



## Rules and Etiquette

### **GENERAL:**

- Observe opening and closing times.
- Using your FOB, check in at the front desk for fitness and racquet activities or the pool gate.
- Throw away trash, NO FOOD! There are waste and recycle bins inside the fitness center, on the courts and at the pool.
- Lockers are for daily use only; keys are available at the front desk. Clean out your locker after use and return the key to the front desk.
- Take your Cell Phone conversations outside the fitness center, off the courts, and speak in a low volume at the pool complex.
- Report any malfunctions of machines, pool, spa or racquet courts to the staff immediately.

### **FITNESS CENTER:**

- Wear closed toe athletic shoes.
- All fitness machines have instructions on them. If you need assistance, ask the staff.
- Use appropriate doors to Aerobic Room.
- Wipe down machines after use. Disinfectant and paper towels are supplied.
- Don't clang weights or let seat pins slam. Members with hearing concerns suffer when this happens.
- Place free weights back in racks after use. Do not leave weights on benches in between sets.
- Do not interfere with weight lifters between fitness classes and water breaks. Stand clear of benches when members are on them.
- Allow members to work through the weight machines. Do your set, then let someone else do his or hers.
- Limit your time on the cardio equipment to 30 minutes when others are waiting. Use the sign-in board.
- Members and Day Pass holders under the age of 16 must be accompanied by a responsible adult at all times while using the Fitness Center equipment and facilities.

### **TENNIS COURTS AND GENERAL:**

1. All members MUST check in at the Front Desk, using their FOB, BEFORE playing and wear a club-issued arm band. Arm bands will be issued beginning January 1, 2021.
2. Wear tennis shoes designed for court play.
3. NO alcohol on the courts.
4. Members may make court bookings up to a week in advance. Non-members may book courts three days in advance. Court bookings will be made on a first come, first served basis. Tennis players will not ask Fitness Center staff to move a reservation holder to another court until the affected reservation holder approves the court change. An email confirming the new court reservation will be mailed automatically as a receipt when the reservation changes. The staff should be responsible for making the change only after all affected parties have agreed to the change.
5. Team Tennis, Round Robins and other events sponsored by the tennis subcommittee and open to all members may reserve all four courts. Contact the Front Desk for more details and to sign up.
6. Please arrive 10-15 minutes early to allow time for check-in, and to ensure the court is taken by the reserved time. Failure to take the court on time may result in a player losing that court booking to another player(s). This is particularly important during the high demand months October – April.
7. The tennis pro will book all lessons, with the same rights as any member. The exception will be that if the tennis pro schedules a regular, open weekly clinic, for example, ten weeks duration, that clinic can be booked for the full ten-week duration. All students are to be members of the BSM Fitness, Racquet & Pool Club, or in possession of a day pass.

8. No tennis lessons or clinics may be held during scheduled league home matches.
9. The ball machine may not be used during scheduled league home matches.
10. It is imperative that all members respect other members. Court time booked must be honored.
11. If a court is booked and the person who has booked it cannot use the time allotted, the court should be canceled as soon as possible.
12. A member may not book or hold a court for anyone else.
13. If a court is being used when another individual has it booked, the people using the court are to vacate it when asked to do so.
14. Guests are subject to the guest fees contained in the rates' schedule. All guests MUST sign in at the Front Desk BEFORE playing. Visiting teams are not required to sign in, but visitors must sign a liability waiver with the Fitness Center once per year so they should check in with the Front Desk upon arrival.
15. No children under the age of 16 are to use the courts without constant adult supervision.
16. **NOTE:** Please do not scrub or power-wash the courts as this will damage the new surface. Only mopping and brushing/sweeping is permitted to remove water after heavy rain, and speed up drying.
17. Play on wet courts is prohibited.

#### **TENNIS PRIME TIME:**

1. Prime time is 8:00 am – 11:00 am daily.
2. Reservation time slots during prime time are 8:00 am – 9:30 am, and 9:30 am – 11:00 am. After 11:00 am, 2-hour time slots can be reserved.
3. For singles, a maximum of a 1-hour reservation can be made.
4. For doubles, a maximum of a 1.5-hour reservation can be made, including by captains for team practice.
5. Competitive league season typically runs from October – mid April. Home matches will have a 2 hour time slot as follows:
  - Mondays: 9:30 AM – 11:30 AM (Women's County League)
  - Thursdays: 8:00 AM – 10:00 AM and 10:00 AM – 12:00 PM (Men's League)
  - Fridays: 8:00 AM – 10:00 AM and 10:00 AM – 12:00 PM (Women's League)
6. During prime time, captains may book up to two courts for practice for the league season. During prime time, team captains may reserve a third court no earlier than 48 hours prior to scheduled practice time if CourtReserve shows that a third court is available. During prime time, team may use an adjacent court for practice as a third court ONLY if another member has not reserved that court. The team may use the open court, beginning at the start of their practice time.

#### **TENNIS LEAGUE TEAM CAPTAIN GUIDELINES:**

1. All players on teams are to be members, in good standing, of the BSM Fitness, Racquet & Pool Club. A Day Pass is not considered a membership.
2. Captains will provide competitive league home match dates to the Front Desk as soon as possible. The season home match dates and times will be reserved in the computer system for the entire league season. League Captains/Co-Captains are expected to submit league scheduling changes and make-up match reservations to the Fitness Center Manager via email to ensure accuracy and reduce confusion.
3. A captain will be permitted to book one weekly team practice each week, for the entire league season, subject to the limitations above. The Tennis Sub-Committee will meet with the team captains at the end of the league season to allocate team practice time slots for the following league season. Days and times will be determined using a lottery approach. The Front Desk will then enter team practice days and times for the entire league season.
4. When booking courts in non-prime time hours, a 2-hour booking may be made. As well, during the league season, a captain may book up to three courts in non-prime time hours. Refer to Prime Time #6 to book a third court in prime time.
5. Visiting team players must sign a liability waiver with the Fitness Center once per year so they should check in with the Front Desk upon arrival.

#### **PICKLEBALL COURTS:**

- Everyone must FOB in and receive an arm band before going to the courts.
- No booking of courts allowed.
- All play is open and start times are suggested times.

- Wear tennis shoes designed for court play.
- Group play is only to arrange set times for people to show up and play. It is still open play and all are welcome to join in anytime with any group.
- If all courts are filled, paddles will be stacked in the racks labeled “Next Up” located next to the gate by the benches.
- If 2 paddles are stacked when a game ends, winners will stay on but split up to opposite sides and the next 2 waiting will join them. The exception to this is the “Challenge Court” which has its own rack and the challengers waiting will take on the winners of the previous match.
- If a 4some is desired, stack 4 paddles & when the next court is available, all 4 players should come off.
- Games are limited to only 11 points. Then you must allow others to play, if waiting.
- The only reserved times permitted will be for beginners’ lessons or tournament play.
- Alcohol is not permitted on the courts.
- Play on wet courts is prohibited

#### **POOL & SPA:**

- Bathing attire is required!
- Please lower umbrellas when you’re finished using them.
- Chaise lounges and chairs should be kept 3 feet away from the pool’s edge.
- Please do not let anyone else into the pool. Entry is by FOB use only.
- Noodles, floats and water squirting toys are allowed, but we ask that adults oversee their use.
- Please be mindful of people who need the handrails for entering & exiting the pool and spa, and do not obstruct these areas.
- Music should be kept low so as not to bother anyone.
- There is no lifeguard. Children under the age of 16 must be supervised by an adult.
- Please report any problems with the pool or spa to the Fitness Front Desk, 941-575-3260.
- Glass, or similar containers of material that can break, are not permitted into the pool and spa grounds.
- The entire pool-spa complex is a NON-SMOKING area.
- Observe all signage at pool.

**We are happy to have you as a member and thank you for your cooperation.  
The Staff of the BSM Fitness, Racquet & Pool Club 12.11.21**