyable, you are probably focused on cardio and strength training. Part of your routine should include a rest component that also has so many benefits. It is the key to a well-balanced program. Proper rest will improve your fitness level, prevent muscle fatigue, reduce injury and help you feel better.

Intense, daily workouts may lead to overtraining. Overtraining may lead to insomnia, lack of energy and decreased muscle performance. Rest days give your body time to repair and rebuild. It allows your body to recover and become stronger. Your nervous system has the chance to regenerate. If you don't get enough rest, it makes it harder to challenge yourself or do your normal routine. Often, you experience slow reaction times and reduced endurance. Rest days are different for each person. Someone who exercises daily may choose movements like walking, biking and taking the stairs. Those that are new to exercise might choose to walk and bike leisurely. Perhaps taking a relaxing yoga or gentle stretch class will be their key to keep the blood

flowing, and help you to stay consistent in a regular routine. Recovery is everything that happens between your workouts. Rest is a crucial part of the recovery process, as is adequate sleep, proper hydration and nutrition. It certainly is not a sign of laziness, but a sign that you are listening to your body, and giving the physical and mental break it needs. If you exercise regularly, you know how much you can push, and when it's time for a break. If you are new to exercise, you might expect to be tired or in pain. It is important not to ignore those signs that you need to take a break. A routine that works opposing muscles will keep your body balance, and keep you from losing strength and endurance. A successful fitness regimen is not complete without rest and recovery.

Nautical Writing - Voyages of Antiquity Revisited

By Graham Segger, Independent Homeowner

Last June I initiated a new series of articles about some of my favorite examples of nautical writing. I return to the topic this month with a review of books about voyages of antiquity, or more specifically, books about the stories of the original voyages of antiquity. Putting aside for a moment the irony that this makes me a third-degree derivative writer on these subjects, I'll jump right in. For the armchair sea voyager who may not have an appetite for the original texts, there are few better authors to follow than Irish historian Tim Severin (1940-2020). Severin has fine-tuned an approach also used earlier in the twentieth century by Thor Heyerdahl with his Kon-Tiki adventures. The Severin books retrace the legendary journeys of Saint Brendan the Navigator, Sindbad the Sailor, Jason and the Argonauts, Ulysses, Robinson Crusoe, Genghis Khan, Tsu Fu, Captain Ahab and the Crusaders. His books about these expeditions are classics of nautical exploration and travel.

Similar to Heyerdahl, Severin does extensive research into the original stories and then attempts to recreate the historical (or mythical) boats, using traditional building materials and techniques. He then retraces the voyages, aided in part by navigation techniques used in the original time period. To grasp just how challenging this approach can be, imagine Severin's attempt to replicate the 6th century voyage of Saint Brendan across the cold and unforgiving North Atlantic in a boat made almost entirely of leather. For the Sinbad voyage he enlisted help from the Sultan of Oman to build a classic Arab dhow, constructed without the use of nails. He then sailed it 6,000 miles to China. He uses a similar approach in each book, first providing the background of the original voyage, followed by a description of the construction of the replica craft, and finally an account of his sometimes-harrowing voyage. It may not quite date back to antiquity (whenever that ends), but another fascinating story about the recreation of

historical voyages is Tony Horwitz's book, *Blue Latitudes*. In it, he follows in the steps of Captain Cook's three voyages between 1768 and 1780, using the original ship logs and published writing of those on board as a guide. It is a humorous account which provides insights into both the sixteenth century and twentieth century Pacific nations, and improbably, explains how the Star Trek franchise was based upon Cook's voyages. It has been over 50 years since I read Thor Heyerdahl's books describing the Pacific voyages of his balsawood Kon-Tiki, and the Atlantic crossings of his reed bundled Ra and Ra II. They are understandably a bit hazy in my memory, but they all made lasting impressions. What I find fascinating is that 75 years after the first Kon-Tiki expedition, historians are still debating the merits of the various human migration theories which he was attempting to prove with those voyages.

March Off-Beat Holidays & Adventures

By Maggie Hart, Mariners Pass

Shakespeare gave us the phrase... "Beware of the Ides of March." But here in southwest Florida, there is little to fear in this month. March has much history, fun festivals, events and holidays to keep you entertained throughout the month: **March 1: Mardi Gras**, or Fat Tuesday, is celebrated around the Christian world as the beginning of Lent. **March 1, 1961:** President John F. Kennedy established the Peace Corps, an organization sending young American volunteers to assist with health care, education and other basic human needs to developing countries. **March 3-13: Florida Strawberry Festival**, Plant City, Florida Like a state fair, the Strawberry Festival has agricultural displays, livestock shows, arts and crafts, local food and a huge carnival midway. But its entertainment line-up is what's

extraordinary year after year. For details and entertainment schedule, go to www.flstrawberryfestival.com. **March 4, 1830:** Former President John Quincy Adams returned to Congress as a representative from Massachusetts. He was the first ex-president ever to return to the House, and served eight consecutive terms. **March 4 - 13: 81st Annual Bike Week**, Daytona Beach, Florida Since 1937, motorcyclists have gathered in Daytona Beach for a spring fling and this year, they're expecting a half million in attendance. For details, go to www.officialbikeweek.com. **March 10, 1862:** The first issue of U.S. government paper money occurred, as \$5, \$10 and \$20 bills began circulation. **March 12 - 13: Fort Myers Beach Shrimp Festival**, Fort Myers Beach, Florida There are still working fishing boats in this town pulling in shrimp from the Gulf and that's the reason Fort Myers Beach has held its shrimp festival for 50 years. For details, go to www.fortmyersbeachshrimpfestival.com. **March 13: Daylight Saving Time** begins at 2 a.m. **March 17: Saint Patrick's Day**, celebrated to commemorate the death of the patron saint of Ireland. It is believed that Saint Patrick brought Christianity to Ireland. **March 24, 1989:** One of the largest oil spills in U.S. history occurred as the oil tanker Exxon Valdez ran aground in Prince William Sound off the coast of Alaska, resulting in 11 million gallons of oil leaking into the natural habitat, over a stretch of 45 miles.

March 24 - 27: Sunnyland Boat Festival, Tavares, Florida This antique and classic boat festival is one of the largest classic wood boat shows in the country with as many as 250 to 300 restored boats on display, in the water and along one third of a mile of Lake Dora shoreline at Wootton Park in Tavares. For details, go to www.acbs-sunnyland.org. **March 28, 1979:** Near Harrisburg, Pennsylvania, the Three Mile Island Nuclear Power Plant accident occurred in which uranium in the reactor core overheated due to the failure of a cooling valve. A pressure relief valve then stuck, causing the water level to plummet, threatening a catastrophic nuclear meltdown. The accident resulted in the release of radioactive steam into the atmosphere, and created a storm of controversy over the necessity and safety of nuclear power plants. **March 31, 1933:** The Civilian Conservation Corps (CCC) was established by the U.S. Congress as a measure of the New Deal program. The CCC provided work and vocational training for unemployed single young men through conserving and developing the country's natural resources. At its peak in 1935, the organization had more than 500,000 members in over 2,600 camps. These were usually operated by the War Dept., but the men were not subject to military control. In 1939 the CCC was made part of the Federal Security Agency. Beginning in 1940, greater emphasis was placed on projects aiding national defense. Against President Franklin D. Roosevelt's request, Congress abolished the CCC in 1942. The cabins at Mayakka State Park were built by the CCC.

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Burnt Store Marina CC News

By John Abbott,
General Manager, BSMCC

Wow! March is here already, and what a wonderful season it has been so far. The good news is that the best is yet to come here at Burnt Store Marina Country Club.



We are kicking off March with a Fat Tuesday bash on the 1st that features Cajun specials, live music and good old-fashioned Mardi Gras fun.

The calendar stays full all month with two murder mystery nights, theme dinners, trivia nights, bingo night and the ever-popular Tuesday Dinner and Friday Fish Fry. Don’t forget to join us every Thursday on the patios for live music and food trucks, and a special performance by the Jeff Becker

Boots Band on Saturday the 19th. Remember, for all of our events here at Burnt Store, outside alcohol is not permitted, and we ask that you bring small bills for onsite purchases.

On the golf course, we have three fun tournaments this month with the first ever Elimination Scramble, followed by live music and a BBQ, a St. Patrick’s day Scramble that flows right into live music and food trucks, and the always entertaining Backwards Scramble towards the end of the month. Make sure to sign-up early for these, as they fill up fast.

As with everything in our world today, things change. So please be sure to check the updated calendar when making your plans so that there are no disappointments.

Once again, we here at BSMCC truly appreciate the support of the community and we look forward to seeing you all at the club!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Planned Events are Subject to Change		1 9 Hole Scramble 3 p.m.*** Lunch 11a.m. - 3 p.m.* Fat Tuesday Party Music 5 - 8 p.m.****	2 Lunch 11a.m. - 3 p.m.* Republican Dinner 5 p.m.*****	3 Lunch 11a.m. - 3 p.m.* Food Truck/Music 5 - 8 p.m.	4 Lunch 11a.m. - 3 p.m.* Fish Fry 5 - 8 p.m.*	5 Lunch 11a.m. - 3 p.m.* Elimination Scramble Noon 12 p.m. Music 5 - 8 p.m.
6 Breakfast 8 a.m. - 2 p.m.	7 Lunch 11a.m. - 3 p.m.* Trivia 5:30 - 8 p.m.*** Bar Food Menu Available	8 9 Hole Scramble 3 p.m.*** Lunch 11a.m. - 3 p.m.* Dinner 5 - 8 p.m.*	9 Lunch 11a.m. - 3 p.m.* Club Championship	10 Lunch 11a.m. - 3 p.m.* Club Championship Island Doctor Food Truck/Music 5 - 8 p.m.	11 Lunch 11a.m. - 3 p.m.* Murder Mystery Dinner 5 p.m.****	12 Lunch 11a.m. - 3 p.m.* Murder Mystery Dinner 5 p.m.****
13 Breakfast 8 a.m. - 2 p.m.	14 Lunch 11a.m. - 3 p.m.* Trivia 5:30 - 8 p.m.*** Bar Food Menu Available	15 9 Hole Scramble 3 p.m.*** Lunch 11 a.m.-3 p.m.* Dinner 5 - 8 p.m.*	16 Lunch 11a.m. - 3 p.m.* Bingo 5 p.m. ****	17 Lunch 11a.m. - 3 p.m.* St. Pat Scramble 12:15 p.m.*** Food Truck/Music 5 - 8 p.m.	18 Lunch 11a.m. - 3 p.m.* Fish Fry/Music 5 - 8 p.m.*	19 Lunch 11a.m. - 3 p.m.* Poker Run?
20 Breakfast 8 a.m. - 2 p.m.	21 Lunch 11a.m. - 3 p.m.* Trivia 5:30 - 8 p.m.*** Bar Food Menu Available	22 9 Hole Scramble 3 p.m.*** Lunch 11a.m. - 3 p.m.* Dinner 5 - 8 p.m.*	23 Lunch 11a.m. - 3 p.m.* Italian Food and Wine 5 p.m.*	24 Lunch 11a.m. - 3 p.m.* Food Truck/Music 5 - 8 p.m.	25 Lunch 11a.m. - 3 p.m.* Fish Fry 5 - 8 p.m.*	26 Lunch 11a.m. - 3 p.m.* Backwards Scramble 9 a.m.***
27 Breakfast 8 a.m. - 2 p.m.	28 Lunch 11a.m. - 3 p.m.* Trivia 5:30 - 8 p.m.*** Bar Food Menu Available	29 9 Hole Scramble 3 p.m.*** Lunch 11a.m. - 3 p.m.* Dinner 5 - 8 p.m.*	30 Lunch 11a.m. - 3 p.m.* Prime Rib Dinner 5 p.m. *	31 Lunch 11a.m. - 3 p.m.* Food Truck/Music Country Line Dancing 5 - 8 p.m.		

* Call for your reservation or takeout order 941-637-6405
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 *** Sign up in Lobby on Board
 **** Sign up at Admin Office.
 ***** Reservations for Republican Dinner must be made through the Republican Club.
 Due to circumstances beyond our control, everything is subject to change.

Enjoying Your Walk

By Jan McLaughlin, Former Beacon Editor

One morning a fellow walker stopped me and asked what the distance was around Prosperity Point, and how far was it from there to the front entry gate. With lots of residents returning and enjoying our pedestrian paths, I offer the following. All distances were measured with a GPS while riding in a golf cart.

- Islamorada Entrance Gate to Cape Cole Blvd. – 0.82 mile
- Cape Cole Blvd., golf clubhouse gate arm to Islamorada Blvd. – 0.60 mile
- Cape Cole Blvd., golf club gate arm to Matecumbe Key entry – 0.72 mile
- Matecumbe Key Blvd., construction entrance to Cape Cole Blvd., 0.72 mile

- Matecumbe Key Blvd., Cape Cole Blvd., to South Shore – 0.55 mile
- Courtside Landings’ Loop, start/stop at entrance – 0.48 mile
- Prosperity Point sidewalk loop, start/stop at Matcumbe Key Blvd, 1.26 mile
- Admiral’s Point loop (includes Key Largo Lane Circle, Sable Key Circle and Key Largo Circle) start/stop at Marathon & Cape Cole Blvd., 1.06 mile
- Tarpon Pass loop, start/stop at Islamorada Blvd., 0.76 mile

Wonderful resources for walkers abound on the Internet. These sites offer a wide selection of audio music apps for beginners to advanced walkers, exercise videos, gear (including shoes), accessories and resource information.



Golf Tip of the Month

By Bill Connelly,
Manager of Golf Operations



Let’s talk about bunker shots. The bunker shot might be one of the most feared shots in golf, whether it be at a fairway or greenside bunker.

When trying to escape a fairway bunker, you should stand a little taller with your posture, and take one more club than you would normally use, depending on how far you are trying to hit it. Once you have set up over the ball, make sure that you follow through the swing.

Now, greenside bunkers are a little different - you should assess the lie and determine what club would be best to use to get out of the bunker. To set up for this shot, you should align yourself slightly left of your target, open the club face first and then grip it. Aim about an inch behind the ball, and make an aggressive swing. This technique should help you escape that dreadful bunker.

There are three fun golfing events coming up in March, so be sure to sign up. There will be an Elimination Scramble on Saturday, March 5 at noon, a St. Patrick’s Day Scramble on Thursday, March 17 at 12:15 p.m., and a Backwards Scramble on Saturday, March 26 at 9 a.m. And remember, there is a 9 Hole Scramble every Tuesday at 3 p.m.

Please follow us @burntstoregolf on Instagram for course updates.

Please stop in for lunch and some shopping, we would love to say hello. Have fun learning to enjoy your game.

TEXTING FOR SENIORS

BFF - BEST FRIEND FELL

BTW - BRING THE WHEELCHAIR

TYYL - TALK TO YOU LOUDER

BYOT - BRING YOUR OWN TEETH

LMDO - LAUGHING MY DENTURES OUT

FWIW - FORGOT WHERE I WAS

IMHAO - IS MY HEARING AID ON?

OMMR - ON MY MESSAGE RECLINER

ROFLACGU - ROLLING ON THE FLOOR

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The BSM Pickleball Club is Mad for McGuffin!

By Jennifer Steuber

March is a month filled with a lot of “Madness,” and it is no different for the Burnt Store Marina Pickleball Club. For the second year in a row, the BSM pickleball committee was able to bring Tyson McGuffin, one of the top five pickleball players in the world, to the BSM Fitness Center to teach a two-day pickleball camp! According to Steve Hocker, BSM Pickleball Committee Chair, “This is a really big deal. Tyson very rarely holds his camps at private community pickleball clubs and to have secured him two years in a row is a great opportunity to take lessons from the best of the best,” he said.

McGuffin began his career in racquet sports with tennis, competing as a 5.5 player, becoming a 5x Grand Slam Champion and a 4x National Champion, before becoming the Head Tennis Pro at the Yakima Tennis Club in Washington, where he coached tennis for six years, before eventually being introduced to pickleball.

Though he initially struggled with the game, the then 27-year-old McGuffin was determined to be successful. With a combination of focus, discipline, and tennis experience, he quickly excelled at the sport and turned pro within just six months of playing. Even more impressive is that he won silver in Men’s Pro Singles in his first



USAPA Nationals tournament within his first year turning pro. Tyson has been top five in the world in all three events (Pro Singles, Doubles and Mixed Doubles) for the last four years. When Tyson isn’t playing in tournaments, you’ll find him teaching as an IPTPA and PPR certified coach, using his very own world-renowned curriculum that covers fundamentals, technique, mental toughness, and tactics to help his students have a well-rounded game. This is your opportunity to learn from one of the best in the world!

Tyson McGuffin Camp at BSM Fitness Center Pickleball Courts

- *Open to Members & Non-Members
- *Three Hour Session - \$175 per person
- *8:1 Pro to Player ratio
- March 14: 9 a.m. – noon, 2.5 - 3.0 players
1 - 4 p.m., 3.0 - 3.5 players
- March 15: 9 a.m. - noon, 3.5 - 4.0 players
1 - 4 p.m., 4.0+ players

Each three-hour session will feature two skills, followed by an hour of live play with the pros! Questions? Email - info@tysonmcguffin.com, www.tysonmcguffin.com/event/bsm2022

March Mingle and Round Robin

Come watch the BSM Pickleball Club Advanced and Intermediate members compete in a Round Robin and then stay for a lunchtime cookout. The public is welcome as well as other Fitness Center members.

MARCH 12: 9 a.m. to noon – Free to Watch - \$20 Donation for Lunch

All proceeds are reinvested into pickleball equipment. Call the BSM Fitness Center at 941-575- 3260 for more information.




Burnt Store Marina 2022 Wisconsin Party

Sunday, March 20, 3:30 to 7:30 p.m.
Tiki Hut at the Marina
Provided: location, settings
(plates, knives, forks, napkins), brats and buns
Bring an ample dish to pass (appetizer, side dish or dessert) plus your beverage of choice, plastic glasses and \$5 per person
R.S.V.P. to Rick Uihlein at rickuihlein@gmail.com or phone 414-915-4005. Please pass the word to other “cheeseheads,” and invite them to come. The facility has limited space, so please reserve your spot by February 27.




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2021 Veterans Day Events at BSM Salute to our Military Past and Present

To all the donors, sponsors, attendees and volunteers for the 2021 Veterans Week Fundraising events at Burnt Store Marina - a final wrap up.



On behalf of the Committee and all of our volunteers for the 2021 Salute to Our Military Past and Present - fundraising events at Burnt Store Marina November 6 – 11, 2021, we would like to thank you for your *amazing* donations to help grant wishes to active-duty military and veteran families in need through the *Wish for Our Heroes Foundation*. **Your donations helped us raise \$131,646.93. This total is more than double any of the previous years, and brought our overall total since our 1st event in 2009 to \$430,178.**

During the first 11 years of our events, we have helped numerous active-duty and veteran individuals and families in need. We continue to provide support where it is needed, whether it is food, school supplies, clothing, help with bills in tough times, medical equipment not covered by other means, and so much more. There is always a need, and after the 2020 and 2021 shutdowns and job losses due to the pandemic, these needs were even greater. Our funds make a difference in the lives of those we help and bring joy to their families. What more could we ask for?

The foundation has raised over 17 million dollars, and has helped over 37,000 active duty and veteran individuals and families in need. Thanks to all the volunteers who put in unbelievable hours around the country, the foundation has maintained a less than 5% overhead cost since the beginning. Jeff Wells, the Founder and President of *Wish for Our Heroes Foundation* is always here to support us, and thank all of you for everything you do to make us successful each year. He is the heart and soul of the foundation. This year he also brought volunteers from the foundation in other areas around the country: Mike Denman, volunteer since the beginning of the foundation, and board member from Indianapolis, who is responsible for getting everything needed for events delivered around the country and helping put it all together; Rikki Girtan, the one paid employee of the foundation, who keeps us all



A salute to our military by Gary and Kathy Knudsen



Burnt Store Veterans who attended Veterans Day Breakfast at Cass Cay



Jeff Wells & Joyce Brown with Veteran



straight with financials and SO much more - we would be lost without her - she is also an amazing volunteer; last but not least Felicia Davis, volunteer from Texas, who is the master of auctions. Between Mike, Rikki and Felicia, we were able to **step up** our event this year and have amazing results.

None of this would be possible without your donations of money, items for our auctions and raffles, hole sponsorships, participation in all of the events, volunteering at the events, and so much more. We had amazing support from so many local businesses, golf clubs, restaurants, salons, resorts, individuals, service companies and more. **THANK YOU – THANK YOU – THANK YOU.**

We thank the countless volunteers who step forward every year to help us make the events at Burnt Store Marina such a big success. In addition, we thank the Burnt Store Marina CC, Linkside Café and Cass Cay Restaurant and Bar for allowing us to hold the events there. Thank you to Single Shot Steve Flagg and Capt'n Rick Stewart, who always step up to donate their time to provide us with great entertainment every year. Thanks to

Steve Hunt – our amazing auctioneer. A special thanks to Larry Marks and Alan & Kathy Huffman for providing a place for the foundation staff to stay during the events.

We hope that you will consider supporting the events again next year. Thank you from the 2021 Committee: Joyce & Dick Brown, Cheryl & Gordon Fogg, Jerry Jerome, Debbie Burns, Cassandra Kelley, Sandy Howard, and Michele Goldman.

As a final note – After 12 years of chairing the events at Burnt Store Marina, Dick and I will be stepping down in 2022 to open the door for a new chairperson or persons to continue to grow the events for the foundation each year. We will continue to volunteer for the Foundation nationally and also here at Burnt Store Marina, but it is time to let someone new bring fresh ideas for the future events at Burnt Store Marina. We will be absent at the events in November of 2022 due to a special family event, but will be back to help in the future. Thank you for your support over the last 12 years and **thank you** for everything you have done to help our active-duty military and veterans in need. You all have meant the world to us both.

Joyce and Dick Brown

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Plant of the Month...Crown of Thorns

By Maggie Hart, Mariners Pass

Despite its somewhat scary name, crown of thorns (*Euphorbia milii*) is a very pretty succulent plant that can bloom almost year-round, even indoors. The thick, bright green leaves grow along the new stem growth. The true flowers are small and green, surrounded by showy bracts in red, orange, pink, yellow, or white. Although crown of thorns can grow into a woody shrub, it is also an ideal houseplant. It likes the same room temperature that people enjoy and it can handle the lack of humidity prevalent in most homes during the winter. This slow-growing plant will grow into a shrub reaching 3-6 feet tall outdoors. As a houseplant, expect it to reach only about 2 feet in height.

Crown of thorns hails from Madagascar. The plants first came to this country as exotics. More recently, growers have developed new cultivars that make growing crown of thorns outdoors more attractive.

In Thailand it is said that the number of flowers on a



Euphorbia (crown of thorns) plant foretells the luck of its gardener. Over the past, hybridizers have improved the plant so that it produces more and larger flowers. In the right setting, hybrids of Euphorbia (crown of thorns) bloom almost year-round. This should make you lucky indeed!

Crown of thorns is a great shrub in warm climates - it is extremely tolerant of high temperatures. It even thrives in temperatures above 90° F. You can add this flowering succulent to your garden without worrying much about maintenance. The plants also tolerate salt spray. As with

most plants, a crown of thorns plant needs irrigation after transplanting, until its root system gets established. After that, you can cut back on water because of its great drought tolerance.

As with most flowering plants, the better the sun exposure, the more blooms you will get. However, crown of thorns will only bloom as long as it gets at least three to four hours of bright, direct sunlight per day. Outdoors, try to place it under full sun. Indoors, place your plant in a west or south-facing spot during winter.



MARCH MADNESS
WORD SCRAMBLE

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LTTEEAH
ALBEKSTBLA
ZEBUZR
EBCNO
MPPASNOHIHC
KRETBAC
AELNLEGCH
NIFEEDSEV
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EONLITIMAIN
FEER THOWR
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Remembering Michael A Currao

Michael Currao, 82 years old, lived in Burnt Store Marina with his wife Marge for the past 25 years. He passed away on February 7, 2022.

Known as “The Banjo Man” in Burnt Store Marina, Mike was born into a musical family in Brooklyn NY on July 15th, 1939. As a youngster, Mike began taking tenor banjo lessons from his father, Charles Currao, who was also an extraordinary musician. Following in their father’s footsteps, Mike, along with his twin brother Vince were performing professionally by the age of 10. Mike’s musical career, spanning over 60 years, included theater, recordings, radio, TV, concerts, and philharmonic performances.

Mike was a Computer Engineer with Metropolitan Life for over 30 years living in Long Island NY and North Eastern Pa, and later enjoyed early retirement in Florida since 1995.

Current internet technology allowed Mike to return to his first love of teaching, namely offering live individual lessons to enthusiastic banjo students from all over the world.



In September 2014, Mike was inducted into the American Banjo Museum Hall of Fame in Oklahoma City for Education and Instruction. Mike has positively affected the musicianship of 100s of students. In addition, he was the lead player for the Gulf Coast Banjo Society in Venice, FL, and the Naples Jazz Masters Dixieland Group. He also performed with several Dixieland bands and theater groups throughout Southwest Florida.


His musical career of over 60 years is certainly a testament to his dedication and talent as a performer. Yet equally important will be the legacy which Mike will leave behind as a banjo educator, a significant musical gift to the banjo world, the effects of which will be heard and seen for many years yet to come.

He was a veteran of the Armed Services. He was also a 4th Degree Member of the Knights of Columbus.

Mike also enjoyed playing golf with his two sons, his daughter and his wife. He also cherished family gatherings especially over holidays. He was married to his wife of 58 years, Marge Currao.

He is survived by his wife Marge, sons Michael & Charles, daughter Jennifer; twin brother Vincent, twin Sisters Catherine and Josephine; grandchildren Nicholas, Alyson, Nicole, Jessica, Corey, Tommy; and great grandchildren Benjamin and Logan.

forever in our hearts



BROADWAYPALM
PRESENTS



Feb. 18 - April 2

Rachel takes best friend Tammy on a bachelorette getaway to Marley’s less than stellar Margaritaville resort, their arrival unexpectedly upending the world of bar headliner Tully and best friend Brick who are used to wining and dining the revolving door of single women arriving on the island each week. It’s a classic case of boy meets girl, girl is unimpressed, and boy does everything he can to win her over, while their two best friends fall for each other. And it’s all told through the music of Jimmy Buffett including *Cheeseburger In Paradise*, *Fins*, *Volcano*, *Margaritaville* and more.



April 8 - May 14

The Tony-award winning story of a vibrant community in New York’s Washington Heights community where the coffee from the corner bodega is light and sweet, the windows are always open and the breeze carries the rhythm of three generations of music. When a winning lottery ticket, a power outage, and romantic tension all hit the neighborhood, the long-time friends and neighbors make discoveries about each other, themselves, and the place they all call home.

Dates may be subject to change.




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Platinum Point Yacht Club

By Sue Smith, Director

No one can deny the appeal of our Burnt Store Marina setting, and at PPYC we take particular pleasure in enjoying our winter “waterside” happy hours, exercise classes, social committee get-togethers, and sailors’ meetings. These are just a few of the gatherings which routinely enjoy the beautiful setting of our lanai overlooking the Marina. Events, like the Great Gatsby party and upcoming Fleet Week are especially appealing with a backdrop of colorful sunsets over a full harbor of beautiful boats. What a wonderful place we have found it to be for enjoying the camaraderie of our fellow members, and we are always looking for others who would like to join us for that experience.

Sailors, cruisers and kayakers started 2022 with a full schedule. The Golden Conch Regatta, highly regarded throughout the area, was the highlight of the January sailing events. Sailors in the Monday Club Racing group set sail each week in Charlotte Harbor. A pleasant trip for overnight cruisers to Boca Grande in January was followed by February’s trip to ‘Tween Waters Resort and Spa at Captiva Island. In March a longer cruise, one to the Vinoy Marina Resort in St. Petersburg and Twin Dolphin Marina in Bradentown, will take overnight cruisers away for six nights. PPYC kayakers also hit the water, and enjoyed a day trip to Matlacha. They are planning to enjoy a Sunset/Moonrise Paddle in March.

When it comes to on-land activities, PPYC is a club of many interests and many talents, and the social and educational options have been attractive and extensive. An annual PPYC favorite, the Progressive Dinner, assigned members to a host’s home for appetizers, and then to another for dinner before

everyone came together for dessert. Another successful Golf Cart Poker Run took participants to five houses to pick up cards for the best poker hand before returning to the clubhouse for dinner and awarding of prizes. Whether your interest is in art or in the events of 9-11, the trip to artist San Priest’s studio to see her projects, and to hear how she is placing those historically important works around the country was fascinating. Multiple education programs have treated attendees to information about the history of tarpon fishing and the ecology of Charlotte Harbor fishing, the Civil Air Patrol, the history of the Coast Guard and America’s Tall Ship, and this month, the Peace River Botanical Gardens. For those who love theater, whether as a participant or a watcher, the spring PPYC players’ performance in March is always welcomed and appreciated. Our other theatrical opportunity is an outing to Broadway Palm Theater this month to see *Escape from Margaritaville*. Finally, no discussion of PPYC talent as well as the availability of opportunities for participation could possibly be ended without recognizing the amazing musicians who so frequently and generously share their talents at Music on the Lawn, jam sessions, and other venues.

Looking forward, two of our most important PPYC

events occur annually in March. The Commodore’s Ball, a glamorous night of dinner and music held at the Isles Country Club will this year, honor not one, but two of our Commodores. Because no ball was held in 2021, both Rusty Steward and David Isley will be honored for their contribution of time and talent to our yacht club. One of our signature boating celebrations also occurs during March. Fleet Week is a special time to highlight PPYC to our members and this community. There are several activities featuring music, food, and fellowship throughout the week, with the main event, our Blessing of the Fleet taking place on Thursday, March 10. One of the big events of that day is our not-to-be-missed Parade of Boats. At the Blessing of the Fleet celebration, we will pause for an Eight Bells Memorial Service to remember fellow PPYC members who have passed away during the preceding year. A cocktail reception and dinner follow the memorial events.

There is even more occurring monthly at PPYC. If you are interested in new member information, it can be obtained at the club house. Dorothy Saviste, Club Administrator, is on-site Mondays, Wednesdays, and Thursdays and can be reached at 941-639-0733.

Renting Your Home?

Be sure to get your paperwork to the front gate so your renters will be processed quickly and efficiently.



Rules of the Road

Motor Vehicles: Always drive your vehicle on the right side of the road. There are no “turn lanes” within Burnt Store Marina. Never drive your vehicle in lanes indicated for the use of bicycles and pedestrians. Always stop at stop signs. Never exceed the posted speed limit.

Bicycles: Always ride your bicycle on the right side of the road, even if there is no “bike lane” available. Use hand signals to indicate intention to turn. Always stop at stop signs. Never exceed the posted speed limit.

Golf Carts: Always drive your golf cart on the right side of the road. Use hand signals to indicate intention to turn. Always stop at stop signs. Use lanes indicated for the use of bicycles and pedestrians only when neither is present.

Pedestrians: Always use lanes provided for bicycles and pedestrians. If there is no lane available, use the left side of the street, facing wheeled traffic. Use caution when crossing streets. Wear reflective clothing and carry a flashlight when walking or running after sunset.



Viva Las Vegas

Come join the PPYC Players for their new play to be performed March 25, 26, and 27. Our set is located in a wedding chapel in Las Vegas, with Elvis as a minister in all his glory. Hear some favorite songs. Cathy Bleakly plays the chapel proprietor and Paul Chlan plays Elvis. The tale follows three widely different couples on their wedding day.

- **Act 1** features a wedding between two neighbors - Bev, played by Bonnie Arneson, and Stan, played by Tom Barnola, with Paul Chlan as Elvis.
- **Act 2** features a wedding between two aging movie stars trying to recapture their former star days - played by Jeff Hawley and AnnaMarie Kotsen, with Scott Kingdon playing a has-been Elvis minister.
- **Act 3** is a wedding between a meek, mild mailman - played by Tom Fernandes, and a tough, loudmouth convict just out of prison, played by Joan Flinspach; Gene Wharton plays the escaped con, Fist, who has come to break up the wedding.
- **Act 4** is the wedding between the chapel proprietor, her fifth walk down the aisle, and a surprise groom.

Refreshments will be served at intermission. Tickets cost \$22. If you are interested in attending a performance, contact Tina Hoegler at c_hoegler@msn.com. Feel free to dress for the occasion in Las Vegas attire, or just come as you are.

Bocce - That’s The Way We Roll!

By Kathy Darrell,
Tarpon Pass
BURNT STORE MARINA COUNTRY CLUB – BOCCE – Our goal is to introduce the joy and competition of bocce to more people.



Our bocce group is growing, and everyone is enjoying meeting new folks and welcoming back old friends. Looking at how much our group has grown makes us think about a second bocce court! Even with four members playing at once, other players must get in a queue to play another round. It would be more than exciting to plan another court in the near future.

Barbie and Jerry Newmin continue to lead the pack, with the most wins for the most games played.

It was Giuseppe Garibaldi who, while unifying and nationalizing Italy, popularized the sport as it is known today. Bocce has frequently lost and gained popularity throughout the ages. In 1896, during a resurgence of popularity, the first Bocce Olympiad was held in Athens, Greece. Bocce has been a part of international sports ever since.

Bocce has seen many changes throughout the ages. It has evolved from being a crude sport played with rounded rocks, to the modern game with composite or metal balls. Bocce has been known under many names - lawn bowling, nine pins, skittles, pentanque, to name a few - and has seen many rule changes. The popularity of bocce in America has been on the rise since it became popular in California in 1989. However, many Italian immigrants played bocce when they came to America, especially in New York. It was a social time for friends to get together, and they played wherever they could find a flat piece of land. There are more than 25,000,000 bocce enthusiasts that have heard of the sport, play recreationally, or play on structured courts in the United States today.

Anyone can join BSMCC Bocce on Tuesday afternoons at 3 p.m. No training or special equipment is needed. Bring yourself, a lawn chair and an eagerness to play. Great friends, good conversation and lots of smiles.

If you wish to practice before joining our lively group, check out a bocce set from the cart barn and have a go.

For more information, or to be put on our email list, call Tom & Kathy Darrell at 330-806- 9182.

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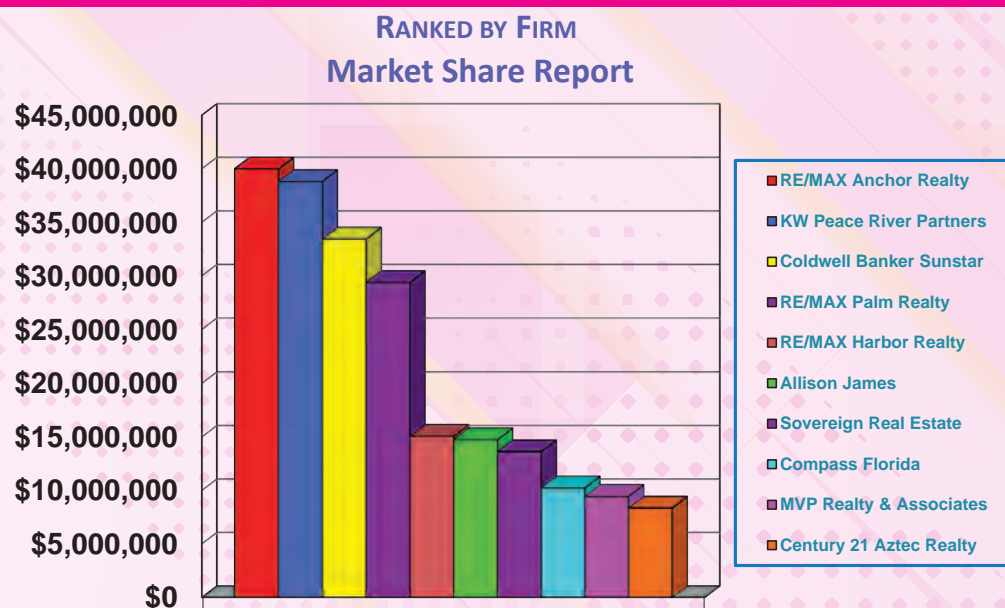
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MFRMLS "Firm Ranking Report" January 2022
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The Recipe Box



By Candace VanDenBerghe, Marlin Run

It may not be summer quite yet, but this easy technique works in any type of weather. How hungry you are - or how many people you're serving - the number you cook is strictly your choice!

BBQ CHICKEN THIGHS

Ingredients:
Chicken Thighs
Favorite Barbecue sauce
Preheat oven to 400°F.
Line rimmed sheet pan(s) with aluminum foil and drizzle with some oil. Place thighs skin-side down and roast for 25 minutes. Brush sauce over thighs and flip them; brush sauce on top and roast 7 - 10 minutes longer. Again, brush on more sauce and increase oven to 425 °F. Continue roasting thighs until sauce is starting to brown around the edges and thighs are cooked through, 5 - 10 minutes. Remove from oven and let sit 10 minutes before serving.





The many springs of Florida are a cold weather go-to for our gentle manatees. Photos by Karen Sanderson

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Tight Lines...High-Low Rig for Cold Water Fishing

By Jay Lev, Burnt Store Anglers

The fishing weather has not been great. Water has cooled off quickly, and anglers are reporting that fish have developed lockjaw. What might be a solution? Dating back to the late 1800s, fishermen in the northeast had to deal with bad water temperatures. Only a few species that can tolerate cooler water became active. One solution early commercial anglers, who did not catch fish using a trawl net dragged behind a boat, was a rig called the High-Low.



Having learned that fish in cooler water are not overactive during feeding, and almost always wait for their bait prey to come to them, fisherman developed a terminal tackle rig called the High-Low. The concept is quite simple. First it is important to get a chunk of bait that will attract fish into the feeding area. Second, since many “garbage” species are also bottom feeders, these anglers figured out that by placing a second hook on a 12- to 15-inch-long leader with a bait and about 18 inches above the attractor bait, which laid on the bottom, they could catch their target species. Target species will generally feed off the bottom. Except for flounder, small dogfish shark, and fish like redfish (who usually vacation to warmer water), anglers are not really happy with their catch.

On a recent fishing trip to the Carolinas Pamlico Sound, the water temperature turned especially cool. My fishing buddy and I went into a local tackle shop to ask advice on how to catch fish in shallow cooler water. We were handed a locally made High-Low fishing rig, and advised to place a chunk of shrimp on the bottom hook and a whole shrimp on the top hook. We recognized this rig from its use up north when we fished inshore for flounder, and offshore for codfish during the winter and early spring months. We bought several rigs, a couple dozen frozen shrimp and off we went.

We decided to test the rig by using one rod equipped with the traditional single hook with a small sinker on the bottom. A second rod was rigged with the High-Low rig. Within 10 minutes our first spotted trout was caught. Yep..on the top hook of the High-Low rig. The fish was actually a weakfish in the saltwater trout family. It was about 30 minutes later that the bottom rig hooked a small dogfish shark. For the rest of the morning, we caught 6 or 7 weakfish and 1 skate on the bottom rig. The High-Low rig worked well.

When we returned to Punta Gorda, we decided to try the same experiment fishing from the downtown pier. The High-Low rig caught 2 redfish, a bunch of grey snapper and all on the top hook. The bottom “chummer” hook caught 3 catfish.

The pictures for this article show how the rig is made. Large hooks were used so, the reader could see the design of the hook placement. The commercially prepared rigs were all purchased from local tackle shops here in Punta Gorda, and several from the South Carolina shops. Give it a try. Ask for a High-Low rig and the shop will certainly have them for sale. Cooler water is the key to using the High-Low rig as in warm water it will not matter as the fish will track down either the high hook or the lower baited hook to get their dinner.

Tight Lines!!



BSM Fitness Center Tennis Tidbits

By The Tennis Committee

As you may know, the BSM Fitness Center is continually seeking ways to improve its facilities and surrounding areas, to better serve its members by providing a more enjoyable experience. To this end, plans are under way to upgrade the spectator area of the tennis courts adjacent to the Fitness Center.



The kickoff for 2022 fundraising began in January with an event that included a raffle and member donations, which raised a significant amount that will be reinvested into planned facility upgrades. The Tennis Committee is greatly appreciative of all who attended the event. Even though the weather was cold, the support was warming!

Upcoming Tennis Social Event

Sunday - March 20 – 2 p.m. Tennis Play – 3:30 p.m. Food, Friends & Fun!
Hosted by the Simply Smashing, Red Barons and High-Strung Ladies tennis teams, BSM Tennis socials are organized by our eight different tennis teams and are open to all members, their spouses, and guests. There is no cost to attend but you must preregister so we know how many

people will be attending. Please stop by the Fitness Center or call 941-575-3260. Please bring your favorite outdoor chairs and beverages. A 50/50 raffle will be featured to help raise funds for renovations of the bleacher area adjacent to Court One. Donations to the renovation project are always welcome and greatly appreciated.

Call for Men Age 75+ Tennis Players

The BSM Tennis Committee is attempting to ascertain the level of interest in forming a men’s 75+ team to play alongside our existing teams in the Peace River Senior Men’s League. If you are interested in becoming a part of this league which has physical, mental, and social benefits, we would love to hear from you. The new team would have a weekly practice time, just like our existing teams, and would play one “no ad” match each Thursday from November 2022 through March 2023. There are currently six 75+ teams in the League, including Riverwood, Seminole Lakes, Tringali Park, Lakeside Plantation, Maple Leaf, and Twin Isles. The League hopes to add at least two more teams, at which time they will be able to divide the league by ability into two divisions.

If you are interested and want to learn more, please contact Tennis Committee Chair, Jim Ross at jamesBross@yahoo.com.

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March Is National Nutrition Month®

Need Expert Nutrition Advice? Use The Services Of A Registered Dietitian

National Nutritional Month® is an annual campaign sponsored by the Academy of Nutritional and Dietetics, the largest organization of nutrition professionals in the world.

The purpose of National Nutrition Month is to promote the science of nutrition and dietetics and the expertise of the registered dietitian. The 2022 theme is **Celebrate a World of Flavors**, which is a way of examining the diversity of flavors in the world marketplace.

Registered dietitians have an undergraduate degree in food and nutrition, one to two years of post-graduate clinical experience and must pass a national examination. About 50 percent of registered dietitians have master’s degrees.

Registered dietitians provide individual nutrition counseling and advice in a wide variety of areas.



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- Gluten Intolerance-Digestive Health-GI disorders
- Healthy Eating-Wellness
- Heart Disease-High Blood Pressure
- High Cholesterol
- Immune Disorders
- Integrative-Complementary-Alternative Nutrition

- Kidney and Renal Disease
- Marketing and Communications
- Nutrient Analysis
- Older Adult Nutrition
- Pediatric Nutrition
- Pregnancy and Breastfeeding
- Product-Menu-Recipe Development and Labeling
- Sports Nutrition
- Vegetarian and Plant-Based Nutrition
- Weight Management-Adults, Children and Teens

Locate a registered dietitian by contacting your local hospital or county health department. You can also visit the web page for the Academy of Nutrition and Dietetics at <https://www.eatright.org/>. Click the bright orange box in the upper right-hand corner labeled **Find a Nutrition Expert**, enter your Zip code **or** city and state and click the **FIND NOW** button. You will get a list of qualified registered dietitians in your local area.

64th Annual Fort Myers Beach Lions Club Shrimp Festival

March 12 And 13

Join the Fort Myers Beach Lion’s Club on March 12 and 13, 10 a.m. to 6 p.m. as they celebrate our local shrimp industry at our annual shrimp festival. There will be plenty of “pink gold” or pink gulf shrimp that our area is famous for. Vendors, a parade and other activities are also part of the tradition.

Shrimp Festival Parade

The parade begins at 10 a.m. on Saturday. The parade will begin down by Fort Myers Beach Elementary School and end at Lynn Hall Park next to Times

Square. Afterwards the Shrimp Festival Pageant will crown this year’s Shrimp Queen. Find a good spot along the way to watch and enjoy!

Shrimp Festival

After the parade the festival continues for two days. The highlight is the famous shrimp dinners sold by the Lion’s Club. There will also be over 100 vendors selling all different kinds of interesting things.



Rules for Driving Golf Carts

There has been some confusion about operating golf carts in Burnt Store Marina. Please be aware that there are rules for golf cart use, and violation will get you a citation from the Lee County Sheriff’s Office.



- Drivers of golf carts must observe the same rules as those designated for drivers of motor vehicles. Drivers must keep their carts on the right side of all streets, and obey all traffic signage.
- No one under 14 is allowed to drive a golf cart within the Burnt Store Marina premises.
- No one not playing golf is allowed to drive a golf cart on the golf course.

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17292 Tampico Lane
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Sheriff's Report – January

25 Warnings:
14 – Speeding: 6 visitors, 7 residents, 1 contractor
8 – Failure to stop at a stop sign: 1 visitor, 7 residents
2 – Expired tags: 1 visitor, 1 resident
1 – Driving without a drivers license: 1 resident





MARCH MADNESS WORD SCRAMBLE SOLUTION

SSTSAI	ASSIST
LTTEEAH	ATHLETE
ALBEKSTBLA	BASKETBALL
ZEBUZR	BUZZER
EBCNO	BOUNCE
MPPASNOHIHC	CHAMPIONSHIP
KRETBAC	TRACKER
AELNLEGCH	CHALLENGE
NIFEEDSEV	DEFENSIVE
DEBILRB	DRIBBLE
EONLITIMAIN	ELIMINATION
FEER THOWR	FREE THROW
LEFUBM	FUMBLE
SAMEG	GAMES
OGAL	GOAL
OOHPS	HOOPS
AGEULE	LEAGUE
EINFEOSVF	OFFENSIVE

Sunday, March 13 Daylight Saving Time

Don't forget to change your clock





The New Math:

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Blood Donation News

By Ann Singer, Admiral's Point

**DON'T MISS THE BUS IN 2022
MAKE BLOOD DONATION A HABIT!
THE NEXT BSM BLOOD DRIVE:
Always on Monday 8:30 a.m. – 3 p.m.
March 14**

Our Fall blood drive will begin in November

The final blood donation day of our "spring season" is **Monday, March 14, 8:30 a.m. to 3 p.m.** Make your appointment online or plan to walk in. During peak season, I recommend making an appointment, especially morning time slots. Be sure to eat before you donate, and drink lots of fluids before and after. We need to stay hydrated in Florida, no matter the activity or time of year. Bring your photo ID. Wear a mask!

Gifts to donors: A successful donor will receive a \$20 gift card, a St. Patrick theme t-shirt, and a Chick-fil-A card. We also have our 2022 Whole Blood Frequency Program, which means those of you who donated in January will get an additional \$25 gift card.

The bus is located in the Cass Cay/Tiki Hut/Trading Post parking lot. If you would like to schedule an appointment, or have questions, contact Ann Singer at 319-290-5955 or Jo Bucci at 941-445-8260. Appointments may also be scheduled by logging onto **oneblood.org**. Establish a user name and password and you are ready to go. Walk-ins are always welcome. Remember to bring a photo ID.

Blood supply is at a crucial shortage due to the pandemic. If you have ever considered donating, now is the time to step

forward and do so. Blood donated on this day will likely be used for a critical patient within 48 - 72 hours in this area. Each pint of whole blood can save up to 3 lives. Bring a friend!

The FDA has reiterated that there have been no reported or suspected cases of transfusion-transmitted coronavirus, and the virus poses no known risk to patients receiving blood transfusions. All precautions are being taken to PROTECT YOU THE DONOR! DON'T BE AFRAID TO DONATE.

WEAR YOUR MASK

BLOOD DONOR HONOR ROLL	
Anthony Passafiume	Barbara Honcharski
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David Techlin	Dolores Bell
Donna Dooner	Douglas Isaksen
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Jennifer Boucherle	Joan Tramontana
John Borree	John Osborn
John Westlund	Joseph Connell
Julie Foster	Karen Zachacz
Linda Roberson	Margaret Blythe
Marjorie Pantone	Marty Owen
Regina O'Neal	Robert Bucci
Ronald Johnson	Scott Coffers



How Often Can You Give Blood Platelets or Plasma

By Dan Eberts, June 22, 2021
(One Blood writer; taken from OneBlood.org)

The Food and Drug Administration (FDA) regulates all US Blood Centers, since blood donations are transfused as medicine to save or sustain the lives of patients in hospitals. The FDA enforces standards for the collection and manufacturing of blood products to maintain donor safety, as well as the safety, purity and potency of our nation's blood supply. One aspect of those donor standards is the time intervals mandated between different types of donations.

- **Whole Blood** can be given every 8 weeks
- **Double Red Cell** donations have a minimum wait of 16 weeks
- **Platelet** donations can be given every 7 days, up to 24 times in a 12-month period
- **Plasma** donations can only be given every 28 days

These intervals are mandated to give the donor's body

time to replenish its red cells and iron stores, or in the case of plasma, to allow time for antibodies that protect the donor from bacteria and viruses to be restored.

Another layer of donor safety the FDA regulates is the total donation/loss permitted in a rolling 12-month period of both red blood cells and plasma. This protective policy can create donor deferral periods among frequent donors who choose to donate a combination of red blood cells, platelets and plasma in the fluid 365-day eligibility interval.

Everything we do at OneBlood begins with volunteer donors. We recognize and affirm that frequent donors are not only the safest donors, but the backbone of our blood supply. At the same time, based not only on FDA policy, but on our care for their good health, we sometimes need to tell them to take a well-deserved rest. **Then, when they are eligible we welcome them back to share more of their best!**

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Be A Part Of Disney’s History

Disney Parks And American Stories

Have you ever been to Disneyland or Walt Disney World? Did you pose for a picture in front of Sleeping Beauty or Cinderella Castle? Have you maybe taken a selfie eating an iconic Mickey Premium Bar or getting an autograph from a famous character? If so, we want you to share your photos with us!

Our team at the National Museum of American History is working on a future project, and we’re looking for images that



Classic shots are always good! Courtesy of Bethanee Bemis and her parents

capture your experiences as guests at Disneyland and Walt Disney World. If you submit a photo and/or story, they might appear in the museum!



Don’t be afraid to send action shots, black and white/sepia, etc.! Cell phone photos help us see your images, and we would later scan them for exhibition-quality images. Courtesy of Mary A. Taylor



A page of a photo album with several photos of Disney parks, along with two one-day tickets; feel free to send a whole album page! Courtesy of Patricia Anne Cohen

What We’re Asking For

We’re asking for photos of you, your friends, and your families at Disneyland or Walt Disney World and the story of what the photograph and visit mean to you. We’d like to know when the visit was, and with whom? What feelings did it evoke for you?

We want to see photographs that show Disney Parks as you experienced them: posing with characters, kids worn out and sleeping, families, couples, individuals, people of all abilities, ethnicities, ages, on rides, eating together, looking at maps – everyday stuff! We want all decades and time periods, especially as Disney Parks change and evolve over time. We love all photographs candid and posed ... even fingers on the lens are A-OK. We can crop photos for composition, so don’t hold back on blurry or double-exposed photos.

We won’t be able to use all the images we receive, as we have limited space. Privacy and permissions rules will also impact which images we can use. If you aren’t the child in the photo (or their guardian), we won’t be able to use photos in which a child’s face is identifiable. This is the same for Disney cast members.

We would appreciate the highest-resolution images you have available – scans are fine. Please send images in jpg, pdf, png, or tiff format. We can’t wait to see your favorites!

Please send your photo/s to NMAH-DisneyStories@si.edu with a few sentences about the photo and your Disney Park story. Don’t forget to include your name and the best way to get in touch with you!



Messy faces welcome! Intergenerational stories as well. Courtesy of Bethanee Bemis (ice cream eater in left photo and mom of ice cream eater in right photo).

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Building A Stronger Retirement

With each generation’s expected retirement time growing longer and longer, you may need to plan for 20 to 30 years of life after you stop working. And when it comes to ways to save for the future, many Americans think first of the 401(k), the most popular and well-known retirement savings option.

Saving For Your Health

Lesser known – and understood – is another way to save for your future: the Health Savings Account (HSA). With rising healthcare costs that can exceed \$10,000 annually during the retirement years, HSAs are gaining more recognition as a smart way to complement 401(k)s and other retirement savings options by helping you plan and save for healthcare costs encountered now and in the future.

The Foundation

Traditional 401(k) plans are popular retirement vehicles for several reasons:

- **Tax advantages:** 401(k) contributions are taken out of your paycheck before federal taxes are withheld, which lowers your taxable income. Contributions are also tax-deferred until you withdraw them.
 - **More control:** You can contribute as much as you want to a 401(k) within your plan and IRS limits, and you can change your contribution at any time.
 - **Compound interest:** The earlier you start investing in a 401(k), the more time your money has to grow.
 - **It moves with you:** The money in your 401(k) belongs to you – even if you change jobs, you can keep your money invested and growing.
 - **Ease of use:** 401(k)s are easy to contribute to, with many employers offering automatic payroll deductions.
- Add More Stability And Strength With An HSA**
- If you save in your HSA as well as a 401(k), you can take advantage of three unique benefits:

1. Triple-tax advantage: No federal taxes on contributions, withdrawals for qualified medical expenses, or investment earnings
2. Build long-term healthcare and retirement savings: Especially with self-directed investment options
3. No “use it or lose it”: Investment balances carry over from year to year and grow tax-free.

Save For Expenses

Tax-free HSA fund withdrawals are limited to IRS-qualified medical expenses, but there’s a lengthy list of future healthcare costs your HSA can pay for, so your 401(k) funds don’t have to. These include everything from acupuncture to a wheelchair and many things in between.

Learn More

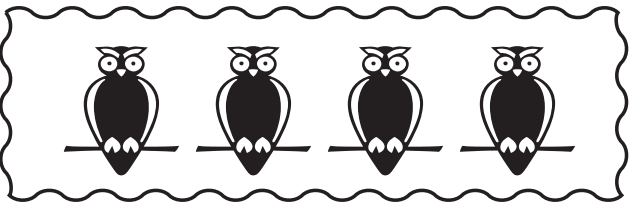
For further facts and tips on HSAs and planning your retirement, go to www.healthcare.gov/glossary/health-savings-account-hsa/.

Health News

Small Steps Can Make A Big Difference In Preventing Diabetes

Prediabetes is a serious medical condition that, if untreated, can put you at increased risk of developing type 2 diabetes, heart disease, and stroke. But the good news is that by making some healthy lifestyle changes, you can manage or even reverse your prediabetes and lower your chances of it developing into type 2 diabetes.

Prediabetes affects approximately 88 million United States adults and occurs when your blood glucose, also called blood sugar, is higher than what is considered normal and recommended for you but not high enough to be diagnosed with type 2 diabetes. Most people with prediabetes are not aware that they have it, and there are usually no symptoms. People with risk factors for prediabetes include people who are overweight or obese, are 45 years old or older, have a parent or sibling with diabetes, or are from certain racial and ethnic backgrounds.



“It is important for people with risk factors for prediabetes to learn if they have the condition,” says National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) Director Dr. Griffin P. Rodgers. “Even small steps to improve your health and manage prediabetes can make a big difference in reducing your risk for type 2 diabetes.”

Fortunately, making a few healthy lifestyle changes can help people with prediabetes improve their health and help avoid or delay developing type 2 diabetes. Here are some actions you can take:

- Ask your doctor for a blood glucose test to find out if you have prediabetes. You should be tested for prediabetes if you are overweight or obese and have one or more other diabetes risk factors.
- If you need to lose weight, try focusing on losing a small amount of weight. The NIDDK’s Diabetes Prevention Program (DPP) found that people who worked on making lifestyle changes to lose weight, including increased physical activity and healthy eating, could drastically lower their type 2 diabetes risk. The results from the DPP helped the CDC build the National Diabetes Prevention Program (www.cdc.gov/diabetes/prevention), a lifestyle program for people at risk for type 2 diabetes available at locations across the country.
- Become more physically active by going on short daily walks. Or try participating in fun hobbies and activities like



dancing, playing with your family or friends, or riding a bike.

- Try to spend less time sitting and watching television, playing video games or using social media.
- Swap sugary snacks for healthy fruits, vegetables or nuts. Or try trading white bread and white rice for high-fiber options, like whole wheat bread and brown rice.
- Use a food and drink diary or a smartphone app to keep track

of what you eat and drink. It can help you see when you tend to overeat or consume foods and beverages high in fat or calories.

- If you smoke, try to quit. Talk to your doctor or visit <https://smokefree.gov/> for tools and tips on how to become tobacco-free.
- Try to get at least seven hours of sleep each night.
- Take other steps to stay healthy. For instance, getting the COVID-19 vaccine (and booster shot, if eligible) and flu vaccine is highly important, especially for people who may be more likely to get sick from COVID-19, such as older adults and people who already have diabetes, obesity or heart disease, which are chronic conditions.

You don’t have to make all these changes at once. Any step you can take toward being healthier is a step in the right direction. And don’t be afraid to ask your doctor or loved ones for support. You’re not alone in this journey.

To learn more about prediabetes and diabetes, visit the NIDDK website at www.niddk.nih.gov.

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Wildlife Caution Notice

Owners are asked to use caution and be aware of local wildlife such as coyotes, bobcats, and alligators. Coyotes sightings have increased as it is their mating season, and they are more aggressive and vocal right now. Recently a Burnt Store Lakes resident witnessed a coyote chase a rabbit into their rain gutter downspout and then pull the downspout into the yard trying to get the rabbit out. Please watch your pets carefully and keep them on a leash when outside, particularly at dusk, nighttime, and dawn.

Smaller pets are especially at risk. Letting them out in a fenced area may not deter a coyote. Make sure pet food, fruit, or other items are stored inside or in tightly shut garbage cans. Ensure your home is not luring small rodents or animals that coyotes like to prey on. **One of the best attributes of living in Burnt Store Marina & The Lakes is the abundant wildlife. However, residents need to be aware of our wildlife and be cautious to ensure their own safety and the safety of their pets.**

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Gardener’s Wheelbarrow

By Maggie Hart,
Mariners Pass

March in SW Florida should be clear, dry, sunny and warm. Last year at this time, we were experiencing a drought situation, with only a trace of rain. Don’t expect much precipitation until May or June.

This year began warm, with a high of 81 and by the second week of January we began to have a mix of morning temperatures from a low of 43 to a high of 62; then afternoon temperatures all the way to 82. About two weeks ago (middle to the end of February) was the official end of a possible frost for our area.

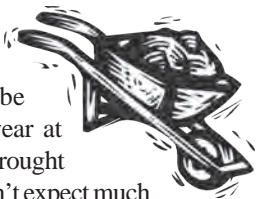
You can now begin to add to your landscape, whether it’s through participation in your association, in your yard or with decorative pots at your front door and in the lanai. And, if you received or purchased poinsettias during the holidays, now is the time to put them outdoors. Put them in sunny locations and prune to 12 inches above the soil. Poinsettias have a better chance of blooming again if kept outside, away from artificial night light.

• **Watch for Fungus:** Moist leaves in the morning that don’t dry off very quickly are susceptible to fungus. Fungus will affect most plants, as well as turf.

• **Tools:** Clean and sharpen your garden tools. Pruning will be much easier, and clean cuts lessen the possibility of fungus and bacteria settling into frayed branch edges.

• **Pruning:** Almost everything overgrown or dead can be pruned now. The exceptions include trees and plants in flower, or those about to flower. Go after plants that need shaping or that have damaged branches. Cut back by 1/3, using pocket pruning or vertical cutting. Horizontal cutting only encourages top growth, not interior or base growth. Don’t touch bougainvillea until after Mother’s Day.

• **Hurricane Pruning:** Years ago, this pruning practice was demoted to *unacceptable* as we became more aware of what is truly beneficial and what is not. A well-pruned, properly pruned tree is one that has had limbs removed that are crossing each



other, or are broken/damaged, forming a weak link to the trunk. Excessive pruning (topping) only produces thick, weak growth that will cause problems in high winds.

• **Pruning Palms:** Palms should only have dead or dying (browning) fronds and inflorescences/fruit removed. The standard of leaving fronds between 9 and 3 o’clock (the horizon line) is best. **Removing green fronds stresses the palm by limiting its source of nutrients for new growth.**

• **Pinching Back:** This small action produces big results for annuals and perennials. With your fingernails, pinch back ¾ – 1” of the actively growing ends of the branches. The plants will bush out and flower production will increase. Spent flowers should be removed to encourage a new flush of blooms.

• **Fertilizing:** Purchase the pricier slow-release, complete fertilizer. Micronutrients are mandatory for plants in our area. Buy a good quality palm food and use it on everything...palms, trees, shrubs, ground covers and perennials. Fertilizer contains salts, so always water first if the ground is dry. Afterwards, broadcast the fertilizer in the area of the plant’s drip lines (not at the trunk) and water it into the ground. Fertilize the soil, not the plant.

• **Weeding & Mulching:** Three inches of organic mulch will keep out most weeds, but some will come through the barrier. An application of pre-emergent herbicide will kill germinating seeds - it should be applied prior to mulching. Keep mulch away from tree trunks and stems of shrubs and perennials.

• **Turf Management:** If not done already, apply a pre-emergent herbicide early in the month, for control of summer weeds.

• **Irrigation Systems:** Systems should be checked for proper coverage. This is very important and is an ongoing task. Whoever is maintaining your irrigation system must be vigilant. March and April are two of the driest months and the temperature is heating up. The landscape requires consistent watering and coverage.

• **New Plantings:** Almost everything, including warm season annuals, cold-sensitive tropicals, flowering ornamentals and



Cryptocurrency Scams

Cryptocurrency ... a digital currency that only exists electronically ... is exchanged and purchased online, through an exchange platform, without the involvement of a bank or banking entity.

There are many “brands” of cryptocurrency with the list growing daily. Cryptocurrency has become a popular form of investment and can be used for quick payments, to avoid transaction fees that regular banks charge, or because it offers some anonymity.

There are important differences between cryptocurrency and traditional currency. Cryptocurrency accounts are not backed by our government ... or any government, for that matter. That being said, cryptocurrency accounts are not insured by the government the way that U.S. dollars are when deposited into a bank account. If you store cryptocurrency with a third-party company, and the company goes out of business or is hacked, the government has no obligation to step in and help get your money back. Should you make payment(s) using cryptocurrency, and the transaction is fraudulent, you have no legal protections.

Any and every new technology seems to attract criminals and scammers and cryptocurrency is no exception. According to the Federal Trade Commission:

• Some companies promise that you can earn lots of money in a short time and achieve financial freedom.

• Some scammers tell you to pay in cryptocurrency for the right to recruit others into a program. If you do, they say, you’ll get recruitment rewards paid in cryptocurrency. The more cryptocurrency you pay, the more money they promise you’ll make. But these are all fake promises, and false guarantees.

• Some scammers start with unsolicited offers from supposed “investment managers.” These scammers say they can help you grow your money if you give them the cryptocurrency you’ve bought. But once you log in to the “investment account” they’ve opened, you’ll find that you can’t withdraw your money unless you pay fees.

• Some scammers send unsolicited job offers to help recruit cryptocurrency investors, sell cryptocurrency, mine cryptocurrency, or help with converting cash to bitcoin.

• Some scammers list scam jobs on job websites. They’ll promise you a job (for a fee paid in cryptocurrency) but end up taking your money or personal information.

Look for claims, like these, to help you spot the companies and people to avoid:

• **Scammers guarantee that you’ll make money.** If they promise you’ll make a profit, that’s a scam ... even if there’s a celebrity endorsement or testimonials. (Those are easily faked.)

• **Scammers promise big payouts with guaranteed returns.** Nobody can guarantee a set return ... double or triple your money ... much less in a short time.

• **Scammers promise free money.** They’ll promise it in cash or cryptocurrency, but free money promises are always fake.

• **Scammers make big claims without details or explanations.** Smart businesspeople want to understand how their investment works, and where their money is going. And good investment advisors want to share that information.

Report all cryptocurrency fraud to ReportFraud.ftc.gov.

palms can be planted now. Planting too deeply, above the soil level when purchased, will kill almost any plant except cabbage palms and tomato plants! And, planting trees too closely to each other only means trouble in the future with disease, weak growth, mis-shaped limbs and a huge waste of money.

• **Planting Annuals:** Our soil cannot support annuals or most perennials. For success, purchase annual soil mix and mound it high, adding Osmocote. Plant, water with fresh water initially to supplement or replace the irrigation water. A blossom booster and fungicide, applied as directed, is also recommended. Hint: Spend a little extra by buying a quart-sized plant vs. one in a 4 1/2-inch pot. You won’t need as many and it will establish much more quickly, with less effort on your part.



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From The Desk Of Sheriff Carmine Marceno

Vehicular Break-Ins

Fifteen seconds ... that's approximately the amount of time required to fully ransack the interior of your unlocked vehicle and to remove any and all valuables. Fifteen seconds.



Despite local and national efforts and public service announcements reminding vehicle owners to lock their cars and trucks ... despite pleas to remove valuables from vehicles ... doors remain unlocked overnight and vehicular burglaries continue.

The calls for service begin, during the early morning hours, as residents and visitors enter their vehicles only to find that their vehicle has been burglarized. Gloveboxes are opened and the contents are scattered around the interior of the vehicle. Center console covers are snapped off as thieves hastily rummage through the contents. Items hidden beneath the seats are no longer there. Utilizing the trunk-release mechanism, the contents of the trunk are often stolen, as well.

Laptops, wallets, purses, keys, cash and firearms left overnight have been stolen. Those who chose to leave the vehicle's key fob in their car or truck generally wake to find an empty parking space in their driveway.

The burglary of an unlocked vehicle is the quintessential example of a crime of opportunity. Criminals walk through the darkened streets pulling on car door handles. All too many of them open.

While there is no statistical or scientific way to determine the increased likelihood that your unlocked vehicle will be

burglarized, we can safely say that thieves almost always walked past a locked car or truck. The time required to break into a secured vehicle, along with the noise that generally accompanies such a break-in, makes a locked vehicle problematic. Why struggle and risk arrest when the vehicle next door is potentially unlocked?

If vehicle doors needed to be chained and padlocked, one might say that the process is tedious and difficult. Since the early 1980s, varying forms of remote keyless entry became available requiring that vehicle owners simply depress a button to lock and secure their vehicles.

Despite the technology, despite the simplicity, residents continue to leave their vehicles unlocked and deputies continue

to spend the morning hours responding to these thefts.

Please consider the following:

- Prior to walking away from your vehicle, take a moment to ensure that all doors, tailgates, truck beds, etc., are locked.
- Ensure that there are no valuables visible to passersby.
- Remove all firearms from the vehicle and secure them inside your residence.

- When possible, park in well-lit areas or garages.
- Trim bushes/hedges that block the view of your vehicle.

If you see individuals walking from driveway to driveway or approaching parked vehicle doors, please contact law enforcement immediately. "See something, say something, make the call!"

Consumer Alert

How To Tell If Someone Is Using Your Identity

By Alvaro Puig, Consumer Education Specialist, Division of Consumer and Business Education

Taking steps to protect your personal information can help you minimize the risks of identity theft. But what if a thief gets your information anyway? Here are some of the ways thieves might use your stolen information and signs you can look out for.

An Identity Thief Could Use Your Information To Get Credit Or Service In Your Name

How to spot it: Get your free credit report at AnnualCreditReport.com. Review it for accounts you didn't open or inquiries you don't recognize. A new credit card, a personal loan, or a car loan will appear as a new account. A new cell phone plan or utility service – like water, gas, or electric – will show up as an inquiry.

An Identity Thief Could Use Your Credit Card Or Take Money Out Of Your Bank Account

How to spot it: Check your credit card or bank statement when you get it. Look for purchases or withdrawals you didn't make.

Bonus advice: Sign up to get text or email alerts from your credit card or bank whenever there's a new transaction. This could help you spot unauthorized or fraudulent activity on your account.

An Identity Thief Could Steal Your Tax Refund Or Use Your Social Security Number To Work

How to spot it: A notice from the IRS that there's more than one tax return filed in your name could be a sign of tax identity theft. So could a notice that you have income from an employer you don't work for.

An Identity Thief Could Use Your Health Insurance To Get Medical Care

How to spot it: Review your medical bills and Explanation of Benefits statements for services you didn't get. They could be a sign of medical identity theft.

An Identity Thief Could Use Your Information To File A Claim For Unemployment Benefits

How to spot it: A notice from your state unemployment office or employer about unemployment benefits that you didn't apply for could be a sign of fraud.

If you discover any signs that someone is misusing your personal information, find out what to do at IdentityTheft.gov.



Basking in the Green - Happy St. Patrick's Day! Photo by Karen Sanderson

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A little about us...



Jennifer Calenda

A Burnt Store Marina resident since 1998, **Jennifer** has sold \$400 Million in real estate in the last 20+ years. She uses her background as a commercial banker and MBA in Real Estate and Finance to help her clients make educated decisions about their real estate investments. By Jen's side for nearly 10 years, **Makala** is a licensed Realtor and wears many hats including, team manager, marketing specialist, showing property, staging new listings, and more! Makala has a Bachelor's in Education, and uses those skills to help the team keep their skills sharp and educate clients about the market by creating informative statistical reports.



Makala Mulley

Renee takes pride in making our listings shine, ensuring they are accurate and look their best - in person and online. Armed with a Master's in Education and 20 years in the teaching field, Renee's exceptional organizational skills and compassionate nature is an asset to the team. Some people think that real estate closings are stressful - but **Rebecca** is on a mission to change that! After obtaining her Real Estate License, she has helped buyers and sellers experience smooth and stress-free closings by attending to every detail.



Renee Wortsman



Rebecca Hobbs

We welcome you to give us a call to chat about the market and how our team can assist you to reach your real estate goals!

Jennifer Calenda

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Small Habits That Reveal A Lot About Your Personality

You can read volumes into an innocent hair pull, a handshake, or a seemingly insignificant fashion choice. People show who they really are in very subtle ways – including their habits. In fact, your choices and preferences are almost as telling as your Myers-Briggs personality type or the career personality test you take for work. These test results can sometimes reveal you have the rarest personality type! Read on to learn more about the habits that speak volumes and that reveal more about your personality than you think.

The Way You Roll Toilet Paper

The debate over the right way to hang your toilet paper has raged since the roller’s invention. However, therapist Gilda Carle, Ph.D., claims that she can learn about your personality through your preference on this matter. She surveyed 2,000 men and women about whether they hang their toilet paper in the overhand or underhand position. She also asked her volunteers to fill out questionnaires that would probe how assertive they were – on a scale of 1 to 10 – in their relationships. Carle’s results suggest that those who prefer the overhand method are more dominant, while the underhandlers tend to be more submissive. (Some extremely dominant types even admitted to switching the paper direction in other bathrooms they visited.) “What first began as a fun exercise actually turned into an accurate assessment tool. While it adds humor to the conversation, it also provides insight on your compatibility with a prospective partner,” Carle tells the *Independent*.

Your Shoe Choices

A study published in the *Journal of Research in Personality* suggests that you can read someone’s personality through their choice of footwear. Volunteers submitted photos of their shoes and then completed a questionnaire on their personality traits. Another group looked at the photos and then described the personality of the wearer – and they were remarkably accurate. They gauged the age, income, and attachment anxiety of the person based solely on the shoes. Their results indicate that people who wear comfortable shoes tend to be relatively agreeable. On the other hand, ankle boots are generally worn by those who are more aggressive. Wearing uncomfortable shoes implies that you’re more of a calm person, while those with new and well-maintained footwear have a more anxious or clingy persona.

The Way You Walk

Body language expert Patti Wood tells *Men’s Health* that your stroll reveals your personality. If your weight is usually forward and your stride is quick, you are highly productive and logical. People admire you for that, but you may come off a bit cold and competitive. If you walk with your chest forward, shoulders back, and your head held high (common in a lot of



politicians and celebrities), you are fun, charismatic, and socially adept, though you may tend to hog the spotlight. If your weight is over your legs, not forward or back, you’re more interested in people than in tasks and more focused on your personal life than your career. You’re great when part of a group but tend to get distracted. Lastly, if you’re light on your toes when you walk and your eyes are glued to the floor, you’re most likely introverted and polite. A study published in the *Journal of Interpersonal Violence* suggests that jail inmates with psychopathic tendencies were able to judge vulnerability and pick potential victims simply by viewing the way people walk; you might want to adopt some of those more assertive styles.

Your Handshake

A study published in the *Journal of Personality and Social Psychology* found your handshake can alter a person’s impression of you. In the experiment, judges were trained to assess eight characteristics of a handshake: completeness of grip, temperature, dryness, strength, duration, vigor, texture, and eye contact. The results indicate that participants with firmer handshakes described themselves as more emotionally expressive, extroverted, and positive than others. Conversely, those with looser grips were shyer and neurotic. The judges’ first impressions correlated with this – they agreed that the participants with firmer handshakes were more confident and less socially anxious.

Your Email Etiquette

If you’re trying to pick up cues from your coworker, the answer may lie in your inbox and how you handle your emails. Psychologist Tomas Chamorro-Premuzic, Ph.D., writes in *Fast Company* that there is a strong connection between our email persona and our real-life character. Text mining studies have found associations between certain keywords and major traits. Narcissists will generally use words such as “I,” “me,” and “mine” frequently. Extroverts tend to be more casual and talk about fun-related things, like music and parties. And it’s not only what you say – it’s how you say it. An absence of typos is a sign of someone’s conscientiousness, perfectionism, and potential obsessions, whereas poor grammar indicates lower IQ and academic intelligence levels. Interestingly, long emails reflect energy and thoroughness, but also some degree of neediness.

Nervous Ticks

Are you a nail biter or skin picker? Scientists call these “body-focused repetitive behaviors” (BFRB). In a 2015 study published in the *Journal of Behavior Therapy and Experimental Psychiatry*, researchers analyzed personalities and then filmed while they were in a situation that was extremely frustrating, relaxing, or boring, looking for ticks that might emerge. People who compulsively tugged on their hair or bit their nails tended toward perfectionism, and their actions are a result of trying to soothe boredom, irritation, and dissatisfaction. Because it feels better to do something instead of nothing, repetitive behavior proves comforting.

Your Punctuality

A study published in the *Journal of Research in Personality* suggests that timeliness is an accurate assessment of positive character traits. In the study, researchers asked participants to complete a personality assessment at home and come to the laboratory for a group experiment. By analyzing the

participants’ time of arrival, they found punctual people were more conscientious and agreeable; being early was connected to neuroticism. And those who are chronically late tended to be more laid-back. Are you often tardy?

Your Eating Habits

You are what you eat – but science suggests you are also *how* you eat. Julia Hormes, Ph.D., a psychologist specializing in food behavior, and Juliet Boghossian, a Los Angeles-based behavioral food expert, told *HuffPost* that food-related behaviors could tell us a lot about personality. Slow eaters are usually people who like to be in control and know how to appreciate life, but fast eaters tend to be ambitious and impatient. The adventurous eater is a thrill-seeker and risk-taker, while picky eaters are likely to exhibit anxiety and neuroticism. Lastly, if you’re someone who likes to separate different foods on their plate, you’re very cautious and detail-oriented in your everyday life.

Your Shopping Habits

Want to get to know someone better? Take them to the mall. A series of experiments, published in the *Journal of Consumer Research*, found that there are two types of consumers: the explanation fiend and the explanation foe. A fiend is the type to meticulously scrutinize every single shampoo bottle in the aisle before settling for something. On the other hand, a foe will quickly decide and be done. According to the researchers, the fiends score high on measures of cognitive reflection, meaning they analyze information to death and are detail oriented. However, explanation foes don’t do well with details and prefer more general information.

Your Selfie Style

Your Instagram or Facebook feed may reveal more about your personality than you realize. In a 2015 study from Nanyang Technological University in Singapore, researchers analyzed 123 selfies taken from a popular Chinese social media site. Each person then completed a personality questionnaire. The researchers found that more agreeable people tended to take pictures from below; conscientious types were less likely to reveal a private space in the background. In addition, people who displayed positive expressions (smiling, laughing) were more open to new experiences, while the duck face revealed a more neurotic personality.

Your Handwriting

Graphology is the analysis of handwriting and how it relates to personality, and it has been a science since the days of Aristotle. Master graphologist Kathi McKnight tells *Business Insider* that handwriting experts can detect more than 5,000 personality traits from your scrawl. People who write large, for example, are people-oriented and attention-seeking, whereas those with small handwriting are introverted and are capable of acute concentration. Writing with a slight right slant means you’re friendly and impulsive; a left slant means you’re reserved and individualistic. No slant suggests you’re logical and pragmatic. Lastly, handwriting with heavy pressure indicates you have strong emotions and are quick to react, but a light pressure implies an easiness and ability to move from place to place.

The Way You Carry A Bag

You might spend days or weeks picking out a handbag, but how much thought do you give to how you carry it? Here’s what that mindless choice reveals, according to body language expert Patti Wood: Wearing a purse in the crook of your arm shows you are high-maintenance and place a lot of emphasis on social status. Wearing the strap across your body with the bag in front means you prioritize protection and accessibility; toting your bag behind you demonstrates a cool, calm, and collected personality. People who sport a backpack are more independent and want to take care of themselves and the people around them, while those who carry their bag in their hands tend to be assertive, well-organized, and efficient.



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