

President's Comments

By Craig Holcomb, Sec. 22 HOA

The Season is getting near the end, we think. We have had a tremendous increase of traffic at our gates this year. Many more renters than usual are coming into our development. It seems that we are a destination for many from the north to escape, not only the normal cold, but also the more severe restrictions that some states have put on their residents due to the pandemic. Many renters can work from here and might be staying longer than normal. Easter is usually the time frame most head back north. We will see how that goes.

Since January, many residents and visitors here have received their vaccine shots. That is a good thing. Most people have abided by the Covid guidelines as to wearing the masks inside and attempting to stay 6 feet apart. Some feel more comfortable in our environment here and are slowly coming out for more activities. Some are still avoiding the crowds, whether indoors or outside. Either way, it is ok to do what you feel is best for you. We all need to respect how others choose to live their daily lives. So far so good. We appreciate everyone's cooperation!

As most of you can see, the Safe Harbor Marina has been extremely busy in continuing its upgrade of its facilities. The docks, sea walls, and storage areas have been under construction all season. This past week they had their last midnight pouring of cement in their storage parking area. Yes, they have been pouring the cement from midnight to dawn. They still have many projects on their schedule that will last through this year and into next. On the one hand it is somewhat of an inconvenience, but on the other hand, what they are doing is a huge upgrade of not only the marina facilities, but also a major plus for our community.

Safe Harbor has approached us to allow them to resurface Matecumbe Road from about the end of the road near South Shore's entrance to the entrance to the Safe Harbor marina pool area. They will

pick up all the costs for this section of the road, which has been torn up quite a bit from all the heavy vehicles in and out of their area. As a joint project, we are looking into adding onto to their portion of the road project costs and having the entire extension of Matecumbe Road from the South Shore gate to the corner of Matecumbe and Cape Cole resurfaced. Although this portion of the roadway was not on our radar, with the savings in the set-up costs, as well as having about 55% of the resurfacing paid for by Safe Harbor, we think it



would be economically advantageous for us to resurface the remaining portion of this section of road. As of this writing, we are reviewing this project.

Our community assets continue to be improved and changed for the benefit of all our residents whether as a direct benefit that you use, or an indirect benefit to use now or in the future. You just cannot find this in any other community. We are truly blessed with all that we have here to enjoy, so go out and enjoy it as much as you can. Have a happy Springtime.

Section 22 HOA Committee Reports

Architectural Review Committee

By Barry Groesch, Chair

House need painting? All changes to the exterior of homes in BSM must have ARC approval. This applies to independent homes as well as homes in a condo association. If you do not get ARC approval and your changes do not meet Section 22 HOA Restrictions, you may be asked to change or remove them. You can get this approval if your changes meet Section 22 HOA Restrictions by filling out and submitting an application to ARC.

The following applications were approved last month by the Section 22 HOA ARC:

- Terry Hansen & Marcia Schumacher, 17953 Courtside Landings Cir., exterior paint.
- Mike & Kris Proudfoot, 55 Big Pine Ln., roof replacement.
- Mike & Kris Proudfoot, 55 Big Pine Ln., pool resurface
- & lanai pavers. • Barbara B. Berman, 810 Islamorada Blvd., exterior paint.
- Robert & Debra Bretz, 5080 Key Largo Cir., roof replacement.
- · Dave & Gloria Deskur, 62 Big Pine Ln., roof replacement.
- Prosperity Point Master Association, west pool west entrance, parking modification.
- Milton Sales, 4891 Linkside Dr., landscaping.
- Derek & Rhonda Begin, 3332 D Sunset Key Cir., lanai modification.
- Chris & Greg Bauleke, 3324 C Sunset Key Cir., hurricane shutter installation.
- W.S. & Kathy Crapser, 3300 B Sunset Key Cir., lanai modification.
- Don & Margaret Niemela, 4070 Cobia Estates Dr., exterior lights.
 - Richard E. Hunt, 209 Big Pine Ln., roof replacement.

- Doug Gratton, 2081 King Tarpon Dr., exterior paint.
- Michael & Donna Strohecker, 1528 Islamorada Blvd., window replacement.
- Charles & Lori Preuninger, 106 Big Pine Ln., roof replacement.
- Doug & Tracy Brandt, 3909 Cape Cole Blvd., roof replacement.
- Robert R. Gannaway, 1532 Islamorada Blvd., window replacement.
- North & Janet Shetter, 2060 Matecumbe Key Rd. #2706, hurricane shutter installation.
- Robert & Terry Kelley, 950 Linkside Way, garage screen installation. • Kenneth & Ellen Kaines, 201 Big Pine Ln., lanai
- modification. • William & Karen Bailey, 2050 Matecumbe Key Rd.,
- roof replacement.
- Leonard & Beth Contreras, 5021 King Tarpon Dr., roof replacement.

Section 22 restrictions and applications are available for download at **BSM22.org**. Submit your ARC applications to your condo association, if applicable, then to Alliant Association Management, 13831 Vector Ave., Fort Myers,

Community Access Committee

By Pat O'Neill, Chair

Home Security While You Are Away

As we are nearing the end of our busy season, residents will soon be traveling up North to other residences. It is important to remember to secure your Florida property. Please consider the following tips that will help ensure a safe and secure summer:

- Leave contact numbers with appropriate friends and family members.
- Arrange to have a friend or colleague pick up your newspapers, mail, or other deliveries daily, or stop all mail and deliveries.

- · Secure your home. Close and lock all windows and doors. Don't forget to lock garage or gate doors.
- Consider purchasing timers to turn on outside and inside lights automatically at various times throughout the night.
- Check outside lighting and replace older light bulbs. You don't want a light burning out while you are away.
- Ask a friend or colleague to check your residence periodically, ensuring your furnace or air conditioning is functioning and that timers and lights are working.
- The decision to set the automated alarm system may vary from region to region. Power outages and brownouts may trip alarm systems. Check with your alarm monitoring provider for advice on setting alarm systems when you are away for long periods of time.
- Unplug all unnecessary appliances such as televisions, stereos, and personal computers.
- Mow your lawn just before leaving; make arrangements to have someone mow it again if you will be gone for an extended period of time. Also arrange for watering, if that is likely to be needed.
- If possible, ask a neighbor to park a car in your driveway (if you are taking yours).
- If you use a telephone answering machine, turn off the ringer on the telephone. If you don't have an answering machine, unplug or turn off ringers on all telephones.
- · Lock all jewelry, important papers, currency, and other valuable portables in a safe place such as a safe deposit box or home safe.
- Ensure all personal and home insurance policies are up-to-date and that your coverage is adequate.

Reminder:

Next Section 22 HOA Board Meeting - Tuesday, April 27, 9 a.m., **Linkside Café Patio**

Directory: Section 22 Homeowners Association

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The Beacon Newspaper

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Websites www.bsm22.org

Section 22 HOA

BSM Fitness, Racquet & Pool Club www.bsgac.org

Burnt Store Golf & Activity Club

www.burntstoremarina.com

Burnt Store Marina info@alliantproperty.com

Alliant Association Management

(Section 22 HOA) www.burntstoreanglers.com Burnt Store Anglers

An ARC did you know, moment...

By Barry Groesch,

Architectural Review Committee Chair Did you know...if you enclose your lanai an ARC application is needed, go to **BSM22.org** to get your application.



Web Page

Joan Ross, Webmaster (bsm22.org)

Attention Residents:

We have notified you in the past that when you have a medical emergency, you need to call 911 and identify that you live in Lee County.

It is important that the RESIDENT call in the emergency since the front gate cannot answer the questions asked by the 911 dispatcher. In order for the medic not to be delayed in getting to the scene of the emergency the resident must be the one to call 911

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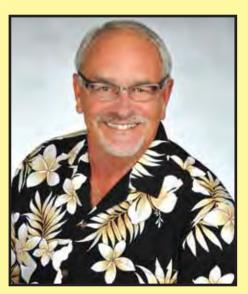
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Mark Your Calendar – Out And About

Inside the Gates Dates

- Thursday, April 1: Deadline for the May Beacon. Article and picture submissions are welcomed. Become part of the Beacon family.
- Tuesday, April 27: Section 22 HOA Board Meeting, Linkside patio, 9 a.m.
- Tuesday, April 27: Outdoor Social Knitting group at 2 p.m. An outdoor gathering for anyone who would like to knit or crochet while social distancing with fellow yarn lovers and fiber artists. To R.S.V.P. and get location information, email Elle Flaherty at meflaherty518@gmail.com.
- Every Tuesday: Bar code installation, front gate, 1 to 3 p.m.
- Every Thursday: Bar code installation, front gate, 9 to 11 a.m.
- Every Friday: Burnt Store Marina Farmers Market, 9 a.m. to 1 p.m. Keel Club parking lot.

Outside the Gates Dates

- Saturday, April 3: Punta Gorda City-Wide Garage Sale. 8 a.m. to noon. Bal Harbor Shopping Plaza, Bal Harbor & Aqui Esta. Call 941-639-3720 to reserve a space to exhibit.
- Every Tuesday and Friday: Dance Fusion Class. 8:30 to 9:30 a.m. Punta Gorda Isles Civic Association, 2001 Shreve St. Call Cara Peralta for information, 941-276-1887. \$10 per
- Every Tuesday: Cape Coral Surfside Sunset Market, from 1 to 6 p.m., Veterans Parkway and Surfside Boulevard, opposite end of Belks Dept. Store.
- Every Saturday: Punta Gorda Farmers Market from 8 a.m. to 1 p.m., downtown. Lots of vendors with fresh fruits and vegetables, live music, crafts and other great buys. Visit nearby murals and enjoy some of the great downtown restaurants.
- Every Saturday: Cape Coral Farmers Market, from 8 a.m. to 1 p.m., SE 14th Ter. and SE 10th Pl., Cape Coral.
- Every Sunday: Punta Gorda Historical Society's Farmers Market from 9 a.m. to 1 p.m., at History Park, 501 Shreve Street. Shop for veggies, meats, plants and gifts. Most Sundays you will be treated to live music by Dave Heveron. When the market closes at 1 p.m., take a guided tour of the gardens at the park. Walk the grounds with Florida native gardener, Starr Zachritz, and learn about Florida's flora. A \$5 suggested donation gets you a plant to take home. Call 941-380-6814.



Platinum Point Yacht Club News

By Sue Smith, Director

PPYC had a very busy March. Early in the month, PPYC's iconic boating event, the Blessing of the Fleet, was held. A parade of festively decorated boats, and an eight bells memorial service were held waterfront on March 11. The eight bells service honors members who have passed away since the previous year. Following

the traditional Blessing of the Fleet events, an al fresco dinner was served in front of the PPYC clubhouse. All events were held outdoors this year. The outside of the clubhouse was decorated for the full week of the Blessing of the Fleet, providing a lovely setting for other "Fleet Week" gatherings. This included Wednesday's musical performance of Songs of Sailors and the Sea on the club lanai and Sunday's final Music on the Lawn. Seabreeze Communications

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Additional March events for boaters included an overnight cruise to beautiful Marina Jack in Sarasota, followed by a stay at the Vinoy Marina Resort in St. Petersburg. Kayakers paddled the Upper Peace River, and PPYC sailors participated in a long distance race in addition to the four other Monday races.

PPYC bridge players, book club attendees, golfers, quilters and exercisers all stayed busy, and our PPYC Players presented their well-received radio production of Arsenic and Old Lace. Throughout March, events appealing to a wide range of interests, on and off the water, entertained PPYC members.

If you are interested in joining our group, new member information can be obtained at the club house. Dorothy Saviste, Club Administrator, is on-site Mondays, Wednesdays, and Fridays and can be reached at 941-639-0733. All of us would enjoy explaining to you why membership in Platinum Point Yacht Club is a good choice for you.





Plant of the Month...Cycads

By Maggie Hart, Mariners Pass

I was recently called by a resident who wanted to see if he could take cones from his palm tree and try to propagate its seeds. Seems he had a rare palm from Africa called an encephalartos, and he thought it would be fun to try to grow more of his own. I said I would look into it. And, after some research, I discovered his "palm" is not a palm at all – it is a cycad.

Cycads are an ancient group of tropical and subtropical plants that have existed since the age of dinosaurs. They dominated the earth then, but many have become endangered. The Mesozoic era (65 to 230 million years ago) is often called the Age of Cycads and Dinosaurs, in honor of two of the most prominent lifeforms at the time. There was a strong relationship between the two - it's believed that cycads were the main food source for herbivorous dinosaurs. Today, the young leaves and seeds of a number of cycad species continue to provide food for animals, although most are poisonous for humans because of their natural alkaloids.

Cycad plants are hardy, evergreen gymnosperms (conebearing plants) that can grow in sand or hard rock. They are often confused with palms, but they are not related, as they do not produce flowers or fruit. Misleading common names like "sago palm" further the confusion. However, the cycad is closely related to the pine tree.

Cycad plants are dioecious, meaning they have separate male and female plants. When mature, the male plants produce pollenfilled cones, while the females produce larger cones that contain seeds. It generally takes 10 to 15 years for them to reach maturity and begin producing cones. Some cycads are wind-pollinated,

but most are pollinated by insects, birds, and mammals such as squirrels. Note here that gardening experts have a difficult time artificially





Female cones (L) and male cones (R)



Encephalartos in BSM

pollinating cycads. And, unless you have both male and female plants – it is impossible.

Since this plant group has survived for millions of years, cycads are a hardy type of plant. They do well in the warm climate garden in a well-drained spot with plenty of sun. Cycads need a medium amount of water and cannot tolerate frost. They are popular indoor plants, where temperatures can be controlled so they thrive year-round.

There are some pests that thrive on cycads, especially sago palms. Scale and white flies will sometimes infest these plants. Cycad scale is tough to get rid of, but repeated treatments with horticultural oils or an approved insecticide may help. To manage this scale, wash your plant with a vigorous spray of water to remove any dead and/or living scales. Then apply a horticultural oil, like Organocide, SunSpray oil over the entire plant. White flies can sometimes be washed off with a strong spray of water, followed by spraying with a soapy water solution.

If you have heavily infested plants, remove the effected leaves before treating. Carefully discard them in household trash, not yard trash, to avoid future contamination. In the case of severe infestations, you may need to treat the roots with an approved systemic insecticide.

The hard, needle-sharp edges of the leaflets make it important to Sago Palm carefully plan



where these plants are placed in a landscape or room. Cycads are slow growing, long-living plants that increase in value as they age and grow.

The most popular cycad is the sago palm. They usually grow to 3 to 5 feet in height, but can sometimes reach as high as 10 feet.

The native Florida zamia or coontie is a low-maintenance landscape plant that thrives in sun or shade. In most parts of Florida, the coontie, cardboard plant, king sago, bamboo cycad, and dioons are readily available.



After Glow in the Marina – Photo by Karen Sanderson

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Fit Happens...What Does it Mean to Get "Toned?"

By Cheri Frank,

Certified Fitness Trainer

Almost every client and exercise class participant I work with expresses the desire to get



"toned" muscles. They especially want to tone those biceps and triceps so they have what I like to call tank top arms. Muscles themselves do not actually "firm-up" or "tone." They either shrink or grow in size.

With that being said, the most important thing to understand is that in order to get that toned look, you need

to increase the size of the muscles, as well as lower body fat percentage. There is a saying that "abs are made in the kitchen," meaning in order to get that 6-pack look in your abs, proper nutrition is paramount. This saying applies to getting that toned look in the rest of your body as well.

In order to achieve the look of toned muscles, you need to engage in strength training, and eat a healthy diet, to shed the layer of fat covering your muscles. The good news is the more muscle you have, the greater your metabolic rate will be; therefore, the more calories and fat your body will automatically burn, even at rest.

As we age, there is a degenerative loss of muscle, and body fat increases. Strength training can prevent loss of muscle, and help you gain back lean muscle mass that you may have already lost. It is important to combine strength

By Jan McLaughlin, Former Beacon Editor

0.82 mile

Islamorada Blvd. – 0.60 mile

Cape Cole Blvd., 0.72 mile

Key entry -0.72 mile

Enjoying Your Walk

One morning a fellow walker stopped me and

asked what the distance was around Prosperity Point,

and how far was it from there to the front entry gate.

With lots of residents returning and enjoying our

pedestrian paths, I offer the following. All distances

were measured with a GPS while riding in a golf cart.

• Islamorada Entrance Gate to Cape Cole Blvd. –

• Cape Cole Blvd., golf clubhouse gate arm to

• Cape Cole Blvd., golf club gate arm to Matecumbe

• Matecumbe Key Blvd., construction entrance to

training with diet so that the weight you lose is fat and not lean muscle mass. With regard to losing fat, one of the most important things is to stay away from processed foods the majority of the time. Concentrate on eating whole, minimally processed food, trying to fill half your plate with colorful fruits and vegetables, the other half with a lean protein and whole grains. Let those prepackaged, processed goodies be a treat once or twice a week, and not a daily habit. To increase fat burning benefits and for your overall health, incorporate cardiovascular exercise into your workout program.

The bottom line is strength training, combined with good nutrition, is the key to getting TONED. We have a new personal trainer at the BSM Fitness, Racquet and Pool Club named Dylan, who would be happy to develop a strength training program for you. Contact the front desk for more information.

Sheriff's Report – **February**

4 - Verbal warnings

- 1 Failure to stop at stop sign golf cart
- 2 Failure to stop at stop sign bicycles
- 1 No headlights on golf cart

11 - Written warnings

- 7 Speeding 3 visitors, 4 residents
- 3 No headlights 1 resident in a car, 2 residents on
- 1 Having blue lights on outside of a car guest
- 2 Tickets
- 1 Tickets for speeding employee
- 1 Not changing address on driver's license employee







Look closely - Many meals for the day?

• Matecumbe Key Blvd., Cape Cole Blvd., to South Shore – 0.55 mile

- Courtside Landings' Loop, start/stop at entrance 0.48 mile
- Prosperity Point sidewalk loop, start/stop at Matcumbe Key Blvd, 1.26 mile
- Admiral's Point loop (includes Key Largo Lane Circle, Sable Key Circle and Key Largo Circle) start/ stop at Marathon & Cape Cole Blvd., 1.06 mile
- Tarpon Pass loop, start/stop at Islamorada Blvd., 0.76 mile

Wonderful resources for walkers abound on the Internet. These sites offer a wide selection of audio music

apps for beginners to advanced walkers, exercise videos, gear (including shoes), accessories and resource information.



Computer Aches and Pains ??



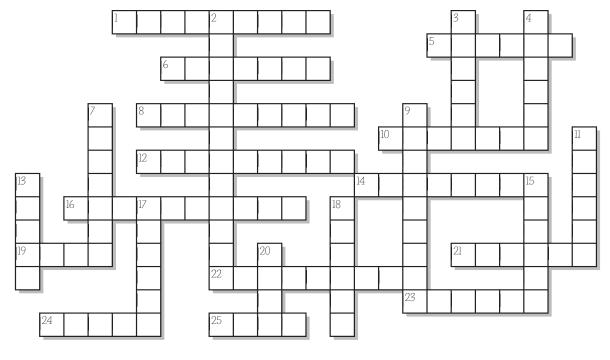
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1 A herd of

5 A crash of

6 A wisdom of

8 A scurry of

10 A gang of

12 A pack of 14 A pod of

16 A bask of

19 A swarm of

21 An ambush of

22 A fever of

23 A bloat of 24 A pride of

25 A herd of

DOWN

2 A charm of

3 A pod of

4 A pack of

7 A lounge of

9 A smack of

llAn

unkindness

of

13 A cast of

15 A family of

17 A caravan of

18 A shiver of

20 A mischief of

Blood Donation News

Blood donors receive

health screening with

a complimentary

each donation.

oneblood.org

By Ann Singer, Admiral's Point

Health Benefits of Getting a Cholesterol **Screening During a Blood Donation**

"Having high cholesterol is fairly common, so there are no restrictions on giving blood, even if you take medication to control it," said Dan Eberts of OneBlood.

One of the health benefits of being a regular blood donor is receiving a cholesterol screening every time you give to help others live. There is both HDL (High Density Lipoproteins) cholesterol and LDL (Low Density Lipoproteins) cholesterol in your blood.

The cholesterol screening OneBlood

provides is a combination of both the 'good' HDL and 'bad' LDL cholesterol present in your blood stream at the time you donate. Whereas it is not a diagnostic test done with fasting, it is a good indicator if you need to be concerned about a high level, and seek medical follow up.

The Centers for Disease Control and Prevention states: Total cholesterol levels less than 200 milligrams per deciliter (mg/dL) are considered desirable for adults. A reading between 200 and 239 mg/dL is considered borderline high and a reading of 240 mg/dL and above is considered high. LDL cholesterol levels should be less than 100 mg/dL."

This is why, if your OneBlood cholesterol screening shows an elevated level, you should have a fasting cholesterol test performed by your doctor to determine your actual LDL/ HDL ratio. Too much LDL cholesterol in your blood can increase your risk for heart attack and stroke.

Our bodies need cholesterol to make hormones, vitamin D, digestive fluids and nerve cells, among others. Your liver makes all of the cholesterol your body needs, but the foods you eat and possible genetic factors that determine how you metabolize them, can add to the cholesterol levels in your body. Some people may need medication to control their high cholesterol, but everyone can benefit by making some lifestyle changes.

The Mayo Clinic Staff states that the same heart-healthy lifestyle changes that can lower your cholesterol can help prevent you from having high cholesterol in the first place. To help prevent high cholesterol, you can:

- Eat a low-salt diet that emphasizes fruits, vegetables, and whole grains
- Limit the number of animal fats and use good fats in moderation
 - Lose extra pounds and maintain a healthy weight
 - Quit smoking
 - Exercise on most days of the week for at least 30 minutes
 - Drink alcohol in moderation, if at all
 - Manage stress

Having high cholesterol is fairly common, so there are no restrictions on giving blood, even if you take medication to control it. Donors have 'Shared Their Story' with us of having given blood, and discovered they had extremely high cholesterol levels that they did not know they had.

They wrote to thank us for helping to save their own lives when they went to help others. That is one more reason OneBlood encourages eligible donors to give blood regularly as part of a healthy lifestyle, because it is a simple way to monitor your cholesterol level.

OneBlood is a not-for-profit blood center responsible for providing safe, available and affordable blood to more than 250 hospital partners and their patients throughout Florida, North Carolina, South Carolina, Georgia and Alabama. Generally healthy people age 16 or older who weigh at least 110 pounds can donate blood. To learn more about OneBlood visit www.oneblood.org.



By Candace VanDenBerghe, Marlin Run

No matter if it's Thanksgiving, Christmas or Easter, holiday dinners always started with this appetizer. The recipe for this sauce originated in mom's ©1937 GE Cookbook. Of course, she had to make her own adjustments. Roasting the shrimp, instead of boiling, I credit to Ina Garten, the Barefoot Contessa and my favorite on the TV Food Network.

Shrimp Cocktail (serves 6-8)

2 lb. (12-15 count) shrimp, peeled & deveined but tails on (or not)

1 Tbsp. olive oil salt & pepper Old Bay seasoning, as desired

Sauce

1/2 c. ketchup

1/2 c. chili sauce (Heinz)

1 Tbsp. lemon juice

3 Tbsp. horseradish

1-2 tsp. Worcestershire sauce, to taste

1/4 tsp. hot sauce, to taste

1/4 tsp. salt, to taste (I use celery and/or garlic salt for more flavor.)

Preheat the oven to 400 °F. Place shrimp on a sheet pan with the olive oil, salt, pepper and seasoning; toss and spread in 1 layer. Roast for 8 to 10 minutes or just until pink and firm and cooked through. Set aside to cool.

For the sauce, combine the chili sauce, ketchup, horseradish, lemon juice, Worcestershire sauce, salt and hot sauce. Serve as a dip with the shrimp.



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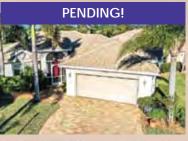


3422 Melissa Ct, Port Char \$625,000 4 bed/4 bath on 2 Acres with Guest House! Quiet Cul-De-Sac

3091 Big Pass Lane \$479,000 Living Rm/Family Rm layout 3 bed/2 bath with Waterfall Spa **Beautifully Furnished!**



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5050 Marianne Key #2C Sold for \$168,000 2 bed/2 bath Stunning View of Golf Course Turnkey Furnished!

Grammar Tips... **New Words and Phrases**

By the editors of The Beacon

English is a living language, adding new words and phrases as time goes forward. The Merriam-Webster Dictionary adds new words every year to its data base (did you know that the compound noun "data base" was created around 1962?).

2020 brought about many new words and phrases, including the following two:

COVID-19 is a new name for a new disease, coined as an abbreviated form of coronavirus disease 2019.

Physically/socially distancing is a newly formed phrase that means to cause oneself to maintain physical separation (such as 6 feet) from other people or avoid unnecessary contact with others during the outbreak of a contagious disease, in order to minimize exposure, and reduce the transmission of infection.

What are some other words that we often use, but that weren't recognized until recent times? Randomly looking back, if you were born in these years, these new words and phrases were introduced to the Merriam-Webster Dictionary:

1930 atom smasher, double take, landing strip, moxie

1934 burrito, courtesy call, dim-witted, louse up

1940 acronym, counterintelligence, dunk shot, magic bullet

1945 cold war, antifungal, hard sell, mom-and-pop

1950 alphanumeric, ballistic missile, bioengineering,

1957 Asian flu, bitchin', computerize, disco, informed consent

1960 a-go-go, arcade game, coin-op, doofus, golden oldie

1966 acidhead, bullet train, cold call, druggie, last hurrah

1970 Agent Orange, China Syndrome, dirt bike, control freak

1978 ditz, face time, off-grid, Tinseltown

1980 401(K), chill out, air guitar, gridlock

We wonder who coined these phrases! Maybe it was one of you!

Kids on the Golf Course

Many of you may have grandchildren visiting - and they think it's fun to drive around in Grandpa & Grandma's golf cart. Please be aware that there are rules for golf cart use.



No one under 14 is allowed to drive on streets within Burnt Store Marina.

No one *not* playing golf is allowed to drive on the golf course.

It's as easy as that. Please do not allow under-age visitors to use your golf carts, or any other vehicles in Burnt Store Marina, especially on the golf course.

Bocce Ball – That's The Way We Roll

BOCCE BALL ZONE

By Kathy Darrell, Tarpon Pass II

Our goal is to introduce the joy and competition of bocce to more people.

We're baaaack! Bocce is up to speed. Members are playing and enjoying the game with old and new

friends. As of February 23, the leaders were Bill Wagner, Bob O'Clare, Maria Wagner and MaryAnn Sarno.

Most folks think of bocce as an Italian sport, and its roots are firmly planted there. However, it is believed the version

first played in America was an English variation called bowis, from the French boule, meaning ball. Contemporary variations include petanque in France and lawn bowling, or simply bowls, in England. But what once may have been the game of immigrants has been embraced by Americans from all walks of life thanks to our ancestors and family memories.

Growing up in Brooklyn, New York, I personally have great memories of Sunday gravy and pasta dinners. The family gathered, and then the men would go into the backyard. While they drank homemade wine in small jelly glasses and seemed to argue constantly, they played bocce (it was never called bocce ball). It was an honor if they let one of the kids measure balls too close to call.

We play bocce every Tuesday at 3 p.m. If you have a conflict on Tuesdays, bocce is available on Thursdays, during Party on the Patio.

If you are interested in playing bocce, please call Tom or Kathy Darrell at 330-806-9182. We will gladly add your name to our email list and send you bocce updates.

Please feel free to play bocce at your leisure. Balls for general use are in the cart barn in an unlocked plastic container that is clearly marked. Be sure to return everything back to its place when done playing.

Remember, you must be a member of BSMCC to play. Just one more great reason to join.

Stai al sicuro e Dio benedica (Stay Safe and God Bless)



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Burnt Store Marina CC News

By Ryan Henderson, General Manager BSMCC

2021 has gotten off to an amazing start! April will have plenty of opportunities to share a glass of wine with your loved one on the patio, or be on the lookout for one of our daily lunch specials.



We look forward to seeing each of you on the golf course, and getting to know you at one of our events planned over the next six weeks. The golf course continues to shine, as the conditions are very favorable for sharing a tee time with family and friends. If you haven't done so already, we strongly recommend booking a tee time with us and see it for yourself. The club is continuing to move forward with social events, while observing all CDC and BOD guidelines. I would like to remind everyone of our hours of operations at the Linkside Café. Please use the information below as a point of reference. My door is always open if I can be of any assistance.

<u>Linkside Café is reserved for members only on</u> <u>Tuesday</u>

evenings but everyone is welcome for lunch!

- Please stop by and introduce yourself to Luis Herrera, the club's new Food and Beverage Supervisor. Luis comes to us with a tremendous amount of experience in the country club environment and has really hit the ground running! He and Chef Renzo are guiding our team and doing an amazing job.
 - Breakfast* is served **Sunday** 9 a.m. to 1 p.m.
- Lunch is served 7 days a week from 11 a.m. to 3 p.m.
- Dinner is served **Tuesday** 4 7 p.m. for members only.
- A variety of dinner specials will be featured on dining evenings.
- Lunch and dinner are both available to dine-in or take out.
- Food and bar service will be available on the patio and lanai consistent with social distancing guidelines.

Take-out orders and reservations can be made by calling 941-637-6405 after 11 a.m. Reservations are strongly recommended for Tuesday dinner and Sunday breakfast.

For more information on club membership opportunities, please contact Peggy Miller in our administration office at 941-639-4151 or email: pmiller@bsgac.org.

Check out our newly designed website by visiting us at **www.bsgac.org.**

*Subject to change.

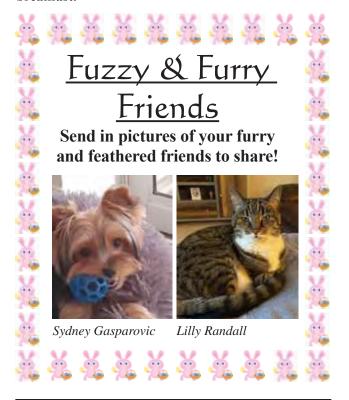
BSMCC April Schedule of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				Dine in or Take out	Dine in or Take out	Dine in or Take out
				Lunch 11 a.m3 p.m.*	Lunch	Lunch
				Party on the Patio	11 a.m3 p.m.*	11 a.m3 p.m.*
				3 p.m. ***	·	Goldtones
				·		5 p.m.****
4	5	6	7	8	9	10
Sunday Breakfast*	Dine in or Take out	9 Hole Scramble	Dine in or Take out			
9 a.m1 p.m.	Lunch	3 p.m.***	Lunch	Lunch	Lunch	Lunch
Dine in or Take out	11 a.m3 p.m.*	Dine in or Take out	11 a.m3 p.m.*	11 a.m3 p.m.*	11 a.m3 p.m.*	11 a.m3 p.m.*
Lunch	Trivia	Lunch	Republican Dinner	Party on the Patio	· ·	· ·
11 a.m3 p.m.*	5-7 p.m.***	11 a.m3 p.m.*	*****5 p.m.	3 p.m. ***		
,	Bar Food Menu	Dinner	,	·		
	Available	4-7 p.m.*				
11	12	13	14	15	16	17
Sunday Breakfast*	Dine in or Take out	9 Hole Scramble	Dine in or Take out			
9 a.m1 p.m.	Lunch	3 p.m.***	Lunch	Lunch	Lunch	Lunch
Dine in or Take out	11 a.m3 p.m.*	Dine in or Take out	11 a.m3 p.m.*	11 a.m3 p.m.*	11 a.m3 p.m.*	1 1a.m3 p.m.*
Lunch	Trivia	Lunch				
11 a.m3 p.m.*	5-7 p.m.***	11 a.m3 p.m.*				
	Bar Food Menu	Dinner				
	Available	4-7 p.m.*				
18	19	20	21	22	23	24
Sunday Breakfast*	Dine in or Take out	9 Hole Scramble	Dine in or Take out			
9 a.m1 p.m.	Lunch	3 p.m.***	Lunch	Lunch	Lunch	Lunch
Dine in or Take out	11 a.m3 p.m.*	Dine in or Take out	11 a.m3 p.m.*	11 a.m3 p.m.*	11 a.m3 p.m.*	11 a.m3 p.m.*
Lunch	Trivia	Lunch	Bingo	Party on the Patio		Backward Scramble
11 a.m3 p.m.*	5-7 p.m.***	11 a.m3 p.m.*	5 p.m.****	3 p.m. ***		8:15 a.m.**
	Bar Food Menu	Dinner				
	Available	4-7 p.m.*				
25	29	30				
Sunday Breakfast*	Dine in or Take out	9 Hole Scramble				
9 a.m1 p.m.	Lunch	3 p.m.***				
Dine in or Take out	11 a.m3 p.m.*	Dine in or Take out				
Lunch	Trivia	Lunch				
11 a.m3 p.m.*	5-7 p.m.***	11 a.m3 p.m.*				
	Bar Food Menu	Dinner				
	Available	4-7 p.m.*				

- * Call for your reservation or takeout order 941-637-6405
- ** Call Pro Shop at 941-637-1577

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- **** Sign up at Admin Office.
- ***** Reservations for Republican Dinner must be made through the Republican Club.

 Due to circumstances beyond our control, everything is subject to change.



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But don't put off your

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Wildlife Habitat Expansion Being Considered for Burnt Store Area

By Ted Morand, Beacon Wildlife Contributor

Have you wondered what the environmental impact will be with the development of the Heritage Landing Golf Community property to the north, and the Myriad Recreational Vehicle Park to the south? We already have a marked increase in sightings of raccoons, opossums, cottontail rabbits, squirrels, armadillos and even feral hogs and coyotes. They are feeling the squeeze as the undeveloped land area declines and wildlife is forced into adjacent properties. Now, a new idea is emerging that would be a first for Southwest Florida and delight environmentalists interested in preserving the wild species.

Consideration is being given to expanding the jurisdiction of the Charlotte Harbor Preserve State Park to encompass the agricultural land south of the white water tower. It would be combined with Burnt Store Lakes and the Section 22 Burnt Store Marina to a single eight-mile long joint-use wildlife preserve on both sides of Burnt Store Road where native species can thrive and be protected alongside residential developments.

But that is only the beginning. A plan is being formulated to re-introduce the Florida panther into this area by relocating two adult breeding panther pairs from the Regional Southwest Florida Airport area where they are now under intense pressure from local development. It is felt that the Florida panther would be an integral part of a total ecological system, feeding on the ground mammals and keeping their numbers in check. It is not clear whether the raccoons, rabbits, wild pigs and other mammals and birds would be sufficient to maintain these large predators, so enhancement with additional species may become part of this initiative. Another reason for enhancement is to minimize objections from local cattle breeders who might feel their herds are threatened, particularly in winter calving season.

A likely candidate to add to the panthers' menu may come as a surprise. It is felt that one of the common monkey species from other parts of the world might thrive in this new environment, given the abundance of coconut,



date, and nut palms on these properties. We already are blessed with many freshwater ponds in the area. Plantings of papaya and mango in undeveloped lots and tracts in the area could be used to supplement the native tree fruit, making it sufficient to support and maintain various monkey species.

Familiar monkey species might include the Spider Monkey from Central America or the more common Rhesus Monkey from India found in many of our zoos. However, since both of these species have a bad reputation for engaging in snatch-and-grab activities, they might be an unwelcome nuisance at backyard barbecues and open-air dining at our two Burnt Store restaurants, where unattended food and ladies' purses might be vulnerable. Dr. Sylvia Simian of the nearby Charlotte Harbor Environmental Center, volunteer zoologist and recognized expert on monkeys, warns that these two species also could



develop an inelegant pattern of marking their territories by peeing on diners from their treetop habitat or from pool cage roofs, and that other species may be more suitable. A possible alternative is the Howler Monkey from Costa Rica, known for its raucous, rhythmic nightly chanting in the wild and audible from a distance of three miles. It is felt that this species would readily habituate when they hear similar sounds coming from Karaoke Night at the Cass Cay bar. However, winter cold snaps could present a challenge for these creatures, who are accustomed to steady warm temperatures night and day, all year long. Fortunately, several snowbird ladies from Minnesota have already offered to knit leggings, scarves, and toques for the Howler Monkeys. Highly intelligent, these creatures could easily be trained to don the protective clothing in the cold weather and return it to a central area for storage and re-use.

These are exciting and fresh ideas that could preserve and protect wild species while enriching our lives. If initial species re-introduction plans are successful, consideration could be given to bringing in other large predators such as Black Bears, re-locating them from the Naples area where they are being crowded out by land developers. Of course, in dealing with large cat and bear predators, common sense would suggest that nighttime pet walks without a sidearm be avoided.

If you read this article without getting a little chuckle or belly laugh...April Fools!!!

Ted Morand is a snowbird who resides at the Commodore Club in the winter and delights in spoofing his Burnt Store neighbors.

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Tight Lines... Now that Fishin' Franks Tackle is gone, where can I go to buy bait and tackle?

By Jay Lev, Burnt Store Anglers

Since Fishin' Franks burned down early in the summer, many of you have asked when Frank will reopen. We just learned that Frank has found a store location, and is beginning to move into the new shop. As of now, we do not





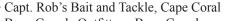
have an opening date but will keep you informed when we do know for sure. The store address is 4200L Tamiami Trail, behind the ABC liquor store in Baer's Plaza. As Tom Zalac, the President of the Burnt Store Anglers, has said "THE PHOENIX" has risen.

Over many years of visiting fishing shops, members of the Burnt Store Anglers have told us about tackle shops that have been able to provide both bait and tackle supplies. Living in an area such as ours, rich with fishing spots, many shops have gone into business. The list in this article is by no means the only tackle shops in our area. Members of the Anglers have from time to time visited these shops to get supplies. We hope this list will be useful to you as you look to get bait and tackle supplies for your fishing sports.

The shops are listed in no particular order:

- Lehrs Tackle, North Fort Myers
- D and D Bait and Tackle Shop on Pine Island Road N.W.
- Rio Villa Bait and Tackle, Punta Gorda
- Captain Ted's Tackle Rt 41, Port Charlotte
- Ace Sunshine Hardware, Port Charlotte
- West Marine, Punta Gorda and Port Charlotte
- Punta Gorda Bait and Tackle located at Laishly Marina

- Walmart, Punta Gorda
- Bass Pro Shops



- The Bait Station, North Fort Meyers
- Capt. Rob's Bait and Tackle, Cape Coral

• Cape Tool and Tackle, Pine Island Road

- Boca Grande Outfitters, Boca Grande
- West Wall Outfitters, Port Charlotte
- Snook Hut Bait and Tackle, Cape Coral

Many of the shops are experiencing a delay in their orders for restocking. Since many supplies come from China, it may be difficult to get a variety of your favorite color soft baits and lures, reels and line. It is important to remember that we have many local and American companies supplying our tackle shops. To keep these companies active, be sure to give consideration to their products. As for live bait, only tackle shops that have rigged up live bait tanks are selling fresh bait when available. Almost all the shops described in our list can supply you with a variety of frozen baits.

As water temperature approaches mid-seventy degrees, fishing will really start to get active. A number of anglers have reported that Spanish mackerel are really active along West Bars in 6 to 8 feet of water. Casting or trolling a silver tin semi will work well. Snook are beginning to get on the bite as well as trout. Plastic baits of white and chartreuse seem to entice the bite.

Stay well and Tight Lines!





this and past issues of The Beacon, it is a wonderful resource for much more information about the Burnt Store Marina community.





April Off-Beat Holidays & Adventures

By Maggie Hart, Mariners Pass

Welcome to April, fun-packed with spring activities. Well, at least the 1st day is...

"Everything is funny, as long as it's happening to somebody

Will Rogers, American humorist (1879 - 1935)

April 1: April Fools' Day is a time for playing pranks on one another. Pranks have appeared on radio and TV stations, newspapers, websites, and have been performed by large corporations. April Fools' pranks can deceive and embarrass a larger audience than ever before...after all, if you see it on the internet or read it in the paper, it must be true. Watch out, and don't be taken in by pranks today.

And, observing April in history:

April 2, 1513: Spanish explorer, Ponce De Leon, sighted

Florida and claimed it for the Spanish Crown after landing at the site of present-day St. Augustine, now the oldest city in the continental U.S.

April 15: *Tax Day*, the day your income taxes need to be filed in the United States. "Isn't it appropriate that the month of Tax Day begins with April Fool's Day and ends with cries of May Day!" (unknown author)

April 18, 1775: marks the Midnight Ride of Paul Revere. Two men, Paul Revere and William Dawes, rode out of Boston to warn patriot colonists at Lexington and Concord of the approaching British.

April 19, 1775: The Shot Heard 'round the World occurred in the early morning, as about 70 armed militiamen stood on Lexington Green facing a British advance guard unit, beginning the American Revolution. A volley of British rifle fire was followed by a charge with bayonets leaving eight American patriots dead and ten wounded.

April 22, 1889: The Oklahoma land rush began at noon with a gunshot signaling the start of a dash by thousands of settlers. They were seeking to claim part of nearly two million acres made available by the Federal government.

April 28, 1789: On board the British ship Bounty, Fletcher Christian led a mutiny against Captain William Bligh, setting him and 18 crew members adrift in a 23-foot open boat.

What you can do outside this month:

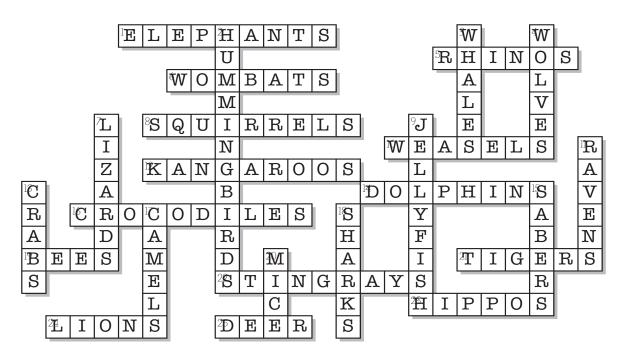
April 22 – May 2: Florida State Fair, Tampa

Activities vary from the livestock tents to the midway, circus acts, demolition derby, local bands and personalities, visiting politicians and, of course, food...lots of food. Aside from boasting "the largest midway in the USA," the purpose of the Florida State Fair is to showcase Florida's agriculture industry and its history. It was established in 1904, but not designated the state's "official" fair by Florida legislators until 1975. The Fair is located seven miles east of Tampa on 355 acres, at the intersection of Interstate 4 and US 301. For tickets, times of events and more information, go to: floridastatefair.com.

State Parks are opening...As the state undergoes various stages of reopening, so are most of our beautiful 175 state parks. The park employees have been busy during the closings repairing hundreds of buildings and other facilities, and treating large patches of invasive exotic plants. At parks where camping is offered, there are measures in place to reduce density. If you can't make it in person, check out the "Parks from Anywhere" program, a webbased way for you to learn more about Florida's wildlife. Go to: floridastateparks.org.

When you get tired of looking at your laptop or cell phone and you're craving adventure, hop in the car. Florida is known for a number of well-traveled scenic drives and one-tank, oneday trips over arching bridges, across bays, past natural wildlife refuges and through historic towns. Clearwater's Courtney Campbell Causeway; Anna Maria Island's Palma Sola Scenic Highway; the eastern coast's Indian River Lagoon National Scenic Byway are favorites among road trippers. The Florida Scenic Highway Program provides an excellent tool to map out your drive and check out the top features of each region and roadway. Go to: florida scenichighways.com.

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Fitness, Friends & Fun...BSM Residents "Get It Done In 2021" with 6 Week Weight Loss Challenge

By Jen Tait, BSM Fitness & Racquet Club Mgr

Many of you are familiar with the term "Rome wasn't built in a day," attributed to English writer John Heywood in the 16th century. This means *Fitness, Friends, & Fun*



it takes time to achieve something important AND you should not expect to succeed immediately.

This is exactly the premise of the BSM Fitness Center's "Get it Done in 2021" 6 Week Weight Loss/Wellness Challenge. This campaign was developed by BSM exercise instructor and personal trainer, Cheri Frank. As a retired air traffic controller. Cheri is used to guiding people to take a different path to lead them to their goal successfully and safely. It used to be airline pilots and passengers, but now it was the 22 participants who enrolled in the Challenge.

Cheri and her husband, Tom, moved from Ohio to BSM seven years ago, and immediately took advantage of all the amenities the Fitness, Racquet & Pool Club had to offer. She especially loved participating in the group exercise classes, and soon came to realize that more instructors would be needed. After one of her friends became certified and started teaching. Cheri was motivated to do the same.

Over the past five years, Cheri has continued her certifications in exercise to include, Silver Sneakers, Barre Above and Certified Fitness Trainer. She is currently continuing her education by pursuing a degree in Exercise Science. A professional nutrition coach class is what piqued her interest in learning more about combining body movement and healthy food choices. This led to her attending a seminar about creating a Weight Loss Challenge that is normally used as a fundraiser for gyms.

When Cheri approached the BSM Fitness Club with the idea, it was quickly decided that this would not be a fundraiser, rather, it would be an added value amenity to the current members. What was even more generous, was that it would be available for ALL memberships, not just the Fitness Center. Therefore, if someone was only a Tennis, Pool/Spa or Pickle Ball member, he/she could also participate - for free!

Cheri relied on her well-rounded background in exercise for the body movement section, and she adapted a program developed by a certified nutritionist and psychologist to support the healthy eating portion of the Challenge. The official start date of "Get it Done in 2021" was January 11 with the mantra of "This Is Not A Diet," rather, a shift in mindset and behavior around food and exercise. There were no restrictions on food groups, instead, the focus would be on fueling the body with nutrientdense foods, and moving the body gently with a combination of both cardio and strength training exercise.

Statistics prove that people who are involved as a group to achieve a common goal are more successful than as an individual. This has to do with accountability and encouragement around the same commitment. While Cheri was pleased to have 22 participants, the current COVID-19 social distancing restrictions posed quite the obstacle for her to achieve the positive group mentality.

With the use of technology and a few old-fashioned ways to communicate, Cheri was able to successfully guide the members through the entire six-week program. It began with a kickoff meeting the Thursday before the start date where people were introduced to each other in a casual on-line Zoom meeting. Then on Sundays thereafter, Cheri would email the group the "Challenge" for that week. This would contain two separate items, one focused on fueling the body with nutritious food, and the other pertained to shifting mindset and behavior around food and exercise. These challenges weren't just for one week, rather they were additive and would combine with the others the week

On Monday mornings during the program, Cheri held a Zoom exercise class exclusively for the participants, and recorded it for those who could not attend live. The last 10 minutes of the hour-long session was used for member interaction and open questions. Mondays were also "weigh in" days where members would send Cheri their current weight. She stressed that the goal should be one half to two pounds a week.

In addition to the weekly "Challenges," Cheri would email the group nutritious recipes, tips on healthy eating, reminders about using MyFitnessPal to log food consumption and exercise, along with encouraging words and sayings to keep everyone motivated. She created a special Facebook page for participants to interact with each other. She made sure everyone knew she was always available for one-on-one counseling either online, on the phone, or safely in person.

One of the two male participants, Jack Butler, had nothing but positive things to say about the Challenge. "I have always been physically active, so the interest I had in joining was the focus on nutrition and mindful eating," he said. "I knew about healthy eating before, but Cheri presented it in a more simplified manner and continually provided information on the importance of nutrient-rich food as opposed to over- processed food that comes in a bag or a box," he continued. Jack also emphasized the coaching ability of Cheri who spent a tremendous amount of time reviewing the participants' entries into MyFitnessPal.

It was one of Cheri's mantras to the group to log their food consumption on the app or website or share their diaries with her so she could coach them individually by providing observations, feedback, and guidance. According to Cheri, using some sort of journal was a key part of the challenge because tracking food intake is an important component of helping people with weight loss. "Most people think they eat much less than they actually do, so the tracking helped participants go from Mindless to Mindful eating," she said.

That was the key to Nancy Bryan's success. She lost almost 12 pounds during the Challenge. "I knew what I had already done to lose weight and it wasn't working. I used a written diary instead of MyFitnessPal and seeing what I was putting in my mouth was like a lightbulb going off for me because I was eating wrong," she said. "Cheri was such a great teacher. She told us to detox our kitchens and provided us step by step guidance for

substituting processed foods for high protein, nutrient-dense foods, and now I keep a folder with recipes I can use because I plan to stick to it," she added. Nancy is a part time resident at BSM and participated in the Challenge entirely from her other home in Nashville, TN, taking part in regular Fitness Center Zoom exercise classes and all the extracurricular virtual options Cheri provided the participants.

The Challenge had an astonishing rate of continued participation, where 90% of the original members pushed through to the end. After the final meeting on February 22, Cheri compiled all the numbers from the weekly weigh-ins and inches-lost submissions.

Drum roll please....

Total pounds lost over the six weeks was 101 pounds, which averages out to about 5 pounds for each participant, right on target with the goal. The most pounds lost was achieved by two people, one male and one female participant at 11.4 pounds each, almost reaching the maximum loss goal of two pounds per week. The most inches lost was recorded by a female participant at 7 inches which includes combined measurement from the waist and hips.

Cheri was thrilled with the results and very impressed with the dedication and motivation of the participants. "I was so happy to be able to join the participants and help them on their personal journey. I hope that they took away from the challenge the importance of moving more throughout their day and eating whole, minimally processed foods. The challenge stressed eating a rainbow, which means lots of colorful vegetables and fruits. along with lean meat, dairy and healthy grains and fats," she said.

But what may be more important is that these participants have been influenced to find their way with a "Why." Why is it that they wanted to live a healthier lifestyle? Why now? Why this program? As mentioned earlier, "Rome wasn't built in a day." In fact, to this day, it is continuing to be built brick by brick upon the original foundation.

So, can these program participants continue to reach their goals, inch by inch, pound by pound, building upon the foundation of nutritional knowledge, mind/body exercises and behavioral changes learned in the Challenge? In fact, they agreed to do just that. During the last meeting, the group decided to continue to "Get It Done in 2021" and plan to meet in April, May, June, and December. Not only to reconnect, but to continue to lean on each other for support, to continue to learn more about healthy eating and to provide accountability, even though the six-week challenge has come to a successful end.





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Marina Beat

By Jaret Rogers, General Manager, Safe Harbor Burnt Store

Season is in full swing here at the marina. The fuel tanks are full, and the dock staff is ready to assist with



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all of your boating needs. There is a lot of construction going on in and around the marina, so please be aware of your surroundings, and be careful around the areas under construction. That said, there is **no through traffic** in the dry storage yard. Please walk around for your safety.

Progress on the dry storage area is on schedule. All of the concrete drive lines are poured. Two out of four rack foundations are ready for steel. The racks will start to go up this week. Over the course of March, the final landscaping touches will be finished.

The ongoing improvements to Burnt Store are all going smoothly. As we move forward with the south basin seawall there will be times of limited access to docks B through E. We should be nearing the fuel dock seawall when we get closer to summer. That said, fuel dock access this summer will be hindered by seawall replacement. We should be able to dispense fuel but dock access will be reduced. Around the same time we will be demo-ing and replacing docks C and D with new aluminum floating docks. If you have a boat on either of these docks, we will be contacting you to relocate your vessel during construction.

Thank you for your cooperation during all of our construction projects. We hope for fair winds and calm seas throughout the 2021 season.





Wildlife Caution Notice

Owners are asked to use caution and be aware of local wildlife such as coyotes, bobcats, and alligators.

Coyotes sightings have increased as it is their mating season, and they are more aggressive and vocal right now. Recently a Burnt Store Lakes resident witnessed a coyote chase a rabbit into their rain gutter downspout and then pull the downspout into the yard trying to get the rabbit out.

Please watch your pets carefully and keep them on a leash when outside, particularly at dusk, nighttime, and dawn.

Smaller pets are especially at risk. Letting them out in a fenced area may not deter a coyote. Make sure pet food, fruit, or other items are stored inside or in tightly shut garbage cans. Ensure your home is not luring small rodents or animals that coyotes like to prey on.

One of the best attributes of living in Burnt Store Marina & The Lakes is the abundant wildlife. However, residents need to be aware of our wildlife and be cautious to ensure their own safety and the safety of their pets.



White pelicans are back – Photo by Jack Orr



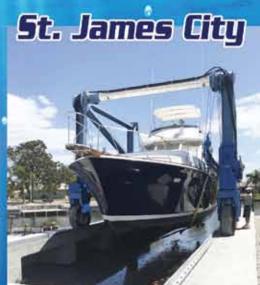
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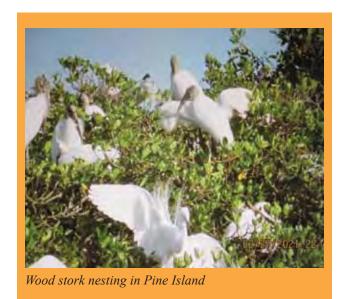
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Gardener's Wheelbarrow

By Maggie Hart, Mariners Pass

By now you should have some new growth on your shrubs and trees. Have patience with your palms. Many palms will only put out 3 - 6 new fronds a year. Please...only remove fronds that have at least one third of their surface dry, damaged or dead. Palms need to maximize their ability to photosynthesize. The oldest frond supplies the needed nutrients for the newest frond.

According to station history at Capeweather.com, year-to-date as of February 25 we've had only about an inch of rain. This is the dry season, and our landscape plants would really benefit from fresh rain water. Consider watering some of your landscape – especially potted plants – by hand.

April's To Do List:

- Your goal, starting the first of the month, should be to set up your plants (shrubs, trees, palms and turf) to be the healthiest possible as we continue through the dry season and inch toward the rainy season, beginning sometime in June. Because Local Fertilizer Ordinance (Lee County Ordinance #08-08) bans the use of any form of nitrogen and phosphates/phosphorus, June 1 through September 30, plants can become depleted. This is a special concern when there have been heavy rains to either wash away recently applied fertilizer, or, when a drench literally leaches it out. Hungry plants are stressed
- Fertilize everything you didn't fertilize in March and use only a high quality, slow-release form. Good fertilizer is expensive, but effective.
- Palms that may have suffered from root or bud damage during the winter benefit from fungicide and micro-nutrient supplements.

- Fungus: Though our temperatures have been chilly, our subtropical and tropical plants have suffered. Rain + chilly temps = fungus. This is typical for April and reflects the weather experienced during the first quarter. Always use common sense when it comes to the treatment of plants. A surprise to me, but known worldwide ordinary ground cinnamon from your spice cabinet is a great deterrent for fungus in your garden. Shake a little on the soil, or even on your plant to take care of some of this menace.
- Water restrictions are a serious part of gardening in SW Florida. Planting native plants that are geared for 8 months of drought followed by 4 months of deluge should be strongly considered. Work with, not against nature. Unless you are willing to hand water, resist planting during the dry season and wait until the summer rains begin at the end of June to first of July. Many associations and independent homeowners start wanting to plant color during the "high" season. It can be precious dollars wasted. Even salt tolerant plants are watered with fresh water when nursery-grown. Most shrubs, including drought tolerant ones, take 3 months to establish roots beyond the perimeter of their original pot. A new 3-gallon shrub requires a gallon of water every other day for about 60 days.
- Prune scraggly, overgrown plants and those with dead branches, if not done so already. First, remove crossing and broken branches. Then, prune for shape and to encourage re-flowering.
- Want more flowers? Florida's flowering shrubs bloom on new wood. If the plant is constantly pruned, leaving only older wood, flower production will be severely limited.
- Apply herbicide to your turf when the temperature is below 85 degrees. We've already had temperatures in the 80s as of late February. Remember, broadleaf herbicides can harm turf, or at a minimum turn it yellow.

Golf Tips

By Bill Connelly,

Manager of Golf Operations

How many times have you been so frustrated with your game that you have thought about quitting? This game can bring you to the brink of insanity. It can also be the most satisfying thing you have ever done.

We all go through periods when we are not playing well and we don't know why. Instead of giving up, try concentrating on making your weaknesses your strengths. If you are having trouble off the tee, spend some extra time working with your driver, or try hitting a 3 wood off the tee until you gain your confidence back.

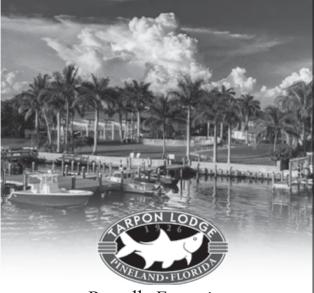
If you are struggling around the green, spend the majority of your practice time at the short game areas. Instead of trying to make everything better all at once, break your game down into specific parts, and work on them one at a time. It may take time to see better results, but it will be easier to improve.

Enjoy the process while trying to improve, and you will find pleasure in this game again.

Please follow us **@burntstoregolf** on Instagram for course updates.

Please stop in for lunch and some shopping, we would love to say hello.

Have fun learning to enjoy your game.



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Shawn P. Kolar Senior Financial Advisor Managing Director, Investments

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Our Current Pending Sales, we have a proven history of sales in your area!

The Esplanade 24383 Baltic Ave #101
Grande Isle Tower III 3329 Sunset Key #103
Marina South Shore 3250 South Shore Dr 66B
Marina South Shore 3250 South Shore Dr #56B
Marina South Shore 3280 South Shore Dr #88A
Harbor Towers 2060 Matecumbe Key Rd #2204
Burnt Store Marina 304 Islamorada Blvd
Burnt Store Lakes 16718 San Edmundo Rd

Burnt Store Lakes 16501 San Edmundo Rd Burnt Store Lakes 16491 San Edmundo Rd Burnt Store Lakes 24171 Cuman Ct Burnt Store Lakes 24291 Silver Ln Burnt Store Lakes 24070 Pyramid Way Burnt Store Lakes 16274 San Edmundo Rd Burnt Store Lakes 24521 Yacht Club Blvd 2020 Willow Hammock Circle #307



Cathy Shultz 774-766-0248

OUR CURRENT LISTINGS IN YOUR AREA!



Grande Isle Tower IV 3333 Sunset Key Cir #307 \$619,000

Gorgeous 3/3+ Den END Unit with Full Harbor Views. TWO Under Building Parking Spaces and TONS of Amenities



Punta Gorda Isles 891 Bal Harbor Blvd \$585,000

Canal Front Pool Home 3/3/2 with 2390 sq.ft



Marina South Shore 3250 South Shore Dr #56B \$400,000

Best Marina View in Complex! 2/2/1 Glass Doors + A/C on Lanai



Charlotte Ranchettes 6136 Austrian Blvd \$279,900

3/1/2 on 2.5 Acres Great Price!



Bokeelia, Pine Island 15018 Martinique Way \$326,000

3/2 Island Home on One Acre Site Fenced Yard and Wrap-Around Porch



24291 Silver Lane \$64,000 Lot size: 0.29 Acres

Best waterfront lot available! Southern exposure, 1/3 acre, 158 ft. on the water and 1000+ ft. of long water views.



16491 San Edmundo Rd. \$39,000 Lot Size: 0.46 Acres (Possible 1 acre site with purchase of side by side lots)

Single or Multi-family development allowed, 200 ft. deep lot with expansive greenbelt bordering Pirate Harbor canal.



16501 San Edmundo Rd \$49,000 Lot Size: 0.46 Acres (Possible 1 acre site with purchase of side by side lots)

Single or Multi-family development allowed, 200 ft. deep lot with expansive greenbelt bordering Pirate Harbor canal.



16718 San Edmundo Rd \$44,000 Lot Size: 0.53 Acres (Possible 1 acre site with purchase of side by side lots)

Fantastic opportunity for larger home or condo development! Corner lot with adjacent parcel (lot #5) also listed for sale.



16728 San Edmundo Rd \$44,000 Lot Size: 0.46 Acres (Possible 1 acre site with purchase of side by side lots)

Fantastic opportunity for larger home or condo development! Adjacent parcel (lot #6) also listed for sale.



Punta Gorda Isles 3232 Purple Martin Dr \$249,000 Lot 25 Canal Front Multi Family Parcel

Room for 6 Docks/ 6 Condos



24171 Cuman Ct \$39,000 Lot Size: Almost 1/3 Acre SW exposure for beautiful sunsets! Gorgeous view with 158 ft. on water! Oversized 12,000 sq. ft. site for larger home plans.



16232 San Edmundo Rd \$36,000 Lot Size: 0.23 Acre

Seller Financing Available, call for terms. Great price for this cleared western exposure lot with great water views from all angles.



24070 Pyramid Way \$55,900 Lot Size: 0.24 Acre

Sparkling waterfront views with over 60 Feet of Lakefront, this 1/4 acre lot is the ideal location for your custom dream home!



24386 Belize Ct \$68,500 Lot Size: 0.23 Acre

Beautiful Burnt Store Lakes lot with 93 Feet of sparkling waterfront. Surrounded by custom homes.



Marina South Shore 3260 South Shore Dr #66B New Price \$299,000

Furnished END Unit 2/2/1 with Glass Doors on Lanai. Complete renovation. Great Marina views!



The Esplanade 24383 Baltic Ave #101 New Price \$312,500

Furnished 2/2/2 + Den. Private 2 Car Garage. Golf Course frontage and Lake views!



Punta Gorda Isles 3242 Purple Martin Dr \$247,000 Lot 24

Canal Front Multi Family Parcel Room for 6 Docks/ 6 Condos



Burnt Store Lakes 17264 Cape Horn Blvd \$397,900

Two Story, 3 Car Garage, Pool Home Four bed, 3 bath 2955 Sq Ft

25000 Harborside Blvd., Punta Gorda, FL 33955

CENTURY 21

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Chris Morrill 321-609-1470



3331 Diamond Key \$1,500,000 Premier Location on Canal, Gulf Access Dock, 3/3/3 Gorgeous updates



4840 Linkside Dr. \$659,000 3/2/3 Plus Den, Light and Bright, open floorplan on desirable street



3814 NW 5th Ter \$659,000 Stunning 2 Story Waterfront Cape Home on oversized Corner Lot



3422 Melissa CT \$625,000 Beautiful 4B/4B Pool Home on 2 full acres at the End of a cul-de-sac



3091 Big Pass LN \$479,000 Admirals PT/Sailfish Pass, 3/2 Furnished, Bigger yard



31031 Prairie Creek Dr \$449,000 Charming waterfront home on stunning oversized Lot



104 Big Pine Ln \$406,000 2BR/2BA+Den Updated & Newer Roof and Pool, Beautiful Pond View



2060 Matecumbe Key Rd #2606 \$395,000 Rare opportunity to live in a 6th Floor End Unit overlooking the Marina



3329 Sunset Key Unit 103 \$369,000 3BR/2BA with walk-out deck, partially furnished



3321 Sunset Key Cir #108 \$369,000 Luxury 3BR/2BA Condo with canal view & walk-out deck



17971 Courtside Landings Cir \$349,900 2BR/2BA+Den Pool Home Easy Access to Everything in the Marina



2091 King Tarpon Dr \$320,000 Turnkey pool home with sunset reflections on the pond



24383 Baltic Ave #203 \$319,000 Spacious & Bright with terrific views and enormous private garage



3020 Matecumbe Key Rd #106 \$299,000 3BR/2BA Ground Floor Waterfront Condo w/wrap-around lanai



5050 Marianne Key Rd 2C \$168,000 Halyard Club Condo 2BR/2BA



207 Boundary Blvd #112 \$166,900 Cute Condo in the beautiful golf community of Rotonda West

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